

Social and Club News

ENGAGEMENT ANNOUNCED

Of interest to Pendleton people who met Mrs. Elvira Burness Watson when she was the guest of Mrs. Willard Bond in Pendleton is the following from the Portland Oregonian:

The engagement of Elvira Burness Watson and Arch Bidwell Cleveland of Minneapolis was announced Wednesday at a bridge luncheon given by Mrs. William L. Powell for the bride-elect and several friends, including Mrs. James Burness, Mrs. D. H. Bates, Mrs. Clifton Irwin, Mrs. H. L. Gibson, Mrs. Ernest Crichton, Mrs. Owen Davis, Mrs. Victor Strode, Miss Dorothy Danner, Mrs. H. L. Temple and Mrs. Frank Barnes.

MISS SHEA IS GUEST

Miss Irene Shea, formerly of Pendleton, now of Portland, is a guest at the Thomas Thompson home. She accompanied Miss Edna Thompson to Pendleton from Portland on Friday. Several informal affairs are being planned for the pleasure of Miss Shea during her visit in Pendleton.

LEAVE FOR LA GRANDE

Mrs. R. L. Bennett, of this city, accompanied by Miss Agnes Collins, of La Grande, left Saturday for that city. Miss Collins has been the guest of Mrs. Bennett for the past three weeks.

SON BORN YESTERDAY

Congratulations are being extended over the arrival of a son, weighing eight and three quarter pounds, for Mr. and Mrs. Chauncy Smith, born Sunday morning at the home of Mrs. Smith's mother, Mrs. R. L. Oliver on Parkus avenue. Mrs. Smith formerly Grace Oliver, has been visiting her mother for some time and Mr. Smith is also here from their home at Huson, Wash.

LEAVE ON MOTOR TRIP

Mr. and Mrs. Richard Mayberry and son Bobby left yesterday morning for a motor trip to Portland. They will be joined later by Mr. and Mrs. Lawrence Frazier and daughter Jean, who will motor to Portland this week, and the party will then go to Seaside for a short stay.

LITTLE SON BORN

Mr. and Mrs. Clyde Phillips are the parents of a little son born on Saturday evening at St. Anthony's hospital. The new arrival weighs seven and a half pounds.

BACK FROM VANCOUVER

Dr. and Mrs. M. S. Kept have returned from an extended visit at Vancouver, B. C. where Dr. Kept took post graduate work in dentistry.

TRIP IS ENJOYED

A hundred members of the L. O. O. F. and Delehans enjoyed a picnic yesterday at the Emattilla Indian agency grounds. The merry-makers motored to the shady spot and spent the day in games and swimming. A big picnic lunch was served during the day.

HERE FROM LA GRANDE

Mr. and Mrs. G. M. Ritchey, of La Grande, are guests of Mrs. Tulle Walters at her home, 207 West Court street. Mr. Ritchey was formerly postmaster at La Grande and is now owner of a music store in that city.

GUESTS FOR WEEK-END

Guests at the W. B. Humphrey home during the week-end were Mrs. Humphrey's brother, M. E. Coe, Mrs. Coe and their baby, of Echo, and Mr. and Mrs. Frank Coe and son, Clinton Coe, of Dayton, Washington.

LEAVE FOR WALLA WALLA

Mr. and Mrs. Willard Bond and daughter, Betty Bond, will leave this evening for Walla Walla. They will go from there to Seattle and will then go to Alaska. The trip will last for three weeks.

MRS. RICHARDSON RETURNS

Mrs. J. T. Richardson returned yesterday from La Grande, where she visited at the home of her son, Harley Richardson. Mrs. Richardson formerly resided in the neighboring city.

MOTOR TO WALLA WALLA

Miss Mable Yey, accompanied by her house-servant, Miss Mabel Schiller, motored to Walla Walla this morning. They will return this evening.

RETURNS TO PORTLAND

Mrs. Louis Sandheim left yesterday for her home in Portland after a visit at the home of her mother, Mrs. William Boothby.

Other News of This Department on Page 5

HOME DEMONSTRATION IDEAS FOR HOUSEWIVES

What are the virtues found in vegetables that they should be so carefully considered in our food program? They contain fibrous or rough material which cannot be completely digested and in consequence acts as a ballast for the ever active digestive system. Human beings require roughage quite as much as does a cow or horse and it should be included in every day's menu.

The root vegetable, green leaf vegetables, stem vegetables, such as celery, are unexcelled for regulating purposes.

A woman said to me recently, that she had learned that "bread is the staff of life," she has learned that even a good staff is all the better for reinforcement.

The cereals from which bread is made, do not supply lime in quantity to meet the daily need of the body. For the lime we need we must turn to milk and to vegetables. We permit our children to refuse milk very often—then, all the more must they eat a variety of vegetable food. Our bones are composed largely of lime; so are our teeth.

The heart beats regularly because there is lime and soda in the blood. Clotting of the blood prevents fatal results from cuts and other accidents and clotting takes place formally because there is lime in the blood. Lime is found in the tissues of vegetables is easily taken up by the body and utilized in building teeth, bones and muscles. That physicians and dietitians prescribe vegetables for daily diet is not to be wondered at.—E. V. D.

Unknown Friends

There are many who have used Chamberlain's Colic and Diarrhoea Remedy, with the best results, but who are unknown, because they have not written to the manufacturers and told them of their experience in the use of this remedy. These people, however, are none the less friends and it is to their personal recommendations that this preparation owes its popularity and extensive sale and use.—It is a good medicine to have in the house. It is widely known for its cures of pain in the stomach, colic and diarrhoea.

How to Avoid Trouble

You may save yourself a lot of trouble and suffering by obtaining a bottle of Chamberlain's Colic and Diarrhoea Remedy, at once. It is almost certain to be needed before the summer is over and when needed, is worth many times its cost. It is thoroughly reliable.

Took a Neighbor's Advice

"Two or three years ago, whatever I ate distressed me. My liver was torpid and I lacked energy and ambition. A neighbor advised me to take Chamberlain's Tablets. I was wonderfully benefited by their use and have since enjoyed the best of health," writes Mrs. Frank Pellett, Hannibal, N. Y. If troubled with indigestion why not take these tablets? Get well and stay well.

How to Reach a Rippe Old Age

If you would reach ripe old age, do not worry, take out-door exercise daily, adopt a diet suited to your age and occupation, keep your bowels regular. When medicine is necessary to move the bowels, take Chamberlain's Tablets. They are mild and gentle.

DR. H. M. HANAVAN DENTIST

announces a change of offices from Temple Building to Suite 5, Bond Building, over Bond Bros. store. Phone 772

SPECIALS

- Bulk Hershey's Cocoa, lb. 20c
- Peach, Blackberry and Plum Jam, large tin 25c
- Peaches, Pears and Apricots, large tin.... 25c
- Santa Clara Prunes, 25 Lb. box \$2.50
- Best Grade Sliced Pineapple, 3 large tins \$1.00
- Butter Nut Cookies, 3 pounds \$1.00
- Bulk Coffee, run through our refiner, lb. 25c
- Columbia River Salmon, 2 cans 25c
- Large Package Washing Powder, each... 25c
- American Sardines, 5 cans 50c
- Libby's Corned Beef, can 25c
- Complete assortment of gallon Fruits and Vegetables for harvest trade. See us for prices.

Gray Bros. Grocery Co.

3 Phones—28 Only 1 Quality—the Best

THE BOOK SHELF

NEW BOOKS AT THE COUNTY LIBRARY

Bryas—Frenchwoman's Impression of America

The authors of this book came to America on an official mission which carried them to every part of the United States. They are related to American families, and both understand and speak English perfectly. They were not at the mercy of interpreters; their impressions are direct, clear as their impressions were polite statements; they are frank opinions, and sometimes opinions that disapprove of things American, our Pullman sleeping cars for instance; our woman workers in uniform, and so on. The book is charming, too in that it not only tells us of ourselves, but tells us, at least implicitly, of the French.

Fales—Household Dictionary

At last a woman of ingenuity has compiled a practical and worthwhile book of what the American woman in her home wants to know and presents this information in readable form. In this volume every little device the housekeeper needs to know, hints of every phase of household life are easily available. The topics range from removing inkspots from clothes, or oil from carpets, to the best way to mend lace curtains, it is all here.

Chesterton—Superstition of Divorce

If the Peace settled some questions, it did not settle others, and none of these is now more pressing and widely discussed than the question of marriage and its place in civilized life. There is a serious need for a book which shall set forth the main principles on which the orthodox position with regard to marriage is based. Such a book Chesterton has written. The modern cult of Divorce is here dubbed "Superstition," in that its attempts to cure the ills of marriage by destroying marriage and by setting up a bogus idol of legal respectability in its place. Never has Mr. Chesterton allowed his wit a freer rein than in this remarkable volume, whose pages sparkle with epigrams, scintillate with the cleverness of your most cunning advocatus diaboli.

Kelloe—Robbins of Belgium

This uniquely interesting book tells the story of the Belgian lace industry, as it was before the war and as it is now being reconstituted by a faithful band of generous-hearted women who are seeking to make it once more one of the great handicrafts of the country, and at the same time to improve conditions for the women workers that their daily wage may be something more than the mere pittance they have heretofore been able to earn. The journeys into lace-land which form the subject of this volume are described in simple but moving language, colored everywhere by a fine quality of human interest, and the presentation of the family and community life out of which the work originates may suggest more about what lace really is than a more technical and formidable volume.

Luickesh—Artificial Light

This is an enthusiastic and absorbing interesting appreciation and explanation of the magical accomplishments of artificial light. In this book Mr. Luickesh traces the history of the development of artificial light and describes its influence upon human progress. He begins with the primitive man helplessly huddled with fear and cold in his cave as the last rays of sunset are extinguished by darkness. He follows the progress made by man when he discovers a method for kindling a fire and later when he adapts the fire to illuminate his dwelling. Soon man is able to create new ways of producing light, and as artificial light becomes more abundant and less expensive it is put to hundreds of new uses and daily becomes more and more essential to the progress of civilization. This story of the achievements of artificial light is written especially for the man in the street who is not interested in technical scientific terms and formulas, but who looks with admiration upon the huge signs which flash and sparkle above the crowds on the Great White Way and wants to know more of their origin, who has read in the newspaper dispatches about camouflaged ships, automobiles, roads and what not and wonders how such magic is conceived, and who takes a natural delight in hearing about scientific discoveries when they are explained in the simple, vivid language he understands best.

Pelley—Dyes and Dyeing

A new and enlarged edition of a book which has for three years been an invaluable text for the home craftsman, the student, or the man professionally interested. How to dye cotton, wool, silk, feathers, leather, straw, raffia, and other materials. A complete discussion of dyes and dyeing methods from the earliest times down to the present.

Sack's—Best to Drink

This is the best and the most practically all the favorite non-alco-

holic drinks that have tickled the palates of thrifty mortals, and, in addition, many equally delectable new concoctions. Mrs. Stockbridge not only teaches you how to brew all those beverages dear to the palate of the most fastidious, but shows you how to serve most attractively.

Thiebault—Vanished Friends

The first presentation to the English speaking public of one of the most remarkable European psychic books of recent years. The author brings together the results of scientific investigation into the reliability of communications through mediums, automatic writing, and other means, purporting to come from departed but still surviving human personalities. He marshals an amount of proof that is more than surprising, and introduces instances of verification of details overlooked, the truth of which was absolutely incapable of decision by the observers, but was established by reference to community records in various French towns and villages.

Weidie—Talks to Sunday School Teachers

In a series of informal talks the author presents a concrete picture of outstanding stages in the moral and religious development of children and people and a suggestive exposition of the newer pedagogical ideals for the Sunday School. Parents as well as workers in the Sunday School and all who have to do with the training of youth will find here help in the solution of many of their most vexing problems and the inspiration which comes from contact with the mind of a master teacher.

Baxter—Boy Bird House Architecture

Book—Allen's Text Book on Citizenship

Fryce—Light

Gragnus—Island Sheep, Center—Worker and His Work, Clark—High School Boy and His Problems, Fuller—Typist, Grenberg—Violin teaching and Viola Study, Hall—Monroe Doctrine and the Great War, Hazimond—Modern Drilling, Hanftan—Communist Center, Hicks—New World Order, James—Reclaiming the Arid West, Richardson—Man of Tomorrow, Sheffield—Swimming Simplified, Shin—Biography of a Baby.

Meetings with Livestock clubs, for consideration of livestock judging teams will be held by county club

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his conscience troubled him

"I know I have done wrong, please forgive me for not doing my duty and writing you before. I am thankful to God for the good remedy He gave you, and would not take \$200 for the good the first dose gave me. I have been bothered for many years with gas in my stomach and indigestion, but since taking May's Wonderful Remedy two years ago, have had no such trouble. It is a simple, harmless preparation that removes the catarrhal mucus from the intestinal tract and allays the inflammation which causes practically all stomach, liver and intestinal ailments, including appendicitis. One dose will convince or money refunded.—Druggists everywhere.

leaders the last week of July. A livestock judging team will represent each club at the county fair. The high point team at the county fair may choose to go to the state fair or the Pacific International livestock show. The team making second place to have second choice.

HOPF'S UPSTAIRS SHOP GREAT MID-SUMMER CLEARANCE OF NOVELTY SKIRTS



Entire Stock of Novelty Skirts in Both Wool and Silk AT REDUCTIONS OF 1-3 TO 1-2.



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FORD

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We are authorized Ford dealers, trusted by the Ford Motor Co. to look after the wants of Ford owners. That's the assurance we offer. We are getting a few Ford cars and the first come, first to receive delivery.

Have you thought about that Sedan or Coupe for this fall and winter? They are mighty comfortable and cozy when the wind blows and the rain is falling. Come in and look them over and place your order in advance so that we can be sure of ordering enough to go around. This will be the closed car year.

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Band Concert 7:30 Doodr Open 7:45 Curtain 8:20