

3A EASTERN OREGON LEAGUE

The Vale Vikings, fresh off a 3A state championship in 2015, appear loaded again as they return three all-state players, including Player of the Year Preslee Jensen. The EOL has two playoff berths up for grabs.

Projected Finish

- Burns Hilanders
- Vale Vikings
- Nyssa Bulldogs
- Riverside Pirates
- Irrigon Knights
- Umatilla Vikings

(Rankings based on coaches and media votes.)

2015 Final Standings

	Conf.	Overall
Vale*	6-0	27-2
Nyssa*	4-2	15-10
Riverside	2-4	9-10
Umatilla	0-6	4-18

*-Made playoffs

Riverside Pirates

Head coach: Marie Cain, 1st year (2nd overall)

Assistant coach: Gina Patterson, 1st year

Returning lettermen: 3

Returning starters: Sadie Hasbell, OH, sr.; Cassidy McCullough, OH, sr.; Masie Hancock, S, jr.

On offense: The Pirates are looking to get as many hard-hit balls coming back across the net as possible, so Cain wants her players to feel comfortable hitting from anywhere on the court. She describes her offense as "simple but dynamic."

On defense: The Pirates run a gold medal squared defense that puts responsibility on blockers to read where the hitters are going and get into position quickly. This scheme demands great anticipation and court vision.

Patterson's keys for the season:

"Passing will be key to our season this year as well as aggressive but consistent serving."



2016 Schedule

Aug. 27	at Stanfield Tournament	10 a.m.
Sept. 1	at Helix/vs Mac-Hi	4/5:30 p.m.
Sept. 3	vs Riverside Tournament	10 a.m.
Sept. 6	at Tri-Cities Prep (WA)	5 p.m.
Sept. 8	vs Prescott (WA)	5 p.m.
Sept. 10	at Helix Tournament	10 a.m.
Sept. 13	vs Stevenson (WA)	5 p.m.
Sept. 15	at Umatilla*	5 p.m.
Sept. 20	vs Irrigon*	5 p.m.
Sept. 22	at Waitsburg (WA)	5 p.m.
Sept. 30	vs Vale*	5 p.m.
Oct. 1	vs Nyssa & Burns*	Noon/5 p.m.
Oct. 4	vs Umatilla*	5 p.m.
Oct. 6	at Irrigon*	5 p.m.
Oct. 14	at Burns*	5 p.m.
Oct. 15	at Nyssa & Vale*	Noon/4 p.m.

*- League game

4A GREATER OREGON LEAGUE

La Grande continued its reign of the Greater Oregon League in 2015, staying unblemished in league play and winning its fifth-straight title to clinch the GOL's lone playoff spot. The Tigers graduated five seniors from last year's squad, but are poised to stay on top as they bring back two all-league players.

Projected Finish

- La Grande Tigers
- Ontario Tigers
- Baker Bulldogs
- McLoughlin Pioneers

(Rankings based on coaches and media votes.)

2015 Final Standings

	Conf.	Overall
La Grande*	6-0	12-10
Ontario	3-3	7-11
Baker	2-4	5-15
McLoughlin	1-5	4-12

*-Made playoffs

Around The League

La Grande returning All-GOL: Liz Cashell, 11, DS; Erica Jimenez, 12, OH

Baker returning All-GOL: Kaeli Flannagan, 11, OH

Ontario returning All-GOL: Logan Davila, 12, S; Jandee Nakamura, 12, DS

Umatilla Vikings

2016 Schedule

Sept. 1	vs Union	5 p.m.
Sept. 6	vs Helix	5:30 p.m.
Sept. 10	at Helix Tournament	9 a.m.
Sept. 15	vs Riverside*	5 p.m.
Sept. 16	at Baker Tournament	Noon
Sept. 22	at Irrigon*	5 p.m.
Sept. 23	at Western Mennonite	6:30 p.m.
Sept. 24	at Salem Academy Tourney	10 a.m.
Sept. 27	at Pilot Rock	6:30 p.m.
Sept. 30	vs Nyssa*	6:30 p.m.
Oct. 1	vs Burns & Vale*	1:5/30 p.m.
Oct. 4	at Riverside*	5 p.m.
Oct. 6	vs Stanfield	6:30 p.m.
Oct. 11	vs Irrigon*	5 p.m.
Oct. 14	at Nyssa & Vale*	1:30/5:30 p.m.
Oct. 15	at Burns*	1 p.m.

*-League game

Head coach: Sonia Ego, 2nd year

Assistant coach: Jessi Edwards, 1st year

Returning lettermen: 5

Returning starters: None

Returning seniors: Jeira Carrillo, RS; Capriana Meinke, MB; Taija Coffey, MB

Other seniors: Ana Maldonado, Araceli Sanguino, Brenda Campos, Esteisy Leon, Grace Ortiz.

On offense: Without any dominant hitters returning, Ego said the team's best offensive attribute will be a strong defense that can either win at the net or extend points and force opponents into errors.

On defense: With the defense expected to carry the squad, Ego is looking for a mentally tough unit and has been focused on cultivating that in practice.

Ego's keys to the season:

"Strong team play and dedication."



McLoughlin Pioneers

Head coach: Amanda Nelson, 3rd year

Assistant coach: Brooke Garton, 3rd year

Returning lettermen: 6

Returning All-GOL: Delaney Karrels, S, sr.

Other returning starters: Alexxus Shelton, RS, sr.; Brooke Smiley, OH, sr.; Jadie Jackson, OH, so.

Other seniors: Cynthia Flores, Emily Cuellar, Ivette Lopez, Joulaine Pureco.

On offense: Accurate passing is Nelson's foremost focus for the Pioneers on offense. Too often last season the team was unable to set up its attack due to errant touches.

On defense: Most of the Pioneers' returning players are on the front line, so some first-year starters will need to quickly learn their roles within Nelson's system.

Nelson's keys to the season:

"Good communication and teamwork."



Irrigon Knights

Head coach: Laura Combes, 3rd year (10th overall)

Assistant coach: Lisa Connell, 1st year

Returning starters: Ariana Walls, DS, sr.; Leticia Ramirez, Libero, sr.; Mya Chapman, S/OH, jr.; Jada Burns, MH/DS, jr.; Taylor Davis, MH/DS, jr.

Other seniors: Michaela Ruchert

On offense: The Irrigon Knights will focus on improving their team communication on the court, which in turn will lead to some better scoring opportunities.

On defense: The Knights aim to use their height to be a force at the net and frustrate teams with blocked shots.

Combes' key to the season:

"We have a lot of young talent! As a whole a great group of athletic young ladies that have come together quickly in a short time. Looking forward to an awesome season!"



2016 Schedule

Sept. 2	at Pilot Rock	5 p.m.
Sept. 6	vs Hoppner	5 p.m.
Sept. 9	at Echo/vs Ione	5 p.m.
Sept. 16	vs Pilot Rock	5 p.m.
Sept. 20	at Riverside*	5 p.m.
Sept. 22	vs Umatilla*	5 p.m.
Sept. 24	at Sherman Tournament	TBD
Sept. 30	vs Burns*	4 p.m.
Oct. 1	vs Vale & Nyssa*	Noon/4 p.m.
Oct. 6	vs Riverside*	5 p.m.
Oct. 11	at Umatilla*	5 p.m.
Oct. 14	at Burns*	Noon
Oct. 15	at Vale & Nyssa*	Noon/4 p.m.

*- League game

1A BIG SKY LEAGUE

Three teams will make the postseason again, but just the champion gets a bye into the Round of 16.

Projected Playoff Teams

- South Wasco Redsidies
- Dufur Rangers
- Arlington Honkers

(Rankings based on coaches and media votes.)

2015 Final Standings

	Conf.	Overall
Ione*	13-1	21-8
Dufur*	13-1	18-12
South Wasco*	7-7	16-13
Condon/Wheeler	9-5	12-14
Arlington	8-6	11-13
Mitchell/Spray	3-11	6-15
Sherman	2-12	5-17
Horizon Christian	1-13	3-18

*-Made playoffs

Arlington Honkers

Head coach: Teren Humphrey, 5th year

Returning lettermen: 10

Returning starters: Joely Patnode, OH, sr.; Megan Hauner, MB, sr.; Shelby Collins, RS/S, sr.; Raleigh McClure, L, sr.; Emily Kirby, OH, jr.; Hannah Davidson, RS, jr.; Sara Grady, MB, so.

Other seniors: Sadie Weatherford, Vizta Sifford

Humphrey's key to the season:

"Right now we are focusing on ourselves and improving every day. Last year I think we got ahead of ourselves instead of taking it one day at a time."



2016 Schedule

Aug. 25	at Western Men. Tourney	9 a.m.
Sept. 6	vs Condon/Wheeler*	5 p.m.
Sept. 8	at Horizon Christian*	5 p.m.
Sept. 9	vs Country Christian	TBD
Sept. 10	vs Stanfield	Noon
Sept. 13	vs Ione*	5 p.m.
Sept. 15	at Sherman*	5 p.m.
Sept. 16	at Damascus Christian	6 p.m.
Sept. 22	vs Dufur*	5 p.m.
Sept. 23	vs Mitchell/Spray*	5 p.m.
Sept. 27	at South Wasco*	5 p.m.
Sept. 29	vs Horizon Christian*	5 p.m.
Sept. 30	at Ione*	5 p.m.
Oct. 4	at Condon/Wheeler*	5 p.m.
Oct. 6	vs Sherman*	5 p.m.
Oct. 7	at Dufur*	5 p.m.
Oct. 15	at Mitchell/Spray*	1 p.m.
Oct. 18	vs South Wasco*	5 p.m.
Oct. 22	at BSL Districts (The Dalles)	10 a.m.

*-League game

Ione Cardinals

Head coach: Brandi Orem, 2nd year

Assistant coach: Cydney McElligott, 1st year

Returning lettermen: 5

Returning starters: Hannah Padberg, OH/S, sr.; Katelyn Bass, OH/DS, sr.; Morgan Orem, OH/DS, jr.

Other seniors: Tristan Estabrook, Tatum Clark

Orem's keys to the season:

"We will be working and developing new middle hitters, since ours graduated last year. We have some good experience returning this year and hope for a successful season."

2016 Schedule

Sept. 3	at Riverside Tourney	10 a.m.
Sept. 8	at South Wasco*	5 p.m.
Sept. 9	at Echo/vs Irrigon	4/7 p.m.
Sept. 10	at Condon Tournament	9 a.m.
Sept. 13	at Arlington*	5 p.m.
Sept. 15	vs Dufur*	5 p.m.
Sept. 16	vs Sherman*	5 p.m.
Sept. 17	vs Condon/Wheeler*	1 p.m.
Sept. 22	at Horizon Christian*	5 p.m.
Sept. 27	at Sherman*	5 p.m.
Sept. 29	vs South Wasco*	5 p.m.
Sept. 30	vs Arlington*	5 p.m.
Oct. 1	at Condon/Wheeler*	1 p.m.
Oct. 4	at Mitchell/Spray*	5 p.m.
Oct. 6	at Dufur*	5 p.m.
Oct. 11	vs Helix	5 p.m.
Oct. 13	vs Mitchell/Spray*	5 p.m.
Oct. 14	vs Horizon Christian*	5 p.m.

*-League game

Condon/Wheeler Knights

Head coach: Jim Smith, 2nd year

Assistant coach: Larry Conaway, 3rd year

Returning lettermen: 6

Returning starters: Prema Nissinen, DS, sr.; Justine Homer, DS, sr.; Annika Rietmann, OH, jr.; Alyssa Carmine, OH/DS, jr.; Lacy Amodt, MH, so.

Other seniors: Becky Jaeger, OH; Christine Segura, OH; Brooke Dyer, MB; Ashley Terland, S.

On offense: With so many returning hitters Smith is looking for the Knights to push their aggressiveness to new level in 2016.

On defense: Rietmann

(6-foot-0) and Aamodt (5-10) give the Knights a pair of big blockers on the net while Segura (5-10) and Dyer (5-8) return after missing their junior years to bolster the unit.

Smith's keys to the season: Smith said a strong serve-recvie and turning their own serving chances as scoring opportunities will be the biggest factors in the Knights' success.



2016 Schedule

Aug. 25	at Banks	6 p.m.
Aug. 26	vs Jewell/at Vernonia	4:30/6 p.m.
Sept. 6	at Arlington*	5 p.m.
Sept. 8	vs Dufur*	5 p.m.
Sept. 10	vs Condon Tournament	9 a.m.
Sept. 13	at Mitchell/Spray*	5 p.m.
Sept. 15	vs South Wasco*	5 p.m.
Sept. 17	at Ione*	1 p.m.
Sept. 23	at Sherman*	5 p.m.
Sept. 24	at Sherman Tournament	9 a.m.
Sept. 27	at Horizon Christian*	5 p.m.
Sept. 29	at Dufur*	5 p.m.
Oct. 1	vs Ione*	1 p.m.
Oct. 4	vs Arlington*	5 p.m.
Oct. 6	at South Wasco*	5 p.m.
Oct. 11	vs Mitchell/Spray*	5 p.m.
Oct. 13	vs Sherman*	5 p.m.
Oct. 18	vs Horizon Christian*	5 p.m.
Oct. 22	at BSL Districts (The Dalles)	10 a.m.

*-League game

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Have Fun!

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