

BRIEFLY

Elwood brings soul to Hamley's

PENDLETON — Presenting his brand of folk and soul music, Elwood will perform a free show at Hamley's Slickfork Saloon. The La Grande musician will play Friday from 9 p.m. to midnight at 8 S.E. Court Ave., Pendleton. People are invited to come in for some great live music, food and cocktails. For more information, contact Amy Nelson at bookkeeper@hamleysteakhouse.com or 541-278-1100. For more about Elwood, visit www.elwood-music.com.

Hermiston Chamber of Commerce B2B Luncheon. Nick Bejarano, marketing and communications director, will share on the topic of "What's Happening at the Hospital?" Tuesday at 11:45 a.m. at the Hermiston Conference Center, 415 S. Highway 395. The cost for the no-host lunch, which is catered by Nookie's, is \$10 for members and \$13 for non-members. Those planning to attend are asked to RSVP by Friday. For more information or to register, contact 541-567-6151, info@hermistonchamber.com or visit www.hermistonchamber.com.

Hospital administrator to provide update

HERMISTON — The public is invited to learn about new developments at Good Shepherd Medical Center during the upcoming

Submit information to: community@eastoregonian.com or drop off to the attention of Tammy Malgesini at 333 E. Main St., Hermiston or Renee Struthers at 211 S.E. Byers Ave., Pendleton. Call 541-564-4539 or 541-966-0818 with questions.

HONORS

Sunridge names Bronc Pride winners

PENDLETON — Sunridge Middle School chooses Bronc Pride Award winners during each month of the academic year. Recipients these special awards are either consistently modeling high expectations related to readiness, respect and responsibility, or have recently experienced recognizable growth in one or all of these areas. This is a truly remarkable honor worthy of continued recognition. February 2017 honorees include: Sixth Grade: Dylan Alexander, Lizzie Boileau, Keefer Breshears, Dylan Dalrymple, Benjamin Dave, Natalie Engel, Johnathan Fermen-Ramirez, Antonio Flores, Charlie Franklin, Dalvin Jim, Lyric King-Hart, Sistine Moses, Liliana Sosa, Brandon Street, Gabby Taylor-Mendez, Daniella

Torres, Mahalie Weaskus, and Dilubch Yaoch. Seventh Grade: Tiana Arthur, Hanah Bane, Brooklynn Banks, Madeline Breiling, Alara Campbell, Grace Chay, Olivia Corbett, Jamie Gau, Madison Gruenhagen, Tony Hernandez, Julia Naughton, Davin Russell, Jaden Smith, and Tripp Sorensen. Eighth Grade: Marcus Allen, Ty Beers, Daniel Blanscett, Riley Brown, Junah Costello, Mallory Daum, Jordan DeGeer, Ruger Deming, Clare Durant-Bailor, Victoria Edmonds, Seth Gardner, Andrew Halsey, McKayla Herman, Cortney Herrera, Elissa Franks, Jimmy Jones, Kyle Ladd, Katelyn Kelm, Asha McClelland Waime, Dawn Miller, Jayden Miller, Lainey Neistadt, Ellen Paulsen, Kimberly Peck, Alana Roach, Grace Seeliger, Kalan Spencer, Tyler Spratling, Eyan Springer, Callie Umbarger, and Trenton Villers.

MEETINGS

WEDNESDAY, MARCH 22 MORROW COUNTY BOARD OF COMMISSIONERS, 9 a.m., Bartholomew Government Building upper conference room, 110 N. Court St., Heppner. (541-676-9061) HERMISTON LIBRARY BOARD, 4 p.m., Hermiston Public Library, 235 E. Gladys Ave., Hermiston. (541-567-2882) THURSDAY, MARCH 23 SALVATION ARMY ADVISORY BOARD, 12 p.m., Salvation

Army, 150 S.E. Emigrant Ave., Pendleton. (Susan Lamb 541-276-3369) UMATILLA COUNTY SPECIAL LIBRARY DISTRICT SPECIAL MEETING, 5:15 p.m., UCLSD office, 17 S.W. Frazer Ave., Suite 360, Pendleton. Executive session will discuss personnel. (Dan Feil 541-276-6449) UMATILLA COUNTY PLANNING COMMISSION, 6:30 p.m., Umatilla County Justice Center, 4700 N.W. Pioneer Place, Pendleton. (541-278-6252)

COMING EVENTS

WEDNESDAY, MARCH 22 WALKING FOR WELLNESS, 8:30-9:30 a.m., Pendleton Recreation Center, 510 S.W. Dorion Ave., Pendleton. (541-276-8100) BABY & ME LEARN & PLAY, 10-10:45 a.m., Hermiston Public Library back entrance, 235 E. Gladys Ave., Hermiston. Engaging children and getting them excited about music, improving motor skills and sparking creativity while supporting early literacy development. For children ages newborn to 4 years and parent/guardian. (541-567-2882) STANFIELD SENIOR MEAL SERVICE, 12 p.m., Stanfield Community Center, 225 W. Roosevelt, Stanfield. Cost is \$3.50 for seniors, \$6 for others. (541-449-1332) PENDLETON SENIOR MEAL SERVICE, 12 p.m., Pendleton Senior Center, 510 S.W. 10th St., Pendleton. Costs \$3.50 or \$6 for those under 60. Pool, puzzles, crafts, snacks, Second Time Around thrift store 9 a.m. to 1 p.m. For Meals On Wheels, call 541-276-1926. (541-276-7101) ADULT BEGINNERS' COMPUTERS, 3-4 p.m., Pendleton Public Library meeting room, 502 S.W. Dorion Ave., Pendleton. Registration is required. Classes tailored to the needs of the attendees. (541-966-0380) LENTEN SOUP SUPPER AND WORSHIP SERVICE, 6 p.m., First Presbyterian Church, 201 S.W. Dorion Ave., Pendleton. Soup supper begins at 6 p.m., followed by communion and worship at 7 p.m. Messages, led by Rev. Ann Marie Hardin, relate to the Beatitudes from Matthew 5:1-11. Everyone welcome. (541-276-7681) VEGAN/SUSTAINABLE LIVING POTLUCK SUPPER, 7 p.m., location varies, location varies, Pendleton. Bring a vegan dish and recipe. Gluten-free friendly group. Call to RSVP and for driving directions. (541-969-3057) THURSDAY, MARCH 23 ADULT OPEN GYM, 6 a.m., Pendleton Recreation Center, 510 S.W. Dorion Ave., Pendleton. Half-court basketball. Adults only. WALKING FOR WELLNESS, 8:30-9:30 a.m., Pendleton Recreation Center, 510 S.W. Dorion Ave., Pendleton. (541-276-8100)

MOTIVATIONAL SPEAKER: KYLE SCHEELE, 9 a.m., Ione Community School gymnasium, 445 Spring St., Ione. Acclaimed motivational speaker will share his life's journey. Public welcome. Sponsored by Ione Middle/High School ASB. (Steve Schaber 541-422-7131) PRESCHOOL STORY TIME, 10:15-11 a.m., Pendleton Public Library, 502 S.W. Dorion Ave., Pendleton. Stories and activities for young children. (541-966-0380) PRESCHOOL STORY AND CRAFT TIME, 10:30 a.m., Milton-Freewater Public Library, 8 S.W. Eighth Ave., Milton-Freewater. (Lili Schmidt 541-938-8247) KNOW YOUR NUMBERS, 11 a.m.-12 p.m., Hermiston Senior Center, 435 W. Orchard Ave., Hermiston. Free blood pressure checks and health information at the Hermiston and Stanfield senior centers to encourage everyone to know their blood pressure numbers. Take advantage of the free checks to lower your risk of stroke and heart attack. Open to everyone. (541-667-3509) PENDLETON SENIOR MEAL SERVICE, 12 p.m., Pendleton Senior Center, 510 S.W. 10th St., Pendleton. Costs \$3.50 or \$6 for those under 60. Pool, puzzles, crafts, snacks, Second Time Around thrift store 9 a.m. to 1 p.m. For Meals On Wheels, call 541-276-1926. (541-276-7101) BOARDMAN SENIOR MEAL SERVICE, 12 p.m., Boardman Senior Center, 100 Tatone St., Boardman. Cost is \$4 for seniors 55 and over or \$5 for adults. (541-481-3257) HERMISTON SENIOR MEAL SERVICE, 12 p.m., Hermiston Senior Center, 435 W. Orchard Ave., Hermiston. Cost is \$4 for adults, free for children 10 and under, \$4 for Meals on Wheels. Extra 50 cents for utensils/dishes. Bus service to Senior Center by donation. (541-567-3582) SENSOORY STORY TIME, 12:30 p.m., Boardman Public Library, 200 S. Main St., Boardman. For children from birth to age 4. (541-481-2665) SKILLS FOR LIFE, 3-5 p.m., Pendleton Recreation Center, 510 S.W. Dorion Ave., Pendleton. Gym activities and life skills for middle and high school students. Registration requested. (Danny Bane 541-379-4250)

Interpretive center offers family fun for spring break

East Oregonian



Photo by John Craig, Bureau of Land Management

The whole family can enjoy special spring break activities at the National Historic Oregon Trail Interpretive Center, located near Baker City.

Interactive workshops will provide families a fun way to learn more about Oregon pioneer life during special activities offered during spring break at the National Historic Oregon Trail Interpretive Center at Baker City. Each day, a 90-minute workshop begins at 10 a.m. They are suitable for ages 6 and up. Pre-registration is suggested for the sessions, which are \$5 each and includes all supplies. The daily themes are:

- Monday, March 27: Pioneer for a Day. Dress up in pioneer clothing and work with others in an interactive overland simulation. Explore the Trail and tour the center with Ranger Rachael. After kneading hardtack, have a taste of Dutch oven grub. Tuesday, March 28: Heirloom Gardening. Ranger Rachael shares about foods that pioneers grew. Hear the legend of the three sisters ("corn, squash, beans") and make a seed pellet to take home and plant. Wednesday, March 29: Solar Eclipse. Ranger Cheri teaches eclipse legends of American Indians. Particip-

pants will build a model of the sun and moon, which can be used to show others how solar eclipses happen. Thursday, March 30: Making a Fire the Old-Fashioned Way. Ranger Jeremy will help participants make their own char cloth and practice safely starting a camp fire with a flint and

steel. In addition to the workshops, films can be viewed daily at 10 a.m. and noon. Junior Explorer Activities and the interactive children's exhibit, "Wagons Ho! Experience the Oregon Trail," also are available daily. On Friday, March 31 from 10 a.m. to 2 p.m., pioneer themed activities are planned for all visitors at no additional charge. The National Historic Oregon Trail Interpretive Center is located on Highway 86, five miles east of Baker City. To get there, take Exit 302 from Interstate 84. The center is currently open daily from 9 a.m. to 4 p.m. Admission is \$5 for adults, \$3.50 for seniors and free for youths 15 and under. Federal passes also are accepted. For more information, call 541-523-1843 or visit www.oregontrail.blm.gov.

Wednesday Morning

Table with columns for Station, Time, and Program. Includes stations like KFFX, KPTV, KEPR, KOIN, KNDU, KGW, KVEU, KATU, KTNW, OPB.

March 22, 2017

AFTERNOON

Table with columns for Station, Time, and Program. Includes stations like KFFX, KPTV, KEPR, KOIN, KNDU, KGW, KVEU, KATU, KTNW, OPB.

EVENING

Large table with columns for Station, Time, and Program. Includes stations like FOX, KPTV, KEPR, KOIN, KNDU, KGW, KVEU, KATU, KTNW, OPB, A&E, AMC, ANPL, CMT, CNBC, CNN, DISC, DISN, ESPN, ESPN2, FNC, FOOD, FREE, FX, GOLDF, GSN, HALL, HGTV, HIST, LIFE, NICK, ROOT, SPIKE, SYFY, TBS, TCM, TLC, TNT, UNI, USA, WE, WGN, STZ ENC, HBO, HBO2, HBO3, MAX, SHOW, STARZ.

NIGHT OWL

Table with columns for Station, Time, and Program. Includes stations like KFFX, KPTV, KEPR, KOIN, KNDU, KGW, KVEU, KATU, KTNW, OPB.