

Inmate fundraiser benefits Domestic Violence Services

A recent inmate fundraiser at Eastern Oregon Correctional Institution came at just the right time for Domestic Violence Services.

On Jan. 29, EOCI Superintendent Jeri Taylor, on behalf of the inmates, presented a check for \$1,625.48 to Kathryn Chaney, executive director of Domestic Violence Services. The nonprofit organization, Chaney said, was in need of money for unexpected repairs, and the inmate donation more than covered the costs. The remainder will be used to help in providing household items — including light bulbs, laundry soap and food — for the shelter, Chaney said.

In addition to shelters in Pendleton and Hermiston, the organization provides support to victims of domestic violence and sexual assault through 24-hour crisis assessments, support groups, referrals, emergency transportation, abuse assessments,



Kathryn Chaney, Domestic Violence Services executive director, receives a check from Jeri Taylor, superintendent of Eastern Oregon Correctional Institution. Inmates at the Pendleton prison raised money to help the nonprofit organization that provides services to victims of domestic violence and sexual assault.

advocacy and community education.

Although incarcerated, EOCI inmates support organizations and causes in the community through fundraisers held at the prison

throughout the year. They have a fundraiser planned in March to help with the #YoungmanOnEllen campaign.

For more information about Domestic Violence

Services, call 541-276-3322 or visit www.domesticviolenceservices-or.org. For more about programs at EOCI, contact Jackie Peck at 541-278-3615 or jackie.a.peck@doc.state.or.us.

ANNIVERSARY

Loren and Beverly Stoddard

On Feb. 13, 1956, a young Marine and his bride slipped away to Yuma, Ariz., to be married. They had met just three months before at a Serviceman's Dance at the YWCA in Santa Ana, Calif. It was the only time that either had been to the dance. Despite friends' and neighbors' dire predictions that "it won't last a year," the couple is celebrating 60 years of marriage.

Loren served 22 years in the U.S. Marine Corps. When he retired from the service in 1975, they moved from Hawaii to Washington state. He went to work for Reinell Boat Company and later the Bayliner Boat Company. He also worked as a rural route mail carrier

in Everett, Wash.

In 1983 they moved to Eastern Oregon and he delivered rural route mail in Hermiston and operated a small family cattle ranch. Beverly worked as an RN at Good Shepherd Hospital for 27 years. Now both are retired and they are enjoying travel and hobbies as well as their eight grandchildren.

They have three children: Debbie Pugh (Pete) of Moses Lake, Wash., Sandra VanDyke (Terry) of Arlington, Wash., and Don Stoddard (Marie) of Roseburg, Ore.

No anniversary celebration is planned, but they are looking forward to a cruise later this year to celebrate this important event.



Hermiston resident lobbies to raise tobacco age limit

Paula Messenger joined other advocates of the American Cancer Society Cancer Action Network for the Feb. 2 Cancer Day at the Capitol.

The effort is personal for the Hermiston woman, who lost both her parents to cancer. Advocates from across the state traveled to Salem to urge Oregon lawmakers to raise the state's age limit to 21 for the purchase of tobacco products. A press conference to help kick off the campaign included Salem-area high school students pledging to be tobacco-free.

Information provided by the American Cancer Society indicates that 30 percent of cancers are caused by tobacco. As the leading preventable cause of death in Oregon, 7,000 people die each year from the disease.

Statistics also indicate 2,600 Oregon youths become new daily smokers each year, which breaks down to seven kids each day. If current smoking rates continue, 68,000 Oregon kids alive



Hermiston resident Paula Messenger, standing next to Rep. Greg Smith, and other advocates of the American Cancer Society Cancer Action Network participated in Cancer Day at the Capitol Feb. 2 in Salem.

today will die prematurely from tobacco. For more about the Cancer Action Network, visit www.acscan.org. For

social media posts about the effort to raise the age to buy tobacco products, search the hashtag #21forOregon.

Focus on pancreatic cancer

Early pancreatic cancers often do not cause any signs or symptoms — and by the time symptoms are evident, the disease has spread beyond the pancreas.

Having symptoms doesn't mean a person has pancreatic cancer, as many of the symptoms can be caused by other conditions. However, it's important to be checked by a doctor.

Symptoms: jaundice, dark urine, light-colored stools, itchy skin, abdominal or back pain, weight loss or poor appetite, digestive problems, nausea and vomiting, enlarged gallbladder, blood clots, fatty tissue abnormalities and diabetes.

Risk factors that can be changed: tobacco use, being overweight and workplace exposure to certain chemicals.

Risk factors that can't be changed: age (the average age at diagnosis is 71), gender (men are 30 percent more likely to develop the disease), race (blacks have a higher rate) and family history.

Medical conditions that increase risk factor: diabetes, chronic pancreatitis, cirrhosis of the liver and some stomach problems.

Treatment: surgery, ablative techniques, radiation therapy, chemotherapy or other medications. Also, pain control is an important part of treatment for many patients.

The American Cancer Society urges

people to partner with their physicians for overall medical well-being. A healthy lifestyle helps in preventing many kinds of cancer.

For more information about pancreatic and other types of cancer, visit www.cancer.org or call 800-227-2345.

Information contributed by Gert Hawthorne, who is on the committee for Pendleton's Relay for Life. The Pendleton relay is June 17-18 at Sunridge Middle School. Teams are now registering and scheduling fundraisers leading up to the summer relay. For more information, call Hawthorne at 541-215-9767, event lead Carol Preston at 541-379-6294 or visit www.pendletonrelay.org.

Chamber elects new president

Julie Gisi of the Bank of Eastern Oregon was recently elected as president of the Boardman Chamber of Commerce.

The chamber board also extends congratulations to Kalie Davis of the SAGE Center and Jim Young of Select Market for being re-elected to the board. This year's officers also include Matt Keger of Calafate Photography as first vice president, Maria Richards of Boardman Hardware as

second vice president, Emerald Lantis of Banner Bank as secretary and Don Russell of Doherty/Russell Car Wash as treasurer. Anna Browne of Windy River Elementary School is past president, after serving the past two years.

For more information about the Boardman Chamber of Commerce, contact Executive Director Emily Waite at 541-481-3014 or emily@boardmanchamber.org.

Ambulance district holds elections

The Milton-Freewater Ambulance Service Area Health District recently voted to appoint George White to fill the unexpired term of Bill Burwell, who died last August.

In addition, the board held elections during its Jan. 26 meeting, which included naming Dan Kilmer as the chairman, White and Wes Koklich as co-vice chairmen, Gina Miller as secretary and Bill Howard, treasurer.

For information about the district, visit www.mfambulance-district.com.

BIRTHS

St. Anthony Hospital, Pendleton
JAN. 29, 2016

DELGADO — Skylee M. Carlos and Juan V. Delgado of Hermiston; a boy, Aiden Jose Delgado.

JAN. 30, 2016

RAY — Ashley DeDios and Kyle Ray of Pendleton; a boy, Brantley Jace Ray.

FEB. 4, 2016

BROWN — Gabriela Gonzalez and Oliver Q. Brown of Pendleton; a girl, Zaina Halo Brown.

FEB. 5, 2016

SCOTT — Corey P. Scott and Francis T. Scott of Pendleton; a boy, Francis Tyson Jeffrey "TJ" Scott.

FEB. 9, 2016

MCINTOSH — Jill-Marie Gavin and Demetrius McIntosh; a boy, Jeremiah Xavier McIntosh.

Riverbend Hospital, Eugene

JAN. 26, 2016

VAN LEUVEN — Allison Albright Van Leuven and Ryan Van Leuven of Springfield, Ore.; triplets, Parker Grace Van Leuven (girl), Brynn Rose Van Leuven (girl) and Grayson Lee Van Leuven (boy).

COMMUNITY CALENDAR

SATURDAY, FEB. 13
MEN'S BREAKFAST, 8 a.m., Bethel Assembly of God Church, 1109 Airport Road, Pendleton.
FRIENDS OF THE UMATILLA PUBLIC LIBRARY, 9 a.m., Umatilla City Hall, 300 6th St.
RETIRED UMATILLA ARMY DEPOT WOMEN'S CLUB, 9 a.m. no-host breakfast, Pheasant Cafe, 149 E. Main St. Hermiston.
EASTERN OREGON CELTIC SOCIETY PIPERS GATHERING, 1 p.m., The Old Meeting House, 901 M Ave., La Grande. For pipers of all skill levels. Instruction is free, but a \$2 donation for use of the building is appreciated. (541-568-4643 or pelder@oregontrail.net)
PENDLETON EAGLES SWEETHEART'S BALL, 6-8 p.m. dinner, music 8 p.m. to midnight, Pendleton Eagles Lodge No. 28, 428 S. Main St., Pendleton. Live music with Shaniko. Ribeye or pan-fried oyster dinners (combos available). Open to members and guests. (541-278-2828).

SUNDAY, FEB. 14
HERMISTON EAGLES BREAKFAST, 8-11 a.m., 160 N.W. Second St. Members and guests welcome.
PENDLETON EAGLES BREAKFAST, 9 a.m. to noon, Pendleton Eagles Lodge #28, 428 S. Main St., Pendleton. Open to members and guests. (541-278-2828).

MONDAY, FEB. 15
BLUE MOUNTAIN PIECEMAKERS, 12 noon, Thimbles Fabric-N-More, 1849 Westgate Place, Pendleton.
PENDLETON ROTARY, 12 noon, Pendleton Elks Lodge, 14 S.E. Third St.
DIRT DABBLERS GARDEN CLUB, 1 p.m., Vert Club Room, 345 S.W. Fourth St., Pendleton. Visitors welcome. (johnsonstubb@yahoo.com)
HERMISTON TEEN LIBRARY ADVISORY COUNCIL, 4-5 p.m., downstairs Hermiston Public Library, 235 E. Gladys Ave.



Pet of the Week

Mr. Gray
Gray Domestic Short Hair

Mr. Gray is a handsome gray cat. If you give Mr. Gray some extra patience and time, he will become a super duper pet and companion. Mr. Gray needs a loving forever home.

Visit Mr. Gray at the Pioneer Humane Society/PAWS
517 SE 3rd St., Pendleton, OR
541-276-0181 • pendletonpaws.org

Check out the PAWSABILITY Thrift Store

Call Terri at 541-215-0447 to sponsor a pet

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NEEDED: Volunteer drivers to and from spay/neuter clinics. Call for more information.