

FDA: Safety problems prompted review of homeopathic remedies

WASHINGTON (AP) — A top federal drug regulator says increased safety problems with homeopathic remedies contributed to the government's decision to revisit its oversight of the products this week.

The Food and Drug Administration on Tuesday wrapped up a two-day meeting to hear from supporters and critics of products like Zicam Allergy Relief and Cold-Eeze, alternative remedies that are protected by federal law, but not accepted by mainstream medicine.

Similar to dietary supplements, the FDA does not review the safety or effectiveness of homeopathic remedies before they are sold. But unlike supplements, homeopathic medicines can state that they are intended for specific medical symptoms and conditions.

The FDA's Cynthia Schneider, a director of drug compliance, said the agency has issued 40 warning letters to homeopathic product makers since 2009 amid increasing U.S. sales.

In perhaps the most serious

case, in 2009 the FDA ordered the maker of Zicam to stop marketing three products that contained zinc gluconate. The agency linked those products to 130 reports from consumers who said they lost their sense of smell.

In 2010, the FDA warned about reports of toxicity in children taking Hyland Homeopathic's teething tablets, which contained a berry-derived toxin called belladonna that can be poisonous in larger doses.

And last month the agency warned U.S. patients with asthma not to rely on homeopathic products claiming to treat the respiratory condition, which can cause fatal complications if not properly managed.

Despite such problems Schneider stressed that this week's FDA meeting was a "listening session," and that the agency has not reached any decision about whether to alter its regulations.

"We're gathering information to allow us to consider whether to adjust the current enforcement pol-



This file photo shows Zicam Cold Remedy nasal gel. A top federal drug regulator says that increased safety problems with homeopathic remedies contributed to the government's decision to revisit its oversight of the products.

icies we have in place," Schneider said in an interview.

The FDA hasn't revisited its

oversight of homeopathic products since 1988, when it essentially exempted the industry from basic production standards that are mandatory for traditional drugs, like listing ingredients and dosing levels on product labels.

Zicam and hundreds of other homeopathic remedies are often sold alongside over-the-counter drugs like Tylenol and aspirin at pharmacies across the U.S. But homeopathic medicine is based on a 200-year old theory unsupported by modern science: that ingredients which create certain symptoms in healthy people are effective in treating the disease that causes the same symptoms.

A key principle of traditional homeopathy holds that the more diluted a remedy is, the better it works. Today, many remedies marketed as homeopathic contain heavily diluted drugs, vitamins and minerals. For instance, Zicam contains a heavily diluted dose of zinc as its "active ingredient."

On Monday, industry executives and lobbyists argued that the cur-

rent FDA framework works well for homeopathy. Representatives from the Consumer HealthCare Products Association, which represents homeopathic manufacturers, emphasized that consumers like having easy access to alternative treatments.

But industry critics argued that many consumers do not understand how homeopathic products differ from conventional medicines.

"Stocking homeopathic remedies labeled for specific symptoms or conditions alongside conventional over-the-counter drugs on the pharmacy or supermarket shelves is innately misleading," said Dr. Adriane Fugh-Berman, an associate professor at Georgetown University Medical Center.

She and others want the FDA to require homeopathic remedies to undergo the same safety and effectiveness reviews as conventional drugs. But failing that, Fugh-Berman said that the products should carry a disclaimer warning that they have not been shown to treat or prevent any disease or condition.

Television > Today's highlights



Keri Russell in "The Americans"

Supernatural

WPIX 6:00 p.m. Hoping to cure Dean (Jensen Ackles) of the Mark of Cain, Sam (Jared Padalecki) sets out to find a magical box created by Men of Letters, Magnus. However, he's completely unprepared for the deadly alarm system Magnus designed for the box.

Law & Order: Special Victims Unit

25 KNDU KGW 9:00 p.m. A video game convention becomes a crime scene after the assault of a female employee. While Det. Tutuola (Ice T) investigates, video game developer Raina Punjabi (guest star Mouzam Makkar) decides to go ahead with the launch of her new game.

Little Women: LA - Terra's Little Family

LIFE 9:00 p.m. As the big moment approaches, Terra experiences one more meltdown in the hospital room before she's moved to the O.R. for surgery. Mother and baby are separated when the newborn is rushed to the NICU. Later, the baby's name is decided.

Storage Wars

A&E 9:30 p.m. Everyone wants to score a good buy at an auction in Costa Mesa. Jarrod tries to use intimidation while Dave returns to an area he knows all too well. At the same time, Mary is prepared to spend big and Darrell tries to shut out another buyer.

Black-ish

42 KVEW KATU 9:30 p.m. Anthony Anderson stars as a husband and father who learns that there's a downside to success in this sitcom. Dre (Anderson) and his wife Rainbow (Tracee Ellis Ross) find out that there's a price to pay for giving their kids too much.

CSI: Cyber

19 KEPR KOIN 10:00 p.m. When the social network pages of young women who've been abducted are kept up to date, the Cyber team delves into the matter in this new episode. Elsewhere, Ryan (Patricia Arquette) helps the sister of a dead former psych patient cope with the tragedy.

The Americans

FX 10:00 p.m. While Elizabeth (Keri Russell) and Paige (Holly Taylor) find themselves in treacherous territory, Philip (Matthew Rhys) becomes an unlikely source of solace in the season finale. Elsewhere, Stan (Noah Emmerich) plans to save Nina (Annet Mahendru).

Talk shows

6:00 a.m. 42 KVEW Good Morning Northwest
WPIX Maury
6:30 a.m. 42 KVEW Good Morning Northwest
7:00 a.m. 19 KEPR KOIN CBS This Morning
25 KNDU KGW Today Show Russell Crowe on "The Water Diviner."
42 KVEW KATU Good Morning America
ESPN2 ESPN First Take
WPIX Maury
8:00 a.m. WPIX The Jerry Springer Show
9:00 a.m. 19 KEPR The Meredith Vieira Show
25 KNDU KGW Today Show II Rose Byrne on "Adult Beginners."
42 KVEW Live! With Kelly and Michael
WPIX The Jerry Springer Show Samantha is about to learn yet another of her boyfriend's dirty secrets.
10:00 a.m. 25 KNDU KGW Today Show III Russell Crowe on "The Water Diviner."
42 KVEW KATU The View
ESPN2 ESPN First Take
HALL Home and Family
WPIX The Bill Cunningham Show Families face off with loved ones who they fear are ripping everyone apart.
11:00 a.m. 11 KFFX The Real
25 KNDU Steve Harvey
KATU Live! With Kelly and Michael
WPIX The Bill Cunningham Show Noon
KPTV The Real
31 KTNW Charlie Rose
42 KVEW KATU The Chew
HALL Home and Family
WPIX The Steve Wilkos Show A woman needs to prove that she's innocent of molesting her daughter.
1:00 p.m. KPTV The Wendy Williams Show

19 KEPR KOIN The Talk
59 OPB Charlie Rose
WPIX The Steve Wilkos Show Lemuel learns he might be the father of Lamia's child; Samantha wants to prove innocence.
2:00 p.m. KOIN 42 KVEW The Doctors
KGW The Dr. Oz Show
KATU The Meredith Vieira Show
3:00 p.m. 19 KEPR KOIN Dr. Phil
25 KNDU The Dr. Oz Show
KGW The Ellen DeGeneres Show Guests include Candice Bergen.
42 KVEW The Rachael Ray Show
KATU Steve Harvey
4:00 p.m. 25 KNDU The Ellen DeGeneres Show Guests include Candice Bergen.
42 KVEW The Queen Latifah Show Sherri Shepherd; Phil Keoghan; a 15-year-old overnight sensation.
9:00 p.m. HBO3 Last Week Tonight With John Oliver
10:15 p.m. HBO Real Time With Bill Maher
11:00 p.m. 31 KTNW Charlie Rose
TBS Conan Guests include Nicole Kidman, Maggie Grace and Aloe Blacc.
11:15 p.m. HBO Last Week Tonight With John Oliver
11:35 p.m. 19 KEPR KOIN The Late Show With David Letterman
25 KNDU KGW The Tonight Show Starring Jimmy Fallon
42 KVEW KATU Jimmy Kimmel Live
Midnight FNC Red Eye With Greg Gutfeld
12:30 a.m. TBS Conan Guests include Nicole Kidman, Maggie Grace and Aloe Blacc.
12:35 a.m. 25 KNDU KGW Late Night With Seth Meyers
Pendleton East-Oregonian, OR. Talk Shows Apr 22, 2015

WEDNESDAY MORNING

STATION	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
11 KFFX FOX	11 AgDay	Paid	The Office	Paid	Eco Co.	Paid	Paid	Paid	Friends	Paid	The Real	
KPTV	3 Good Day Oregon		Good Day Oregon				The 700 Club		Paid	Paid	Better	
19 KEPR CBS	2 News	News	CBS This Morning				Meredith Vieira		The Price Is Right		Young & Restless	
KOIN	19 KOIN 6 News at 6 a.m.		CBS This Morning				Let's Make a Deal		The Price Is Right		Young & Restless	
25 KNDU NBC	6 4:30 WakeUp North		Today Show Russell Crowe (N)				Today Show II (N)		Today Show III (N)		Steve Harvey	
KGW	8 News 8 at Sunrise		Today Show Russell Crowe (N)				Today Show II (N)		Today Show III (N)		Paid	Million..
42 KVEW ABC	4 Northwest	Northwest	Good Morning America (N)				Kelly and Michael		The View		Quincy, M.E.	
KATU	5 4:30 KATU News		Good Morning America (N)				AM Northwest		The View		Kelly and Michael	
31 KTNW PBS	31 KTNW	Stretch	W.L.Yoga	Cat/ Hat	Thomas	D.Tiger	SuperWI	Peg + Cat	Peg + Cat	Sesame Street	DinoTrain	Sit and Fit
59 OPB	13 Yoga/Yoga	Wild K. (N)	C.George	C.George	D.Tiger	D.Tiger	Sesame Street		DinoTrain	DinoTrain	Peg + Cat	SuperWI

AFTERNOON

STATION	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
11 KFFX FOX	11 Pat. Court	Pat. Court	Divorce	Divorce	Judge Mathis		The People's Court		Fam. Feud	Fam. Feud	M&M	M&M
KPTV	3 The Real		Wendy Williams		TMZ Live!		Judge Judy	Judge Judy	Judge Judy	Judge Judy	5 O'Clock News	
19 KEPR CBS	2 NameGame	Bold & B.	The Talk		Let's Make a Deal		Dr. Phil		Judge Judy	Judge Judy	News	News
KOIN	19 News	Bold & B.	The Talk		The Doctors		Dr. Phil		KOIN 6 News at 4 p.m.		News	News
25 KNDU NBC	6 Hot Bench	Paid	Days of Our Lives		TMZ	Minute	The Dr. Oz Show		Ellen DeGeneres (N)		News	NBC News
KGW	8 KGW New	Paid	Days of Our Lives		The Dr. Oz Show		Ellen DeGeneres (N)		KGW News		KGW News	NBC News
42 KVEW ABC	4 The Chew		General Hospital		The Doctors		The Rachael Ray Show		Queen Latifah		News	News
KATU	5 The Chew		General Hospital		Meredith Vieira		Steve Harvey		KATU News @ 4		KATU	News
31 KTNW PBS	31 KTNW	Charlie Rose	Paint (N)	F&Porter	Greener	One Plate	C.George	C.George	Arthur	Odd Squad	Wild Kratts	Business
59 OPB	13 Paint	Joanne	Charlie Rose		Thomas	Sesame St.	Cat/ Hat	Arthur	Speaks	WordGirl	Odd Squad	Wild Kratts

EVENING

STATION	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
11 KFFX FOX	11 Modern Fam "Open House of Horrors"	Modern Family "Bad Hair Day"	Two and a Half Men	Two and a Half Men	American Idol "Top Five Perform" Find out which finalists make it to the Top Five and which contestant is sent home. (N)				FOX News First at Ten	:35 Hot in Cleveland	:05 Hot in Cleveland	:35 Anger Management
KPTV	3 6 O'Clock News		Family Feud	Family Feud	Amer. Idol Find out which finalists make it to the Top Five and which contestant is sent home. (N)				10 O'Clock News		11 O'Clock News	Everybody Loves Ray
19 KEPR CBS	2 News at 6 p.m.	Inside Edition	The Big Bang Theory	The Simpsons "Little Girl in the Big Ten"	Survivor Castaways from different backgrounds compete to see who will be the ultimate survivor.		C.Minds Three people claim they were controlled by a 'clawed monster'.		CSI: Cyber Abducted women's social network pages are hacked; Trish copes with her sister's death.		Action News at 11:00 p.m.	:35 The Late Show With David Letterman
KOIN	19 KOIN 6 News at 6	Evening News	Ent. Tonight	Extra	Survivor: World		Criminal Minds "Mr. Scratch" (N)		CSI: Cyber "Selfie 2.0" (N)		KOIN 6 News/ 11	:35 David Letterman
25 KNDU NBC	6 Local News	..Be a Millionaire?	Wheel of Fortune	Jeopardy!	Laura Laura deals with a personal crisis while searching for the killer of a teacher's aide. (N)		SVU Detective Tutuola investigates an assault on a female employee at a gamer convention.		Chicago While Antonio continues his off-duty security job for Asher & Layla, Asher is killed.		Local News	:35 The Tonight Show
KGW	8 KGW News at 6:00 p.m.		Live at Seven	Inside Edition	Laura "The Mystery of the Dodgy Draft" (N)		Law & Order: S.V.U. "Intimidation Game"		Chicago "Assignment of the Year"		KGW News	:35 Tonight
42 KVEW ABC	4 The Middle "The Yelling"	Local News at 6:30	Entertainment Tonight	The Insider	The Middle "Two of a Kind" (N)	The Goldbergs "As You Wish" (N)	Modern Family "Knock 'Em Down" (N)	Black-ish "Switch Hitting" (N)	Nashville Juliette plans her return to the spotlight at Teddy's "Note by Note" gala. (N)		Local News at 11 / :05 Extra	:35 Jimmy Kimmel Live
KATU	5 KATU News at 6		Jeopardy!	Wheel of Fortune	The Middle (N)	Goldberg (N)	Modern Family (N)	Black-ish (N)	Nashville "The Storm Has Just Begun" (N)		KATU News	:35 Jimmy Kimmel
31 KTNW PBS	31 KTNW	PBS NewsHour	BBC World News	America's Heartland	Nature (N)		Nova "Hubble's 25th Anniversary" (N)		Nazi Mega Weapons "The Siegfried Line" (N)		Charlie Rose (N)	
59 OPB	13 Painting (N)	Business (N)	PBS NewsHour		Nature (N)		Nova "Hubble's 25th Anniversary" (N)		Nazi Mega Weapons "The Siegfried Line" (N)		American Experience "My Lai"	

STATION	PEN	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
A&E	52	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars (N)	Shipping Wars (N)	Storage Wars	Storage Wars	Storage Wars
AMC	60	5:30 Rambo III Sylvester Stallone. An elite American soldier enters foreign territory to liberate a friend from prison.	5:30 Ocean's Eleven A gang of thieves devise a plan to rob a vault that serves three casinos.										
ANPL	24	To Be Announced	Riv Monsters: Unhook										
CMT	43	Romy and Michele's High School Reunion											
CNBC	72	Shark Tank	Secrets of Mexico's (N)										
CNN	68	Anthony Bourdain	CNN Tonight										
DISC	51	Dual Survival	Dual Survival										
DISN	26	Austin	Austin	KC Under	Jessie								
ESPN	33	4:00 MLB Baseball St. Louis vs Washington (L)		Baseball Tonight (L)		SportsCenter		SportsCenter		SportsCenter		SportsCenter	
ESPN2	34	30 for 30 "Brian and the Boz"		SEC Storied		The Book of Manning		Baseball Tonight (L)		NBA	SportsCenter Special		[Re-take (N)]
FAM	32	5:00 Rambo III Sylvester Stallone. An elite American soldier enters foreign territory to liberate a friend from prison.	5:00 Coming to America	Young	Young (N)	Perfect Man '05, Com)		Hilary Duff.		FreakOut		The 700 Club	
FNC	66	The Kelly File	Hannity			The O'Reilly Factor		The Kelly File		Hannity		On the Record	
FOOD	61	Diners, Dr.	Diners, Dr.	Diners, Dr.	Diners, Dr.	M. Diners	M. Diners	M. Diners	Diners (N)	Restaurant (N)		Diners, Drive-Ins	
FX	65	M&M	M&M	M&M		Captain America: The First Avenger		Chris Evans.		The Americans (N)		The Americans	
GOLF	88	BigBreakPalm "Finale"	Academy	EPGA Golf	China Open (L)			BigBreakPalm "Finale"		PGA Tour	Learn	EPGA Golf	
GSN	76	Fam. Feud	Fam. Feud	Baggage	Baggage	Idiotest		Fam. Feud	Fam. Feud	Baggage	Baggage	Baggage	Baggage
HALL	87	Waltons "The Beau"	The Waltons			The Waltons		Middle	Middle	Middle	Middle	G. Girls	G. Girls
HGTV	62	Buying and Selling	Buying and Selling	Property Brothers		Property Brothers		Property Brothers		H.Hunt (N)	House (N)	Property Brothers	
HIST	50	American Pickers "Where's Aldo?"	American Pickers "Cammy Camaro"			American Pickers "Alien vs. Picker"		American Pickers "Thunderdome"		American Pickers "The Maineiacs"		:05 American Pickers "California Streaming"	
LIFE	29	Little Women: NY	Little Women: NY	TerraFam	TerraFam	TerraFam	TerraFam	TerraFam		Little Women: NY (N)		Little Women: NY	
NICK	27	Thunder	Thunder	MakePop	Sam & Cat	Full House	Full House	Full House	Friends	Hot/ Cleve.	SoulMan	Inst.Mom	:35 Friends
ROOT	37	3:30 MLB Baseball Mariners@ Seattle, Wash. (L)		MLB Baseball Houston Astros at Seattle Mariners Site: Safeco Field --						Post-game MLB Baseball Seattle Mariners Site: Safeco Field			
SPIKE	42	4:30 To Be Announced				The Lincoln Lawyer '11, Dra) Matthew McConaughey. A lawyer conducts business from his car while representing a high-profile client.						Wild Hogs '07, Com) John Travolta.	
SYFY	67	5:00 The Uninvited		An American Werewolf in Paris				Beautiful Creatures '13, Dra) Alden Ehrenreich.					6 Souls
TBS	59	Seinf. "The Stranded"	Seinf. "The Statue"	Seinfeld	Seinf. "The Revenge"	Family Guy	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Conan Nicole Kidman, Maggie Grace
TCM	56	5:00 Man Fr...	Guns for San Sebastian A fugitive rebel, who was shown kindness by a priest, defends a Mexican village.			Deaf Smith & Johnny Ears A war veteran & his friend become mercenaries for the Texas Republic.						:45 Ride, Vaquerol '53, (West) Ava Gardner, Anthony Quinn.	
TLC	49	Bride	Bride	19 Kids and Counting		19 Kids and Counting		19 Kids and Counting		Jessa's Wedding"		19 Kids and Counting	
TNT	57	400 Basket		NBA Basketball Playoffs (L)				Inside the NBA		NBA Inside the NBA Playoffs			
UNI	21	P. Luche	Noticiero	La sombra del pasado		Amores con trampa		Hasta el fin del mundo		Que te perdono Dios		Impacto	Noticie.
USA	58	400 Hockey	NHL Hockey	Stanley Cup Playoffs Anaheim vs Winnipeg (L)				NCIS "Judgement Day"		NCIS		NCIS "Agent Afloat"	
WE	118	Law&Order "Untitled"	Law&Order "Narcosis"			Law & Order		Law & Order "Stiff"		Mary Mary		Mary Mary	
WGN		Mother	Mother	Mother	Mother	Mother	Mother	Rules		Parks/Rec	Parks/Rec	Raising	Raising
ENC	644	Frequency '00, Sci-Fi) Dennis Quaid.				Lake Placid Bill Pullman.				Nicky Adam Sandler.		:05 Boomerang	
HBO	518	Movie	Silicon	Veep	Tomorrow	Let's Be Cops Jake Johnson.		:45 Fight		:15 Bill Maher		LastWeek	:50 At Last
HBO2	520	5:15 Lost in Trans...		The Internship '13, Com) Vince Vaughn.				Grudge Match '13, Act) Sylvester Stallone.					Non-Stop
HBO3	521	5:40 Jersey Boys '14, Bio) John Lloyd Young.		Game of Thrones (N)		LastWeek		Silicon		**** Dallas Buyers Club			
MAX	549	Movie	**** Swordfish John Travolta.		:15 **** The Dukes of Hazzard					**** Lone Survivor Mark Wahlberg.			
SHOW	578	5:45 **** The Double		**** Walking Tall				Jim Rome (N)		Inside	Nurse J.	Jim Rome	
STARZ	621	:10 Outlander		:15 **** Bridget Jones's Diary				Outlander		Are You Here '14, Com) Owen Wilson.			

NIGHT OWL

STATION	12 AM	12:30	1 AM	1:30	2 AM	2:30	3 AM	3:30	4 AM	4:30	5 AM	5:30
11 KFFX FOX	11 AngerM.	:35 Mother	:05 WizeBuys									WizeBuys
KPTV	3 Loves Ray	TMZ	Dish	Raising	Queens	King of H.	Paid	Access H.	Minute	Good Day	Good Day Oregon	
19 KEPR CBS	2 D.Letter.	:35 James Corden (N)	:35 Paid	:05 Up to the Minute						News	News	News
KOIN	19 D.Letter.	:35 James Corden (N)	:35 Insider	:10 Up to the Minute						News	KOINNews	KOIN 6 News at 5 a.m.
25 KNDU NBC	6 Tonight	:35 Seth Meyers	:35 C. Daly	:05 Today Show	Mad Money					News	Wake Up Northwest	
KGW	8 Tonight	:35 Seth Meyers	:35 C. Daly	:05 News	Backroads	Mad Money				News	News 8	News 8 at Sunrise
42 KVEW ABC	4 Kimmel	:35 Nightl.	:05 Middle	:35 Paid	:05 ABC World News Now					ABC News	America This Morning	Northwest
KATU	5 Kimmel	:35 Nightl.	:0									