

# EAST OREGONIAN SPORTS

THURSDAY, NOVEMBER 19, 2015

FOLLOW US ON TWITTER @EOSPORTS

1B

## Sports shorts

### Arrieta, Keuchel win Cy Young

NEW YORK (AP) — Jake Arrieta posted one final win, perhaps against his most formidable competition yet.

The Chicago Cubs rightly aced out Dodgers stars Zack Greinke and Clayton Kershaw to earn the NL Cy Young Award by a comfortable margin Wednesday.

Arrieta topped the majors with 22 victories, boosted by a record 0.75 ERA after the All-Star break. He acknowledged the super stats piled up by his Los Angeles rivals spurred him.

Astros lefty Dallas Keuchel won the AL Cy Young Award, easily beating David Price.

Keuchel led the AL in wins, going 20-8 and helping Houston reach the playoffs for the first time since 2005.



### Former NFL QB loses both parents within same hour

BOSTON (AP) — Former NFL quarterback Doug Flutie says both of his parents died within an hour of each other.

Flutie said Wednesday on his Facebook page that father Dick died of a heart attack in a Florida hospital and that mother Joan also suffered a heart attack and died less than an hour later.

Flutie wrote: "They say you can die of a broken heart and I believe it."

Flutie did not elaborate on the circumstances of their deaths, but called them "incredible parents and grandparents" who had been married for 56 years and were always there for their children.

The 1984 Heisman Trophy winner at Boston College, Flutie played 13 seasons in the NFL with Chicago, New England, Buffalo and San Diego. He also spent a year in the USFL with New Jersey, and won three Grey Cup titles in eight seasons in the Canadian Football League with British Columbia, Calgary and Toronto.

"Any time you play a team where you spent some time, especially for as much time as I spent there, it's not just another game."

— **Carson Palmer**  
Arizona Cardinals quarterback on facing the Cincinnati Bengals on Sunday night. Palmer was drafted No. 1 overall by the Bengals in the 2003 draft and made the playoffs twice with the team before announcing he would rather retire than play out his contract prior to the 2011 season. He was eventually traded to Oakland, which traded him to Arizona in 2013.

#### THIS DATE IN SPORTS

1993 — Oregon and Oregon State play to a 0-0 tie in Eugene. It's the last scoreless tie game in FBS history due to the NCAA's institution of overtime beginning in 1994.

Contact us at 541-966-0838 or sports@eastoregonian.com

## PENDLETON



BMCC's Armon Dean shoots running jumper over teammate Isaiah Harris during practice Wednesday in Pendleton. Staff photo by E.J. Harris

# T-Wolves sense change coming

## BMCC men looking to write different narrative in Ellis' third season

By MATT ENTRUP  
East Oregonian

Headed into his third season as head coach of the Blue Mountain men's basketball team, Adam Ellis is still looking for his first double-digit win season.

The Timberwolves have gone 6-20 in each of his first two seasons on the sideline, but Ellis can sense a change coming.

"We've got a lot of really good athletes. I think that's the difference this year from any year that I've been here," he said. "I think we're a lot more athletic than we've ever been, which is good. It allows us to do a lot of different things that we haven't done in the past."

Ellis promises a more exciting brand of basketball for fans this season, which tips off on Friday

when Blue Mountain hosts Air Force Base at 7 p.m.

"I think we're going to push the tempo. It's a lot more enjoyable for the kids for to play, it's a lot more enjoyable for us to coach, it allows us to do a lot of different things with press a lot," he said. "Offensively, obviously we're going to try to get out and go as much as we can, but also hopefully that transitions into higher scoring."

"That's been a big issue with where we've been in the past."

See T-WOLVES/3B

## STANFIELD

# Monkus loud between the lines

Stanfield running back quiet off the field, let's game speak for itself

By SAM BARBEE  
East Oregonian

Tyler Monkus jogged over to the sideline, removed his helmet and set it down. He offered a hand to shake and says softly, "How are you?"

Softly because Monkus isn't vocal. He's not a rah-rah leader and isn't going to give any impassioned locker room speeches. It's a running joke amongst the Tigers that he doesn't speak, or rarely does. It's reminiscent of a story about Calvin Coolidge, a famously soft-spoken American president who, at a dinner party, was challenged in a wager that he wouldn't say two words. He smiled and said, "You lose."

Monkus, like Coolidge, doesn't speak, but acts.

"He's not your typical 'superstar' guy," head coach Davy Salas said. "He kind of plays angry all



Stanfield's Tyler Monkus rushes the ball in the Tigers' 49-41 win against Irrigon on Friday, Oct. 9, 2015 in Irrigon. Staff photo by E.J. Harris

the time, but he's a nice kid. He's very reserved. He doesn't let too many people around."

"As long as I've known him, he's always been quiet," classmate and offensive lineman Hunter Barnes added.

That's reminiscent of an NFL running back who is reserved off the field and productive on it. It's

Marshawn Lynch, the running back from the Seattle Seahawks. Monkus, though not a Seahawks and Lynch fan, agreed with the comparison. So did Salas.

"That's a fair comparison, it puts it on the money," Salas said. "He's more business than anything."

See MONKUS/2B

## PENDLETON

# Rosselle to be enshrined with OSU teammates

Pendleton native part of best Beaver team ever

By MATT ENTRUP  
East Oregonian

With an aggressive style that walked the line of decency and at times wantonly crossed it, the 2000 Oregon State football team emerged from a decade of losing seasons to win the most games in program history.

"Teams knew that we were a team that if we had a chance to hit you when you were going out of bounds we were going to take that chance," said Kyle Rosselle, a Pendleton High School graduate and Beaver defensive end from 1998-2001. "That resulted in a lot of late hits, and unsportsmanlike penalties, but I would also say that aggressiveness and that edge intimidated other teams that we played."



Rosselle

Coming off coach Dennis Erickson's first season, the first winning campaign of the decade, the 2000 Beavers started the year unranked but finished No. 4 in the final AP poll with an 11-1 record. After a 10-1 regular season that included a 7-1 mark in the Pac-10 and a 23-13 win in the Civil War, the Beavers went up against No. 11 Notre Dame in the Fiesta Bowl where they romped to a 41-9 win.

The team's 11 wins is the most in program history, and tonight at Multnomah Athletic Club the Beavers will be inducted to the Oregon Sports Hall of Fame as members of the 2015 class.

Rosselle, now vice-principal at Hood River Valley High School, plans to attend the ceremonies, and said he has several fond memories from big games during his time as a Beaver.

But more than the win over California in 1999 that clinched the team's first winning season in 28 years — a game that also featured an opossum scampering the length of the field through a thick fog — or the overtime win over Oregon from that same season, Rosselle said he takes pride in being a part of the turnaround.

"Working with a program that struggled for a long time and finally seeing success come to that university,

See ROSSELLE/2B

## HEPPNER

# Mustangs fresh going into semis

Heppner starters have rarely been tested

By MATT ENTRUP  
East Oregonian

The Heppner Mustangs should be feeling fresh headed into Saturday's state semifinal showdown with No. 3 Regis.

After again turning to the backups early in the third quarter of last week's quarterfinal blowout victory, Heppner's starting lineup has finished a game just once this season while rolling to an 11-0 record.

Added up the starters' 2015 season boils down to about 24 quarters — or just 6 games.

So what do the No. 2 Mustangs do to make sure they're able to answer the bell when a team has them on the ropes in the fourth quarter?

"Mostly it's mental. You can overcome being tired if you've got the right mindset, and I think we do," said junior lineman Kevin Murray.

Coach Greg Grant said he makes sure the team is working hard each week in practice to make up for the missed live reps as well.

"We just run, we just try to stay in shape," he said. "I don't think you get in shape in Friday's or Saturday's, you get in shape Monday through

See MUSTANGS/2B