

### ART QUILTS: HOLIDAY KITS

COLLEEN BLACKWOOD, INSTRUCTOR

Colleen will introduce quilters to the open-ended world of art quilts, aka, creating images from fabric. Students will develop their own art quilt style as they choose the techniques and approaches that most appeal to them, and everyone will end the day with a festive sampler perfect to display at home or give as a gift this season. We'll work from a kit of holiday-themed fabrics, but students are invited to bring in their own fabrics as well. This will be an exploratory journey; we're expecting each piece to come out totally different, and each student to take away their own insights to use in future pieces.

Bring your sewing machine, scissors, needles and thread- we'll provide fabric, adhesives and embellishments.

SATURDAY, DECEMBER 3,  
9:00AM – 12:00PM

\$35 MEMBERS / \$40 NON-MEMBERS  
+ \$20 MATERIALS FEE

### PHOTO TRANSFER COLLAGE USING GEL MEDIUM

NIKA BLASSER, INSTRUCTOR

Create a work of art from family photos, magazines clippings, or any image that inspires you- this is a great weekend project for DIY holiday gifts! In the gel transfer technique, translucent gel medium picks up the ink from a printed image and transfers it to a substrate, suspending the image in the gel and allowing other elements, such as drawing or painting, to be incorporated into it. You supply the images, and we'll supply the tools and materials to get you going. Nika will contact students before class begins with specifics on preparing copies of images to use for class.

SATURDAY & SUNDAY, DECEMBER 3  
AND 4, 1:00 – 4:00PM BOTH DAYS  
\$45 MEMBERS / \$50 NON-MEMBERS  
+ \$20 MATERIALS FEE

## evening classes

### INTERMEDIATE GUITAR

MIKE KELLISON, INSTRUCTOR

Build your guitar skills while playing music with others in this fun, relaxed group. Mike will incorporate the foundations of good guitar playing into a group jam session, working with each student where they're at to help them improve their skills and knowledge. You don't need to read music beforehand, but we'll start learning how as we go along.

MONDAYS, 6:00-7:30PM,  
SEPT. 26 – NOV. 14 (8 SESSIONS)  
\$75 MEMBERS / \$80 NON-MEMBERS

### GUITAR FOR BEGINNERS

CHARLIE HERRINGTON, INSTRUCTOR

Learn basic guitar skills and build a foundation for playing all kinds of music, from country to blues to rock & roll. You'll start with scales and basic rhythms and work your way up to playing some simple solos. No guitar experience is necessary. Please bring an acoustic or electric instrument- visit Pendleton Music Co. for affordable instrument rentals.

TUESDAYS, 7:00 – 8:00PM,  
SEPT. 27 – NOV. 15 (8 SESSIONS)  
\$50 MEMBERS / \$55 NON-MEMBERS

### VALUE PORTRAIT: BREAKING DOWN LIGHT AND SHADOW ON THE FACE

NIKA BLASSER, INSTRUCTOR

We will start with a photo session using high-contrast lighting to create a dramatic black and white self portrait. Using this photo we'll break down light and shadow into distinct values, essentially setting up a paint-by-numbers to "map" light and dark areas across the planes of the face. Your finished painting will be a striking portrait with a cool graphic art quality, and you will understand light in a whole new way.

TUESDAYS, 6:30 – 8:00PM,  
SEPT. 27 – NOV. 1 (6 SESSIONS)  
\$65 MEMBERS/ \$70 NON-MEMBERS  
+ \$15 MATERIALS FEE

### KNITTING FOR BEGINNERS

NIKII MURTAUGH, INSTRUCTOR

Give your hands something to do this holiday season- like making presents! Over 6 relaxed sessions you'll learn a variety of stitches and get an introduction to reading knitting patterns. Students will begin with dishcloths and move on to making scarves and possibly hats as time allows. You'll leave with a handmade item for yourself or a loved one—plus the skills and resources to keep on knitting. Materials fee includes a

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## WE'RE HERE FOR YOU.

St. Anthony Hospital's nutrition and diabetes services offer nutritional counseling tailored to your needs, as well as diabetic education classes and healthy eating classes.

Call Christine Guenther of nutrition services at 541-278-3235 or Melissa Naff at 541-278-3249 to find out

how our nutritional counseling services can help you.

2801 St. Anthony Way, Pendleton, OR

