

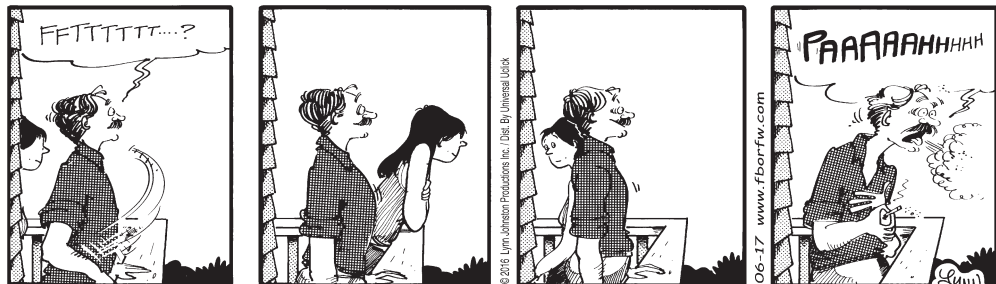
PEANUTS

BY CHARLES M. SCHULZ



FOR BETTER OR WORSE

BY LYNN JOHNSTON



B.C.

BY JOHNNY HART



PICKLES

BY BRIAN CRANE



BETLE BAILEY

BY MORT WALKER



GARFIELD

BY JIM DAVIS



BLONDIE

BY DEAN YOUNG AND STAN DRAKE



DILBERT

BY SCOTT ADAMS



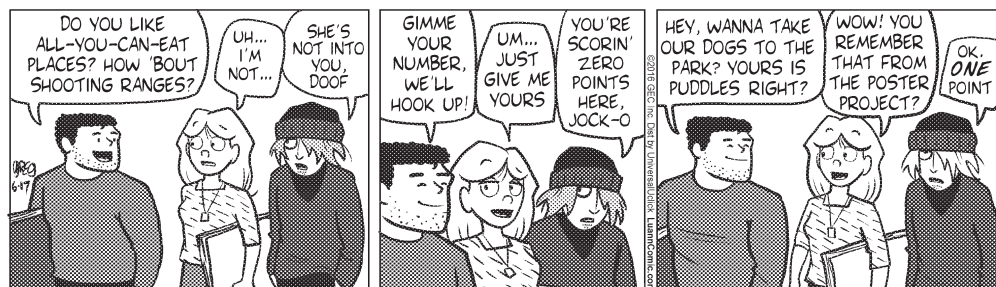
THE WIZARD OF ID

BY BRANT PARKER AND JOHNNY HART



LUANN

BY GREG EVANS



ZITS

BY JERRY SCOTT AND JIM BORGMAN



DEAR ABBY

A long life lived well is inspiration for others



JEANNE PHILLIPS Advice

Dear Abby: I read your column and I feel for the people who have problems. I have no worries. Although my life has been far from perfect and no bed of roses, here I am at 95 with no serious physical, spiritual, emotional, family or economic problems.

I grew up during the Depression, had wonderful parents, worked my way through college, and was married to a loving woman for 67 years. I have four successful children and their spouses and several industrious grandchildren. I also have met a terrific widow who shares the current daily obstacles.

Service in the Navy during WWII and Korea seemed at the time to limit my future career, but in retrospect were experiences I cherish. Science has been good to me. My knee replacement still permits tennis, three stents keep me alive, vertebra shots eliminate severe pain and I have had a couple of other minor corrections.

Yes, I know, Abby — I am the luckiest person alive. — Frank In Atlanta

Dear Frank: I agree. And I can't help but wonder if part of your luck has to do with your attitude when you were faced with problems that others would consider to be adversities. We can all learn from your example.

Dear Abby: I know I have an issue with alcohol. I have read about local AA groups, but they don't seem right for me because I'm

an atheist. When I went to my doctor, along with my supportive husband, she had no suggestions to offer. I know I need help beyond what friends and family can provide. Do you have any ideas for me? — Taking The Step In Pennsylvania

Dear Taking The Step: I certainly do, because there are secular alternatives to AA.

SMART Recovery offers a four-point program aimed at motivation to abstain, coping with cravings, managing negative emotions and finding a life balance. It has face-to-face support groups worldwide, as well as daily online meetings. Like AA, lifetime abstinence is the goal, and meetings and help are free of charge. Unlike AA, lifetime abstinence need not require lifetime attendance at meetings. For more information, visit smartrecovery.org.

Another group, Women for Sobriety, may be of interest to you because it is non-theistic and aims to empower women and minorities. The website, womenforsobriety.org, does not list its meetings (for reasons of privacy), so in order to find a group, you will have to make contact within the site.

Last, Secular Organizations for Sobriety (aka Save Our Selves) is sometimes described as a 12-step program minus the religious overtones. To find a list of meetings, visit sossobriety.org.

DAYS GONE BY

100 Years Ago From the East Oregonian June 17, 1916

Plain Jamaica ginger, diluted with water, is the latest jag-maker discovered by Ed Chapman. The last time he was arrested he had on his person a bottle of the ginger which has a large percentage of alcohol in it. Chief of Police Gurdane declares Indians and whites, who are slaves to the booze habit, are drinking many strange mixtures now. A few days ago he found a gallon and a half of whiskey, presumably made from some powder, in a local lodging house and confiscated it. Nobody would lay claim to it.

50 Years Ago From the East Oregonian June 17, 1966

"Jumbo," a Hereford steer owned by livestock buyer Harve Heeley, isn't a bum steer, he's a rare steer. For one thing Jumbo is big, 1,800 pounds. He's also 5 years old (2 is considered a ripe old age for steers). Jumbo escaped a trip to the slaughter house by a

quirk of fate. Heeley said he bought Jumbo from a man who had raised him just to see how big he would grow. Heeley plans to keep on raising Jumbo as a pet and hopes to show him off in coming Pendleton Round-Up parades. "I'd like to get another one and have a matched pair," Heeley said.

25 Years Ago From the East Oregonian June 17, 1991

Some of the nation's top senior powerlifters blazed more than a dozen world records at the American Powerlifting Federation/American Masters Powerlifting Federation National Masters Championships here Saturday and Sunday. Randy Patterson of Pendleton led the assault with three records in the super heavyweight class 40-44 age group. Patterson broke his own world record in the bench with a lift of 552 pounds and destroyed the squat record of 772 pounds with a final lift of 881.7 pounds. Patterson's total in the squat, bench and deadlift of 2,217 pounds also set a WPC world record.

THIS DAY IN HISTORY

Today is the 169th day of 2016. There are 197 days left in the year.

Today's Highlight in History:

On June 17, 1775, the Revolutionary War Battle of Bunker Hill resulted in a costly victory for the British, who suffered heavy losses.

On this date:

In 1789, during the French Revolution, the Third Estate declared itself a national assembly, and undertook to frame a constitution. (This gathering gave rise to the political terms "left wing" and "right wing," with deputies representing commoners sitting to the left of the assembly president, and nobles sitting to the right.)

In 1885, the Statue of Liberty arrived in New York Harbor aboard the French ship Isere.

In 1928, Amelia Earhart embarked on a trans-Atlantic flight from Newfoundland to Wales with pilots Wilmer Stultz and Louis Gordon, becoming the first woman to make the trip as a passenger.

In 1930, President Herbert Hoover signed the Smoot-Hawley Tariff Act, which boosted U.S. tariffs to historically high levels, prompting foreign retaliation.

In 1940, France asked

Germany for terms of surrender in World War II.

In 1944, the Republic of Iceland was established.

In 1953, U.S. Supreme Court Justice William O. Douglas stayed the execution of Julius and Ethel Rosenberg, originally set for the next day, the couple's 14th wedding anniversary. (They were put to death June 19.)

In 1961, Soviet ballet dancer Rudolf Nureyev defected to the West while his troupe was in Paris.

In 1972, President Richard M. Nixon's eventual downfall began with the arrest of five burglars inside Democratic national headquarters in Washington, D.C.'s Watergate complex.

In 1986, President Ronald Reagan announced the retirement of Chief Justice Warren Burger, who was succeeded by William Rehnquist. Singer Kate Smith died in Raleigh, North Carolina, at age 79.

In 1992, President George H.W. Bush and Russian President Boris Yeltsin signed a breakthrough arms-reduction agreement.

In 1994, after leading police on a slow-speed chase on Southern California freeways, O.J. Simpson was arrested and charged with

murder in the slayings of his ex-wife, Nicole, and her friend, Ronald Goldman. (Simpson was later acquitted in a criminal trial, but held liable in a civil trial.)

Today's Birthdays:

Actor Peter Lupus is 84. Actor William Lucking is 75. Singer Barry Manilow is 73. Former House Speaker Newt Gingrich is 73. Comedian Joe Piscopo is 65. Actor Mark Linn-Baker is 62. Actor Jon Gries (gryz) is 59. Rock singer Jello Biafra is 58. Movie producer-director-writer Bobby Farrelly is 58. Actor Thomas Haden Church is 55. Actor Greg Kinnear is 53. Actress Kami Cotler is 51. Olympic gold-medal speed skater Dan Jansen is 51. Actor Jason Patric is 50. Rhythm-and-blues singer Kevin Thornton is 47. Actor-comedian Will Forte is 46. Latin pop singer Paulina Rubio is 45. Tennis player Venus Williams is 36. Country singer Mickey Guyton is 33. Actor-rapper Herculeez (AKA Jamal Mixon) is 33. Rapper Kendrick Lamar is 29. Actor Damani Roberts is 20.

Thought for Today:

"One has two duties — to be worried and not to be worried." — E.M. Forster, British author (1879-1970).

PHOEBE AND HER UNICORN

BY DANA SIMPSON



BIG NATE

BY LINCOLN PEIRCE

