

THE first thing you want in foods—and the all important thing is purity. Cost—taste—everything else is of minor consideration.


Foods should be nourishing. That's what they are for—to build up strong, sturdy bodies.

Calumet Baking Powder is pure in the can. It is made in the largest, cleanest, most modern Baking Powder Factories on earth—only of such ingredients as have been officially endorsed by United States Food Authorities.

KEEP your baking costs down

HERE'S THE BEST WAY TO USE CALUMET BAKING POWDER

BEST BY TEST



It's pure in the baking. Calumet never fails to produce the sweetest and most palatable of nourishing foods.

It has more than the ordinary leavening strength. You use less of it. That's one reason it is the most economical of all leaveners.

Another reason is—it is sold at a moderate price—you save when you buy it.

A pound can of Calumet contains full 16 c. Some baking powders come in 12 oz. cans instead of 16 oz. cans. Be sure you get a pound when you want it.

Calumet Waffle

Recipe
2 1/4 cups sifted pastry flour, 3 level teaspoons Calumet Baking Powder, 1/2 teaspoon salt, 1 1/2 cups milk, 1 tablespoon sugar, 2 tablespoons melted butter, 2 eggs beaten separately. Then mix in the regular way.

TWO MORE CRIMES ADDED TO SINISTER TACOMA MURDERS

Killing of Grocer and Barber Lead Chief of Police to Call for Organization of Shotgun Patrol for City's Protection.

TACOMA, Dec. 16.—(U. P.)—Two more murders have been added to the sinister list of crimes which have been committed here recently. The situation has reached such a state of seriousness that Chief of Police Smith today declared his intention to immediately organize a "shotgun patrol" to protect citizens from holdup men and other criminals infesting this city.

The murder of A. J. Upton, a grocer, in his store last night by two men supposed to be robbers, decided Chief Smith upon this action. The other murder, occurring early this morning was that of Albert Scurry, a barber, who, the police allege, was killed by his wife, who, following a quarrel with her husband, struck him with an axe. Police declared that the woman, after being questioned, confessed to the crime.

HELIX ALSO WILL HAVE COMMUNITY CHRISTMAS

(East Oregonian Special.)
HELIX, Dec. 17.—A community Christmas tree will be held here on Christmas eve. Committees from different organizations have been appointed and a good time for the little town is assured.

Mr. and Mrs. Theodore Cherrier are receiving congratulations on the birth of a daughter.

M. P. Lyon and family have moved into Helix from the Dudley place near here.

Charles Altsch has taken over the management of the Commercial Hotel and with his family are now located there.

Mrs. A. Pollett of Pendleton is a guest at the home of her daughter, Mrs. Grover Temple.

Mrs. Jennie Burroughs, who has been a visitor at the home of J. S. Anderson, has returned to Portland.

Mr. and Mrs. Dan McIntyre, whose wedding was a recent event in Portland, have been guests the past week of Mr. and Mrs. Chester Gemmill near town.

Mr. Benjie Reese, Mrs. Charles Altsch and Mrs. J. R. Thomas were guests in Walla Walla one day this week.

A pleasant evening was spent on Tuesday of last week when Misses Grace Garrett and Alice Clark entertained in honor of the Pythian Sisters and invited guests.

Mrs. J. H. Thomas was a week end guest of friends at Tasson, Wash.

The W. C. T. U. held an interesting meeting at the home of Mrs. M. D. Smith on Wednesday, December 8, the program consisted of music, readings and papers were given on Christmas in other lands. Mrs. Minnie Walker, president, presided.

Misses Grace Garrett and Alice Clark were week end visitors at Atlatl.

Mr. and Mrs. Marnie Bryan were guests over Sunday at the J. B. Bryan home.

BISHOP OF CORK WILL NOT ACCEPT APOLOGY

CORK, Dec. 17.—(A. P.)—The bishop of Cork yesterday received the following telegram dated Dublin castle:

"Please accept my deepest sympathy on the appalling tragedy of the death of Canon Magner and kindly convey to his relatives an expression of my deep sorrow and sincere sympathy."

(Signed) "Inspector-General Royal Irish Constabulary."

To this the bishop replied:

"I should accept sympathy from the inspector-general of the old R. I. C. The verbal sympathy of an inspector-general whose men are murdering my people and have burned my city, I cannot accept or convey to the relatives of the murdered Canon Magner."

HELP AD STARTS RIOT

PHILADELPHIA, Dec. 15.—(U. P.)—A riot occurred here today when several hundred unemployed men stormed an employment agency which was advertising for 25 men. Police had to be called to preserve order.

NEW CZECH MINISTER



DR. B. STEPANEK
WASHINGTON—Dr. Bedrich Stepanek is the new minister from Czechoslovakia to the United States. He is 35, a bachelor and former Czech foreign minister.

M'CARTHY LIKELY TO HEAD COASTERS AGAIN

SACRAMENTO, Calif., Dec. 17.—(A. P.)—Coast League baseball managers postponed the election of a president for 1921 until Friday it was announced after the meeting here yesterday. The session was devoted to preliminary work, and it was intimated the vital measures and the matter of waivers will come up for action today.

Gambling was discussed from every angle and the owners decided the conduct of players off and on the field will rest with the managers of the various clubs. The managers will be held responsible to the league president.

The re-election of William H. McCarthy as president of the league is freely predicted. Considerable discussion is expected, however, on the matter of raising his salary.

The only managers present were William Rodgers of Sacramento and Charles Graham of San Francisco.

The directors, it was said, are strong opposed to the present draft rules as they are said to believe they have had the worst of the existing arrangement from the list leagues.

Lewis and Charles Mooring, owners of the Sacramento club, and Charles Doyle, secretary, were hosts at a banquet last night to the baseball men.

Christmas Cheer for all the year

A solid year of Christmas cheer! Smiling faces and happy hearts! No time for worrying and crossing bridges!

Who does not long for a way to make that true?

Well, there is such a way and many are finding it.

Give Christmas presents that are useful and will be appreciated the year 'round. They'll recall to mind daily the happy occasion when they were given and received. Thus will the Spirit of Christmas be kept green.

People who put thought into their giving are saying "Merry Christmas" electrically, this year especially... Such presents invariably impress with their lasting elegance and good taste, yet they are not expensive. And their great service commands the instant appreciation of the user.

There's something electrical for all on your list, something they'll be the happier for having and using. Come and see.

Pacific Power & Light Co.

"Always at Your Service"



Too Weak to Do Anything

The ordinary every-day life of most women is a ceaseless treadmill of work. How much harder the tasks become when some derangement peculiar to her sex makes every movement painful, and keeps the nervous system all unstrung until life seems hardly worth living. Every woman in this condition should profit by the experience of these two women whose letters follow.

Read the Experience of These Two Women

Reading, Pa.—"I had organic inflammation, pains in the side and back which were so sharp that they pulled me to my knees, and I could not walk. I had an operation and still I failed, and in the eight years I suffered I had four doctors and none helped me. My mother-in-law advised me to take Lydia E. Pinkham's Vegetable Compound. I was then in bed, and after the first bottle I could be out of bed, then I took Vegetable Compound Tablets and Lydia E. Pinkham's Blood Medicine and also used the Sanative Wash. I still take the medicine and am able now to do my own housework. My friends say, 'My! but you look well—what do you do? Who is your doctor?' And there is only one answer, 'Lydia E. Pinkham's medicines which I gladly recommend.'"—Mrs. W. M. STEIN, 500 Douglas Street, Reading, Pa.

Gainesville, Tex.—"For three years I suffered untold agony each month with pains in my side. I found only temporary relief in doctor's medicine or anything else I took until my husband and I saw an advertisement of Lydia E. Pinkham's Vegetable Compound. I mentioned it to a neighbor and she told me she had taken it with good results, and advised me to try it. I was then in bed part of the time, and my doctor said I would have to be operated on, but we decided to try the Vegetable Compound, and I also used Lydia E. Pinkham's Sanative Wash. I am a dressmaker and am now able to go about my work, and do my housework besides. You are welcome to use this letter as a testimonial as I am always glad to speak a word for your medicine."—Mrs. W. M. STEPHENS, 202 Harvey St., Gainesville, Texas.

Ailing Women Should Not Experiment—But Insist Upon

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.



Eat More Bread

Delicious in taste—
Rich in flavor—
Smooth and close in texture and grain
Made only from pure, wholesome products—
**GOOD FLOUR
GOOD YEAST
GOOD LARD
GOOD MILK
SALT AND SUGAR**

A loaf of good Bread is all strength and energy. It is the product of the sun. The fragrance and strength of the sun-nurtured, rain drenched wheatfield.

EAT

Harvest Bread
SOLD BY ALL GROCERS
PENDLETON Baking Co.