



# HELP!

You may be able to defend yourself from a frontal attack, but how about it if you are held up from the rear?

Your body has to fight constantly against disease. It isn't always a fair fight, because constipation is a treacherous enemy that you usually don't recognize until too late.

Stagnating, poison-forming food waste in your large intestines, helps disease to attack you and hinders you from defending yourself. Such self-poisoning causes over 90% of human illness.

You may be held fast for months in the grip of constipation, trying vainly to free yourself by taking castor oil, pills, salts, mineral waters, etc., in order to force the bowels to move. Not only will the constipation grow worse with the continuance of such remedies but you will be less able to defend yourself against the attack when it comes.

On the other hand, Nujol overcomes constipation and brings about the habit of easy, thorough bowel evacuation at regular intervals. It acts gently and harmlessly, at all ages under any conditions.

Take Nujol and constipation can't sneak up on you and cripple you when you least expect it. Get a bottle of Nujol from your druggist today and write for free booklet "Thirty Feet of Danger."

**Warning:** Nujol is sold only in sealed bottles bearing the Nujol Trade Mark. All druggists. Insist on Nujol. You may suffer from substitutes.

**Nujol Laboratories**  
STANDARD OIL CO. (NEW JERSEY)  
50 Broadway, New York



Regular as Clockwork

Nujol Laboratories, Standard Oil Co. (New Jersey)  
50 Broadway, New York. Please send me free booklet "Thirty Feet of Danger"—constipation and auto-intoxication in adults.

Name \_\_\_\_\_  
Address \_\_\_\_\_

## GOING UP! KNEES TO BE FIRST STOP FOR SUMMER SKIRTS



The life of the long tight skirt will be the shortest on record. If femininity in general obeys the mandate of fashion, as no doubt it will. Slaves of fashion they glory in their servility. One short season and the long tight skirts must give way to the still tight but short skirts.

It's time for the bowlegged girl to weep. She looked upon the long tight skirt as a friend in need, ready to shield her from the ridicule of a cold, hard world. The summer will be a hopeless season for the bowlegged girl. Then the knockkneed girl will have her innings.

A knockkneed style of locomotion is about to be introduced with the new skirts and the world is awaiting the genius who will dub the new walk with a name!

The hobbled ones of today needs must take the chain that joins their ankles together to keep them from splitting the long tight skirts and clasp it around their knees to serve the same purpose for their new short—and still tight skirts.

## DEMOCRATIC LEADER MUST RESIGN PLACE

PORTLAND, April 1.—Will H. Hornbrook, Democratic national committeeman from Oregon, will resign his committee seat upon his early removal from the state, according to his announcement in connection with the purchase of the Columbia at Vancouver, Wash. He will become editor of the Columbia on Tuesday. Mr. Hornbrook, formerly publisher of the Albany Democrat, and once United States minister to Spain, was elected to the Democratic national committee at the last general election and has just returned from his first official meeting with that body at Washington.

## Walla Walla Pioneer Passes at Age of 93

WALLA WALLA, April 1.—J. M. Gose, California pioneer of 1859 and of Walla Walla in 1865, died of paralysis Saturday night, aged 93. Mr. and Mrs. Gose celebrated their 65th wedding anniversary here February 21. For 50 years they lived on the same farm near Walla Walla. Mr. Gose is survived by four children, attorney T. P. Gose of Walla Walla, ex-Supreme Court Judge Mack Gose of Pomeroy, Dr. J. E. Gose of Dixie and Mrs. Dorothy McCurdy of Colorado. Mr. Gose was a native of Kentucky.

Drinking may induce a general good feeling, but the good feeling isn't there the next morning.

Occasionally a man knows a good thing when he sees it, but most men are too dignified to recognize it.

## Idaho Has Commission For State Government

BOISE, Idaho, April 1.—Idaho went under a new system of state government today, the cabinet or commission form. One member of the cabinet, John Kirby White, qualified by taking the oath of office and filing his bond and immediately entered upon his duties. He took over the management of the state sanitarium at Nampa.

Seven of the nine cabinet members have been selected. The commissioners of law enforcement and immigration, labor and statistics are still to be appointed. Governor Davis stated today that he had two men in view and was endeavoring to get a definite understanding with them.

It is better late than never; but the man who buys a summer suit in March is rather early than late.

## HAS MILLIONS BUT IS REGULAR BOY



THOMAS A. YAWKEY

Listen, fellows, if you had \$20,000,000 would you rather play football than own an auto?

Do you think the movies would be good enough for you and would you want to study Latin?

Well, may be Thomas Austin Yawkey is a little queer in liking Latin, but he's a regular fellow every other way—just 16—and he isn't a bit snobbish because he's going to get a little old \$20,000,000 from his uncle's estate.

His uncle was for years one of the owners of the Detroit Tigers, and Young Yawkey is fond of sports, fond of baseball and of football, too. He's won a gold watch charm for playing good football.

## With Cartoonist Satterfield in Washington



## "SATS BEAR" INTERVIEWS THE WEATHER MAN

BY SATS BEAR

WASHINGTON, D. C.

DEAR FRIENDS: Sat and I have been interviewing the man who gives out the weather for all these more or less United States.

When it comes to handing out snow in winter, rain in April, sunshine in June, I'm no cub myself. But I thought I'd get a few pointers from the Big Chief of the weather deponents of the country.

His name is Prof. Charles F. Marvin, and he sits behind a desk in a nice, quiet, peaceful office up on M-st, surrounded by maps with all kinds of funny lines and figures on 'em and tags stuck in 'em.

I thought the main hang-out of Uncle Sam's weather deponents was going to be a breezy sort of place with jags around the walls labeled "Snow," "Rain," "Wind," "Hail," etc.

But it's nothing of the sort. It's a plain red brick building with a big lawn out in front and another building behind where they print the funny maps from lithographers' stone, up on top is a tower with four balls whirling around it to tell which way the wind is blowing, or something like that.

Well, we sat in a nice big, soft easy chair that a pleasant lady asked us to take and waited until Prof. Marvin had doped out the weather for that day.

Then he called us in and asked us to sit down on a big leather sofa while he talked about his job. He's an awfully nice fellow, and he doesn't look at all like the wise old boarded professor I had expected

to meet. He doesn't talk like that, either. He's just a regular human being.

But believe me, he's got some job. Every day he gets reports by wire, twice a day, from the weather men in 200 cities all over the country. Besides these 200 deponents he has about 6000 other people working for him, he said.

"You see, we have a pretty big establishment," he told us. "When the reports on the temperature, wind velocity, barometric pressure, and the amount of rain falling come in from our 200 offices, we get a map ready and engrave lines on lithographers' stone which show the temperature in all parts of the country. Also we put on little arrows showing the direction of the wind, with a circle on each. If the circle is empty, it's clear; if it's half black, it's partly cloudy, and if it's all black, it's cloudy."

"This map also shows the parts of the country where rain fell in the previous 24 hours. Then we set up in type the temperature at various places, take a proof of it and transfer it to the stone. Then the whole thing is printed in three colors and is distributed, so any one can see at a glance just what kind of weather it is in any part of the country."

"But that's only a small part of our work. We save shippers millions of dollars every year by our weather warnings. Every Saturday we issue a forecast of the weather for the coming week. About 10 or 15 times out of a hundred we hit it wrong, but most of the time our forecasts can be depended on."

## Farmers Refuse to Set Clocks Ahead One Hour

WALLA WALLA, April 1.—City residents turned their clocks ahead Sunday, but many farmers did not and say they will not. They declare the daylight saving plan does not work on farms, especially in the harvest season, when dew on grain interferes with early work. They say also men refuse to work after 6 o'clock and if they want to come to town it makes it too late. Very few of the farmers changed their clocks.

## Yakima Anglers Await Clear Water for Drive

YAKIMA, April 1.—Two thousand game and fishing licenses have been taken out by Yakima county anglers, E. C. Greenham, county game warden announced last night after a trip through the county to check up on the work. He believes conditions are not favorable for good fishing as the water is high and muddy in most streams.

## Backache? Rheumatism?



Those of us who are past middle age are prone to eat too much meat and in consequence deposit lime-salts in the arteries, veins and joints. We often suffer from twinges of rheumatism or lumbago, sometimes from gout, swollen hands or feet. There is no longer the slightest need of this, however, as the new prescription, "Anuric," is found to give immediate results as it is many times more potent than lithia, in ridding the impoverished blood of its poisons by way of the kidneys. It can be obtained at almost any drug store, by simply asking for "Anuric" for kidneys or backache. It will overcome such conditions as rheumatism, dropsical swellings, cold extremities, scalding and burning urine and sleeplessness due to constant arising from bed at night.

Send to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., for a 10c trial package.

MADERA, CAL.—"I recommend Doctor Pierce's Anuric very highly. I have suffered for the last three years with catarrh of the bladder, having tried every remedy I heard of but without relief. I saw Anuric advertised in the paper, and like a drowning man grabbing at a straw I thought I would try it also, which I did with great success, as it relieved me almost immediately, before I had taken all of the trial package, and having great confidence in the remedy I immediately sent to the drug store and bought a full-size package. I can say to all suffering from any disease of the kidneys or uric acid troubles, try this remedy and suffer no longer. I have great faith in Dr. Pierce's remedies."—G. F. BROWLEY.

## DULL, SPLITTING, SICK HEADACHE

Dr. James' Headache Powders relieve at once—10 cents a package.

You take a Dr. James' Headache Powder and in just a few moments your head clears and all neuralgia and distress vanishes. It's the quickest and surest relief for headache, whether dull, throbbing, splitting or nerve-racking. Send someone to the drug store and get a dime package now. Quit suffering—it's so needless. Be sure you get Dr. James' Headache Powders—then there will be no disappointment.

# Oregon Theatre 7

## MONDAY, April

America's Most Popular Romance.

OLIVER MOROSCO PROFFERS

THE SUCCESS OF SUCCESSES

THE MOST TALKED OF PLAY OF THE CENTURY.

# THE BIRD OF PARADISE

BY RICHARD WALTON TULLY, AUTHOR "OMAR THE TENTMAKER"

HEAR THE HAWAIIAN SINGERS & DANCERS SEE THE WONDERFUL VOLCANO SCENE

A PLAY OF A WOMAN'S SOUL

The Play that made Hawaiian Music Famous. Presented by the same magnificent company Hawaiian singers and players that is seen in Portland, Seattle and Boise. The most talked of play of the century.

PRICES—\$1.50—\$1.00—50c.

Seats on Sale at Thompson's Drug Store.

## Clean Up—Paint Up

Make your home speak the pride that is within you. Plant grass and flowers. Trim up the vines and shrubbery. Paint your house with

### Low's Brothers HIGH STANDARD LIQUID PAINT

—the investment paint. It will make your home a better place to live in. The value of your property will be increased.

You will need fewer gallons of HIGH STANDARD than of ordinary paint—HIGH STANDARD goes so much farther. It will give your buildings complete weather protection.

Let us show you color samples.

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