**Prep Basketball** 

## NFHS targets post play with rule changes

East Oregonian

INDIANAPOLIS — A crackdown on defensive contact in high school basketball games is being extended to all ball-handlers next season

The National Federation of State High School Associations (NFHS) revised Rule 10-6-12 prior to the 2014-15 season in an effort to eliminate excessive contact on ball-handlers and dribblers outside the lane area. The latest revision extends those protections to post players as

The new language states that "a player becomes a ball-handler when he/she receives the ball. This would include a player in a post position."

The acts that constitute a foul when committed against a ball-handler are a) placing two hands on the player, b) placing an extended arm bar on the player, c) placing and keeping a hand on the player and d) contacting the player more than once with the same hand or alternating hands.

"The current rule covers the ball-handler/dribbler situations but ignores the action that goes on in the post area with the hands, arm bars, etc.," said Theresia Wynns, NFHS director of sports and officials. "The additional language will clarify that the illegal acts should be ruled for every position on the floor."

The NFHS Basketball Committee also Rules its points of emphasis for the coming season, chiefly cleaning up post play and rebounding.

The committee noted that new information has been added to the rules book that addresses cleaning up post play and urged fouls to be called when violations occur. In addition, the committee emphasized that illegal tactics related to rebounding should be called since these violations are among the leading causes of injury in high school basketball.

A complete listing of the basketball rules changes is available on the NFHS website at www.nfhs.org.

### Goodell waiting on Brady

Associated Press

SAN FRANCISCO — NFL Commissioner Roger Goodell said Wednesday it's his responsibility to hear directly from New England quarterback Tom Brady in his appeal of his four-game suspension in the deflated footballs case.

Goodell said he has not had time to study a request from the players' union that he recuse himself from the appeal because he has been focused on the spring owners meetings that concluded Wednesday.

He said he would study the request when he returned to New York but added that unless there is a factor that he is unaware of he will likely hear the case.

Goodell said no date has been set for the appeal.

# Smith, James lead Cavs past Hawks

By PAUL NEWBERRY Associated Press

ATLANTA — J.R. Smith knocked down a tough 3-pointer, then another. Turning toward the fans, their heckling transformed to groans, he blew off his right index finger and motioned toward his side, like he was holstering his pistol.

Yep, Smith was that hot. While LeBron James led Cleveland with 31 points, it was Smith who ignited the Cavaliers in Game 1 of the Eastern Conference finals. He made eight 3-pointers and scored 28 points in a 97-89 victory over the top-seeded Atlanta Hawks on Wednesday night.

When he gets hot," Cleveland coach David Blatt marveled, "he gets smoking

bringing Intent on Cleveland its first NBA title, James sealed the victory

with a soaring dunk in the final minute.

the For Hawks, it was the second straight series which they've lost the opening game

at home. Cleveland will look to take command of the series in Game 2 Friday night. Making matters worse for Atlanta, DeMarre Carroll went down with a knee

injury driving to the basket with 4:59 remaining. He was helped to the locker room, not putting any weight on his left leg, and will undergo an MRI on Thursday to determine the seriousness. Besides being the main defender on James, Carroll had been the Hawks' leading

points coming into Atlanta's first conference final. "DeMarre is a complete

scorer in the playoffs. He

was averaging more than 17

Cleveland Atlanta 97

> court.' Jeff Teague led Atlanta with 27 points. But Atlanta didn't produce its usual balanced scoring, as two starters — Kyle Korver and Carroll — failed to reach double figures.

Hawks coach

Mike Buden-

"He has a big

impact at both

ends of the

said.

holzer

With Smith doing most of the damage, Cleveland outscored the Hawks 22-4 over the final 5 minutes of the third quarter and the first 2 minutes of the fourth. During that span, he made five 3-pointers and another jumper from just inside the arc, as well as throwing up a lob that Tristan Thompson dunked.

Smith has been a huge addition for the Cavaliers since he was acquired in January as part of a threeteam trade with New York and Oklahoma City. A player once known for his selfishness, he had learned to work with within the confines of a team led by James.

When the Cavaliers really needed Smith in Game 1, he seemed to make every shot.

"Once I start shooting," Smith said, "everybody keeps telling me to keep shooting.'

Cleveland scored the first 11 points of the final period — all but two on 3s by Smith — for its biggest lead, 85-67.

Carroll's injury silenced the raucous crowd and would be a tough blow for the Hawks to overcome. While he was being taken off, James came over to say a few words and pat the injured player on the head.

"We're all a brotherhood," James said. "You don't want anybody to get hurt like that."

# **TENNIS:** Small school action begins Friday

Continued from 1B

I think got nervous because my team was there to cheer for me and their team wasn't so much."

Dillenburg said Cittadini wasn't giving enough credit to her own play, which is what she'll have to rely on at state, where he thinks she'll be able to hold her own.

With most of her teammates attending classes back in Pendleton, Cittadini knows not to expect as vocal a cheering section this time, but said that's OK because she's not putting any pressure on herself going in.

"I kind of know that I'm not going there to win, because there are people that

from their home in Western

Samoa, where they worked

a plantation on the South

Pacific island and lived as

sustenance farmers. His

grandfather, who wound

up starting a Seventh-day

Medford, decided it would

be best for the family if they

moved to the States. He

said there would be more

opportunities for his family

remember the transition

well. He knew some English

from American television

programs — some Chuck

Norris and MacGyver among

others, he said — but largely

he eased into the transition.

for our parents, our uncles

getting acclimated to not

having to go out to the plan-

tation and harvest food to

bring home," he said. "My

uncle still to this day gets

road rage because he can't

understand why people cut

difficult transition for Faae-

teete's family, but once they

moved to Oregon things

quieted down. Medford

was still relatively small

and rural then, putting the

Faaeteetes more at home.

His grandfather bought a

farm outside of town, and it

provided a link with home,

something to remember

some

Grandad, as Faaeteete calls

him, had to sell the farm to

attend to business in Samoa.

By then, Faaeteete was a

rising star on the gridiron

for the North Medford Red

Tornadoes, with a certain

coordinator prowling the

working with children at

Kids Unlimited of Oregon,

a mentoring service run by

North Medford girls basket-

ball coach Tom Cole. He

enjoyed it. He liked being a

In Medford, he started

time,

offensive

about Samoa.

After

high-energy

sidelines.

Life in the big city was a

him off."

Faaeteete said he doesn't

church in

Continued from 1B

Adventist

in America.

just live for playing tennis and get really serious about this type of competition," she said. "I know that I'm not going to win, but I'm glad that I'm going there." Cittadini's first match

will be against Wilsonville sophomore Keely Petticord, who finished second at the Northwest Oregon Conference tournament.

While Cittadini will be the only local playing at the 5A level, a handful of players have qualified for the small school bracket.

That action won't begin until Friday and will take place in Corvallis.

Umatilla junior Sidney Webb will be the only

girl, and will face Molalla

owski in the first round. Webb was second at the Special District 4 tournament while Lewandowski placed fourth in Special District 2. In the boys' bracket, Ione

freshman Mollie Lewand-

junior Jan Glasen was paired against Corbett senior Caleb Berghoff in Round 1. Glasen was the Special District 4 champion while Berghoff finished second in SD2.
Glasen's championship

didn't help him in seeding at state, though, since secondplace Carlos Angel will meet the fourth-place finisher from Berghoff's league.

Angel, a senior Mac-Hi, will open against Crook County junior Jack Stubblefield.

In doubles, Ione junior Kai Arbogast and Daichi Walters will be the only locals to open against a seeded opponent when they take on Philomath's Nathan Haslam and Derek Stucki. The Special District 2 champions are the third seed.

Rounding out the bracket for the locals is the senior Umatilla team of Alejandro Madrigal and Ramiro Rubio. The SD4 champs begin their state run against North Bend's Nils Hachmann and Jacob Gage, a senior/sophomore pairing that was third in SD3.

Contact Matt Entrup at (541) 966-0838 or mentrup@ eastoregonian.com.

### **SOFTBALL:** Spencer commits only one error

Continued from 1B and walks (11).

two of They were BMCC's most important

defenders as well. Spencer only committed one error behind the plate for a .983 fielding percentage

and threw out six runners on the base paths. Zarate manned the hot corner at third base and was

second among infielders with 42 defensive assists while holding a .928 fielding percentage. Spokane, which won the

region title before going on to win the NWAC Tournament, earned the Pitcher of the Year (sophomore Lindsie Scholwinski) and Coach of the Year (Janet Skaife). Scholwinski went 18-0 in league play with 15 complete games, a 0.76 ERA and 168 strikeouts.

East Region MVP went to Wenatchee Valley shortstop Iris Rodriguez. The sophomore batted for a .571 average with 56 hits, 62 RBIs, 44 runs, 18 doubles and seven home runs. She had a .933 fielding percentage with 64 assists.

NWAC East Region 2015 All-Stars Coach of the Year: Janet Skaife, Spokane Most Valuable Player: Iris Rodriguez, So

Pitcher of the Year: Lindsie Scholwinski **FIRSTTEAM** Pitcher Liz Crookes, Wenatchee Valley Kayla Andrews, Columbia Basin Brinley Miller, Big Bend Sydnie Malloy, Spokane Shawnee Zink, Spokane Madison Anthony, North Idaho

Brenna Elhart, Treasure Valley Hunter Schneitter, Wenatchee Valley Outfield Sarah Gilliam, Columbia Basin Berkley Fisher, Spokane Ashleigh Lynch, Wenatchee Valley

Nikki Mather, Wenatchee Valley Sidney Hazen, Wenatchee Valley Utility
Ambrea Cuellar, Treasure Valley DH/DP

Jesse Schafer, Spokane

Hayden Fields, North Idaho

### **SECOND TEAM**

Pitcher Haylie Van Laethem, Spokane Tori Almos, North Idaho ica Capson, Treasure Valley Infield

Savanna Zarate, , Blue Mountain Katelyn Sage, Spokane Lexi Miller, Spokane Chloe McIntosh, North Idaho Kenzie Barrera, Treasure Valley Shanika Sawyer, Wenatchee Valley

Outfield
Tiffany King-Phillips, Big Bend
Shalaina Duford, Spokane Katelyn Geyer, Spokane Miranda Smith, WWCC Catcher

ne Spencer, Blue Mountain Utility
Hayley Fields, North Idaho
Jacie McDaniels, Walla Walla

DH/DP Lauren Dykstra, Wenatchee Valley

## **BASEBALL:** BMCC's Crow makes second team

Continued from 1B

and led the team in runs (30) and walks (22).

Also honored by the East was Blue Mountain Community College outfielder Colton Crow. The sophomore from Meridian, Idaho, made the second team after batting for a .297 average with 27 hits, 18 runs, 19 walks, 12 RBIs, eight doubles and two home runs East play.

He was the only BMCC player honored.

East Region Coach of

the Year went to Treasure Valley's Aaron Sutton after leading the Chukars to the league title.

Most Valuable Player was Spokane freshman infielder Evan Douglas, who batted .301 with 31 hits, 20 runs, 21 RBIs, 10 doubles, 16 walks and three home runs in 103 league at-bats.

NWAC East Region 2015 All-Stars Coach of the Year: Aaron Sutton, Treasure

√alley **Most Valuable Player:** Evan Douglas,

Gunnar Buhner, Columbia Basin Hunter Hanson, Wenatchee Valley Lane Lacrone, Treasure Valley Hayden Meier, Columbia Basin Jake Roberts, Yakima Valley OUTFIELDERS

Spencer Bennion, Columbia Basin Alec Chaney, Yakima Valley Michael Kilpatrick, Walla Walla Austin Kopacz, Walla Walla PITCHERS

PITCHERS
Tanner Lupton, Treasure Valley
Tony McCarty, Treasure Valley
Adam Paulson, Spokane
Darrion Simons, Yakima Valley RELIEF PITCHER J.D. Page, Columbia Basin **CATCHER** Ovlan Wilbert, Walla Walla DESIGNATED HITTER

Clayten Ayres, Walla Walla SECOND TEAM INFIELDERS

Connor Anderson, Yakima Valley Ryan Grening, Big Bend Kyle Kilian, Big Bend Drew Loera, Columbia Basin Jarod Paul, Walla Walla OUTFIELDERS
Blake Bell, Treasure Valley
Joey Cotto, Columbia Basin Colton Crow, Blue Mountain

PITCHERS

Jacob Gleichman, Columbia Basin Reign Letkeman, Big Bend Chris Petrosie, Yakima Valley Jake Simmons, Walla Walla RELIEF PITCHER Tanner Alexander, Treasure Valley CATCHER

Sordahl, Walla Walla

Spencer Pollock, Treasure Valley
DESIGNATED HITTER
Cameron Walker, Walla Walla Daulton Blackwell, Treasure Valley

"From there, I just felt like working with kids was the thing," he said. "Early on, I kinda knew that I would be teaching and coaching eventually, like every other young kid (I had) aspirations to play in the Big Show."

#### FOOTBALL CAREER

After an all-state career at in high school, Faaeteete moved on to the University of Oregon and backed up consensus All-American and first-round NFL draft pick Haloti Ngata.

When he arrived on campus in Eugene, his only focus was football. Early into fall camp, the freshman class of about 45 was ushered around from place to place, career and choosing classes to accommodate that goal.

Faaeteete raised his hand and asked simply, "What if you're here to play foot-

"Looking back, I was a smart, cocky kid who just wanted to play," he said.

His freshman fall camp was good enough to earn him a minor defensive role as a true freshman. His first game action game was against the No. 2, defending national Oklahoma champion Sooners with a freshman running back named Adrian Peterson. On his first snap, a play that Faaeteete still remembers vividly, the freshman split the center and guard — both All-Americans — and dropped Peterson for a three-yard loss. He didn't even know he was going in. The next play, those All-Americans, perhaps slighted by the true freshman beating them doubled-teamed Faaeteete and drove him back into the defensive backfield. When Ngata came back in, Faaeteete went to the sideline and was greeted with an all-too common phrase from his position coach: "Welcome to college football."

#### **DISCOVERING THE CLASSROOM**

positive influence, guiding youngsters in a productive Faaeteete maintained his and positive direction. His academic attitude until his senior project delved into sophomore year, when he behavioral modification for was given "swift kick in the special needs students, and butt" by the coaching staff.

His GPA had dipped under 2.5, the acceptable limit for remaining eligible. He then ran into some injury troubles to his knee and elbow and realized then that academics was important. He appraised his body and what it can bring him, and understood that football isn't going to be around forever.

"I realized that was really important," he

At the time, Faaeteete wasn't majoring in anything related to education. He was a political science major with an emphasis in political theory and thought he might attend graduate school at Oregon and then go into law. His eyes were also set on the

pro football were small. of the business-like approach. That, plus the growing injury concerns, forced Faaeteete back into the classroom with a renewed vigor. He went from B's and C's to A's and B's and graduated with a 3.6 GPA with a degree in political science. He excelled enough on the football field, however, to score a couple try-outs in the Big Show, as Faaeteete calls it.

Those opportunities led him nowhere, however. He spent a total of six days on NFL rosters and went back home to Eugene to play the waiting game. When Kav and Hodges reached out, he had all but closed the door on a potentially lucrative professional football career. Then, in October of 2008,

just a month into his new gig, the Raiders called while Faaeteete was in class. They asked how quickly he could get to Oakland, that there might be a shot to make the team.

He asked for some time, and they granted it, and he got to thinking. He told his then-girlfriend — now wife — what happened and didn't know what to do. That evening at football practice, in the environment he always felt was right for him, he made his final

"I go to practice that night with this thing on my chest," he said. "I'm working with kids. Kids are having fun.

FAAETEETE: Coaching bug bit by surprise The coaching staff's excited about it. We're doing drills and it hits me, 'You don't want to play anymore. You

want to coach.' Primarily his decision was centered around fulfilling the commitment he made to Hermiston High School. He also really enjoyed what he was doing. Those summer days in Medford running the sixth-, seventh- and eighthgrade camps his senior year told him all he needed to know about where he

Now, he was finally there, and couldn't think of anywhere he'd rather be.

wanted to be.

#### HEAD COACH years Seven

mistaking Arlington for Hermiston, Faaeteete has come a long way. He said there is no place in the world he would rather be than teaching world studies and coaching football. In his class, students learn about historical events through themes. This semester is about conquest and conflict. Students are asked to think critically about violent historical events, such as World War II, and answer questions about them that aren't "Who was this guy?" or "What happened here in this year?"

His goal in the classroom is to give students skills that stay relevant and useful long past the classroom days, long past the football day. He wants to give skills that last into life.

As a football coach, Faaeteete has endured four vears of a rigorous program that demanded both athletic and academic excellence, and he has come to understand the value of both.

"Commitment, integrity,

work, team work - all these things are what goes into what, I feel, makes a good person," Faaeteete said. Someone who honors their commitments, holds themselves accountable for their actions. The simple things. (People say), 'That's what you do normally.' Exactly. If you emphasize doing things the right way, things'll take care of themselves. The world is the world. Things happen. Not everything goes your way. But a part of life is learning from the bad and embracing the good."

#### It wasn't so for some of the That dream was fading adults in the family. "to eat our time," Faaeteete fast, too, however. Even at "I think the biggest chalsaid. Advisers spoke of the Oregon, Faaeteete underlenge was not necessarily importance of planning a stood the chances of playing for me growing up — it was