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- Mountain Potatoes, best grade, sack.. \$1.25

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### Daily Chats With the Housewife

**Menu.**  
**MONDAY—WHEATLESS**  
 Scalloped peas, glazed, baked sweet potatoes, pineapple, cabbage salad. Toasted oat bread. Coffee.  
**TUESDAY—MEATLESS**  
 Peas in timbales. Creamed parsnips. Johnny cake toasted. Butter. Stuffed celery. Apples.  
**WEDNESDAY—WHEATLESS**  
 Purée of peas. Olives. Radishes. Olla podrida. Homemade soy bean bread. Coffee. Apricot whip.  
**THURSDAY.**  
 Potatoes stuffed with peas. Corn meal wafers. Butter. Lemon iced. Toasted buttered crackers. Peas with pimentos. Barley bread. Lemon marmalade. Coffee.  
**SATURDAY.**  
 Pinto bean stew. Rye bread. Peas, pepper salad. Corn meal puffs. Whipped cream.  
**SUNDAY.**  
 Mutton chops. Mint sauce. Potato snow. Patties of peas. Cabbage salad. Ice cream. Bachelor buttons.

The following table from a government report will show the comparative food values of:

Wtr	Fat	Str	Ash
Canned peas... 32.2	3.6	3.3	9.3
Dried peas... 9.5	24.6	1.1	61.2
Spring wheat... 12.3	11.7	1.1	74.5
Winter wheat... 11.9	10.7	1.1	75.8
Lean beef... 7.0	21.1	7.9	1.1

This table shows that canned peas as compared with dry peas contain nearly nine times as much water and that the housekeeper who uses canned peas is paying a heavy bill for water. Dry peas have more than twice as much protein as winter wheat and nearly four-fifths as much starch.

**Green Peas a la Francaise.**  
 2 cups of shelled green peas or cooked dry peas (which are cooked almost tender).  
 2 tablespoons butter or fat.  
 1 cup water.  
 6 sprigs of parsley.  
 4 new green onions, sliced.  
 1 head of lettuce.  
 1-2 teaspoon salt.  
 1-2 teaspoon paprika.  
 Melt butter, add water, peas, onion lettuce and parsley. Cover tight, cook slowly fifty or sixty minutes. Shake frequently to prevent burning. Add a little boiling water if needed. When tender add salt and pepper. Remove the parsley. Serve hot.

**Peas Potage (French).**  
 1 can peas.  
 2 cups cold water.  
 2 slices onion.  
 1-2 teaspoons sugar.  
 1 cup chicken soup.  
 1 tablespoon oil.  
 1 tablespoon flour.  
 1-2 teaspoon salt.  
 1 cup milk (boiling).  
 6 sprigs fresh mint.  
 1-2 cup cooked rice.  
 Drain and rinse peas. Mix peas, rice, onions, sugar, chicken soup and seasoning. Cook thirty minutes. Cream oil and flour, stir into soup, cook five minutes. Put through strainer, add boiling milk. Put in sprigs of mint, remove mint before serving.  
 When chicken salad is made or chicken is laid the bones and scraps will make the stock for this potage.

**Peas and Cheese Salad.**  
 1 cup of cooked peas.  
 1 cup of finely diced American cheese.  
 1 cup of sour cream.  
 Arrange lettuce leaves in a bowl. Mix cheese and peas, stir in sour cream. Fill bowl. Serve cold with oatmeal sticks.

**Peas Pineapple Salad.**  
 1 cup canned peas.  
 1 can pineapple.  
 1 cup whipped sweet cream.  
 1 head of lettuce.  
 1-4 teaspoonful salt.  
 Dice pineapple. Drain and wash

## New Spring and Summer Hats

For the young ladies as well as the girls. Some very "smart" things are shown in this display. Nice quality of straws neatly trimmed. Very nifty shapes. The very nicest Hats for street wear can be found here.

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## EAGER ONES WANT NAVAL OFFENSIVE

WASHINGTON, April 10.—The pressure for a naval offensive supplementing the costly infantry action is manifested anew in army and navy quarters.

Some officers predict more aggressive sea action before July. One big official predicted that the allied navies would strike Zebrugge and Wilhelmshaven or Heligoland itself.

"Britain can not afford a big gamble. Yet I expect action before July," Acting Navy Secretary Roosevelt is known to favor aggressive action.

Older navy men think the chances are too great.

**Jobs Is Jobs.**

A. Gunn has a hardware and sporting goods store at Grantville, W. V.

A. Hottel has a restaurant at Wheeling, W. V.

A. Slaten is in the poultry business at Navarre, Ohio.

John Kall is cashier of a bank at Sola, Ohio.

O. Soles is a shoemaker at New Franklin, Ohio.

A. Klinker is a coal dealer at Fulton, West Virginia.

**GUARD DEFEATS SUBS**

WASHINGTON, April 9.—An American armed guard on the El Occidente defeated two submarines in a 20 minute running battle on February 2. One received a demolished periscope and both fled.

## OUTBURSTS OF EVERETT TRUE



## PLAYING KNITTING? HUH! SHE IS NOT!



Here is the youngest knitter in America. Miss Elizabeth Doudican is her name. She is four-going-on-five and she lives at Fishers, Ind., where she attends every Red Cross knitting circle. Some of the men in service right now are wearing things she knitted.

## Long War Predicted At Chicago Meeting

CHICAGO, April 9.—There will be five and perhaps ten more years of war, agree business leaders who are here for the United States Chamber of Commerce convention. They are counting on ultimate though costly victory and planning for great industrial changes following the war. Edward Flicke, a Boston merchant said, "I know the government plans are adapted for indeterminate warfare of over five years. The next six months will bring the shipping crisis."

Merle Thorpe, editor, said, "The nation's business must prepare for a five or possibly a ten year war."

## WILL FIX PRICE ON COTTON GOODS

WASHINGTON, April 10.—The fixing of all cotton goods, including army duck and calico, appeared a likely result of the conference between cotton goods manufacturers and the price fixing committee of the war industries board. An acute shortage which is fast growing desperate, forced chairman Baruch to

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### Pay for Widows.

WASHINGTON, April 9.—The house today passed measures protecting carrier pigeons in war service and restoring six months' additional pay to widows and dependents of soldiers killed.

## WHO WANTS THIS SNAP?

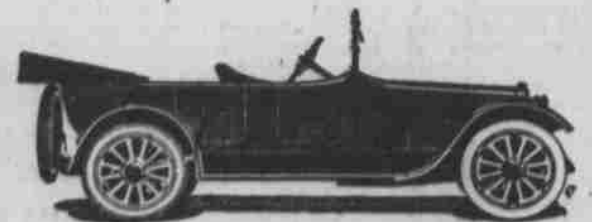
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