

RECREATION RECOMMENDED

(Continued from page 4.)

2. High School—Freshmen, sophomore, junior and senior classes in required physical training, two periods each week, per class. This will permit of graded work from beginning to close of high school years and fulfill the requirements of the Oregon State Training Law. Two of these classes should utilize morning hours in order to permit the high school boys an equal chance in the gymnasium.

Voluntary team practice for high school girls, two after school periods of 40 minutes each. In this time each class, squad, or eight teams, can be given 25 minutes practice each with proper rest intervals by thorough organization, good discipline and alternation of teams. With fewer teams, longer practices, which however should never exceed 40 minutes playing time for each, could be given.

3. Community House—4:30 to 8:20 gymnasium class for ladies, two evenings.

8:30 to 9:30 Swimming, ladies, two evenings.

9:30 to 11:00 Saturday mornings special corrective work for selected cases from high or elementary schools. (This work could be done in the high school gymnasium.)

B.—For Municipal Recreation Director—A Man.

1. Community House—4:00 to 6:00 gymnasium work, swimming or other work with boys, three afternoons a week.

7:30 to 10:00 men's classes, swimming or club work, three evenings a week.

9:00 to 12:00 Saturday a. m. Swimming instruction, team practice, or class for boy leaders in after school athletics on school play grounds. Such athletics can be carried out in this way by boy leaders to great advantage. See "Health by Stunts," which gives full explanation of the Detroit plan. Saturday morning.

2:00 to 6:00 boys and men's work. Saturday afternoon.

7:30 to 10:30 same. Saturday evenings.

The recreation director should also be in charge of the Community House for a certain number of hours on Sunday.

2. Elementary School Play Centers—When the Director of Physical Education is in charge of classes or swimming instruction at the Community House during after-school hours, the Director of Recreation can visit these centers and by instruction of pupil leaders on Saturday mornings ensure good use of these playgrounds with comparatively little help from the grade teachers. An Elementary School Athletic League should be formed, teams organized, group athletics encouraged, competitions arranged for both boys and girls, and the grade school teachers should help in this enterprise. If each school has a special instructor on its grounds one afternoon a week, this organization should hold together and function efficiently.

Summer Program—Summer vacation in the public schools, approximately three months time, is the time when the city has greatest need of recreational leaders. A staff of two can keep open four centers one half day each continuously. These may be the three Elementary school centers and the Community House or the School Centers and Round-Up Park, or leadership at the Park may be substituted on certain days for that at any one of the centers. The Park facilities should be utilized during the summer.

Trained supplementary leaders can be easily secured for the summer months, and at least one should be employed to permit a much needed vacation to those carrying this work through the year.

Salaries—Director of Physical Education and Recreation, \$1500 to \$2000.

Municipal Recreation Director, \$2000 to \$2500.

These are moderate estimates, with the size of the recreation and public school system taken into consideration. Maximums rather than minimums should be offered if training, experience and personality are to be of the best. "The best is always the cheapest" in the production of wholesome citizenship through work with boys and girls quite as certainly as in the production of commodities. Results must not be expected of meager allowance of either equipment, salary or opportunity for fair schedules in recreation or physical education.

Suggestions for Immediate Improvements and Temporary Organization

Asphalting section of school grounds as shown in sketch.

Purchase of balls, bats, tennis nets, jump stands and other swings, slides or sand pile for each elementary center.

Improvement of tennis courts at Round-Up park.

Chlorination of pool at Park until filtration and heating of water can be installed.

Improvement of dressing and shower rooms at high school gymnasium.

Purchase of adjustable ladder, buck and flying rings for high school gymnasium, and use of gymnasium by evening classes.

Employment of two recreation directors during remaining weeks of public school vacation with organization of Summer Athletics and play for trial period of perhaps six weeks on school playgrounds and at Round-Up park.

Trained supervision of the pool and

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Will Build Clubhouse.

The members of the Jolly Bachelors club, a local high school organization, plan to build a \$4000 club house before fall. The location has not yet been decided upon. The club house will be modern and will include study room, recreation room, club hall, pool room, etc.

Remodelling Begins.

The remodelling of the telephone building on Court street began Saturday. The changes will include the removal of the stairway from the Court street side to Garden street, and extension of the telephone offices to include the entire lower floor of the building. The improvements include the rearrangement and remodelling of the telephone offices.

Building to Cost \$9000.

Work has commenced on the foundation of the new boys' dormitory at St. Joseph's academy. The building, which is to cost \$9000, will consist of two stories. Downstairs will be the study room, recreation hall, etc., while upstairs will provide sleeping quarters and accommodations for 150 boys. The new \$50,000 building, built as an annex to the present school building, is nearing completion. It affords quarters for 125 girls. Class rooms and other quarters are also provided.

Office is Remodelled.

The H. W. Collins offices on Court street are being remodelled. The improvements will include more office space and will provide accommodations for the increased Collins forces.

Permits Reach \$14,000.

The month of July sees an increase in building activities in Pendleton. The permits so far totalling \$14,000, an unusually large sum for so early in the month. The sum of \$2000 is to be spent by the Pendleton Elevator Company in remodelling offices, while Anna Brown and F. C. Carney each secured a permit for \$100 for repairs to dwellings. N. A. Humphrey secured a permit of \$200 for repairs to a residence. Mrs. Ann Matlock's permit for \$2000 was for repairs and remodelling of the telephone building. F. M. Griggs secured a permit for \$500 for remodelling a dwelling. The bulk of the total was caused by the issuance of a permit for a \$9000 building to be built by St. Joseph's Academy.

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INSTANT POSTUM

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scheduled hours of instruction in swimming at Round-Up park.

The plans embodied in this report should be understood to be suggestive merely of general principle and possibilities. They would have to be modified, doubtless, in many details. That the city of Pendleton could adequately meet its recreation needs with a less comprehensive program is extremely improbable. That it will find more comprehensive provisions for recreation profitable and desirable is quite possible. The accompanying list of information sources will be useful in further investigation.

Respectfully submitted,
MABLE L. CUMMINGS.

List

1. Health by Stunts, Pearl and Brown. Organization of home work and self directed play, valuable.
2. Lee, Play in Education. Discusses the educational value of play.
3. Curtis, Practical Conduct of Play. A compendium of information on equipment and management of recreation centers.
4. Playground and Recreation Association of America. Madison Ave. New York City. Furnishes information on all phases of Community recreation. Bibliographies, monographs, personal attention.
5. Medart Manufacturing Co., St. Louis Mo. Furnishes information of equipment, surfacing, planning of gymnasiums, locker systems, etc.
6. A. G. Spaulding & Brothers, 435 9th St., San Francisco, California. Will furnish prices and illustrated catalogue of athletic, gymnasium and playground equipment.
7. The Playground, a monthly magazine, publication by Playground Association of America. Price \$3.00 for the year. This magazine should be in every municipal library. It contains a wide range of information.

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Construction is Progressing. Considerable building is going on in the east end of the county. Work is progressing on the remodelling of the Bank of Freewater, which is to have new fixtures, new front and remodelled vault. The Frank Cockburn residence in Milton is nearing completion, while workmen are still employed on the new Athena State Bank. In the west end of the county, work is held up by the non-arrival of terra cotta. The basement and other work is completed.

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