UNIVERSAL Sudoku Puzzle

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

		9			5			
	1			2		4		
	4		9	1		5		
2	7							
			5	8	7			
							1	4
		1		9	6		4	
		6		5			2	
			4			1		

9/10

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DIFFICULTY RATING: ★★★★★★

THIS DAY IN HISTORY

Today is the 254th day of 2016. There are 112 days left in the year.

Today's Highlight in History:

On Sept. 10, 1846, Elias Howe received a patent for his sewing machine.

On this date:

In 1608, John Smith was elected president of the Jamestown colony council in Virginia.

In 1813, an American naval force commanded by Oliver H. Perry defeated the British in the Battle of Lake Erie during the War of 1812. (Afterward, Perry sent out the message, "We have met the enemy and they are ours.")

In 1919, New York City welcomed home Gen. John J. Pershing and 25,000 soldiers who'd served in the U.S. First Division during World War I.

In 1935, Sen. Huey P. Long died in Baton Rouge two days after being shot in the Louisiana state capitol, allegedly by Dr. Carl Weiss.

In 1939, Canada declared war on Germany.

In 1945, Vidkun Quisling was sentenced to death in Norway for collaborating with the Nazis (he was executed by firing squad in Oct. 1945).

In 1955, the Western series "Gunsmoke," starring James Arness as Marshal Matt Dillon, began a 20-season run on CBS Television.

In 1963, 20 black students entered Alabama public schools following a standoff between federal authorities and Gov. George C. Wallace.

In 1974, the West African country of Guinea-Bissau became fully independent of Portugal.

In 1979, four Puerto Rican nationalists imprisoned for a 1954 attack on the U.S. House of Representatives and a 1950 attempt on the life of President Harry S. Truman were freed from prison after being granted clemency by President Jimmy Carter.

In 1987, Pope John Paul II arrived in Miami, where he was welcomed by President Ronald Reagan and first lady Nancy Reagan as he began a 10-day tour of the United States.

In 1991, the Senate Judiciary Committee opened hearings on the nomination of Clarence Thomas to the U.S. Supreme Court.

Today's Birthdays: World Golf Hall of Famer Arnold Palmer is 87. Actor Philip Baker Hall is 85. Actor Greg Mullavey is 83. Jazz vibraphonist Roy Ayers is 76. Actor Tom Ligon is 76. Singer Danny Hutton (Three Dog Night) is 74. Singer Jose Feliciano is 71. Actress Judy Geeson is 68. Former Canadian first lady Margaret Trudeau is 68. Political commentator Bill O'Reilly is 67. Rock musician Joe Perry (Aerosmith) is 66. Actress Amy Irving is 63. Actor-director Clark Johnson is 62. Country singer Rosie Flores is 60. Actress Kate Burton is 59. Movie director Chris Columbus is 58. Actor Colin Firth is 56. Rock singer-musician David Lowery (Cracker) is 56. Actor Sean O'Bryan is 53. Actor Raymond Cruz is 52. Baseball Hall of Famer Randy Johnson is 53. Rock musician Robin Goodridge (Bush) is 51. Rock musician Stevie D. (Buckcherry) is 50. Rock singer-musician Miles Zuniga (Fastball) is 50. Actress Nina Repeta is 49. Rapper Big Daddy Kane is 48. Movie director Guy Ritchie is 48. Actor Johnathan Schaech is 47. Contemporary Christian singer Sara Groves is 44. Actor Ryan Phillippe is 42. Actor Kyle Bornheimer is 41. Rock musician Mikey Way (My Chemical Romance) is 36. Olympic bronze medal figure skater Timothy Goebel is 36. Rock musician Matthew Followill (Kings of Leon) is 32.

Thought for Today: "The more one pleases everybody, the less one pleases profoundly." — *Stendhal, French author (1783-1842).*

SOLUTION:

3	6	9	7	4	5	2	8	1
5	1	7	6	2	8	4	9	3
8	4	2	9	1	3	5	7	6
2	7	3	1	6	4	8	5	9
1	9	4	5	8	7	6	3	2
6	5	8	2	3	9	7	1	4
7	2	1	8	9	6	3	4	5
4	8	6	3	5	1	9	2	7
9	3	5	4	7	2	1	6	8

9/10

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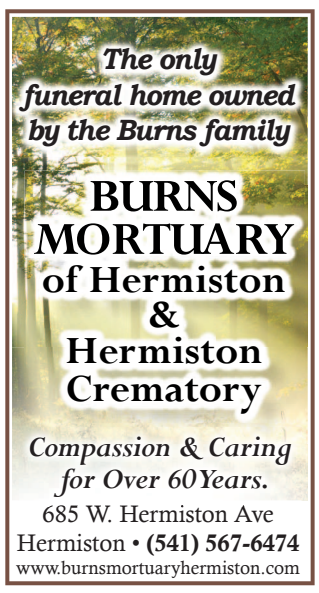

ALIVE & WELL
541-567-0272
2150 N. First St., Hermiston
Sept 11th - 16th
$1.00 OFF
Smart Start Smoothie
Lean & Green Juice
NOW OPEN AT 8am, Mon-Fri!
20% OFF
• Grace & Truth Women's T-shirts
• Any item on "What's New" Display
30% OFF
• Kids Dreams Fancy Dresses
50% OFF
• Lazy One PJs & Slippers
• All Simply Noelle Scarves, Clothing, Purses, Shoes, Sunglasses & Jewelry

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DEAR ABBY

Son becoming a woman seeks the best way to tell parents

JEANNE PHILLIPS
Advice

Dear Abby: I'm a 26-year-old who is about to come out as transgender. I was born a male and will be transitioning into a female. My family doesn't know yet, and I have been debating for the past couple of years how to tell them.

My parents divorced when I was 2, and had a rocky relationship until recently. They both are now remarried and living happy lives. Can you please tell me how to tell them that I am a transgender woman? I would love to bring both of them together and talk, just the three of us, but I don't know if that would be the best option. What do I do? — **Transgender In Arizona**

Dear Transgender: Regardless of whether your parents have remarried, they are still your mom and dad. If you have something that needs to be discussed with them, you should absolutely bring them together to talk privately about it. It would be the best way to give them the news.

Because you're looking for the words to explain what you're planning to tell them, contact PFLAG for suggestions. It is an organization that has been helping gay, lesbian, bisexual and transgender individuals to come out for many years. To contact it, go to pflag.org.

Dear Abby: I have an amazing grandmother who has five daughters, one son, and more than 30 grandchildren and great-grandchildren. She has been widowed for 10 years. She lives on her own after a short second marriage that ended quickly in divorce. Her only companions now are her dog and her fellow residents in an independent living home for seniors.

Gran is able to drive, but chose not to buy a car, so on my only day off, I feel guilty if I don't take her to the places she needs to go for the week. She says I'm the only one in our large family she can rely on. Most of us live fairly close by, but I'm who she calls for emergencies, to take her to the hospital or simply the grocery store.

I love her and jump to help because I would hate to see anything happen to her. But what can I do, Abby? I feel like I'm having to make up for what others are not doing for their mother and grandmother. — **Caring Granddaughter In Kentucky**

Dear Granddaughter: Your feelings are accurate; what's happening is unfair to you. I suggest that you discuss this with your parents, aunts, uncle and cousins and see if perhaps each family unit would be willing to help your grandmother with these errands on a rotational basis — say a week a month. There are so many of you that it wouldn't be onerous.

Dear Abby: Please help me. I have a friend who douses herself with perfume. I am extremely allergic to the smell of perfume. The last time she got into my car, I nearly passed out. Without throwing her out of my car, what is the right approach? — **Nauseated Up North**

Dear Nauseated: The right approach would be to head this friend off at the pass. The next time you know you will be providing the transportation, explain IN ADVANCE how perfume affects you and ask her not to wear any. And if she "forgets," tell her the minute you get a whiff that she'll have to call a taxi.

Monday Morning — September 12, 2016

	STATION		6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
FOX	(11)KFFX	11	AgDay	Hot/ Cleve.	Good Day Spokane				Paid	Ocean M.	Steve Harvey		Crime Watch (SP) (N)	
FOX	KPTV	3	Good Day Oregon at 6		Good Day Oregon				Good Day		The 700 Club		Paid	Paid
CBS	(19)KEPR	2	News	News	CBS This Morning (N)				Harry (P) (N)		The Price Is Right		Young & Restless	
CBS	KOIN	19	KOIN 6 News at 6 a.m.		CBS This Morning (N)				Let's Make a Deal		The Price Is Right		Young & Restless	
NBC	(25)KNDU	6	Wake Up Northwest		Today Show Patrick Dempsey, Shailene Woodley				Today Show II (N)		Today Show III (N)		Million?	Million?
NBC	KGW	8	KGW News at Sunrise		Today Show Patrick Dempsey, Shailene Woodley				Today Show II (N)		Today Show III (N)		Portland Today	
ABC	(42)KVEW	4	Northwest	Northwest	Good Morning America (N)				Live! With Kelly (N)		The View (N)		Paid	Middle
ABC	KATU	5	KATU News Morning		Good Morning America (N)				AM Northwest		The View (N)		Live! With Kelly (N)	
PBS	(31)KTNW		Stretch	W.L.Yoga	Wild Kratts	Jet Go!	Nature Cat	C.George	D.Tiger	D.Tiger	Sesame St.	Peg Cat	DinoTrain	Sit and Fit
PBS	(59)OPB	13	Stretch	Jet Go!	Nature Cat	C.George	D.Tiger	D.Tiger	Sesame St.	Peg + Cat	DinoTrain	DinoTrain	SuperW!	Thomas

AFTERNOON

	STATION		12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
FOX	(11)KFFX	11	Paid	Pat. Court	Divorce	Divorce	Judge Mathis		The People's Court		Paid	2½Men	Mike&M.	Mike&M.
FOX	KPTV	3	Rachael Ray (SP) (N)		Wendy Williams		The Dr. Oz Show		TMZ Live!		Judge Judy	Judge Judy	5 O'Clock News	
CBS	(19)KEPR	2	NameG.	Bold & B.	The Talk (N)		Let's Make a Deal		Dr. Phil (N)		Judge Judy	Judge Judy	News	News
CBS	KOIN	19	News	Bold & B.	The Talk (N)		The Doctors (SP) (N)		Dr. Phil (N)		KOIN 6 News at 4 p.m.		News	News
NBC	(25)KNDU	6	TMZ	Paid	Days of Our Lives		Hot Bench	Hot Bench	Wendy Williams		Ellen DeGeneres (N)		News	NBC News
NBC	KGW	8	KGW New	Paid	Days of Our Lives		T.D. Jakes (P) (N)		Ellen DeGeneres (N)		KGW News		KGW News	NBC News
ABC	(42)KVEW	4	The Chew		General Hospital		The Doctors (SP) (N)		Rachael Ray (SP) (N)		Minute	Minute	News	News
ABC	KATU	5	The Chew		General Hospital		Harry		Afternoon Live		KATU News @ 4		News	News
PBS	(31)KTNW		Charlie Rose		Paint	Sewing (N)	C.George	Thomas	Arthur	Nature Cat	Jet Go!	Odd Squad	Wild Kratts	Business
PBS	(59)OPB	13	School Art	Feast	Charlie Rose		Nature Cat	Bob Build	Cat/ Hat	Jet Go!	Speaks	WordGirl	Odd Squad	Wild Kratts

EVENING

	STATION		6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
FOX	(11) KFFX	11	Modern Family "Rash Decisions"	Modern "Haley's 21st Birthday"	2 Broke Girls "And the High Hook-Up"	2 Broke Girls "And Just Plane Magic"	So You Think You Can Dance "The Next Generation: Winner Chosen" Final four dancers show the judges what they've got before the winner is crowned. (SF) (N)				FOX News First at Ten	:35 Law:CI Detective Goren pleas for a suspect, driven to violence, to be spared the death penalty.		:35 Anger Manage-ment
FOX	KPTV	3	6 O'Clock News		Family Feud	Family Feud	Dance Final four dancers show the judges what they've got before the winner is crowned. (N)				10 O'Clock News		11 O'Clock News	2 Broke Girls
CBS	(19) KEPR	2	Action News at 6 p.m.	Inside Edition	The Big Bang Theory	TheSimpsons "Blazed and Confused"	BigBang "The Solder Excursion Diversion"	CBS Fall Preview (N)	The Big Bang Theory	Mom	Scorpion Team Scorpion must outthink their unstable ex-Scorpion member after he kidnaps Toby.		Action News at 11:00 p.m.	:35 Stephen Colbert
CBS	KOIN	19	KOIN 6 News at 6	Evening News	Extra	Ent. Tonight	Big Bang Theory	Preview (N)	Big Bang Theory	Mom	Scorpion "Toby or Not Toby"		KOIN 6 News/ 11	:35 S. Colbert
NBC	(25) KNDU	6	Local News	Family Feud	Wheel of Fortune	Jeopardy!	American Ninja Warrior "National Finals Week 3" The competitors who completed the City Finals courses try the National Finals course. (SF)				RunWild Marshawn Lynch joins Bear on an adventure in Corsica, where they encounter rugged cliffs.		Local News	:35 Tonight Renée Zellweger
NBC	KGW	8	KGW News at 6:00 p.m.		Live at Seven	Inside Edition	Amer.Ninja The competitors who completed the City Finals courses try the National Finals course.				Running Wild "Marshawn Lynch" (N)		KGW News at 11	:35 Tonight (N)
ABC	(42) KVEW	4	Extra	Local News at 6:30	Entertai-nment Tonight	The Insider	Dancing With the Stars (SP) (N)				Pyramid First up this week, actor Jon Lovitz competes against former NFL star Deion Sanders.		Local News at 11 /Kimmel This distinctive late-night talk show features celebrity guests, bands & comedy.	
ABC	KATU	5	KATU News at 6		Jeopardy!	Wheel of Fortune	Dancing With the Stars (SP) (N)				The $100,000 Pyramid (N)		KATU News	:35 Jimmy Kimmel
PBS	(31) KTNW		PBS NewsHour		BBC World News	XConne-ctNW	Antiques Roadshow "Richmond (Hour Two)"		Antique "Richmond (Hour Three)"		POV "All the Difference" (N)			David Holt
PBS	(59) OPB	13	This Old House	Business (N)	PBS NewsHour		Antiques Roadshow "Richmond (Hour Two)"		An Oregon Experience "Jewish Frontier"		Nova "15 Years of Terror"		In Our Son's Name	

	STATION	PEN	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
CABLE	A&E	52	The First 48 "One of Ours"		The First 48 "Red Brick/ Last Kiss"		The First 48 "M.I.A."		:05 60 Days In/ Behind B	The First 48	The First 48 "Bad Tempered/ The Bully"		:05 The First 48 "The Ties That Bind"	
CABLE	AMC	60	Erin Brockovich A legal assistant tries to bring down a company that is poisoning a city's water supply.				Charlie's Angels Three female detectives use their skills & sex appeal to retrieve stolen software.				Charlie's Angels II: Full Throttle Three detectives investigate the theft of a database from the Witness ...			
CABLE	ANPL	24	Yukon Men		Yukon Men		Yukon Men		Yukon Men		Yukon Men		:05 Rugged Justice	
CABLE	CMT	43	Movie	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Broken Skull Challen		Roseanne	Roseanne	Roseanne
CABLE	CNBC	72	Shark Tank		Adventure Cap (N)		The Profit		The Profit		Adventure Capitalists		Paid	Paid
CABLE	CNN	68	Anderson Cooper 360		CNN Tonight		CNN Tonight		Anderson Cooper 360		Anderson Cooper 360		CNN Tonight	
CABLE	DISC	51	Fast N' Loud		Fast N' Loud		Fast n' Loud (N)		Fast N' Loud (N)		Sacred Steel Bikes (N)		Fast N' Loud	
CABLE	DISN	26	Backsta.	Underc.	Bizaard.	StuckMid	Cloud 9 Dove Cameron.			:40 Liv/Mad	:05 Bunk'd	Liv Maddie	Backstage	Friends
CABLE	ESPN	33	NFL Football Pittsburgh vs Washington (L)		:15 NFL Football Los Angeles Rams at San Francisco 49ers Site: Levi's Stadium -- Santa Clara, Calif. (L)							SportsCenter		
CABLE	ESPN2	34	Poker World Series		SportsCenter		SportsCenter		SportsCenter			NCAA Football Penn.St./Pit.		
CABLE	FNC	66	The Kelly File		Hannity		The O'Reilly Factor		The Kelly File		Hannity		On the Record	
CABLE	FOOD	61	Cake "Spongebob"		Cake Wars		Food Network Star (N)		Cake Wars (N)		Chopped		Chopped	
CABLE	FREE	32	Middle	★★ Paul Blart: Mall Cop Kevin James.				★★ Charlie and the Chocolate Factory Johnny Depp.					The 700 Club	
CABLE	FX	65	★★ R.I.P.D. ('13, Act) Ryan Reynolds.				★★★ 21 Jump Street ('12, Act) Jonah Hill.					Ride Along Ice Cube.		
CABLE	GOLF	88	★★ Tin Cup Kevin Costner.			★★ Tin Cup ('96, Com/Dra) Rene Russo, Kevin Costner.					Golf Central		The Golf Fix	
CABLE	GSN	76	Fam. Feud	Fam. Feud	Fam. Feud	Fam. Feud	Winsanity	Winsanity	Fam. Feud	Fam. Feud	Newlywed	Newlywed	Baggage	Baggage
CABLE	HALL	87	Last Man	Last Man	Last Man	Last Man	Last Man	Last Man	Middle	Middle	Middle	Middle	G. Girls	G. Girls
CABLE	HGTV	62	H.Hunt	H.Hunt	H.Hunt	H.Hunt	Tiny House	Tiny House	House (N)	House (N)	H.Hunt (N)	House (N)	House	House
CABLE	HIST	50	American Pickers "For a Few Dollars More"		American Pickers "Big Moe"		American Pickers "The Einstein Gamble"		American Pickers "Law and Hoarder"		American Pickers "Bucking Bronco"		:05 Amer. Pickers "The Return of Hobo Jack"	
CABLE	LIFE	29	★★★ The Switch Jason Bateman.				★★ The Ugly Truth Katherine Heigl.				★ Madea Goes to Jail ('09, Com) Tyler Perry.			
CABLE	NICK	27	H.Danger	H.Danger	Thunder	Thunder	Nicky	GShakers	Full House	Full House	Full House	Full House	Friends	Friends
CABLE	ROOT	37	Mariners All Access	MarinersPre-game (L)	MLB Baseball Seattle Mariners at Los Angeles Angels of Anaheim Site: Angel Stadium -- Anaheim, Calif. (L)						Post-game (L)	MLB Baseball Seattle Mariners at Los Angeles Angels of Anaheim		
CABLE	SPIKE	42	Cops	Cops "In Atlanta"	Cops	Cops	Cops	Cops	Cops	Cops "In Atlanta"	Cops	Cops	Cops "In Arizona"	Cops "Bad Girls 3"
CABLE	SYFY	67	★★★★ Indiana Jones and the Last Crusade				Percy Jackson and the Olympians: The Lightning Thief					★★ Lake Placid Bill Pullman.		
CABLE	TBS	59	American Dad	American Dad	Family Guy	Family Guy	Family Guy	American Dad	American Dad	Family Guy	Family Guy	Full Frontal (N)	Conan Timothy Olyphant, Nicole Byer	
CABLE	TCM	56	:15 ★★★ Jaws Roy Scheider. A great white shark attacks and terrorizes the residents of a Long Island beach town.				AFI's Master Class			The Sugarland Express A woman helps her husband escape from jail in order to kidnap her own child.			AFI Life Award	
CABLE	TLC	49	Yes Dress	Yes Dress	Too Close to Home		Too Close to Home		Too Close to Home (N)		Too Close to Home		Too Close to Home	
CABLE	TNT	57	Castle		Castle "47 Seconds"		Rizzoli "Ocean Frank"		M.Crimes "White Lies"		Major Crimes (N)		M.Crimes "White Lies"	
CABLE	UNI	21	Incluido	Noticiero	La rosa de Guadalupe		Despertar contigo		Tres veces Ana		El color de la pasion		Impacto	Noticie.
CABLE	USA	58	NCIS		Modern	Modern	WWE Monday Night Raw						:05 Chrisley	:35 Chrisley
CABLE	WE	118	CSI: Miami		CSI: Miami "Legal"		CSI: Miami "Lost Son"		CSI: Miami "Pro Per"		CSI "Murder in a Flash"		CSI: Miami	
CABLE	WGN		Cops	Cops	Cops	Cops	Elementary "Pilot"		Elementary		Mother	Mother	Parks/Rec	Parks/Rec
PREMIUM	STZ ENC	644	★★ On Her Majesty's Secret Service				★★ The Peacemaker George Clooney.				:10 ★★ Men of Honor Robert De Niro.			
PREMIUM	HBO	518	★★ I Now Pronounce You Chuck and Larry				Ballers	Child 44 ('15, Thril) Gary Oldman, Tom Hardy.					Boxing	
PREMIUM	HBO2	520	:10 ★★ The Astronaut's Wife Johnny Depp.				★★ Lucy Scarlett Johansson.			★★ One Hour Photo			:10 Point Break	
PREMIUM	HBO3	521	The Namesake		:05 ★★ Ghost World ('01, Com) Thora Birch.				★★★ Dumb and Dumber To Jim Carrey.				★★ Spy	
PREMIUM	MAX	549	★★★ Unfaithful		:55 The Second Best Exotic Marigold Hotel				★★ The Mothman Prophecies Richard Gere.				Quarry	
PREMIUM	SHOW	578	Movie	The Circus	Masters/ Sex "Freefall"		Ray Donovan		Masters/ Sex "Freefall"		Ray Donovan		Masters/ Sex "Freefall"	
PREMIUM	STARZ	621	★★ About a Boy		:15 ★★ Nine Months ('95, Com) Hugh Grant.				★★★ Vertical Limit Chris O'Donnell.				:10 Extreme Meas...	

NIGHT OWL

	STATION		12 AM	12:30	1 AM	1:30	2 AM	2:30	3 AM	3:30	4 AM	4:30	5 AM	5:30
FOX	(11)KFFX	11	:05 Friends	:35 Hot In	:05 CR TV Featuring a selection of products and services.								CR TV	
FOX	KPTV	3	2 Broke G.	TMZ	Dish	Queens	Raising	Celeb	Cougar T	Paid	Minute	News	Good Day Oregon at 5	
CBS	(19)KEPR	2	S. Colbert	:35 James Corden (N)		:35 Paid	:05 CBS Overnight News					News	News	News
CBS	KOIN	19	S. Colbert	:35 James Corden (N)		:35 Insider	:05 CBS Overnight News				News	News	KOIN 6 News at 5 a.m.	
NBC	(25)KNDU	6	Tonight (N)	:35 Seth Meyers (N)		:35 C. Daly	:05 Today Show		Mad Money		News	Wake Up Northwest		
NBC	KGW	8	Tonight (N)	:35 Seth Meyers (N)		:35 C. Daly	:05 Steve Harvey		Mad Money		News	KGW News	KGW News at Sunrise	
ABC	(42)KVEW	4	:05 Nightl.	:35 Paid	:05 Paid	:35 ABC World News Now						News	Northwest	Northwest
ABC	KATU	5	J. Kimmel	:35 Nightl.	:05 Paid	:35 Paid	:05 ABC World News Now				News	News	KATU News Morning	
PBS	(31)KTNW		Newsline	Paint	Antiques Roadshow		Antiques Roadshow		Masterpiece Classic "Churchill's Secret"				Masterpiece Classic	
PBS	(59)OPB	13	PBS NewsHour		Masterpiece Classic "Churchill's Secret"				Masterpiece Classic		For the Love of Bro		Business	BBC News