

# CALUMET BAKING POWDER IS USED BY

Millions of Housewives by more Chefs by more Railroads by more Restaurants and by more Hotels than any other Brand

## CALL FOR CALUMET



It's moderate in price and never fails

A pound can of Calumet contains full 16 oz. Some baking powders come in 12 oz. cans instead of 16 oz. cans. Be sure you get a pound when you want it



### CALDWELL HALL DANCE IS SUCCESSFUL AFFAIR

(East Oregonian Special.)

UKIAH, Feb. 17.—About fifty people, friends of Mr. and Mrs. Daley, met at the Daley home Saturday night to welcome them home and they were treated to an excellent lunch, served by Mr. and Mrs. Daley.

Mrs. McFarland of Athena, mother of Mrs. Guy Arbogast of Ritter, who has been visiting her daughter, passed through Ukiah Friday on her return home after a ten days' visit in Grant county.

Henry Lutzka, Jr. of Pendleton visited with Mr. and Mrs. Lowell Ganger Thursday night of last week.

Mr. and Mrs. Robert Moore returned to Ukiah Thursday evening after making a trip to Portland to consult with physicians concerning Mr. Moore's health, which remains unimproved. Mr. Moore is suffering with a cancer on his face.

A strong wind blew last Friday and Saturday night which drifted the loose snow very bad and travel since has been difficult, but the roads are now broken through most of the worst drifts.

J. H. Wagner, of Pendleton came up last week and visited with friends, returning to Pendleton last Friday.

Sherman Long of Ritter, was a guest at the Ukiah hotel Tuesday night. He was here to meet Mrs. Long, who was returning home from Pendleton.

Mr. and Mrs. Marion Martin left for Pendleton Thursday when Mrs. Martin will visit with her adopted mother, Mrs. Eva Brehm, for a while.

Robert Bond returned from Pendleton Wednesday.

Mr. Reed was called to Portland a few days ago on account of the serious illness of his wife.

Perry Simpson returned last Wednesday from Garfield, Washington, where he had been visiting his aged father and other relatives for two or three weeks.

Thelma Nash entered school last Tuesday.

After an absence of more than a year, Mr. and Mrs. Lester Bolin have returned to Ukiah to remain.

The dance given at the Caldwell hall Saturday night was well attended and was enjoyed by all.

Mr. and Mrs. Jinks Howar a son of the late Mr. Howar, attended the dance in Ukiah Saturday night.

Sherman Long of Ritter, passed through town Tuesday with a carload of fine beef cattle for the market.

George Ness returned from Echo Friday, after disposing of his horses and mules and is back in Ukiah buying more horses.

G. W. Ness was in town Sunday with some fine beef which he soon disposed of.

Mr. and Mrs. J. D. Kirk were in town Sunday calling on friends.

Ruby Case received her reading certificate Monday.

Those neither absent nor tardy during the month are Grace Peterson, Lyman Peterson, Clarence Huston, Clarence Powell, Regna Johnson, Edythe La Grande, Maxwell Lenz, Ersel Gibbs, Leona Gibbs, Ruby Case, John Powell, Leta Peterson, Cunas Lenz, Rae Case, Addie Johnson, Frank Hilbert, Lillian Hynd, Ewing Hynd, Miles Landon.

The sixth and eighth grades above mentioned the Gettysburg address.

The highest grades in the tests this month are as follows: Lorena Ness, Grace Peterson and Edythe La Grande received 96 in grammar, Grace Peterson and Lorena Ness received 98 in arithmetic and Edythe La Grande 96.

Maxwell Lenz led the history class with a grade of 94, and Grace Peterson highest in the civics class. Lyman Peterson leads in the Curtis tests.

The eighth grade is now conjugating verbs. Clarence Huston received 100 in English, arithmetic and spelling. Ruby Case received 100 in spelling and 99 in arithmetic. Regna Johnson received 98 in spelling and 94 in arithmetic. Lyman Peterson received 93 in physiology and Ersel Gibbs 90.

All of the upper grades have memorized the American's creed.

### Is this the Third Influenza Wave?

Is the type of heavy cold now prevalent a true influenza? Doctors disagree.

It will be remembered that after the terrible epidemics of 1918 and 1919, it was predicted that "waves" of influenza would recur, milder each time, until humanity should have acquired immunity against the disease.

Science has not yet found the germ, nor medicine the cure. But we have learned better how to avoid influenza, grip and pneumonia.

The value of Vicks as an aid in preventing these diseases is explained below.



## Avoid Influenza---Grip---Pneumonia

Apply Vicks to help avoid infection.

Use Vicks at the first sign of an oncoming cold.

**MOST** medical authorities now agree that Colds, Grip, Influenza and Pneumonia are all germ diseases—most commonly spread by breathing in the germs. If the system is in good shape—the membrane of the air passages in a healthy condition—these germs do not breed.

In fact the germs of all of these diseases are frequently found in perfectly healthy persons. It is only when the bodily resistance is lowered—as by a cold for instance—that they are able to harm us.

#### Avoid Sneezers and Coughers

It is best to keep away from the sneezers and coughers in the street cars and public places, or if you must meet them, insert some Vicks in the nostrils before you start out. On returning home, melt a little Vicks in a tin cup or a spoon and inhale the vapors.

#### Opposed to Bacteria

The ingredients of Vicks are not only antiseptic, but rubefacient—that is, they summon the blood to the tissues where applied and this free blood circulation is nature's best method of repelling germ infection. Also Vicks spreads a protective film over the membrane and furthermore is opposed to the growth of bacteria. In short, we believe you have a much better chance to avoid infection by these numerous germs if you have Vicks in your nose.

### Adopt the DIRECT treatment for all cold troubles

ABSORBED, like a liniment, and, at the same time, INHALED, as a vapor, Vicks reaches immediately the congested, inflamed air passages.

Three Sizes: 35c; 75c; \$1.50

#### Attack a Cold Immediately

When you feel a cold coming on, go right home. Take a laxative. Make some hot lemonade, then take a hot bath—as hot as you can stand. Stay in the tub 30 minutes, sipping slowly several glasses of the lemonade. Get into bed, with a hot water bottle at your feet, and pile on blankets. After an hour's sweat, dry thoroughly with a rough towel, apply Vicks over throat and chest, rub in well until the skin is red, and then spread on thickly and cover with one or two thicknesses of hot flannel cloth. Get into bed again between dry sheets. Leave the bedclothing loose about the neck, like a funnel, so that the rising vapors may be freely inhaled. It is an obstinate cold, indeed, that will resist such treatment. If it does, call a physician.

#### Acts Two Ways At Once

Vicks is of benefit in cold troubles in two ways. 1st—It is absorbed thru and stimulates the skin, thus helping to relieve the soreness, loosen the phlegm and make the breathing less difficult. 2nd—At the same time the ingredients, released as vapors by the body heat, are taken with each breath directly into the congested, inflamed air passages.

#### A Vapor Lamp in Salve Form

Vicks is the discovery of Mr. L. Richardson, a North Carolina druggist. He realized that cold troubles were affections of the respiratory organs and that the only way to get medication direct to these parts was in the form of vapors. Mr. Richardson finally worked out the process for making Vicks, so made that the body heat

releases the volatile ingredients in the form of vapors. Vicks really is "a vapor lamp in salve form."

#### The Ingredients of Vicks

Since the dawn of history mankind has been searching nature for remedies against cold troubles. The knowledge gained thru a thousand years has come down to us today. Vicks contains the best known remedies for these troubles, some of them of great antiquity. Menthol, for instance, comes from Oil of Peppermint which was grown in Egypt three thousand years ago and whose virtues are described in the old Icelandic books of the 13th century.

The highest authority on drugs and their uses is the U. S. Dispensary. We give below a few extracts from the Dispensary on some of the ingredients in Vicks.

**MENTHOL**—"It is actively anti-bacterial. It is employed for its antiseptic and anesthetic influence in coryza, pharyngitis and laryngitis."

**CAMPHOR**—"Has a peculiar and agreeable effect on the mucous membrane—relieves congestion and inflammation—is a powerful stimulant to the respiratory centers."

**OIL OF EUCALYPTUS**—"Germicidal, antiseptic and stimulant—largely used in chronic bronchitis and infections of the upper respiratory tract—its vapors are very efficient."

**OIL OF THYME**—"This drug is a powerful antiseptic with wonderful healing properties, especially in congestion and catarrhal conditions of the nose and throat."

**OIL OF TURPENTINE**—"Its vapors are an excellent remedy for, and highly beneficial in, various forms of bronchial and lung troubles—has powerful heating, antiseptic properties."

# VICKS VAPORUB

### 'K-9 HOT DOG RANCH' DOES THRIVING TRADE

WASHINGTON, Feb. 17.—(U. S. S.) Unique are the names and titles of many small shops doing business in

the less important business sections of the national capital, but the prize goes to a two-by-four hole-in-the-wall of a shack on Fourteenth street in the northwest section of the city. "The K-9 Ranch—Hot Dog!" is the peculiarly appropriate name stenciled in black, startling letters on a decrepit signboard above the entrance and the vendors of the old-reliable hot-dog sandwiches do a thriving business in their little "ranch."

## How Yeast Vitamon Tablets Put On Firm Flesh



Strengthen The Nerves and Invigorate The Body—Easy And Economical To Take—Results Surprisingly Quick.

If you want to put some firm, healthy flesh on your bones, increase your nerve force and power, clear your skin and complexion and look and feel 100 per cent. better, simply try taking two of Mastin's tiny VITAMON Tablets with each meal and watch results. Mastin's VITAMON Tablets contain highly concentrated yeast-vitamins as well as the two other still more important vitamins (Fat Soluble A and Water Soluble C) and are now being used by thousands. Mastin's VITAMON Tablets never cause gas or upset the stomach but, on the contrary, improve digestion. Be sure to remember the name—Mastin's VITAMON—the original and genuine yeast-vitamine tablet. There is nothing else like it, so do not accept imitations or substitutes. You can get Mastin's VITAMON Tablets at all good druggists.



Are Positively Guaranteed to Put On Firm Flesh, Clear the Skin and Increase Energy When Taken With Every Meal or Money Back

if it isn't MASTIN'S it isn't VITAMON

A good behavior contest was held in the primary room last month. The winning side was treated to a fine lunch consisting of cakes, sandwiches and pickles. Games were played during the afternoon.

#### RIVAL ROOTERS MEET

EAST LANSING, Feb. 17.—(U. P.)—Rival rooters may get slightly twist-

ed next fall when the grid teams of Massachusetts Agricultural College and Michigan Agricultural College clash here. The two "M. A. C.'s" have strong alumni ties. President Butterfield of the Massachusetts Aggies is a Michigan Aggie graduate, while Carry Hicks, director of athletics at the Bay State College, treasurer F. C. Kenny and Dr. Marshall all received their degrees from Michigan.

#### IT'S AN ILL WIND, ETC.



Bunkum Movie Training School  
Dear Sir—  
Please cancel my connection with your school. We kinda lost interest in being a movie actress  
Yours truly,  
FANNY AIRBUCKLE

MOVIE HIGHLIFE  
TAYLOR  
MOVIE COLONY SCANDAL  
DIVORCED

### HUNDREDS VANISH IN YEAR FROM NEW YORK

NEW YORK, Feb. 17.—More than 1500 persons were reported "missing," swallowed up by the huge city, during the year 1921, according to the report of Police Commissioner Enright. More than that number were located, returned to their homes or disposed of in other ways, so they were considered "closed cases."

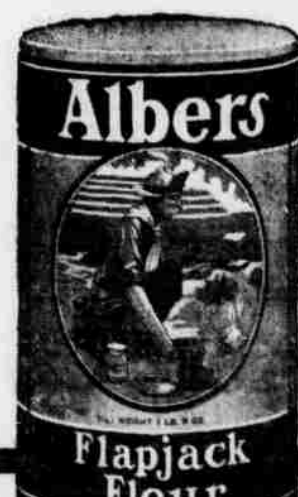
from the "missing" list of 1920, when 1656 persons were reported missing and 1396 were located. The previous year 1595 were reported missing, and 2234 were located.

Crime of all kinds showed a decrease from the year 1920, according to the report, making a continued decline in crime from the high point of 1916. This record was made "notwithstanding the increase in population, the unsettled industrial conditions and the increase in unemployment."

Traffic accidents increased, but fewer arrests were made for traffic violations. Persons killed by motor vehicles numbered 244, while 5,622 were injured.



Quality—that's the Reason for the ever growing popularity of Albers Flapjack Flour.



Makes light, tasty hot-cakes. Order a Package Your Grocer Recommends Albers quality Albers Flapjack Flour

Carefully sealed cylindrical container insures absolute sanitation.

KNOWN FOR ITS STRENGTH 1882

## THE FIRST NATIONAL BANK of Pendleton

MEMBER FEDERAL RESERVE SYSTEM

Offers an unexcelled banking service to individuals and corporations; transacts a general banking business and maintains special departments with facilities of the highest character.

PENDLETON, OREGON