

# THE "WRIGHT WAY"

By using the "WRIGHT WAY" of curing meat you can have the best meat that can possibly be produced.

The "WRIGHT WAY" is to use Wright's Ham Pickle for making sugar cured meat and then smoke the meat with "WRIGHT'S SMOKE." Sold by

**Tallman & Co.**  
Leading Druggists.

## Hooverize on Poultry Food, Don't Feed Wheat.

Stydenstein's Poultry Mash and Scratch Food are balanced rations, also Barley, Oats, Bone, Fish Scraps.

**BLYDENSTEIN & CO.**  
Phone 351.

## Con Dung Low

**CHOP SUEY, NOODLES**  
Chinese Style.

**HOT TAMALES, CHILI CON CARNE**  
SPANISH STYLE.

**LUNCHES**

**COFFEE**

Everything clean and up-to-date. **FIRST CLASS SERVICE**

**TEA 5c Package**

**UNDER STATE HOTEL**

Cor. Webb and Cottonwood Sts. Pendleton, Ore.

# ARMAND'S

The only NEW face powder in the past 50 years

Oh yes, there are many, many kinds of powders on the market, but this one is absolutely different from any you have ever had. The price is reasonable, too—

**50 cents**

**KOEPPE'S**

Have it.

## FOR WAR BREAD USE

Weston Best, Rye Flour, Barley Meal, Whole Wheat, Graham Flour, Bulw. Ground.

All Umatilla Products Guaranteed, ask your Grocer.



## Look at Your Teeth

Are they decayed, full of holes and abscessed? If so remember it is the worst thing possible for your health.

**Newton Painless Dentists**

Corner Main and Webb Streets Phone 12 Open Evenings

## NOODLES, CHOP SUEY, CHINESE DISHES

**GOEY'S KWONG HONG LOU**

114 West Alta St., Uptown, Phone 422

## Are You Feeling Old Today?

**MORE OFTEN** than is recognized, middle-aged men and women mistake kidney trouble for on-coming old age.

Tired, weak or deranged kidneys do not filter waste matter out of the blood as they should and backache, tired feeling, biliousness, sore muscles, stiff joints, rheumatic pains, irritation of the bladder, puffiness under eyes or other symptoms or ailments appear.

## Foley Kidney Pills

Strengthen kidneys, stimulate the bladder and tone up the liver. They help the kidneys remove the accumulating poisons and soothe and heal the passages. When the kidneys and urinary tract are doing their work perfectly, the whole system is benefited and restored to health and strength.

Louis Buckner, R. F. D. 1, Box 20, Somerset, Va., writes: "I was feeling all run down, tired with pains in my back. After taking Foley Kidney Pills I felt like a new man and will speak words of praise anywhere I go among my friends. You can see my letter if it will be of any service at all to you." You can get Foley Kidney Pills in two sizes, 50c and \$1.00.

TALLMAN & CO.

## MEAT CAUSE OF KIDNEY TROUBLE

TAKE SALTS TO FLUSH KIDNEYS IF BACK HURTS OR HEAD-ACHE BOthers.

If you must have your meat every day, eat it, but flush your kidneys with salts occasionally, says a noted authority who tells us that meat forms uric acid which almost paralyzes the kidneys in their efforts to expel it from the blood. They become sluggish and weaken, then you suffer with a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sour, tongue is coated and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To neutralize these irritating acids, to cleanse the kidneys and flush out the body's urinous waste get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast, for a few days and your kidneys will then act fine. This famous salt is made from the acids of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate sluggish kidneys, also to neutralize the acids in urine, so it no longer irritates, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure, and makes a delightful effervescent lithia-water drink.

## FEW FOLKS HAVE GRAY HAIR NOW

DRUGGIST SAYS LADIES ARE USING RECIPE OF SAGE TEA AND SULPHUR.

Hair that loses its color and lustre, or when it fades, turns gray, dull and lifeless, is caused by a lack of sulphur in the hair. Our grandmothers made up a mixture of Sage Tea and Sulphur to keep her locks dark and beautiful, and thousands of men and women who value that even color, that beautiful dark shade of hair which is so attractive, use only this old time recipe.

Nowadays we get this famous mixture improved by the addition of other ingredients by asking at any drug store for a 25 cent bottle of "Wyeth's Sage and Sulphur Compound," which darkens the hair so naturally, so evenly that nobody can possibly tell it has been applied. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By merrily using the gray hair disappears, but what delights the ladies with Wyeth's Sage and Sulphur Compound, is that besides beautifully darkening the hair after a few applications, it also brings back the gloss and lustre and gives it an appearance of abundance.

Wyeth's Sage and Sulphur Compound is a delightful toilet requisite to impart color and youthful appearance to the hair. It is not intended for the cure, mitigation or prevention of disease.

## OUR PRESIDENT IN WARTIME



WITH HIS FAMILY

How many of the world's big men give their families as definite and important a place in their lives as they do their work? There is at least one—Woodrow Wilson—who devotes to his family the very center of his daily life.

There is a sacred hour, the lunch hour, which is reserved for his family when an outsider is permitted to intrude.



## Daily Chats With the Housewife

### Market Quotations for the Housewife.

At last we are to have an adequate answer to the eternal question, "What is really a fair price for me to pay for the food which goes to my table?" The answer comes in the form of lists of wholesale and retail prices prepared under the auspices of the Federal Food Administrators and in the various states and printed in the newspapers, called "Market Quotations for the Housewife" or by some such title. Along with the price list there may be short statements telling facts of interest about different foods.

These "shopper's guides" are now appearing in many of the big city dailies and in smaller newspapers throughout the country. By consulting this table one can see whether or not she is contributing more than a fair profit to the support of the wholesaler or the retailer. And it also vindicates the wholesaler or retailer dealer from many accusations, if he is not guilty.

So great has been the success of this newspaper first aid to the shopper where it has been tried out, that the Federal Food Administrators of the different states have decided to make it general.

Each state and each locality has its own problem to be considered. A plan favored by many of the Administrators is to have one representative from each class of retailers to compose a general conference board, from which is selected an executive committee to determine fair margins of profit upon the commodities to be listed.

There are frequently footnotes appended to the list of prices calling particular attention to commodities that are scarce, those that are normal and those that are plentiful. This gives the buyer, the retailer and the wholesaler an opportunity to cooperate, share the benefits and hardships of buying and selling foods, and generally understand each other better.

It is not necessary to tell any housewife to study these tables; she can see for herself the benefit to be derived from them.

Lunches for Office Workers Who "Carry Their Own."

- 1. Hard boiled eggs
- Raisin bread and butter sandwiches
- Celery
- Small jar of honey.
- 2. Hamakin of baked beans
- Brown bread and butter sandwiches
- Apple sauce
- Chocolate covered cherries.

- Cold chicken
- Bread and butter
- Cranberry sauce
- Maple Sugar
- Raisin Bread.
- 1 cup rye flour.
- 1 cup buckwheat flour.
- 2 teaspoons baking powder.
- 1-2 teaspoon salt.
- 1 cup milk.
- 1-2 cup brown sugar.

## LEARNING WITHOUT MORALS A MENACE, SAYS EDUCATOR

Sir Robert Falconer, receiving U. of P. Degree, Cities Germans; Gives Praise to Washington.

PHILADELPHIA, March 1.—The degree of doctor of laws was conferred upon Sir Robert A. Falconer, president of the University of Toronto, Canada, by the University of Pennsylvania at the annual University Day exercises of the institution. Fifty students received degrees.

Sir Robert, who holds the honorary degree of doctor of literature from the University of Edinburgh and doctor of laws from Princeton University, Glasgow University and the institution which he heads, was the principal speaker at the exercises. His subject was "A Distinctive Feature of the English University Suggested by George Washington."

The speaker declared that education in a person without moral caliber is a menace to the country. The Germans he held up as "a people whose education had been working along moral lines, and asserted that the university educated pacifist was a dangerous citizen.

Sir Robert called attention to Washington's repeated warnings that moral education was essential in all teaching.

Thomas A. Edison, who also was to have been honored with a degree by the university, was prevented from attending by war duties.

Events in Russia have about asphyxiated the Russian attempt to kill the Germans with kindness.

# Dr. Caldwell's Syrup Pepsin

The Perfect Laxative

is an ideal remedy for constipation. It is a combination of simple laxative herbs with pepsin that acts in an easy, natural manner, and is as safe for children as it is positively effective on the strongest constitution.

Sold in Drug Stores Everywhere  
50 cts. (two sizes) \$1.00

A trial bottle can be obtained, free of charge, by writing to Dr. W. B. Caldwell, 457 Washington St., Monticello, Illinois

Nature always plants good seed in the human heart, but the heart isn't Washington's veracity is not sufficient, always whiff it should be, by admitted.

# Go Get It!

Don't trust to luck and get left.

**D**ISPOSING of what you have or getting what you want is no longer a matter of luck.

It's a matter of going after the people whom you want to reach.

Thomas Dreier, editor of "Associated Advertising," the official organ of the Associated Advertising Clubs of America, said recently: "The way to get what you want is to find out the man who's got it, and then go after him and hang on."

And isn't that good logic? Isn't it a fact that none of us is really independent—that we are all interdependent—that the things one man has serve to supply the needs of some other man—that we are all subject to the great law of Supply and Demand?

Take the Want Ads, for instance. Do they not form a daily market place where the man who wants to sell can get in touch with the man who wants to buy—where the woman who wants a domestic can get the attention of the domestic who wants a job—where the man who is looking for a position can reach the eye of the employer who is looking for men?

I venture the assertion that eight persons in every ten have never thought about, and consequently never realized, the far-reaching power of the Want Ad columns in The East Oregonian.

The people who use the Want Ads aren't trusting to luck.

They are going after what they want in a mighty quick, sure and inexpensive way.

Remember, you can telephone in the copy and the telephone number is 1.

## THIS CORN WILL PEEL RIGHT OFF!

"Gets-It" Makes Corns Come Off The "Banana-Peel" Way!

Who have to "flop on the letter 'Z'" and with bulging eyes draw your face up in to a wrinkly knot while you squawk and pull at the "stick" of a tender corn? That's the old, savage way.



2 or 3 drops Applied in a Few Seconds

There's no Fussing or Cutting.

"Gets-It" is the modern, painless, simple way. Lean over and put two drops of "Gets-It" on the corn, put your stocking and shoe right on again, and forget the corn. Pain is eased.

"Gets-It" has revolutionized the treatment of corns. It never irritates the true flesh. You'll stop limping on the side of your shoe, and do away with greasy salves, burning bandages, thick plasters, and painful methods. Use "Gets-It." It's common sense.

"Gets-It" is sold by all druggists (you need pay no more than 25 cents), or it will be sent direct by E. Lawrence & Co., Chicago, Ill.

Sold in Pendleton and recommended as the world's best corn remedy by Tallman & Co.

## Ohio Man Is Modern Wizard

Discovers magic ether compound which loosens a corn so it lifts right out

Good news spreads rapidly and druggists here are kept busy dispensing freezane, the ether discovery of a Cincinnati gentler which is said to loosen any corn so it lifts out with the fingers.

Ask at any pharmacy for a quarter ounce of freezane, which will cost very little, but is said to be sufficient to rid one's feet of every hard or soft corn or callus.

You apply just a few drops on the tender, itching corn and instantly the soreness is relieved, and soon the corn is so shriveled that it lifts out without a particle of pain. It is a sticky substance which dries when applied and never inflames or even irritates the adjoining tissue.

This discovery will prevent thousands of deaths annually from lock-jaw and infection heretofore resulting from the suicidal habit of cutting corns.