

Library district leaps into new year

Out with the old, in with the new, the **Umatilla County Special Library District** recently unveiled its new logo.

In the district’s newsletter, it was announced that 2014 was a busy year. It included new memberships in the Athena, Hermiston, Milton-Freewater, Pendleton, Pilot Rock, Umatilla and Weston chambers of commerce.

Also, the past year has included promoting public libraries and the services they provide with radio advertising. A fall in-service included a keynote presentation by **Penny Hummel** about



The Umatilla County Special Library District’s new logo.

marketing libraries on a shoestring budget. A library consultant and past director of the Canby Public Library, Hummel discussed the use of social media as a resource.

As a result, the library district established presence on **Facebook** and **Pinterest** for its Take Off! Program, a preschool learning outreach program. To view the pages, visit www.facebook.com/takeoffprogram and www.pinterest.com/takeoffprogram

For more information about the library district, contact 541-276-6449, dan@ucsld.org or visit www.ucsld.org.

Umatilla County Fair brings home hardware

The Umatilla County Fair came home from a recent Oregon Fairs Association convention with accolades and a trophy.

Lucas Wagner, fair board chairman, announced that the fair won a media award for outstanding fair poster during the Jan. 9 event in Salem.

“It was kind of a big deal,” said Fairgrounds Manager **Peggy Anderson**. “It got the best in the state.”

Wagner said **Master Printers Northwest**, one of the fair’s sponsors, designed the poster.

In addition, it was announced that Anderson, current fair board member **Dan Dorran** and past board member **Norm Kessler** were recognized as honorary members of the Oregon Fair Association.

“We were really surprised,” Anderson said. “That’s kind of a big deal to be an honorary member of a group of that size. They don’t just give it to everybody.”

The Oregon Fairs Associ-



Lucas Wagner, Umatilla County Fair board chairman, shows off the Oregon Fair Association media award for outstanding fair poster during the Fair Appreciation Dinner Jan. 31 at the fairgrounds in Hermiston.

ation was formed in 1928 to help promote the value and importance of county fairs. The membership includes county fair boards, fair managers, fair staff and associate

members — such as carnivals employees, entertainers, food concessions and equipment companies — who provide services and supplies to fair members.

Good health practices lower cancer risk

By GERT HAWTHORNE

Cancer is often unpredictable, but there are things everyone can do to help reduce their risk. Some of those same behaviors can also help lower your risk for other serious diseases, and boost your odds of living a longer, healthier life.

- Get regular cancer screening tests, which can catch some cancer early while they are still small and have not spread. Ask your doctor which tests are recommended for your age and gender.
- Achieve and maintain a healthy weight. Being overweight or obese is a risk factor for many cancers.
- Exercise regularly. Physical activity has been

shown to lower the risk of several types of cancer. It also reduces the risk of other serious diseases such as diabetes and heart disease. Adults should get at least 150 minutes of moderate-intensity activity (such as a brisk walk) each week, spread throughout the week. This can be 25 minutes three times a week.

- Eat a healthy diet. Studies show that eating a lot of different vegetables and fruits, whole grains, and fish or poultry is linked with a lower risk of developing certain cancers. On the other hand, eating more processed food and red meat is linked with a higher risk of developing certain cancers.
- Avoid tobacco.

Tobacco use in the U.S. is responsible for nearly 1 out of every 5 deaths. If you don’t use tobacco products, don’t start. If you do, quit. For help, visit www.cancer.org/quit smoking, or call ACS at 1-800-227-2345.

- Limit alcohol. Research has shown that alcohol can increase your risk for certain kinds of cancer. The more alcohol you consume, the higher your risk.

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Gert Hawthorne is on the committee for Pendleton’s Relay for Life. The signature fundraiser for the American Cancer Society, the Pendleton relay is June 19-20 at Sunridge Middle School. For more information, call her at 541-215-9767.

THANK YOU

Pendleton Center for the Arts — let’s show ’em some love!

Valentine’s Day is fast approaching. This makes me think of 2/14, which makes me think of 214 N. Main St., one of my favorite places in Pendleton. The fabulous Pendleton Center for the Arts.

I have taken so many visitors to see this art mecca over the years and their response is always “WOW! Wish we had such a place like this where we live, we have to pay just to visit.” They feel the warmth of the place, the friendliness of the staff and envy the talent of our local artists.

So surely we can start a campaign to Show ’em some love! this Valentine’s Day. I was thinking of sending them a homemade Valentine. There are so many things I appreciate about Pendleton Center for the Arts:

- the free classes for adults and families on Saturday mornings
- that they make an effort to reach outlying areas
- Rock and Roll Camp
- they make time for showing people of special needs about art
- classes from public schools visit and the staff share artists with them
- young photographers/artists’ work displayed just as beautifully as professional artists
- I volunteer in the Pendleton Schools and encounter teens grateful to take classes for free, thanks to the generosity of the people of Pendleton, and frequently they realize they would love a career which encompasses some form of art
- they partner with so many local civic organizations. This Friday is “Feed the Child,” a Pendleton Altrusa project, but it could have been First Draft, a contra dance, a traveling musician, magician or a one-woman band, and it will all be available to us for a minimal fee or for free.
- the catalog of wonderful classes offered to all of us throughout the year

When you have such richness in your community, I hope you and your family will take time to show ’em some love this Valentine’s Day with a handmade art piece — and why not get wild and crazy? Stick \$14 in the envelope, or wilder yet \$140 or \$214, what the heck?

Let’s appreciate and fund this wonderful Eastern Oregon organization during the 2/14 season! Wouldn’t it be nice to see a wall of our original art (stick figures from me) next time we visit Pendleton Center for the Arts? Let’s have some fun with this — show ’em some love!

Viki Lange
Pendleton

Tour Of Knowledge supports Pet Rescue

Last year the Tour of Knowledge was able to take a tour of the Pet Rescue facility. All of those who took the tour were impressed with the amount of work that is accomplished on a daily basis at the facility. The facility was clean and the animals were responsive to the people visiting.

The staff and volunteers at Pet Rescue operate an open door facility and do not on a daily basis know if they will be dealing with owner surrenders, officials dropping off strays, sick or injured animals, or an emergency rescue. They do so much with what they have, even opening their doors to pets that need a warm place on the evenings that the Warming Station opens. The adoption fees are set to help cover the feeding, housing and any medical costs for all animals. Humane euthanasia is offered for a fee for pet owners who cannot afford the cost of a veterinarian, and is only considered for the residents of the shelter if that animal is extremely ill or aggressive.

Does your pet need vaccinations? Pet Rescue can help with that as long as it is not one that the law requires a veterinarian administer. Sometimes, as supplies are available, Pet Rescue can help with emergency food for pets, much as Agape House helps humans.

Since the time of the Tour of Knowledge’s visit, Pet Rescue has undergone some

renovations and held an open house. Many of the core members of Tour of Knowledge have had happy and successful adoptions through Pet Rescue. For all those reasons, the Tour of Knowledge stands solidly in support of this organization that grew out of one community member trying to meet a need that she saw.

Nancy Duncan, assistant director and spokesperson
Tour of Knowledge
Hermiston

New Directions provides college classes to inmates

New Directions Education Project (NDEP) is a program that provides college classes to motivated and qualified inmates at **Eastern Oregon Correctional Institute** in Pendleton, Oregon, through the auspices of **Blue Mountain Community College**. Recently NDEP received a substantial grant from **The Larson Legacy** that will allow us to provide several terms of classes. While the inmates pay for part of their education, grants and fundraising cover most of the cost.

The journey the inmate-students go through by applying for and attending classes through our program is transformational for many of them. The inmates are selected according to test scores and motivation — for instance, they must pay \$10 per credit hour toward their tuition (the balance is paid by our donors); they must have a clean-conduct record while in prison; they must apply to and test adequately for prerequisites to various classes; they must arrange to pay for the classes; they must attend classes, regularly; they must prepare and participate. There are exams, quizzes, and homework.

The students are profoundly affected by this college classroom experience. For most of them, it is the first time in their lives that they have succeeded at anything. They receive significant support from their dedicated teachers as well as from their classmates and family members. The men learn to succeed in school by diligence and by patient effort, which can be applied to their lives after their prison term is over.

It takes courage for these men to even apply for the program. They have to pass various tests to qualify for the classes, risking failure and disappointment. Those who participate and succeed experience positive changes in their lives in many ways. They tell us in moving acknowledgments how significantly our program has influenced them.

The benefit to the community is that these men are successful before they leave prison. The NDEP students are better educated, disciplined, and hopeful. They can manage their time and money. They see proof of the results of their positive efforts to conform to community expectations in their grades and credits.

We would not be able to do our part without the generosity of foundations like The Larson Legacy.

Kittee Custer, BA, JD
Member, board of directors
New Directions Education Project

Fire crew gives thanks for burn support

On behalf of the **Pendleton Fire and Ambulance Department**, we tip our helmet and say thanks to everyone who helped make the Burn to Learn training exercise on Jan. 31 a success. **Glenn Graham** and **Jeff Brown** from the city, **Dean Harrison** at the airport and **Wayne Green** too. **Chief Stuart Roberts** at the police department, and **Deputy Fire Chief Mark Moore** from the **Pilot Rock Fire Department**. **State Fire Marshall Scott Goff** was awesome too. But mostly, we all owe the success of the day to the **Veterans of Foreign Wars** crew for their support. Retired **Pendleton Fire Lt. John Cook** and his VFW folks were terrific. They kept us fed, hydrated and were tireless in their support of our burning of not one, but three training structures — on the same day. Thanks to the VFW of Pendleton — your continued service is needed and appreciated.

Captain Dave Baty, training officer
Pendleton Fire and Ambulance

WEDDING

Lounsbury-Matlack

On January 24, 2015, Kenneth W. Matlack and Shirley J. Lounsbury were united in marriage in Yakima, Washington.



Ken and Shirley Matlack

The couple exchanged wedding vows in a double ring ceremony that occurred at Shirley’s residence in Yakima. Present for the occasion were the couple’s children, several grandchildren and other immediate relatives. The vows were exchanged before Pastor Terry Dinsmore of Yakima. Witnesses for the couple were Ken’s daughter, Jennifer Matlack of Irrigon, and Shirley’s grandson, Zachary Jackson of Yakima.

Kenneth is the Sheriff of Morrow County, Oregon, and Shirley is a retired property manager in the Yakima area.

The couple will reside in Irrigon, where Ken will continue his law enforcement duties and Shirley will continue with her interest in photography at home.

The couple has planned for an extended wedding trip to Hawaii in the very near future.

The couple wishes to thank all their friends and relatives for all their very kind thoughts and wishes for happiness as they begin their new life together.

BIRTHS

St. Anthony Hospital, Pendleton
JAN. 27, 2015

POWELL — Breanna L. Powell of Pendleton; a girl, Eryzonah Maree Powell

FEB. 2, 2015
BICE — Heather L. Bice and Shawn T. Bice of Pendleton; a girl, Mackenzie Miranda Bice.

Good Shepherd Medical Center, Hermiston
JAN. 27, 2015

MCMURRICK — Tessa K. Linschied and Kevin J. Hines of Hermiston; a boy, William James Alastair McMurrick.

JAN. 28, 2015
LOPEZ — Sheena L. Sager and Jesse L. Lopez of Hermiston; a girl, Brooklyn Ameliya Rose Lopez.

JAN. 29, 2015
NEIGHBORS — Tiffany Neighbors and Jacob Neighbors of Hermiston; a girl, Kennedy Neighbors.

JAN. 30, 2015
GUTIERREZ — Kayla A. Hopkins and Emanuel Gutierrez of Hermiston; a boy, Axton James Gutierrez.

JAN. 31, 2015
HUCHIN VIDAL — Maria Huchin and Jose Huchin of Hermiston; a girl, Layla Itzel Huchin Vidal.

FEB. 1, 2015
OLTMAN — Jessica L. Oltman and Jonas H. Oltman of Hermiston; a boy, Boden Mark Oltman.

FEB. 2, 2015
MONTEZ RODARTE — Cristina Rodarte and Catarino Montes of Hermiston; a girl, Alynna Nicole Montez Rodarte.

Pet of the Week

Sally
2 Yr. Old, 57 lb., Spayed, Pitbull Terrier Mix

I really am a wonderful girl. I am very friendly and love attention. I am up to date on all my vaccinations including Rabies. Playing is my favorite past-time and I get along well with other pets. I am in search of a loving, forever home where I can live without fear. Can you be my rescuer?

Visit Sally at the Pioneer Humane Society/PAWS
517 SE 3rd St., Pendleton, OR
541-276-0181 • pendletonpaws.org

Check out the PAWSABILITY Thrift Store

Call Terri at 541-215-0447 to sponsor a pet

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Anonymous Pet Lover

Call Terri at 541-215-0447 to sponsor a pet