

KUTE KLOTHES FOR KIDS



COAT OF NATURAL PONGEE AND HAT OF BLACK SHINY BRAID



UPTURNED BRIM AND STREAMERS FOR THE YOUNGSTERS HAT



A BLACK TAFFETA COAT TRIMMED WITH TRENCH KNOTS



OF JAPANESE CREPE ATTRACTIVELY EMBROIDERED



A BOMPER FROCK WITH PERFECT POCKETS

FASHIONS IN HUSBANDS

I ALWAYS feel so sorry for little Mrs. Bear," said a friend of mine the other day. "Her husband is such a dreadful bounder!"

"He doesn't look like one!" I protested. "I don't know him, except by sight, but I've always thought what a nice-looking man he is."

"Nice-looking, perhaps, but it makes me boil to see him neglecting his wife at a dance, carrying on flirtations under her very nose, while she sits unwanted and superfluous. She says, of course, that she knows her husband isn't in earnest over his little affairs, but, my dear, if I were married to a hateful, conceited, heartless man like that, I'd either choke him with one of his admiring letters to another girl or refuse to have anything more to do with him."

My friend concluded, with a bounce, "It makes me mad to see a woman trodden on and neglected like that!"

But alas! what can lookers do but hold indignantly converse? There are many married bounders to be met with everywhere, and sometimes (this is quite between you and me), I wonder if it may be partly the wife's fault?

She has married him, and probably loves him, and so she must make the best of a bad bargain, and try to turn it into a better. She will never do that by being a doorman.

There is no need to rush to the other extreme. But the only course for a woman possessed of a husband who neglects her is to go her own way, make her own friends, have as good a time as she can under the circumstances, and praise the other women to him. This is frequently a douche of cold water to an indifferent husband. He begins to wonder if he knows his own wife after all, and when he sees her popular with others, he grows proud of her. That is the way of such men.

There are other married bounders one meets. There is the man who contradicts his wife flatly in public, who suppresses her upon any and every occasion, who rushes across a road, leaving his wife to follow as best she can through the traffic; who bounds light-heartedly on to a bus, shouting to her to jump for it; who descends to breakfast with a "liver" attack, and grumbles and growls his way through the meal until everyone else is heartily glad to see the last of him; who screws the housekeeping money to a minimum, yet refuses to eat any but the best food!

EVERY DAY HELPS!

The waffle iron should be almost smoking when the batter is poured in. In making sandwiches allow a pound of butter to three loaves of bread.

Before using canned cocoanut for candy, drain and dry thoroughly in a warm oven.

An egg added to the baking powder biscuits makes them richer in color and taste.

Baking powder bread is supposed to be more digestible than that made with yeast.

BEARING little youngsters is an art, and there are many attractive frocks, coats and hats to be had. In the picture above is a coat of natural pongee, double breasted and unlined.

In the corner for the young girls we see a stylish hat made of black shiny braid and lined with another color.

For over a year we have had a hat of silk braid and silk trimmed in pink. The eyes to which taffeta with French knots of light blue embroidered white organdy collar.

For evening there is a model of red Japanese crepe ribbon skirt and dress made by hand, curving stitching, cutting waist, basket of cherries exquisitely embroidered. The pattern, which is returning to favor, is made of imported rice silk.

For playtime comes a dress of mercerized poplin, having blue collar of white poplin, outlined and outlined in black, with of heavy rope silk red—Philadelphia Record.

small girl little smocked frocks are the popular one-piece. It combines made of it, the smocking done in well with foulard and crepe de chine, brown or brighter-colored mercerized both of which keep it in the tubable cottons, wools or silks. The older girl can have it made regulation style or

lowest. The average time for the digestion of a ripe banana is one and three-quarter hours, in comparison to three and a half hours for a soft boiled egg and five hours and twenty minutes for roast pork.

The effect of ripe bananas in the intestines is valuable because it reduces decomposition through a lactic acid fermentation and has an antiseptic action on the products of decomposition.

Inadequate Chewing.

Two other reasons for the charge in indigestibility are inadequate chewing and the fact that the fruit is a heavy one—being so nutritious that the stomach may be overworked, if it is "eaten for fun," especially by children, in addition to a complete ration. Make a real place for the banana in the menu.

According to statistics, 85 per cent of the world's production of bananas

A "Food Fruit" Fact

THE banana is properly called the food fruit, because of its high food value, and the story has come to Northern scientists of men who do hard manual labor in the tropics and live on a diet of six bananas a day.

The old story that "I can't eat bananas, because they give me indigestion," is heard over and over again; and the main reason for this is that housewives serve the fruit before it is fully ripened. You would expect trou-

ble if you eat green peaches or apples—why make the banana an exception?

When bananas are really ripe, the skin is beginning to turn black and even if the covering is entirely brown with black flecks, the banana is not spoiled; provided nature's air-tight package has not been broken by careless tearing from the stalk.

If bananas are ripe they are very easily digested, because the percentage of fruit sugar is then the highest and the amount of non-assimilable starch

THE VERY SMALL ONE

THE newest fashions for the little girl anywhere from six years when her dresses take on shapelessness to 16, when her problem is almost identical with her mother's, repeat in an interesting way the new things for the grown-up. Not only is this true of lines which are cleverly adapted to the age when sophistication or anything suggesting it is all wrong, but the identical materials that are used for adult clothes are used for fashioning the smaller but not less important wardrobe. In other words, mother cuts daughter's dress from the remnant of her own.

Use of Canton Crepe.

Thus we see canton crepe used for adorable little chemise frocks cut in just as many odd ways as mother's, for mother, you see, has borrowed this youthful straight cut and apparently is loath to give it up. And canton crepe is combined with other materials, too; it may have raglan sleeves, for instance, of figured crepe de chine set in, with a sash of the lighter-weight silk, or a contrasting hem of it.

This contrasting hem, by the way, seems to be the most popular method of introducing color and variety in the frocks for the very little girl as well as for the flapper. It is met with on "I" materials, lings, organdies, ginghams, and so on. Sometimes the applied hem has a decorative outline as on a dear little navy taffeta, where the cherry-colored hem has a scalloped top and a small straw flower applied in the middle of each scallop.

Pongee in Limelight.

Pongee still holds the limelight in children's clothes; it is too practical a fabric ever to go out of fashion for juveniles. And so many attractive things can be done with it. For the



Peeps at Parisian Lingerie

Left to right: The trousered negligee in soft silk wins the approval of the moment; a useful piece of lingerie has a full, short petticoat attached to the camisole top; a natty pair of pajamas shows the trousers in figured silk and the coat in a solid color.