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HERMISTON

Just keep going

Parkinson's can't keep woman from trekking, kayaking, biking, and living large

By **KATHY ANEY**
East Oregonian

Carol Clupny and the Energizer Bunny have much in common.

Like the bunny, Clupny keeps up a steady pace. The bunny, however, doesn't have Parkinson's disease, a progressive neurological disorder that affects movement, speech and cognition.

The Hermiston woman resolved to keep moving after her diagnosis eight years ago, shortly after her 50th birthday. The final wake-up call came during a kayaking weekend in the San Juan Islands when she started feeling weak and shaky and had trouble paddling.

After the diagnosis, she realized that exercise helped beat back the symptoms. She shot free throws at lunchtime. Three times, she walked sections of the Camino de Santiago, a web of trails that converge on the Spanish town of Santiago de Compostela from starting points in France, Portugal and Spain. Using carbon trekking poles for balance, she walked over the steep Pyrenees Mountains. Twice, she and husband Charlie pedaled across the rolling hills of Iowa for The Register's Annual Great Bicycle Ride Across Iowa, billed as the oldest, largest and longest recreational bicycle touring event in the world. She kayaks with a group of female friends and rides her family's two Tennessee walking horses. A punching bag hangs in her garage.

"I've just got to keep moving," Clupny said.

After the diagnosis, she found an advocate in Charlie.

"Rather than treating Parkinson's as a death sentence and sitting down and waiting for it to happen, we realized there was a lot of life to live,"



Carol Clupny feeds one of her Tennessee walking horses at her home in Hermiston. Clupny was diagnosed with Parkinson's disease eight years ago, after her 50th birthday.

Staff photo by E.J. Harris

he said. "We started making plans."

She eventually resigned her job as head of the speech and hearing program of the InterMountain Education Services District, where she had worked for three decades, to focus on living with Parkinson's.

The cycling started in earnest after she read a research study reporting that people with Parkinson's benefited from hopping on a bike. The study showed that riding at a certain rate for 40 minutes three times a week saw a 35 percent improvement in their symptoms. Tremors eased and the sense of smell often returned in those who had lost it.

She and Charlie borrowed a tandem bike they dubbed the Yellow Mosquito Eater and rode across Iowa. Later, they bought their own bike. They often pedal the Umatilla County backroads with Carol occasionally yelling "faster, faster," to her husband when traveling downhill.

Her quest to stay active got a See **CLUPNY/12A**



Carol Clupny, who recently underwent deep brain stimulation, holds a device called a patient programmer which allows her to control the neurostimulator embedded under her collarbone. With the programmer, Clupny can monitor battery life and control the current that flows into her brain within physician-prescribed limits.

Staff photo by E.J. Harris

PENDLETON

High price for marijuana business license

East Oregonian

It could take a lot of green to sell green in Pendleton.

The Pendleton City Council has scheduled a Dec. 20 hearing for an ordinance that would create a special marijuana business license. With Pendleton voters passing a series of measures Nov. 8 that legalizes medical and recreational marijuana sales and levies an additional 3 percent tax, the city has until Jan. 3 to put the regulatory scheme in place.

A draft of the business license sets rules for how a marijuana retailer can operate, including mandatory owner and employee background checks, hours of operation and licensing fees.

The latter is particular eye catching — the draft states it would cost recreational store owners \$850 just to apply for a business license and \$600 to apply for a medical marijuana retail license. Those application fees are non-refundable. Annual license renewal will cost \$550 for recreational and \$300 for medical.

"The application fees may be further refined by resolution, but are based upon an estimate of the costs that city will incur in administration of these licenses, including background checks and the cost of collection of the tax," city attorney Nancy Kerns wrote in a report to the city council.

In comparison, the base rate for a license for a non-marijuana business in city limits is \$100, although

See **MARIJUANA/12A**



Enjoy a free coffee at Obie's Express in Hermiston



MISSION

Tamástlikt sheds light on dark history

By **PHIL WRIGHT**
East Oregonian

The doctor in the black and white photograph exams a child with the rickets. The doctor in the photograph is Ernst Wentzler, a pioneer in treating the bone disorder.

The doctor in the photograph helped run the Nazi's "pediatric euthanasia" program. Wentzler ordered the deaths of thousands of children who did not meet the Nazi standards of perfection.

Wentzler's story is part of "Deadly Medicine: Creating the Master Race," a traveling exhibition from the United States Holocaust Memorial Museum on display at Tamástlikt Cultural Institute on the Umatilla Indian Reservation near Pendleton.

The walk-through exhibit illustrates how the Nazi

regime embraced eugenics and recruited medical professionals and scientists to murderous ends. Signs warn visitors they could find some content disturbing. Tamástlikt curator Randall Melton said he certainly did.

While installing the exhibit on election night, one photo in particular struck him — the grainy image of four emaciated, naked children. They look like boys, but they are girls. Melton is a father of two daughters. He said he wondered how someone could have done that to children.

Tamástlikt strives to bring exhibits that provide a unique experience for locals, Melton said, and "create dialogue" and make people question and think. This exhibit is upsetting.

See **EXHIBIT/12A**



Staff photo by Kathy Aney

A young girl identified only as Willma B. appears on a wall of photos at Tamástlikt Cultural Institute as part of a traveling Holocaust exhibit called "Deadly Medicine: Creating the Master Race." The exhibit runs through January 7.



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