

COMING EVENTS

FRIDAY, MARCH 3 ADULT OPEN GYM, 6 a.m., Pendleton Recreation Center, 510 S.W. Dorion Ave., Pendleton. Free. Half-court basketball. Adults only. WALKING FOR WELLNESS, 8:30-9:30 a.m., Pendleton Recreation Center, 510 S.W. Dorion Ave., Pendleton. Free. (541-276-8100) HEALTHY FRIDAYS, 9:30-11:30 a.m., Good Shepherd Medical Center conference room 7, 610 N.W. 11th St., Hermiston. Free health screenings including cholesterol, blood sugar, BMI, blood pressure checks, weigh-ins and health information. For cholesterol and glucose tests, fast 10-12 hours prior to blood draw. Open to all community members. (541-667-3509) FREE FIRST FRIDAY, 10 a.m.-5 p.m., Tamastlikt Cultural Institute, 47106 Wildhorse Blvd., Pendleton. Free admission all day. (541-966-9748) STORY TIME, 10:15 a.m., Hermiston Public Library, 235 E. Gladys Ave., Hermiston. Free. (541-567-2882) TODDLER STORY TIME, 10:15-11 a.m., Pendleton Public Library, 502 S.W. Dorion Ave., Pendleton. Free. (541-966-0380) PENDLETON SENIOR MEAL SERVICE, 12 p.m., Pendleton Senior Center, 510 SW 10th St., Pendleton. Costs \$3.50 or \$6 for those under 60. Pool, puzzles, crafts, snacks, Second Time Around thrift store 9 a.m. to 1 p.m. For Meals On Wheels, call 541-276-1926. (541-276-7101) WORLD DAY OF PRAYER, 1 p.m., First Christian Church, 215 N. Main St.,

Pendleton. Free. The women of the Philippines invite attendees to consider: "Am I being unfair to you?" Theme is from Matthew 20: 1-16, the parable of the laborers in the vineyard. Everyone welcome. (541-276-5358) STORY AND CRAFT TIME, 2 p.m., Echo Public Library, 20 S. Bonanza, Echo. Free. (541-376-8411) ROLLIN SCHIMMEL MEMORIAL WRESTLING FOUNDATION SILENT AUCTION AND DINNER, 5-9 p.m., Hodgen Distributing event room, 4340 Westgate, Pendleton. Event includes silent auction, which closes at 7 p.m., dinner, door prizes and raffle and drawing for a Bergara B-14 Hunter (\$10 tickets). Free admission, 21 and older only. (Jeff Brown or Kyle Willman 541-215-0341 or 541-377-8600) VFW BINGO, 6 p.m., Hermiston VFW, 45 W. Cherry St., Hermiston. Doors open at 6 p.m., games begin at 7 p.m. Everyone welcome. (541-567-6219) BATTLE OF THE BARS, 6-11 p.m., Pendleton Round-Up Let'er Buck Room, 1205 S.W. Court Ave., Pendleton. Nine local bars will compete for the "Best of the West" title, creating signature drinks using Pendleton Whisky. Guests may purchase drinks and vote for their favorite; tasting portions will be available for those who would like to try every drink. Winning bar will receive a plaque and bragging rights. Dinner will be available for purchase throughout the event. Proceeds benefit the Pendleton Round-Up and Happy Canyon Hall of Fame. Free admission, 21 and older only. (Cydney

Corey 541-969-2349) RUSS MILLER, 6:30 p.m., Pendleton Baptist Church, 3202 S.W. Nye Ave., Pendleton. Russ Miller, of Creation, Evolution & Science Ministries, will speak. Free. (541-276-7590) FOLK NIGHT AT THE ARTS CENTER, 7-9 p.m., Pendleton Center for the Arts, 214 N. Main St., Pendleton. Contra and Western-style dancing, live music and callers. Costs \$5 per person or \$8 per couple; no partner necessary. (Roberta Lavadour 541-278-9201) "FIDDLER ON THE ROOF", 7 p.m., Hermiston High School, 600 S. First St., Hermiston. Drama and music students present the Tony Award-winning musical. Ticket prices have increased due to increased financial support needed for the drama program. General admission is \$10 and students/senior citizens are \$6. (Dana Mercer 541-667-6110) CCT PRESENTS: JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT, 7:30-9 p.m., Bob Clapp Theatre, Blue Mountain Community College, 2411 NW Carden Ave, Pendleton. Cost is \$20/adults, \$10/students. Purchase tickets at the theatre box office in Pioneer Hall or call 541-278-5953. SATURDAY, MARCH 4 PANCAKE BREAKFAST, 7-10 a.m., Stanfield Community Center, 225 W. Roosevelt, Stanfield. Costs \$5 for full breakfast/\$3 for light meal. (541-449-1332) FREE FOR ALL, 9:30-10:15 a.m., Pendleton Center for the Arts, 214 N. Main St., Pendleton. Free art classes for children up to age 12. Children under 8 should be accompanied by an adult. (Roberta Lavadour 541-278-9201)

SATURDAY CRAFT TIME, 10 a.m.-2 p.m., Hermiston Public Library, 235 E. Gladys Ave., Hermiston. Free craft projects for children in 5th grade and younger. (541-567-2882) YARN CLUB, 10 a.m.-12 p.m., Hermiston Public Library, 235 E. Gladys Ave., Hermiston. Free. (541-567-2882) HIP & HANDMADE, 11 a.m.-12 p.m., Pendleton Center for the Arts, 214 N. Main St., Pendleton. Free drop-in project class for adults. (Roberta Lavadour 541-278-9201) ORIGAMI CLUB FOR ADULTS, 1-4 p.m., Hermiston Public Library, 235 E. Gladys Ave, Hermiston. Free. Classic Japanese paper craft for adults only. (Jodi Hansen 541-567-2882) SATURDAY SPIN-IN, 1-4 p.m., Pendleton Center for the Arts, 214 N. Main St., Pendleton. Free. For spinners, knitters, weavers, felters, fiber enthusiasts and folks who are just fiber-enthusiasts. Drop-ins welcome. (Roberta Lavadour 541-278-9201) COLUMBIA RIVER BITS & PIECES PART 3, 5 p.m., Irrigon Public Library annex room, 490 N.E. Main Ave., Irrigon. Free. Don Eppenbach will present. Refreshments. (Loa Heideman 541-922-0683) OLDIES NIGHT: 1962, 7-10 p.m., Wesley United Methodist Church, 816 S. Main St., Milton-Freewater. BJ the DJ spins the tunes of 1962, including the Beach Boys, Peter Paul & Mary and Carole King's first hit singles, "Monster Mash," the Beatles' "Love Me Do" and more. Free admission. (Bob Jones 541-938-7028) "FIDDLER ON THE ROOF", 7 p.m., Hermiston High School, 600 S. First St., Hermiston. Drama and music students

present the Tony Award-winning musical. Ticket prices have increased due to increased financial support needed for the drama program. General admission is \$10 and students/senior citizens are \$6. (Dana Mercer 541-667-6110) CCT PRESENTS: JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT, 7:30-9 p.m., Bob Clapp Theatre, Blue Mountain Community College, 2411 NW Carden Ave, Pendleton. Cost is \$20/adults, \$10/students. Purchase tickets at the theatre box office in Pioneer Hall or call 541-278-5953. SUNDAY, MARCH 5 FAMILY BREAKFAST, 8:30-9:15 a.m., First Christian Church, 516 S. Main St., Milton-Freewater. Cost is by donation. Everyone welcome. (541-938-3854) SPECIAL NEEDS OPEN GYM, 12-1:30 p.m., Pendleton Recreation Center, 510 S.W. Dorion Ave., Pendleton. Free for special needs children and families. (541-276-8100) CCT PRESENTS: JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT, 2-3:30 p.m., Bob Clapp Theatre, Blue Mountain Community College, 2411 NW Carden Ave, Pendleton. Cost is \$20/adults, \$10/students. Purchase tickets at the theatre box office in Pioneer Hall or call 541-278-5953. HYMNINSPIRATION, 5-6 p.m., Victory Baptist Church, 103 E. Main St., Hermiston. Free. Enjoy an evening of singing the old hymns with new and old friends, fun and fellowship. Everyone welcome. (Chris Finley 541-571-2516) ADULT OPEN GYM, 6:30 p.m., Pendleton Recreation Center, 510 S.W. Dorion Ave., Pendleton. Free. Half-court basketball. Adults only.

PARENTS TALK BACK Heroes like Ian Grillot lead by example

A Kansas man is being hailed as a hero across India, but many Americans haven't heard as much about him — certainly not from our country's leaders.



AISHA SULTAN Parents Talk Back

I've made it a point to tell my children about Ian Grillot.

Grillot, who is 24 years old, had planned to watch a University of Kansas basketball game last week with friends in an Olathe, Kansas bar when he heard a gunman start shooting. He dove under a table and waited until he thought 51-year-old Adam Purinton had emptied his magazine. Then he chased Purinton down and tried to stop him.

Purinton opened fire on him.

Grillot was shot through the hand and in the chest. The gunman had also shot two Indian men, killing Srinivas Kuchibhotla and injuring Alok Madasani, both engineers working for Garmin. Purinton reportedly told the two men, who he thought were Iranian, to "get out of my country" before opening fire.

The FBI is investigating the shooting as a possible hate crime.

India's External Affairs Minister Sushma Swaraj tweeted on Monday, "India salutes the heroism of Ian Grillot!" Meanwhile, White House press secretary Sean Spicer has said it is "absurd" to link the shooting to Trump's rhetoric on immigration, which includes a travel ban on seven countries, including Iran.

That rhetoric might have been a factor, or it might not — until further information comes out, it's impossible to say, although the shooter's reported use of racial slurs demonstrates an animosity toward nonwhites. Either way, a government's statements matter, and its actions matter even more. It's our government's responsibility to protect all its citizens.

In less than two weeks, two Jewish cemeteries have been vandalized, two Indian men shot and a mosque burned in Florida.

After weeks of criticism of being slow to comment on the rising number of anti-Semitic threats, President Donald Trump said in his address to Congress, "Recent threats targeting Jewish Community Centers and vandalism of Jewish cemeteries, as well as last week's shooting in Kansas City, remind us that while we may be a nation divided on policies, we are a country that stands united in condemning hate and evil in all of its very ugly forms."

When our leaders speak out against a rising tide of bigotry, our children hear those messages on their

social media feeds and it reaffirms our collective values. It helps heal the wounds of a community to hear its fears and pain acknowledged. It's also a chance to highlight the best among us. There are extraordinary heroes like Ian Grillot, along with communities

of all faiths coming out to repair Jewish cemeteries and ordinary citizens scrubbing away swastikas drawn on public places. The evil ideologies of the KKK and neo-Nazis and those influenced by them will not go unchallenged. Muslims have raised money to repair Jewish cemeteries, and Jews have donated to rebuild the burned mosque. Given how frequently Trump has tweeted on topics that have moved him, such as "Saturday Night Live" and Nordstrom, it would be great to see him similarly moved by Americans taking care of one another.

Telling these stories sends a message to those who want to divide us: You can't. In fact, we've united even stronger.

We need heroes like Ian Grillot. We need smaller acts of bravery, like standing up for a classmate or co-worker, just as much. I don't know if I would ever have the courage to take a bullet for a stranger being attacked. But it doesn't take much effort for me to share a story with my children or friends, click a button to donate to a cause or reach out to those who may be personally affected by a possible hate crime.

When I heard about the gravestones desecrated in a St. Louis-area Jewish cemetery, I wanted my children to know that we would donate to help repair them. We gave through LaunchGood, the same Muslim organization that had also raised funds for African-American churches targeted by arsonists in the South.

Our actions speak loudest, which is why our elected officials should be targeting all domestic threats, including violent white supremacists.

When someone attacks our principles of equality and freedom for all, they've attacked every single one of us. If we truly care about American values, we don't just speak up when our ethnic group, our religion or our friends get attacked.

If your sympathy or outrage is reserved only for crimes targeting your own community, that doesn't make you a patriot.

That makes you a hypocrite.

Aisha Sultan is a St. Louis-based journalist who studies parenting in the digital age while trying to keep up with her tech-savvy children. Find her on Twitter: @AishaS.

Friday Morning

Table with 12 columns (Station, Time, Program) for Friday Morning slot.

AFTERNOON

Table with 12 columns (Station, Time, Program) for Afternoon slot.

EVENING

Table with 12 columns (Station, Time, Program) for Evening slot.

Large table with 12 columns (Station, Time, Program) for various evening and night shows.

NIGHT OWL

Table with 12 columns (Station, Time, Program) for Night Owl slot.