# A Scrap Book for the Busy Woman

# Three Very Novel Designs In Smocks

These Pretty Garments for Morning Wear Have Been .Designed With Regard to Both Attractiveness and Comfort.

OST smocks are comfy gar- clinging material, the boned support is enough of the blue protrudes to form M ments, but the first one here necessary.

is particularly so. It is handkerchief linen, of course, and white. By way of decorativeness it boasts ye old time smocking, French knots, flowers, tassels and dainty briar stitch in pinks and blues. The clever arrangement of the smocking is worthy of note, so are the tassels. Now who but an extremely clever designer would have thought of putting them neither number three. The big feature of this at the beginning nor yet quite at the end of the collar, but just in the middle of each side where they would be least expected? Aren't the pockets cleverly handled? Beginning with a quite wide strap complementary to the belt, they curve off into the amplest of pockets. Here again the touch of embroidery appears. And that applique on the collar is adorable. It is a smock, comfy dainty and what is even more rare in a smock-trig.

HE slip-over-the-head smock. with the V-shaped opening in front as is shown on the second figure, has become a familiar sight, as has also the smock with the side or middle front fastening, but the smock that fastens on the shoulder, is somewhat out of the ordinary. This particular model is of leaf tan linen and is enriched by brown hand embroidery. The yoke which serves to form a collar at the back is an interesting affair, and along with its round neck line has a very youthful egect on the wearer. The inevitable pockets are introduced in the form of pointed affairs with flaps that turn back and are held in place by pearl buttons. The pointed idea youthful effect on the wearer. The fullness of the garment is held in comfortably by means of the belt, which is buttoned at the front. A necessary part of the wardrobe has the smock become. It is most convenient for the girl who engages in athletics. for it obviates the necessity for wearing a corset, concealing the lines of the figure. Of course, if it is made of

### Watch Your Step

S OME people stick their etiquette erything with never a word of apology. in their pocket when they are not even an apologetic glance? Then on their vacation, or, worse there is the inconceivably rude female still, they leave it at home altogether. who getting a disagreeable mouthful Just why vacation abould mean free- of salt water expectorates much at the dom from the dictates of every-day same as if she were performing a pubcourtesy, as well as a lapse from the its ceremony. The summer flirtation "daily grind." is not quite understand- is a subject that must be worn threadable, for, if everyone shared that opin- bare by now, but the flirtations conion what a sorry thing a vacation tinue all the same, and there is a perwould be with every man for himself fect pile of broken hearts at the end and his own convenience. Luckily of every vacation. Insist on introduc-

## A Substitute for Furs



a piping. Can't you imagine the won derful effect of the blue revers on the ON'T you love to wear something complex of the wearer? Simple blue that you know stands out from stitches introduce the color of the deep everything else because it has turn-back cuffs. The model is of the good lines and a feature that stamps allp-over-the-head type and its fullit brimful of character? You couldn't ness is confined with a blue cord and help but experience just such a feel- tassel. ing in the white washable satin smock with its facing of azure blue satin in

terial to face the hem. Notice how

Isn't the Simple Decorativeness of This Model Pleasing?

THE KITCHER Sour Milk Cookies.

One egg, two cups sugar, one cup sour milk or half milk and cream, to taste. When I use half cream I use less

Sometimes I use less flour and drop from spoon. Then again 1 use a tablespoonful molasses to flavor the last third, and when dropped this makes three pie tins full, six drops in each tin. Over one tinful I sprinkle sugar, to the others I add currants. Very nice for children.

Meat Loaf.



#### Get to the Bottom

FAULT that is common among all people is the one of kicking ally, but verbally. To prove the stateyourself guilty just enter a restaurant and observe for yourself. It is ten

chances to one that you won't have to wait longer than five minutes before you hear some bearer of gold-rimmed lorgnettes berating the waltress for the wrong person, not physic- the advanced price of foods or for the absence of something from the menu ment and to find some one other than card. If you are a kind-hearted, thinking person, you will see the fallacy of placing the kick in the wrong place. hardly be detected. What the complaining person should

do is to go right to the head of the establishment. Most likely she would not have the courage to fight according to rule instead of picking on some one who has been sworn to courtesy and dare not "answer back."

It is not an uncommon thing to hear passengers pour their wrath out on conductors for failure to issue transfers at more street junctions. Are flavor with ginger and nutmeg, pour in- they feeble-minded that they fail to a small amount of sugar has been addto a well greased baking dish, then add realize that the conductors are not re-

Eggs Scrambled With Rice. One cup cooked rice, four eggs, two the right spot, and who knows but afford the feathers. I will tell of the bituminous coal over them. Ignite, and tablespoons milk, one teaspoon Worses what you may help hundreds of per- way I have filled many of mine, and in a few moments you will have as tershire sauce. Saute rice in butter or sons to better living conditions, to they are as nice and sweet and clean nice a fire as if expensive pine kinolive oil, add eggs, well beaten, and milk health and to happiness. Cook slowly. Add Worcestershire sauce. Serve on toast.

Cut twelve very fresh lamb tries in halves, skin, scald in boiling water three O sophistication of sweet sixteen.





-0-

aluminum pans is to boll in them a

few stalks of pieplant. Most of the

-0

and cover with cold water, to which

ed. Bring to a boil, then let simmer

er wishes to attain.

Fill the holes in net curtains with the beautifully dried and tinted maple single crochet stitch, using fine cotton autumn leaf for filling, with a delicious and hook. If this is neatly done before scent. Others have a "cat tail" filling. laundering the mended places can which is soft and sweet, and one of two have dried "sweet Mary" picked from a large bed, and is the sweetest A simple, harmless way to clean pillow I have.

Also an adjustable stool in the kitch-

scouring powders and soaps will ruin en is a great help; there are many aluminum and not give the pan the things that can be done sitting down if bright new appearance the housekeep- there is a seat of the proper height. This can be slipped under the table when not in use and can be adjusted to suit any Save all lemon rind, place in a pan, place it is needed.

Spread open sheets of newspaper upon the floor. Sprinkle a little coarsefor ten minutes. You will find this ly pulverised resin over them, then What of the girl who goes splashing with every bit as much rigor as you da, two-thirds cup of lard and suct about midsis a crowd of bathers, klek- do at home. Beware the male flirt and mixed, flour to roll out thick, flaver to ing right and left, everybody and events the summer moon. If your kick is justified, place it in sofa pillows, but not every one can two or three fire shovels of soft or

as if feathers were used. Some have dling had been used A Perfect Day In the Flapper's Wardrobe ION Ore-

PEF

and

Reoon.

TA

diti-

R-04

mor-wor-

tton. fter-ably by a tude. ex-than rible 1 by

-The hich it at t on in-ord-svelt ade, own shift

oard and ings, ; to thed,

owne rican val-eriat -hich

navy

ain

In

nths his jeri-As-orp tri-ctor first orps cos-the his j at tual in y of

UT

then the

was ark, am-out the

1388

two ved aft-i at At-was ind pe-his nis,

011-

nly du-on ort er-vill

19814.

hat ro-

but but

R



Isu't This Cape Just the Most Attractive Thing.

RIDE has often been charged with keeping people warm, but in these days when Dame Fashion demands furs in midsummer, it requires positive courage for people to comply. Perhaps it is a mixture of pride and vanity which keeps people cool, for there is no denying thatsummer furs are immensely becoming.

But this little shoulder cape is a graceful compromise between comfort and Tashion. It is made of cloth in such excellent imitation of fur that one would almost be deceived into believing it were fur were it not for its light weight. It is just the most fashionable circular shape, with a collar which stands up and away from the wearer's face. Really a charming addition to the smartly gowned woman's street costume.

Supper Dish of Rice.

red pepper, chopped. When the rice is tatoes and parsley. thoroughly cooked stir in one can of condensed tomato soun. Season to taste. Pumpkin Taploca Pudding (Original).

cup of tapioca that has been soaked for fourth pound fat pork chopped fine, three hours in water, stir until tapioca half a cup water, egg, salt and pepper. becomes transparent; then stir in one Place alternately in pan, meat and dresslarge cup of boiled and strained pump- ing, some pork on top. Bake slowly one kin, one-fourth teaspoon salt, half a cup hour.

### It is Up to You

in an entirely different light.

telling it will be full of your pwn to do the same thing?

Three pounds beef, one pound salt pork, three crackers; boil until done; half a teaspoon of salt and three salt-every bit as well-outfitted and as wellthen grind fine, season to taste and put spoons of pepper, lightly roll in melted groomed as Mother, but rather as a butter or oil, then slightly roll in bread wild young thing who doesn't care a crumbs, arrange on a double broiler and snap about chic. All wrong, the play broil three minutes on each side. Dress tendency may be strong, but the van-Steam a cupful of rice with one sweet, on a hot dish, decorating with chip po- ity impulse is there; in fact, was there from the very moment that she began to "notice" and to be noticed. And

Ment Loaf.

sixteen isn't a bit too early to encour-Take one and a half pounds meat, age it just a wee bit. Into a pint of scalded milk stir one- three slices of bread crumbled, onea morning on the court? The blouse

> personality. Do not tell a thing in stilted, stereotyped manner.

contribute something to an en- your own is an acquaintance with cur- into the underarm seam. This clever tertainment. Do not bemoan the rent events. Newspapers, magazines banding appears again on the sleeves. act that you are not the interesting and books are too accessible to war-White might be used also for collar intertainer that Mrs. Blank is: do not rant ignorance of the world and its and cuffs. Now for the skirt. In suggest that some persons have nat- doings. Talk over the affnirs with oyster white crash it ought to be stunural gifts and that you can never be members of your own family, so that ning. One does not have to look far anything but a listener. There are a you will grow accustomed to hearing for the surprise here. Those pockets few facts which you may never have your own voice. If you have no one perfectly "breathe" unusual. A quite thought about, the knowledge of which to listen to you talk for your own ben- wide band of material slashed a few may cause you to look at the matter efit. It is splendid practice, and is to inches below the two buttonholes and be recommended for the shy woman, seamed on 'the under' side of the

must be a certain poise and self-pos- the habit he had formed to enable him to put into practice.

session that will allow you to forget to overcome shyness. He was dething in which others can take part. a successful public speaker. He ham quite the freshest? Happy sugevening's entertainment and do that or recounting an incident of the day skirt frock. A simple kimono sleeve

. .

might be fashioned of handkerchief linen in that delightful shade of faded Note the dainty pleats "fore." blue. and the altogether charming band treatment. White handkerchief linen hemstitched in blue would achieve it

Isn't this an adorable costume for

beautifully. It is put on stole fashion T is within every woman's power to Another requisite that is easily made over the shoulders, and finally mitred



These Three Should Please the Fancy of Any Young Girl.

First of all, to be entertaining there A very prominent man once told of pockets make them comparatively easy gandle used for the collar, the cuff carrying. Undoubtedly, though, not and skirt bands and panels would give even the rarest of mannikins could do Isn't green just the coolest color the cool green and white just the right much carrying in a garment that didn't yourself sufficiently to do or say some- termined to be a good story teller and that you can think of, and isn't ging- ripple to make one thing of an invit- look like her. However, there be no ing creek way in the heart of a doll, such objection forthcoming about this If you make up your mind that you planned to spend fifteen minutes every gestions they be for the little over- Doubled organdie looks so watery, perfect little dream of lace and tucks. are going to contribute one thing to an night before the mirror telling a story skirt, or, better still, button-me-over- and it is every bit as manageable, too. Note the coquettish irregularity of When her dainty sweetness goes the tuck arrangement. The paneling thing well, the way is easy. Of course, If he had neither story nor incident chemise pattern would do admirably a-partying of course she wants to look is responsible for that. One can it would be absurd for you to attempt to relate he read a paragraph in the for the foundation, and two buttons more like a vision than ever. Party scarcely think of any other material a dialect story if you have no knowl- newspaper or in a book and then told in front and two more in back are suf- trocks in the abstract are a veritable but batiste for developing this partieedge of the language that forms the i' in his own words. The practice ficient to maintain one of little sister's inspiration to the designer, particular- ular dream. That a complement dainhest part of the anecdoje. But you gave him an easy diction, a facility at skirts. That is an unforgivable ex- 13 when wearer is to be young and ty valenciennes would be! And what can read one good joke or short tale self-expression and appoise in conver- aggeration, though, about little sis- slim and innocent and appreciative of a shimmery allver, blue sash and and make it your own, so that in the sation. Can't you make up your mind tor's waist measure. Just by way enough of the frock to carry it well blue slik crochet buttons on the colof suggestion, too, two layers of or- That's half the battle, you know, the lar ends as finishing touches?