

What Causes Subluxations of the Vertebrae?

We are frequently asked this question. The spine being the foundation of the entire skeleton, every jar or strain to which the body may be subjected, any violent contraction of the muscles attached to the vertebrae, is immediately concentrated upon the spine itself and may, by wrenching some of the ligaments binding the vertebrae together, displace one or more of these bones from their normal position.

However, falls and blows are not the only causes. The sudden effort to prevent a fall or escape some threatened danger, the turning and twisting of the body during sleep while the muscles are relaxed, are often causes of subluxations which impinge the trunk nerves and gradually and often immediately disease appears.

Chiropractic Adjustments

taken after any fall or blow will insure you against any of the complications which might otherwise follow.

Dr. Loretta H. Starba
9-10 Peebler Bldg.
Over the Workingmen's Clothing Store.

FRANK TROEH BEATEN IN SHOOT AT SPOKANE

C. C. Hedger of Oroville, Wash., Winner in 150 Bird Event.

SPOKANE, May 21.—C. C. Hedger of Oroville, Wash., took down the individual honors in the 150 target event of the inland empire trapshooting tournament Monday with a score of 145 out of 150. When Hedger faced the third trap to shoot off his final 20 targets of the event he also faced the situation of going straight to win the contest, as Frank M. Troeh of Vancouver, Wash., doubles champion of the United States, finished the contest with 144 out of 150 and to drop one target meant a tie with Troeh and dropping two targets meant losing first honors.

Hedger was equal to the emergency and he smashed the 20 blue rocks in the final test, finishing with five targets down in 150. Frank M. Troeh took second honors in the event, with 144 out of 150 and C. E. Rueger of Spokane and Dr. Heuston of Kallispell, Mont., tied for third honors with 141 out of 150.

Professional honors in the big event were divided between Hugh Poston of San Francisco, A. W. Woodworth of Spokane and Hy Pfirrmann of Spokane. Each of the pros gathered 144 out of 150, but their scores count only in the year's average figures and are not taken into consideration in figuring the winners in the event. Hugh McElroy of Spokane shot himself into the money by counting 140 out of 150 in the amateur event. Other good professional scores were made by E. A. Dryden of Spokane, 141; L. N. Reid of Seattle, 142; F. C. Reith of Tacoma, 141.

WANTS 6 YEARS FOR FORTUNE; IS TOLD ESTATE IS INSOLVENT

NEW YORK, May 21.—Townsend P. Smith, of No. 1668 Oliveville avenue, the Bronx, waited six years to share in what he believed was an ample fortune left by his grandmother, Mrs. Emma Louise Pinkney. His patience was rewarded with the knowledge that she died insolvent.

The grandson, who appeared before Surrogate Cohan, wanted to know why his uncle, Cornelius E. Pinkney, a lawyer, with offices in the Woolworth building and living at No. 216 Madison avenue, delayed filing an accounting of the estate.

Through his counsel, Mr. Pinkney explained that he with other members of the family, believed their mother had left more than \$500,000 in a safe deposit box. But when the box was opened to their great astonishment it produced only a promissory note for \$5000.

Mr. Pinkney explained the family deferred filing an accounting because they did not want to know their mother had died a bankrupt. However, the grandson thought it strange that Mr. Pinkney had permitted his bond of \$50,000 as administrator to remain effective when there was no estate to administer, and Surrogate Cohan directed the son to render an accounting within twenty days.

"Shimmer" Dance Condemned, KANSAS CITY, May 21.—Mayor H. A. Mendelhall of Kansas City, Kan., yesterday prohibited all dances that were known as "shimmer" and others which had an "immoral or vulgar" tendency.

4 FRENCH AVIATORS ENTER MOTOR RACE



From top to bottom: Louis Wagner, Rene Thomas, Albert Guyot, Jules Bablot? Four European racing stars, heroes of the world war, in four new Ballot machines built in France for the 1919 Victory sportsweek at Indianapolis are confident of grabbing off premier honors in the resumption of the Hoosier classic May 21. They are Rene Thomas, Jules Bablot, Louis Wagner and Albert Guyot. The quartet served France in the aviation branch and performed feats in the air rivaling their records on the racing track. Thomas won the 1914 race at Indianapolis. Guyot scored third in the same race. Bablot was formerly head of the Delage racing team. Wagner won the 1906 Vanderbilt cup

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For your own satisfaction compare Camels with any cigarette in the world at any price!

R. J. REYNOLDS TOBACCO CO., Winston-Salem, N. C.

18 cents a package

Girl Dies of Fright After Burglar's Visit

JACKSON, Tenn., May 21.—Rendered speechless by the appearance of a masked thief carrying a flashlight with a burning red glow, Miss Ruth Leech, 21-year-old daughter of Mr. and Mrs. W. E. Leech of 532 East College street, died of fright a few hours later.

The father of the girl is a night watchman at a local factory and it has been his custom to return home just before daylight. The girl, awakened by the presence of the man in the room, spoke to him, thinking it was her father. The intruder made no reply, whereupon the girl became numb with fear.

The robber darted into Mrs. Leech's room and began opening the trunk, when Mrs. Leech asked him who he was and what he wanted. During the struggle the girl's door slammed back through the girl's room, he slammed the door and made his exit through an open window. Upon going to her daughter's room Mrs. Leech found that she was in a dying condition. Thinking perhaps she had been choked by the robber, Mrs. Leech made a hurried examination, only to find that her daughter had been frightened to death.

Had All He Wants of War, Desires Divorce

SEATTLE, May 21.—George W. Brunz, world war veteran, suffered all kinds of hardships and privations when he went through the battle of the Marne, and was severely wounded.

Brunz has had all he wants of war, but he says he'd again go through the Marne, Chateau-Thierry and all the other battles in which he participated rather than live with his wife, so he has filed suit for divorce.

For Sour Stomach

Bloating, Gas, Coated Tongue, Sick Headache, Bad Breath, Biliousness, Indigestion or Constipation—take FOLEY CATHARTIC TABLETS. They cleanse the bowels, sweeten the stomach and invigorate the liver. Do not gripe or sicken.

P. S. Mehan, Elm St., Hancock, Mich.: "I have given Foley Cathartic Tablets a thorough trial and can positively state that they are the best laxative."

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We Sell

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that have successfully operated the farms of Umatilla County.

Big stock of parts and real service.

Sturgis & Storie
Pendleton, Oregon. East Court St.

The battle of our Civil War having the highest mortality rate was Gettysburg—"the high tide of the Rebellion"—where 23 men were killed out of every 1000 engaged. Mortality rates in some other important battles were: First Bull Run, 49.7; second Bull Run, 45.4; Antietam, 29.7; Chickasaw, 42.6; Fredericksburg, 33.1; Wilderness, 31.2; Spotsylvania, 41.3.

Are You Going?

to heat up your kitchen this summer just because you want to do some ironing.

An electric iron will save you many steps. You can iron in a cool room, in "cool comfort." The cost of operating an electric iron is no greater than ironing with the old sad irons with wood and coal at its present price.

You should utilize the electricity and gas as much as possible as the price has not advanced one cent although many of the items we use have advanced from 20 to 100 per cent.

Pacific Power & Light Co.
Always at Your Service.

"Going Up" is a Sky-scraping Success

FULL of entrancing melodies, funny situations and pretty girls and presented by a cast of principals of the first class, Cohan & Harris' newest musical novelty, "Going Up," offers a particularly enjoyable evening's entertainment.

George M. Cohan and Sam H. Harris, who never do anything by halves, have been overlavish in expenditure for this particular musical play, the result being one of the most elaborate scenic and costume comedies that has been presented by this firm in several seasons.

As to the musical comedy itself, Otto Harbach and James Montgomery have supplied the book and lyrics and Louis A. Hirsch the music, which should be sufficient guarantee that it has a real story full of fun and melody.

The story told in "Going Up" is interesting. The hero has written a book on aviation, in one chapter of which he describes a sensational flight. The description is so vivid his friends are convinced that the author himself is an aviator.

A real, honest-to-goodness birdman shows up and the author's friends, proud of his prowess, arrange a race in the air, and it is the hero's efforts to keep from going aloft and what happens to him when he is finally forced to take the air that forms a series of thrilling and unusual situations in this very unusual musical play.

OREGON THEATER, THURSDAY, MAY 22.

HIP-O-LITE

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"The Richest Whipped Cream"

Now prepared in absolute ready-to-use form for household use. No cooking, no sugar, no chance of failure. Serve it with Gelatine desserts, pudding, fruits, berries, tapioca and with any dessert that needs a sauce.

Just as it comes in the jar Hip-o-lite is the same cake filling that caterers use. A frosting that will stand up and will not run. Soften Hip-o-lite with water or milk, and whip to a heavy cream. It can be used wherever you use whipped cream, and will not sour.

Wonderful Isn't It!

Hip-o-lite, pint 40c
Hip-o-lite, quart 75c

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