

## Riverside Pirates

The Pirates bring back lots of experience as they look to take on the expanded Eastern Oregon League.



**HEAD COACH:** Sam Cornelius, 2nd year  
**ASSISTANT COACHES:** Gina Patterson (head assistant); Elizabeth Rosen (hurdles); Oscar Romero (throws); Bryant Cardenas (jumps/relay)

**RETURNING STATE QUALIFIERS:** (Boys) Alejandro Llamas, sr., distance/relay; Ricardo Mendoza, sr., throws

**OTHER RETURNERS:** (Boys) Anthony Kernal, sr., throws; David Rodriguez, sr., sprints/hurdles/relay; Edgar Guzman, sr., sprints/hurdles/relay; Quincy Castillo, jr., sprints/relay; Danny Rodriguez, jr., sprints/hurdles/relay; Ruben Villa, jr., throws (Girls) Ivonne Navarro, jr., sprints/throws; Yoselin Ayuso, jr., throws; Alondra Caldera, so., sprints/relay/jumps; Estrella Daltoso, so., throws/relay;

**IMPACT NEWCOMERS:** (Girls) Faith Rosen, so., hurdles/relay; Jordy Mendoza-Ramirez, fr., throws/sprints (Boys) Johan Pena, fr., sprints/relay/jumps

**SEASON GOALS:** For everyone to honor their commitment to their teammates and to always strive for improvement, even when it gets tough.

**CORNELIUS'S KEY TO THE SEASON:** "Commitment and discipline."

**BIGGEST STRENGTHS:** His athletes' eagerness to learn and improve has made coaching the Pirates a rewarding experience for Cornelius.

### 2017 Schedule

March 17	at Ontario	4 p.m.
March 23	at Pendleton	Noon
April 1	Columbia River Invite	11:30 a.m.
April 7	at Mac-Hi	11 a.m.
April 8	at Stanfield	10 a.m.
April 14	at Umatilla	Noon
April 22	at Union	11 a.m.
April 27	Riverside Relays	4:30 p.m.
May 5	at Baker	10 a.m.
May 12-13	at Districts (Nyssa)	2 p.m.

**Irrigon's Ana Zacarias wins the final heat of the 200-meter dash at Mac-Hi's Carnival of Speed last season in Milton-Freewater.**

EO file photo



## Irrigon Knights

Coming off two straight district titles at the 2A level, the Knights' boys are looking to keep that streak alive at the 3A level. Despite lacking a track of its own, Irrigon is a strong contender for state berths.

**HEAD COACH:** Ken Thompson, 2nd year

**ASSISTANT COACH:** Nikki Kroske, 2nd year; Richard Moore, 1st year

**RETURNING STATE QUALIFIERS:** (Boys) Jose Romero, sr.,

hurdles/relays; Carlos Zacarias, sr., sprints/relays; Luke Meyers, sr., throws. (Girls) Ana Zacarias, so., sprints; Brianna Rice, so., throws; Alexis Williams, sr., distance

**OTHER RETURNERS:** (Boys) Justin Iveson, sr., jumps; Nestor Chavez, jr., sprints. (Girls) Natalie Romero, so., hurdles

**SEASON GOALS:** Earning a third-straight district title for the boys and placing top two for the girls.

**BIGGEST STRENGTHS:** Strong relays and experience and depth in

the other areas.

### 2017 Schedule

March 23	at Pendleton	Noon
March 29	at Canby	Noon
April 1	at Riverside	11:30 a.m.
April 7	at Mac-Hi	11 a.m.
April 13	at Heppner	Noon
April 14	at Umatilla	Noon
April 21	at Central	3:30 p.m.
April 29	at Sherman	11 a.m.
May 6	at Arlington	10 a.m.
May 12	EOL Districts (at Nyssa)	2 p.m.



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**Pilot Rock's Devin Hasher clears 6 feet in the high jump last season at the Buck Track Classic in Pendleton.**

## Pilot Rock Rockets

**CO-HEAD COACHES:** Kyle Humphries, Phil King

**RETURNING STATE QUALIFIERS:** (Boys)

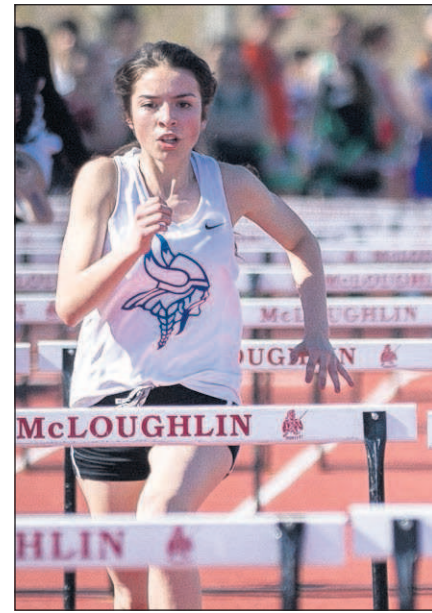
Devin Hasher, sr., relay/throws/jumps.



(Girls) Rachel Willingham, sr., hurdles/relay/jumps; Abby Rigby, jr., sprints/relay; Siobahn Holman, jr., hurdles/relay; Olivia Warner, so., hurdles/relay

**OTHER RETURNERS:**

(Boys) Jonas Jakob, sr., jumps; Beau Glynn, jr., hurdles; Bryson Thorton, so., sprints/throws; Jonathan Grimes, so., throws. (Girls) Mia Atkins, so., throws/sprints



**Umatilla's Nancy Ortiz competes in the 100-meter hurdles at the Mac-Hi Carnival of Speed last season in Milton-Freewater.**

EO file photo

## Umatilla Vikings

**HEAD COACH:** Josh Ego

**RETURNING STATE QUALIFIERS:** (Girls) Aleesha Watson, sr., throws; Araceli Sanguino, sr., hurdles/relay; Nancy Ortiz, jr., sprints/hurdles/relay; Maria Moreno-Mendez, jr., throws; Daphne Castro, jr., sprints/relay. (Boys) Sebastian Trujillo, sr., throws; Josh Surber, sr., throws; Isidro Fonseca, so., sprints; Zayne Troeger, so., distance; Trent Dufrey, so., hurdles; Julian Gutierrez, so., high jump

### 2017 Schedule

March 17	at Condon	2 p.m.
March 23	at Pendleton	Noon
April 7	at Mac-Hi	11 a.m.
April 8	at Stanfield	10 a.m.
April 14	Rivers Edge	Noon
April 15	at Pasco (WA)	9:30 a.m.
April 22	at Centennial	11 a.m.
April 22	at Prosser (WA)	10:30 a.m.
April 28	at Condon	Noon
May 12-13	at Districts (Nyssa)	2 p.m.

## Stanfield Tigers

**HEAD COACH:** Eric Jensen

**RETURNING STATE QUALIFIERS:** (Boys) Carlos Flores, sr., middle distance; Trevor Shockman, sr., hurdles; Justin Shelby, sr., sprints/relay; Elias Esquivel, so., distance; Benjamin Hernandez, so., sprints/relay; Cody Griffin, so., sprints/relay

### 2017 Schedule

March 18	at Wahtonka	10 a.m.
March 23	at Pendleton	11 a.m.
April 1	at Riverside	11:30 a.m.
April 8	Dick Horyna Invitational	10 a.m.
April 13	at Heppner	Noon
April 14	at Umatilla	Noon
April 18	at Weston-McEwen	4 p.m.
April 22	at Union	11 a.m.
April 27	at Riverside Relays	4:30 p.m.
April 29	at Portland Christian	11 a.m.
May 2	at Hermiston	4 p.m.
May 5	at Baker	10 a.m.
May 13	at Districts (Crook County)	Noon

### 2017 Schedule

March 23	at Pendleton	Noon
April 1	at Riverside	11:30 a.m.
April 7	at Mac-Hi	11 a.m.
April 8	at Stanfield	10 a.m.
April 13	at Heppner	Noon
April 14	at Umatilla	Noon
April 18	at Weston-McEwen	4 p.m.
April 22	at Union	11 a.m.
April 27	at Riverside Relays	4:30 p.m.
April 29	at Sherman	11 a.m.
May 2	at Hermiston	4 p.m.
May 5	at Baker	10 a.m.
May 13	at Districts (Crook County)	Noon

## Heppner Mustangs

**HEAD COACH:** Russ Nichols

**RETURNING STATE QUALIFIERS:** (Boys)

Hunter Nichols, so., distance; Derek Howard, so., throws

**OTHER RETURNERS:**

(Boys) Kane Sweeney, sr., middle distance; Payton Lehman, jr., distance/jumps; Trent Smith, so., sprints/relay; Justin Petzoldt, so., sprints; Jake Wallace, so., hurdles; Derek Howard, so. throws; Jake Wallace, so. throws; Carson Brosnan, so., throws. (Girls) None.

### 2017 Schedule

March 17	at Condon	2 p.m.
April 4	at Grant Union	3:30 p.m.
April 8	at Stanfield	10 a.m.
April 13	Mustang Invite	Noon
April 14	at Umatilla	Noon
April 22	at Centennial	11 a.m.
April 27	at Riverside Relays	4:30 p.m.
April 29	at Sherman	11 a.m.
May 2	at Hermiston	4 p.m.
May 5	at Baker	10 a.m.
May 13	at Districts (Crook County)	Noon

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