

MARINERS: Montero out at home

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in Boston in which their relievers pitched 19 2-3 innings and allowed 24 runs — including an inning pitched by catcher Jesus Sucre in a 22-10 loss. In Monday’s series-opening loss to the Rangers, former closer Fernando Rodney retired only one of five batters and allowed the winning run to score on a walk.
Holland was making his first major league start after a four-month stint on the disabled list due to a shoulder injury. A key contributor to Texas’ pennant winning teams in 2010-11, he allowed two runs in 6 1-3 innings on eight hits with no walks.
Nelson Cruz, a former

Rangers teammate, said he was surprised by Holland’s effectiveness given his layoff.
“More mature,” Cruz said. “He was throwing his breaking pitches early in the count for strikes. Those are the ones that are tough to command.”
Cruz extended his on-base streak to a career-high 30 games, the most in the American League this season.
ENCOURAGING FINISH
Montgomery called Wednesday’s effort something to build on after the shaky start.
“Once I started commanding the fastball, I got a lot of early outs on it,” he said.
RIGHT IDEA,

WRONG RESULT
Jesus Montero tried to score the tying run from second base with two outs in the seventh inning but was thrown out at home by center fielder Delino DeShields, a converted infielder. McClendon said it was the correct decision, in part because Texas would bring in a left-handed reliever to face the Mariners’ next batter, left-handed hitting Kyle Seager.
“The center fielder traditionally doesn’t throw well. It was definitely the right play. Guy made a throw,” McClendon said.
UP NEXT
Mariners: Seattle will be off Thursday, its third day off in the past 15 days.

DUCKS: RB tallied 1,365 yards last year

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were still largely unknown outside of his coaches and teammates because Oregon closes its practices.
What was known was that Freeman was a five-star recruit out of Southern California who someday could challenge Byron Marshall and Thomas Tyner.
Freeman wasn’t going to wait his turn: In his first college game, Oregon’s 62-13 season-opening victory over South Dakota, he ran for 75 yards and two touchdowns on 10 carries. He also caught a pass for 11 yards. The next week he rushed for 89 yards and two touchdowns in a 46-27 victory over then-No. 7 Michigan State.
Over the course of the season, Freeman’s profile rose as Tyner struggled with injuries and Marshall assumed more of a hybrid receiver role.
His best outing came against Washington, when he finished with 169 yards on 29 carries and four

touchdowns. There were other memorable moments along the way, including his 26-yard touchdown pass to Mariota in Oregon’s loss to Arizona, the lone loss of the regular season.
Freeman, a power back listed at 5-foot-11 and 230 pounds, finished with 1,365 yards rushing — a Pac-12 true freshman record — and 18 touchdowns. He also caught a touchdown pass. He was named the league’s freshman of the year on offense.
He was expected to be part of another two-pronged ground attack — a la James and Kenjon Barner — with Tyner, who was hampered last season after injuring his shoulder against Washington. But to start fall camp, the Ducks were hit by the news that Tyner had surgery and would likely miss the rest of this season.
“We took a hit. He’s a versatile player and helped us out a lot, but we’re ready to bounce back,” Freeman said. “We’ve got a lot of other

weapons ready to go and we can’t let it bring us down.”
Coach Mark Helfrich likened Freeman to a Mariota-type leader: Speaking through his actions.
“Initially, that’s not his natural deal to vocalize anything. But he was an unbelievable worker from day one, a great worker. When he is just that physically imposing, doing what he does on the field, in the weight room, in the classroom, in the community, we need more of that,” Helfrich said.
Freeman prefers not to reflect too much on his first year and instead focuses on the future. The changes the Ducks are facing without Mariota bring new challenges.
“It’s a little bit different. Especially with the personnel that we have now,” he said. “But the comfort level is there more for me than at the beginning of last season. I’m just trying to help the younger guys fill in their roles and get ready to play.”

PIGSKIN: Heppner comes back loaded with talent and experience at every position

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quarterback job vacated when 5A Player of the Year Chase Knutz accepted his diploma this spring.
And how will the team look on the field without head coach Mark Hodges running the show? Former assistant coach and new head man David Faateete will keep the offensive and defensive systems in place, but can he match his predecessor’s motivational prowess? Does he even need to?
These are all questions we’re anxiously waiting to be answered.
On the other side of the county, Pendleton will be

looking to take advantage of Hermiston’s rebuilding season despite some key losses of their own.
One thing the Buckaroos have going in their favor is the return of quarterback Kai Quinn. A productive summer seems to be pointing toward a big senior season for the region’s top returning passer, but for that to happen the Bucks need to have somebody to catch the ball. Both of Quinn’s top targets from last season are gone to graduation, so the position battle at wide receiver is one we’re taking extra interest in.
But let’s face it, Pendleton also needs to improve in every facet of the game if

it has a chance to unseat Hermiston this season.
That’s the case for the area’s 4A and 3A teams as well. Youth and potential reign supreme at Mac-Hi, Umatilla and Riverside, but that’ll have to be harnessed early and often for them to stand a fighter’s chance in tough conferences.
On the opposite end of the spectrum sits the Heppner Mustangs.
Despite a rash of late-season injuries, the Mustangs willed their way into the state championship last season and return 2A Defensive Player of the Year Pat Collins to anchor the lines. He’ll be surrounded by a laundry list

NFL

Gilliam gets shot with starters



AP Photo/Elaine Thompson

Seattle Seahawks’ Garry Gilliam tosses a ball at training camp Thursday in Renton, Wash. Gilliam is challenging for the open starting spot at right tackle on the Seahawks line.

Seahawks looking for answers after poor blocking

By CURTIS CRABTREE
Associated Press

RENTON, Wash. — Garry Gilliam’s pivotal touchdown catch on a fake field goal helped spark Seattle’s improbable comeback in the NFC championship game against the Green Bay Packers.
Now the former college tight end is trying to win a starting job along the offensive line for the Seahawks.
Gilliam has been working with the first-team offense this week at right tackle and is expected to start against the Kansas City Chiefs on Friday night.
“Especially in that environment and against those rushers it will be a good test for me. I’m excited for it,” Gilliam said.
After a poor showing from the team’s line last week, Gilliam has been inserted at right tackle as Justin Britt has been moved to left guard.
“Garry has had a really nice camp and then put it

together Friday night. It showed up pretty good,” offensive line coach Tom Cable said.
Gilliam’s first big moment with the Seahawks came during the last postseason as Seattle faced a 16-0 deficit late in the third quarter against the Packers with a return Super Bowl trip sliding away.
Gilliam, who played three seasons at tight end at Penn State before moving to tackle as a senior, slipped behind the Packers on a fake field goal from the 19. Punter Jon Ryan wheeled out of his hold and lofted the ball to Gilliam for a touchdown that cracked the door open for Seattle’s wild rally.
His athleticism as a former tight end is what intrigued the Seahawks coaching staff a year ago, when he signed with Seattle as an undrafted free agent. Gilliam mostly played as an extra offensive lineman in jumbo formations as a rookie.
“He’s a really exciting

prospect because he really looks exactly like the guys should look with their movement and all,” head coach Pete Carroll said. “We really do cherish the guys that get off the ball and move their feet well.”
The Seahawks’ offensive line has been a work in progress all training camp. Gilliam had mainly been playing at left tackle behind starter Russell Okung. However, the team has used five different players at left guard with the first-team offense and the battle for the starting center job is unsettled as well.
Cable said he “did not like the pass protection at all” during Friday’s opener against the Denver Broncos. Seattle quarterbacks were sacked seven times and the team gained just 181 yards offensively as the line struggled.
“We’re trying to get the best guys out there in the huddle and then find out where they fit,” Cable said.

Baseball				
MLB				
American League	W	L	Pct	GB
East				
New York	67	52	.563	—
Toronto	66	55	.545	2
Baltimore	62	57	.521	5
Tampa Bay	59	61	.492	8½
Boston	54	66	.450	13½
Central	W	L	Pct	GB
Kansas City	73	46	.613	—
Minnesota	59	61	.492	14½
Detroit	58	61	.487	15
Chicago	55	63	.466	17½
Cleveland	55	64	.462	18
West	W	L	Pct	GB
Houston	66	55	.545	—
Los Angeles	63	57	.525	2
Texas	61	58	.513	4
Seattle	56	65	.463	10
Oakland	53	69	.434	13½
Wednesday's Games				
N.Y. Yankees 4, Minnesota 3				
Texas 7, Seattle 2				
Oakland 5, L.A. Dodgers 2				
Baltimore 5, N.Y. Mets 4				
Philadelphia 7, Toronto 4				
Boston 6, Cleveland 4				
Kansas City 4, Cincinnati 3				
Detroit 15, Chicago Cubs 8				
Houston 3, Tampa Bay 2 (13 innings)				
L.A. Angels 1, Chicago White Sox 0				
Thursday's Games				
Cleveland (Tomlin 1-1) at N.Y. Yankees (Nova 5-4), 4:05 p.m.				
Minnesota (Duffy 1-1) at Baltimore (Mi. Gonzalez 9-8), 4:05 p.m.				
Texas (M.Perez 1-2) at Detroit (Simon 10-7), 4:08 p.m.				
Kansas City (D.Duffy 6-5) at Boston (Miley 9-9), 4:10 p.m.				
Tampa Bay (Archer 10-9) at Houston (McHugh 13-6), 5:10 p.m.				
Chicago White Sox (Quintana 6-10) at L.A. Angels (Trepanio 1-1), 7:05 p.m.				
National League				
East	W	L	Pct	GB
New York	64	56	.533	—
Washington	60	59	.504	3½
Atlanta	53	67	.442	11
Miami	49	71	.408	15
Philadelphia	47	73	.392	17
Central	W	L	Pct	GB
St. Louis	77	43	.642	—
Pittsburgh	71	47	.602	5
Chicago	67	51	.568	9
Cincinnati	51	67	.432	25
Milwaukee	52	70	.426	26
West	W	L	Pct	GB
Los Angeles	67	53	.558	—
San Francisco	65	55	.542	2
San Diego	59	62	.488	8½
Arizona	58	61	.487	8½
Colorado	48	70	.407	18
Wednesday's Games				
Milwaukee 8, Miami 7				
Oakland 5, L.A. Dodgers 2				
San Diego 3, Atlanta 1				

Baltimore 5, N.Y. Mets 4				
Philadelphia 7, Toronto 4				
Kansas City 4, Cincinnati 3				
St. Louis 4, San Francisco 3				
Detroit 15, Chicago Cubs 8				
Washington 4, Colorado 1				
Thursday's Games				
San Francisco (Peavy 3-5) at Pittsburgh (Morton 7-4), 4:05 p.m.				
Arizona (Corbin 3-3) at Cincinnati (Jo. Lamb 0-1), 4:10 p.m.				
Philadelphia (J.Williams 4-8) at Miami (B.Hand 2-3), 4:10 p.m.				
Atlanta (Foltynewicz 4-4) at Chicago Cubs (Arrieta 14-6), 5:05 p.m.				
Washington (Scherzer 11-9) at Colorado (Flande 2-1), 5:40 p.m.				
Northwest League				
North	W	L	Pct.	GB
Everett	11	9	.550	—
Spokane	10	10	.500	1
x-Tri-City	10	11	.476	1½
Vancouver	10	11	.476	1½
South	W	L	Pct.	GB
x-Hillsboro	13	8	.619	—
Eugene	12	9	.571	1
Salem-Keizer	11	10	.524	2
Boise	6	15	.300	7
x-cinched first half				
Wednesday's Games				
Eugene 11, Boise 5				
Salem-Keizer 10, Hillsboro 7				
Tri-City 6, Vancouver 2				
Spokane at Everett, Late				
Thursday's Games				
Vancouver at Spokane, 6:30 p.m.				
Eugene at Salem-Keizer, 6:35 p.m.				
Boise at Hillsboro, 7:05 p.m.				
Everett at Tri-City, 7:15 p.m.				
LLWS				
At South Williamsport, Pa.				
UNITED STATES				
GREAT LAKES, Bowling Green, Ky.				
MID-ATLANTIC, Lewisberry, Pa.; MID-WEST, Webb City, Mo.; NEW ENGLAND, Cranston, R.I.; NORTHWEST, Portland, Ore.; SOUTHEAST, Taylors, S.C.; SOUTH-WEST, Pearland, Texas; WEST, Bonita, Calif.				
INTERNATIONAL				
ASIA-PACIFIC, Taipei, Taiwan; AUSTRALIA, Sydney; CANADA, White Rock, B.C.; CARIBBEAN, Santiago de los Caballero, Dominican Republic; EUROPE & AFRICA, Kampala, Uganda; JAPAN, Tokyo; LATIN AMERICA, Barquisimeto, Venezuela; MEXICO, Mexicali Baja California				
Double Elimination				
Thursday, Aug. 20				
Game 1 — Uganda vs. Dominican Republic, 10 a.m.				
Game 2 — Pearland, Texas vs. Portland, Ore., 12 p.m.				
Game 3 — Venezuela vs. Australia, 2 p.m.				
Game 4 — Bowling Green, Ky. vs. Bonita, Calif., 4 p.m.				
Friday, Aug. 21				
Game 5 — Canada vs. Mexico, 11 a.m.				
Game 6 — Taylors, S.C. vs. Cranston, R.I., 1 p.m.				
Game 7 — Taiwan vs. Japan, 3 p.m.				

Game 8 — Lewisberry, Pa. vs. Webb City, Mo., 5 p.m.				
Saturday, Aug. 22				
Game 9 — Game 1 loser vs. Game 3 loser, 10 a.m.				
Game 10 — Game 2 loser vs. Game 4 loser, 12 p.m.				
Game 11 — Game 5 loser vs. Game 7 loser, 3 p.m.				
Game 12 — Game 6 loser vs. Game 8 loser, 5 p.m.				
Sunday, Aug. 23				
Game 13 — Game 1 winner vs. Game 3 winner, 8 a.m.				
Game 14 — Game 2 winner vs. Game 4 winner, 12 p.m.				
Game 15 — Game 5 winner vs. Game 7 winner, 2 p.m.				
Game 16 — Game 6 winner vs. Game 8 winner, 4 p.m.				
Monday, Aug. 24				
Consolation — Game 9 loser vs. Game 10 loser, 9 a.m.				
Game 17 — Game 15 loser vs. Game 9 winner, 11 a.m.				
Game 18 — Game 16 loser vs. Game 10 winner, 1 p.m.				
Game 19 — Game 13 loser vs. Game 11 winner, 3 p.m.				
Game 20 — Game 14 loser vs. Game 12 winner, 5 p.m.				
Tuesday, Aug. 25				
Consolation — Game 11 loser vs. Game 12 loser, 10 a.m.				
Game 21 — Game 17 winner vs. Game 19 winner, 1 p.m.				
Game 22 — Game 18 winner vs. Game 20 winner, 5 p.m.				
Wednesday, Aug. 26				
Game 23 — Game 13 winner vs. Game 15 winner, 4 p.m.				
Game 24 — Game 14 winner vs. Game 16 winner, 8 p.m.				
Thursday, Aug. 27				
Game 25 — Game 21 winner vs. Game 23 loser, 1 p.m.				
Game 26 — Game 22 winner vs. Game 24 loser, 5 p.m.				
Saturday, Aug. 29				
International Championship				
Game 27 — Game 23 winner vs. Game 25 winner, 9:30 a.m.				
United States Championship				
Game 28 — Game 24 winner vs. Game 26 winner, 12:30 p.m.				
Sunday, Aug. 30				
At Lamade Stadium				
Third Place				
Game 27 loser vs. Game 28, 7 a.m.				
World Championship				
Game 27 winner vs. Game 28 winner, 9:30 a.m.				

Football

NFL Preseason
Thursday's Games
Detroit at Washington, 4:30 p.m.
Buffalo at Cleveland, 5 p.m.
Friday's Games
Atlanta at N.Y. Jets, 4:30 p.m.
Seattle at Kansas City, 5 p.m.
Saturday's Games
Baltimore at Philadelphia, 4 p.m.
Miami at Carolina, 4 p.m.

New England at New Orleans, 4:30 p.m.
 Chicago at Indianapolis, 4:30 p.m.
 Jacksonville at N.Y. Giants, 4:30 p.m.
 Oakland at Minnesota, 5 p.m.
 Denver at Houston, 5 p.m.
 San Diego at Arizona, 7 p.m.

Sunday's Games
 Green Bay at Pittsburgh, 10 a.m.
 Dallas at San Francisco, 5 p.m.
 St. Louis at Tennessee, 5 p.m.

Soccer

	MLS	W	L	T	Pts
D.C. United	13	8	5	4	44
New York	11	6	6	39	
Columbus	9	8	8	35	
New England	9	9	7	34	
Toronto FC	9	10	4	31	
Montreal	8	9	4	28	
New York City FC	7	11	7	28	
Orlando City	7	11	7	28	
Philadelphia	6	13	6	24	
Chicago	6	12	5	23	
	W	L	T	Pts	
Los Angeles	12	7	7	43	
Vancouver	13	9	3	42	
Sporting K.C.	11	5	7	40	
Portland	11	8	6	39	
D.C. Dallas	11	7	5	38	
Seattle	11	12	2	35	
San Jose	9	10	5	32	
Houston	8	9	7	31	
Real Salt Lake	7	10	8	29	
Colorado	5	9	9	24	

Wednesday's Games
 Columbus 2, New York City FC 2, tie
 San Jose 5, Sporting K.C. 0

Friday's Games
 Houston at Portland, 8 p.m.

Saturday's Games
 Orlando City at Toronto FC, 1 p.m.
 San Jose at D.C. United, 4 p.m.
 Sporting K.C. at Columbus, 4:30 p.m.
 Philadelphia at Montreal, 5 p.m.
 Colorado at Chicago, 5:30 p.m.
 Seattle at Real Salt Lake, 7 p.m.
 FC Dallas at Vancouver, 7 p.m.

Sunday's Games
 New York City FC at Los Angeles, 12 p.m.

Basketball

	WNBA	W	L	Pct	GB
New York	17	7	7	708	—
Indiana	15	9	6	625	2
Washington	15	9	6	625	2
Chicago	15	11	5	677	3
Connecticut	12	12	5	600	5
Atlanta	9	15	3	375	8
	W	L	Pct	GB	
West	18	8	692	—	
x-Minnesota	15	10	600	2½	
Phoenix	15	10	600	2½	
Tulsa	12	14	462	6	
Los Angeles	8	17	320	9½	
San Antonio	7	19	269	11	
Seattle	7	19	269	11	

x-clinched playoff spot

Tuesday's Games