

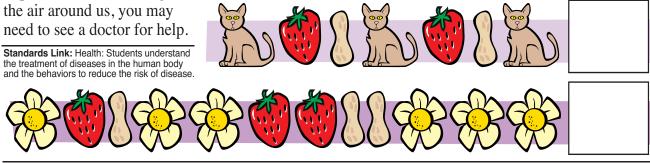
groups:

- touch.

Put a star next

Standards Link:

from allergies is to stay away from what causes them. This is easy if you know you can't eat strawberries or peanut butter. But if you are allergic to pollens and other things in the air around us, you may need to see a doctor for help.



Standards Link: Math: Recognize and extend patterns.

Allergy Sufferer Wins!

n 1996, swimmer Amy Van Dyken became the first woman to ever win four gold _____ in a single Olympics.

Amy has severe _____. When she was a little girl, her allergies caused asthma attacks that

often sent her to the _____ the hospital. She was so _____ her asthma that she could not swim the length of a pool

until she was 12 years old. ince that time, new treatments have made it possible for people with allergies and asthma to live more lives. In Amy's case, it helped

her go for the ____!

ALLERGIES NORMAL GOLD WEAK **MEDALS EMERGENCY**

> Aaa-CHOO! A big sneeze blew some words out of this story. Can you find where each word belongs?

Standards Link: Reading Comprehension: Use context clues to understand the meaning of sentences.

ouble Word

ATTACK POLLEN CAT **CELLS**

EGGS ITCHY TASTE ALLERGIC

DOCTOR WARRIOR **PEANUT**

DOG AIR **SUFFER MOLD**

Find the words in the puzzle, then in this week's Kid Scoop stories and activities.

V P J K C A T T A K C D O G S E A U R R AITCHYLNEO TSGGELULTT EWYREFFUSC TUNAEPONAO

AETMOLDYTD

EIKQPOLLEN GBROIRRAWA

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

... eating right and getting

lots of exercise.

Standards Link: Health: Recognize and

What a Character!

Responsibility is .

This week's word: **ASTHMA**

The noun **asthma** means an ailment in which the symptoms include difficulty breathing, wheezing and coughing.

The smoky environment brought on Devon's asthma attack.

Try to use the word asthma in a sentence today when talking with your friends and family members.

Healthy Feels Good

Everyone feels better, even people with allergies, when they eat right, exercise and get plenty of rest. Look through the newspaper for things that are good for your body. Choose three or more things.

Standards Link: Health: Students recognize and practice positive health behaviors.

What happens when you tell a doctor that you are allergic to perfume?



ANSWER: You get SCENT to a specialist.

What if I were allergic to ...

Pick something silly to be allergic to. How would this change your life?

 Things we breathe.

 Things we eat.

• Things we

to things you know can cause allergies.

Science: Investigation: Group objects by