

5A COLUMBIA RIVER CONFERENCE

The Columbia River Conference was controlled by the two teams that sit along the Columbia River, but the Hermiston Bulldogs are coming into 2016 determined to take control. The Bulldogs bring back three of the top five runners in the boys and girls categories, headed by Isaac Sanchez and Melany Solorio. Pendleton has its work cut out for itself after losing 19 seniors to graduation.

Projected Finish

- BOYS:**
 Hood River Valley Eagles
 Hermiston Bulldogs
 The Dalles Riverhawks
 Pendleton Buckaroos
- GIRLS:**
 Hermiston Bulldogs
 Hood River Valley Eagles
 The Dalles Riverhawks
 Pendleton Buckaroos

(Rankings based on coaches and media votes.)

Around The League

- CRC top returning boys (2015 district time):**
 *Jony Nelson, 12, The Dalles (17:09)
 Isaac Sanchez, 11, Hermiston (17:11)
 Connor Truax, 11, Hood River (17:11)
 Jesse Wiley, 12, Hood River (17:22)
 Jacob Bromham, 12, Hood River (17:32)
 *-Qualified for state meet
- CRC top returning girls (2015 district time):**
 *Daisy Dolan, 12, Hood River (20:38)
 *Melany Solorio, 11, Hermiston (21:23)
 Josie Peterson, 10, Hood River (21:43)
 Morgan Hancock, 11, Hermiston (21:44)
 Paige McLeod, 11, The Dalles (21:45)
 *-Qualified for state meet

2015 Boys Finish

- | Team | Points |
|-------------|--------|
| Hood River* | 32 |
| Hermiston* | 37 |
| Pendleton | 63 |
| The Dalles | 87 |

2015 Girls Finish

- | Team | Points |
|-------------|--------|
| The Dalles* | 47 |
| Hood River* | 52 |
| Pendleton | 53 |
| Hermiston | 69 |

*-Qualified for state meet

Hermiston Bulldogs

Head coach: Troy Blackburn, 3rd year
Assistant coaches: Sean Williams (boys), 3rd year; Crista Delgado (girls), 2nd year
Returning lettermen: 10
Returning starters (top 2105 time):
(Boys) Isaac Sanchez (16:48.3), jr.; Emmanuel Ibarra (18:08.3), jr.; Trystin Seavert (18:14.7), jr.
(Girls) Melany Solorio (20:31.2), jr.; Morgan Hancock (21:26), jr.; Sidney Tovey (22:10.1), jr.
Other seniors: (Boys) Irvin Morales, Wade Kirkpatrick; (Girls) Alexis Morales
Impact transfer: (Girls) Alice Todryk, so. (Bangor, Wisc.)
Blackburn's keys to the season:
 "First the athletes have to understand their goals. What they want to achieve. Once they have a vision then they have to take one day at a time. Do what they can today so they can achieve their goals tomorrow."



Joshua Bessex/EO Media Group

Hermiston's Melany Solorio (left) comes down a berm during the 5A girls race at the 2015 OSAA cross country championships in Eugene. Solorio is expected to be one of the top runners for the Bulldogs in 2016.

2016 Schedule

Date	Location	Time
Sept. 3	at Hermiston (Sandstone)	12:55 p.m.
Sept. 10	at Ash Creek (WOU)	Noon
Sept. 14	at Hood River	TBD
Sept. 23	at The Dalles	4 p.m.
Sept. 24	at Nike Portland	11:15 a.m.
Sept. 29	Hermiston (Riverfront)	4:45 p.m.
Oct. 8	at Richland (WA)	TBD
Oct. 13	at Pendleton	4 p.m.
Oct. 19	at Bend Relays	TBD
Oct. 26	CRC Districts (Hood River)	TBD

Pendleton Buckaroos

Head coach: Nicole Stewart, 12th year
Assistant coaches: Maddy Naughton, 12th year; Dustin Breshears, 7th year; Ben Bradley, 3rd year; Jake Osborne, 12th year; Chris Thatcher, 5th year
Returning lettermen: 23
Returning starters (top 2015 time):
(Boys) Chris Newman (18:17.8), sr.; Soren Wolf (17:34.1), sr.; Thomas Alberti (17:52.5), sr.; Lane Evens (19:16.6), so.
(Girls) Rylie Harris (22:02.4), soph.; Starr Redcrane (22:31), so.



Other seniors: (Boys) Gabe Arnold; (Girls) Emma Montgomery, Tatum Fell, Sydney Galloway, Isabelle Chapman, Maddison Parker, Oceane Schreier
Impact addition: Sophomore Nick Oja was standout in the 800 meters for Pendleton's track team, and chose cross country over soccer this fall.

Stewart's keys to the season:
 "We graduated 19 varsity level seniors. Last year our depth due to senior athletes was 12 strong male and 12 strong female runners. The team is very young and it is too soon to determine our finish. We will be working and improving all the way to the district meet."

2016 Schedule

Date	Location	Time
Sept. 3	at Hermiston (Sandstone)	12:55 p.m.
Sept. 9	at Union	2:30 p.m.
Sept. 17	at Seaside	10 a.m.
Sept. 23	at The Dalles	4 p.m.
Oct. 8	at Richland (WA)	TBD
Oct. 13	at Pendleton	4 p.m.
Oct. 26	at CRC Districts (Hood River)	TBD

GIRLS SOCCER

3A SPECIAL DISTRICT 2

It seems like every team is coming back loaded with experience in the SD2 this season. The league won't find out how many playoff berths it will receive until an OSAA executive board meeting on September 12, but knows it will be at least two.

Projected Finish

- Riverside Pirates
- Portland Adventist
- Portland Christian
- Umatilla Vikings
- Horizon Christian
- De La Salle

(Rankings based on coaches and media votes.) *-Made playoffs

2015 Final Standings

Team	Conf.	Overall
Portland Adv.*	7-1-2	9-2-4
Riverside*	5-2-3	5-7-3
Portland Christ.	5-3-2	6-5-2
Umatilla	3-3-4	4-6-4
Horizon Christ.	2-7-1	4-8-1

Riverside Pirates

Head coach: Carlos Velasco, 4th year
Assistant coach: Yvonne Torres, 2nd year
Returning letterman: 13
Returning starters: Rubi Salazar, M, sr.; Xenia Velasco, M, sr.; Isela Magana, D, sr.; Jennifer Rodriguez, D, sr.; Laura Lopez, M, sr.; Skylar Wightman, F, jr.; Alondra Caldera, M, so.; Estrella Daltoso, D, so.
Impact transfer: Faith Rosen, F, so. (Spokane)
On offense: Riverside was third in the EOL with 23 goals last season, and Velasco said the key to a stronger offense this season will start on defense with quick touches.
On defense: The Pirates' 31-goals allowed in 2015 was inflated by a couple of non-league blowouts to 4A opponents, and Riverside returns most of the pieces from a defense that only gave up 10 goals in league play. The Pirates will use double stoppers at times.
Velasco's key to the season:
 "Always keep my players in shape."



2016 Schedule

Date	Opponent	Time
Sept. 8	vs La Grande	4 p.m.
Sept. 13	at Mac-Hi	TBD
Sept. 15	at Baker	4 p.m.
Sept. 20	vs Mac-Hi	4 p.m.
Sept. 27	vs De La Salle*	4:15 p.m.
Sept. 29	at Portland Christian*	4:15 p.m.
Oct. 4	vs Portland Adventist*	4:15 p.m.
Oct. 6	vs Umatilla*	4:15 p.m.
Oct. 11	at Horizon Christian*	4:15 p.m.
Oct. 13	at De La Salle*	4:15 p.m.
Oct. 18	vs Portland Christian*	4:15 p.m.
Oct. 20	at Portland Adventist*	4:15 p.m.
Oct. 25	at Umatilla*	4:15 p.m.
Oct. 27	vs Horizon Christian*	4:15 p.m.

*- league game

Umatilla Vikings

2016 Schedule

Date	Location	Score
Aug. 27	at Hermiston	L 4-0
Sept. 15	vs WWVA (WA)	4 p.m.
Sept. 20	vs La Grande	4 p.m.
Sept. 23	vs Nyssa	3 p.m.
Sept. 27	vs Portland Adventist*	4:15 p.m.
Sept. 29	at De La Salle*	4:15 p.m.
Oct. 4	vs Horizon Christian*	4:15 p.m.
Oct. 6	at Riverside*	4:15 p.m.
Oct. 11	vs Portland Christian*	4:15 p.m.
Oct. 13	at Portland Adventist*	4:15 p.m.
Oct. 18	vs De La Salle*	4:15 p.m.
Oct. 20	at Horizon Christian*	4:15 p.m.
Oct. 25	vs Riverside*	4:15 p.m.
Oct. 27	at Portland Christian*	4:15 p.m.

Head coach: Tim Lee, 7th year
Assistant Coach: Monty Williams
Returning lettermen: 11
Returning players: Jocelyn Guardado, F, sr.; Daisy Armenta, M, sr.; Yessenia De La Cerda Flores, F/M, sr.; Jacky Ortega, M/F, sr.; Venises Estrada, M, sr.; Mayra Ortiz, M, jr.; Lorena Leon, D/M, jr.; Brenda Mendoza, D/M, jr.; Maria Moreno, GK, jr.; Yamilex Ortiz, M/F, soph.; Loreli Ortiz, M/F, soph.



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