### IT PAYS TO PAY CASH AT CONROY'S

WHERE YOU CAN DO THE BEST

525 Main St. Free Delivery.

	Macaroni, Spaghetti, 5 lb. box 55c	
1	Log Cabin Syrupqt. 45c, large size 90c	
	Crisco, small 55c, med. \$1.00, large \$2.00	
	Hershey's Cocon, 1-2 pound	
	Guittard's Pure Ground Chocolate, 1 lb, can 30c	
	None Such Mince Meat, 2 packages 25c	
	Poratoes, cwt	
	Potatoes, cwt. \$1.25 Totlet Paper, 4 rolls	
	Peanut Butter, in jars	
	Peanut Butter, bulk, pound # 20c	
	Onion Sets, 2 pounds	
	Palace Car Jam, 16 oz. jar	
	Palace Car Jelly, giass	
	Monopole and Snider's Catsup, bottle 25e	
	Monopole Jelly Powder, 3 packages 25c	
	A. B. Naptha Soap, 4 bars	
	Bob White Soap, 5 bars	
	Matches, box	
	Evaporated Prunes, pound 19e and 15e	

IT PAYS TO PAY CASH AT CONROY'S



### CONSERVATION of CREDIT

ELIMINATION OF NON-ESSENTIAL CREDIT RE-QUIRED DURING THE WAR. The Twelfth Federal Reserve Bank has sent a cir-cular notice to all banks in the district, announcing that it will look with disfavor on all non-essential

credit paper during the progress of the war. Non-essential means of course non-war essential. "Preparations are being made for government

regulation of credit for corporate financing, intended to restrict or discriminate against credit for non-essential purposes," reads the letter. "The restriction or limitation of credit for other non-essential ourposes is quite as necessary and may, at any time se placed under government regulation, but this discrimination should be immediately initiated and voluntarily applied by banks whose opportunity for such discrimination is immediate. In order to meet the requirements of the government we must have conservation of credit as well as conservation of food. When this war crisis is past bankers may again properly say, 'It is my first duty to care for my cus-

The First National Bank PENDLETON

SECURITY



### LOWE BROTHERS HIGH STANDARD PAINTS

These paints of proven performance show their quality by their looks, life and wear. Results have proved their certain economy.

HIGH STANDARD saves money HIGH STANDARD saves money now and next time.

It saves money "now" because a gallon covers more surface than a gallon of cheaper paint. You will need fewer gallons of HIGH STANDARD. It spreads easier enabling your painter to do a better job intest time.

It saves money "next time" be-cause High STANDARD is a long-wearing paint. You don't need to paint so often. And when after years of service it has gradually worn away, it leaves a good surface for repainting. This means saving of time and ma-terial. terial. .

A New Showing of the Latest Designs in Wall Paper.

Contract and Job Work Promptly Done. L. J. McATEE

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The Practical Paint Man

NOODLES, CHOP SUEY, CHINESE DISHES KWONG HONG LOW 116 West Alta St., Upstairs, Phone 433 116 West Alta St., Upstairs, Phone 433

The Thrill and the Hell of the Trenches, Described by an American Boy SERGEANT McCLINTOCK

Sergeant Alexander McClintock of Lexington, Eg., and the Canadian Army Has Gripping Tale That Every American Will Read for He Tells the Facts—Unadorned. Wounded, a Distinguished Conduct Medal Man, He Was Invalided Home, But Is Going "Out There" Again to Fight For Uncle Sam and His Allies. An Inspiring, Interesting, Personal Narrative, Full of the Spirit and Atmosphere of the Trenches.

us was filled with freshly buried men.

If we undertook to cut a trench or

enlarge a funk hole our spades struck into human flesh and the explosion of

a big shell along our line sent decom-posed and dismembered and sickening

mementos of an earlier fight shower-ing among us. We lived in the muck and steach of "glorious" war, those of

The German Dugout-and What They

Here and there along this line were

Found.

masks. On entering we first saw two dead nurses with our ghastly flash-

hights, one standing with her arm around a post, just as she had stood

when gas or concussion killed her. Sented at a table in the middle of the place was the body of an old general of the German medical corps, his head

fullen between his hands. The task

of cleaning up was too dreadful for

us. We just tossed in four or five fumite bombs and beat it out of there.

A few hours later we went into the

seared and empty cavern, made the

roof safe with new timbers and notified battallon headquarters that the

During this time I witnessed a scene

dian forces came to our trench section

seeking the grave of his son, which had been marked for him on a rude map by an officer who had seen the

young man's burial. We managed to find the spot, and at the old chaplain's

request we exhumed the body. Some of us suggested to him that he give us

the identification marks and retire out of range of the shells which were bursting all around us. We argued that it was unwise for him to remain

in danger, but what we really intended was that he should be saved the horror

of seeing the pitiful thing which our spades were about to uncover.

"I shall remain," was all he said.
"He was my boy."

handkerchief over the face. The old

chaplain stood beside the body and

Bursting Shells.

thing in my life as by that see

The dead man was a young captain.

The philosophy of the British Tom

able reflection of their fine courage

place could be occupied.

us who lived.

their work paying no attention to the

sandbag, was not present in any capacity, and therefore we had no parapets another in that big melting pot from or dugouts. The communication which so few ever emerge whole. The trenches were all blown in, and every only things it is legitimate to steal in thing had to come to us overland, with the code of the trenches are rum and the result that we never were quite "fags" (cigarettes). Every other possure when we would get ammunition, session is as safe as if it wore a patrations or relief forces. The most cut lock.

### No. 5 **WOUNDED IN** ACTION

By Sergeant Alexander McClintock, D. C. M., 57th Overseas Batt. Canadian Gren. Guards

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the abandoned dugouts of the Germans, and we made what use of them Rergeant McClintock, an American boy of Lexington, Ky., has seen service in France, was decorated for bravery, we could, but that was little. I had orders one day to locate a dugout and wounded and invalided home. He is prepare it for use as battalion head-quarters. When I led a squad in to this is the Afth article of the series. In clean it up the odor was so overpow-ering that we had to put on our gas the preceding ones he described how he reached the front, Aghting in Belgium, and then the great preparations for the Somme battle. In this installment he tells of conditions and de-scribes first hand the fighting in that greatest of all battles.

Our high command apparently meant to make a succession the general assault upon the Re-gina trench, in which we were to participate. Three times the order to "go over the top" was countermanded. The assault was first planned for Oct. 19. Then the date was changed to the 20th.

which, with some others, I shall never forget. An old chaplain of the Canaour difficulties, first by compelling us to advance through mud so deep that it and, second, by giving us the hottest little spot in France to hold later.

I was in charge of the second pades were about to uncover.

"I shall remain," was all he said.

"It was my boy."

It proved that we had found the ight body. One of our men tried to up parapets.

Our artillery had given the Germans forty yards ahead of us was so pow-erful that we lost comparatively few en going over-only those who were knocked down by shells which the Germans landed among us through our barrage. They never caught us with their machine gun sweeping until we neared their trenches. Then a good many of our men began to drop, but we were in their front trench before they could cut us up anywhere near completely. Going over I was struck by shell fragments on the hand and leg, but the wounds were not severe enough to stop me. In fact, I did not know that I had been wounded until



through all that hell. They went about It Seemed Almost Certain Death to

The Pastime Sanday and Monday

The Pastime sanday and Monday

The Pastime has secured for Sunday and Monday a pleasing pleture
thich she enjoys. She makes a
the bling pursued by a man in a row
Ward' a drama of love and retribubeat when she rides across a stream,
then, Miss Mason who last appeared she has a terrific struggle in midpendiaga at the Alia theater in stream with her riverse. In other in Pendleton at the Alta theatre in stream with her pursuer. In other The Apple Tree Girl won a host of scenes she shows her ability with a admirers and doubtless the majority gon when, with the aid of a few men, admirers and doubtless the majority gun when with the aid of a few men, who witnessed the Apple Tree Girl who witnessed the Apple Tree Girl will want to see her in her latest picture. "I want to see her in her latest picture "Cy Whiftaker's Ward." In addition will be shown the Universal weekly a newsy pictured magazine of world wide events including views of our boys over across the pond.

EDITH STOREY LIKES

EDITH STOREY LIKES

ATHLETIC ROLES of the Forest Rangers, the Vitagraph

tunities to wear 'sport' clothes and to be a real red-blooded athletic girl who rides, swims and shoots. I love the great outdoors which develops the girl of individuality and 'go-to-it-live-man the girl whose love he finally wins.

- Start Over in Daylight.

I felt blood running into my shoe. checks discation. Poor discation wastes food. Wasted food helps the damaged. So I went on.

Hold Regina Trench at Last, The Regina trench had been taken and lost three times by the British. We took it that day and held it. We went into action with 1,500 men of all ranks and came out with 600.

Finally, at 12:10 noon of Oct. 21, we went. It was the first general assault we had taken part in, and we were in a highly nervous state. I'll admit institute a double defensive, as we had the Germans on our front and on our finnk, the whole length of the start over in broad daylight, yet, as it turned out, the crossing of No Man's held by the Germans. There we had Land was accomplished rather more casily than in our night raids. Our battalion was on the extreme right of fifteen yards from the barricade bethe line, and that added materially to hind which the Germans were fighting. to advance through mud so deep that in contact as flery as that of two live some of our men sank to their hips in wire ends. And meanwhile the Fritzes tried to rush us on our front with nine separate counterattacks. Only one of them got up close to us, and we went wave," or assault line. This is called out and stopped that with the bayonet. Behind our block barricade there was

right body. One of our men tried to clear the features with his handkerchief, but ended by arreading to end came out without a scratch. He was a tall chap named Hunter. For twenty-four hours, without interruption, he threw German "eggshell" bombs from a position at the center of our barricade. He never such a battering and the curtain fire which our guns dropped just thirty to bombs from Fritz's captured storehouse. He projected a regular curtain of fire of his own. . I've no doubt the Germans reported he was a couple of platoons, working in alternate reliefs. He was awarded the D. C. M. for his services in that fight, and, though, as I said, he was unwounded, half the men around him were killed, and his nerves finished in such condition that he had to be sent back to England.

> City May Buy WaterWorks BANDPOINT, Idaho, March 22.— Bonding the city to purchase the local water works system is a question be-

# BETTER THAN CALOMEL

Thousands Have Discovered Dr. Edwards' Olive Tablets are a Harmless Substitute.

a Harmless Substitute.

Dr. Edwards' Olive Tablets—the substitute for calome! — are a mild but, sure laxative, and their effect on the liver is almost instantaneous. They are the result of Dr. Edwards' determination not to treat liver and bowel complaints with calomel. His efforts to banish it brough out these little olive-colored tablets.

These pleasant little tablets do the good that calomel does, but have no bad after effects. They don't injure the teeth like strong liquids or calomel. They take hold of the trouble and quickly correct it. Why cure the liver at the expense of the teeth? Calomel sometimes plays have with the gums. So do strong liquids. It is best not to take calomel, but to let Dr. Edwards' Olive Tablets take its place.

Most headaches, "dullness" and that lany feeling come from constipation and a disordered liver. Take Dr. Edwards' Olive Tablets when you feel 'loggy" and heavy." Note how they "clear clouded brain and how they "berk up" the spirits 10c and 55c c box. All druggists.

EDITH STOREY LAKES

ATHLETIC ROLES

Edith Storey, the star of the Metro

Edith Storey, the star of the Metro

The of the most gripping scenes
ever filmed is shown in "Cavanaugh
Blue Ribbon Feature, which will be
the attraction in the Argade Theatre There were reasons, of course, for the difference between conditions in Belgium and on the Somme. On the Somme we were constantly preparing for a new advance, and we were only temporarily established on ground which we had but recently taken after long drumming with big guns. The long drumming with big guns are long drumming with big guns. The long drumming with big guns are long drumming with big guns. The long drumming with big guns are long drumming with big guns are long drumming with big guns. The long drumming with big guns are long are long drumming which we had but recently have a series of the saturation at the archeatre on Sunday and Mon-rustler prisoners to town. The rough dray, delights in playing athletic roles on the screen.

If fer itz has a shell with your name and number on ft," said a British Tommay dray delights in playing athletic roles on the screen.

If feel that my role of Carma Carmon the feel that my role of Carma Carmon the screen.

If feel that my role of Carma Carmon the screen.

If feel that my role of Carma Carmon the screen.

If fee

Then I discovered the cut in my leg. enemy. Cheerfulness is therefore but saw that it was quite shallow and servation. that no artery of importance had been

I had the familiar feeling of nervous ness and physical shrinking and nausea at the beginning of this fight, but by the time we were halfway across No Man's Land I had my nerve back. After I had been hit I remember feeling relieved that I hadn't been burt enough to keep me from going on with the men. I'm not trying to make my self out a hero. I'm just trying to tell you how an ordinary man's mind works under the stress of fighting and the danger of sudden death. There are some queer things in the psychology of battle. For instance, when we had got into the German trench and were holding it against the most vigorous counterattacks the thought which was persistently uppermost in my mind was that I had lost the address of a girl in London along with some papers which I had thrown away just before we started over and which should certainly never be able to find

I have said that because we were on

(To be continued Wednesday )

# PRICES?"

Be cheerful. Mental depression

# DOCTOR URGED

AN OPERATION Instead I took Lydia E. Pinkham's Vegetable Compound

and Was Cured.



Baltimore, Md.—"Nearly four years
I suffered from organic troubles, nervousness and headaches and every
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stay in bed most of
the timo. Treatments would relieve
me for a time but
my doctor was always urging me to
have an operation.
My sister asked me
to try Lydis E. Pinkh a m's Vegetable
Compound before

to try Lydis E. Pinkha m's Vegetable Compound before consenting to a noperation. I took five bottles of it and it has completely cured me and my work is a pleasure. I tell all my friends who have any trouble of this kind what Lydia E. Pinkham's Vegetable Compound has done for me."—NELLIE B. BRITTINGHAM, 699 Calverton Rd., Balti-BRITTINGHAM, 609 Calverton Rd., Balti-more, Md.

more, Md.

It is only natural for any woman to dread the thought of an operation. So many women have been restored to health by this famous remedy, Lydfa E. Pinkham's Vegetable Compound, after an operation has been advised that it will pay any woman who suffers from such aliments to consider trying it before submitting to such a trying ordeal.

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Dr. Hess Stock Tonic 25 lb. Pail Cost \$2.25

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Leading Druggists.

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# ALTA Today



EDITH STOREY IN.

# The Eyes of Mystery

WHERE HEARTS BEAT HIGH AND LOVE IS KING

ALTA SCREEN TELE-GRAM. Late War News BRAY PICTOGRAPH

VAUDEVILLE THORTON SISTERS In Bits of Harmony.

HOWE & BARLOW Comedy Novelty.

# Arcade Today



Marguerite Clark in

"The Seven Swans"

# Today



Tallman & Co. Whittaker's