

Daily Chats With the Housewife

UNIVERSITY OF OREGON, Eugene, Dec. 12.—Must this be a candy-less Christmas? "No, indeed," says Lillian Tingle, head of the home economics department of the University of Oregon, "make sugarless candies." In this way the "kiddies" may have their accustomed Christmas sweets in spite of the war and in accordance with the food pledges.

Miss Tingle uses her kitchen as a laboratory here she experiments with different combinations and proportions of materials, leaving out the sugar entirely or using the minimum amount—one cup to five pounds of candy. As substitutes she uses corn syrup, maple syrup, honey, and molasses for making the chewy or pulled candies. The cream varieties, she says, should be absolutely taboo this year but candies of the marshmallow or soft nougat type, made with gelatine and egg whites and without sugar, may well take their place.

In speaking of other war-time sweets, Miss Tingle mentioned candied fruits as being very palatable. "They can be made from last summer's preserved fruit," she said, "with little or no additional sugar, as follows:

"Drain fruit from all syrup, sprinkle with dry sugar, and dry in wa-

ing oven or over a radiator or register until no longer sticky. Sprinkle with sugar and pack in layers between oiled paper. If the fruit has been canned with too little sugar, it may be boiled in corn syrup and redrained before drying.

"Popcorn balls can be made with corn syrup or honey and a tablespoon of vinegar or lemon juice."

Miss Tingle uses peanut butter in combination with corn syrup, honey, or made syrup as a basis for many nutritious confections. The recipes which she has originated and tested follow:

Cinnamonace.
Two cups peanut butter, 2-3 cup powdered sugar, 2 or 4 tablespoons to taste cocoa or melted unweetened chocolate, 1-2 teaspoon vanilla, 1-2 cup corn syrup, to moisten, a few grains of salt. Mix all together to a flexible paste, mold into a loaf, let dry a little, then cut into squares.

Mazipan Potatoes.
One cup peanut butter, 1-2 cup powdered sugar, a few drops almond flavoring, about a teaspoon or more of egg white, 1 teaspoon lemon juice if liked. Knead into a flexible paste, roll small portions around walnuts, almonds or raisins, shape into small potatoes about an inch long and roll

In cocoa. For superior candy use finely ground almonds or half almonds and half peanut butter. This mixture may be rolled in the shape of small apples or pears with centers of fruit paste and lined on the outside with fruit juice.

Just Candy.
One cup peanut butter, 1-3 cup maple syrup, 2 tablespoons powdered sugar, a few grains salt. Roll small pieces in powdered sugar or place between halves of English walnuts. This mixture may be used as a filler for dates and figs.

These candies, in addition to being economical of sugar, are inexpensive. Miss Tingle urges candy makers to purchase peanut butter and glucose in bulk, thereby getting them at smaller cost. The glucose should be dissolved with equal parts of hot water, to be used in place of corn syrup.

Bran Bread.
Two quarts white flour, 1 quart of bran, 1-2 cup sugar, 1 tablespoonful of salt, hard size of an egg, rubbed into flour, 1 yeast cake dissolved in a little lukewarm water, 1 pint of buttermilk into which 1-4 cup of molasses. Fill the cup with hot water; then add to buttermilk and yeast cake. Mix all together and knead well, let rise over night. In the morning knead down a little and let rise again for 1-2 hour. Then form into loaves which make 2 and a pan of biscuits. Bake in a moderate oven 1-hour. Its delicious.

Potato Pie.
1 cup cold boiled beef, 3 cups cold boiled potatoes, 1 good size onion, butter size of an egg. Run the beef, potatoes, and onion through the food chopper. Bake in a pie plate between 2 crusts. This is very nice for supper.

CHAIRMAN OF EXCESS PROFITS COMMITTEE



REP. CORROLL HULL, of Tennessee, member of the Ways and Means Committee, and a recognized expert on taxation problems, is chairman of the excess profits advisory committee of the internal revenue bureau. This committee will formulate regulations to be applied in administering the excess profits tax collection.

TRAINING CAMP RULES GOVERN CAMPUS DRILL

Colonel W. H. C. Bowen, New Commandant, Takes Charge of Military Instruction.

UNIVERSITY OF OREGON, Eugene, Dec. 12.—Drill at the University will be taken up this semester under the rules and regulations of the United States Reserve Officers' Training Camps.

At a meeting of the committee on

Mme. Petrova in "EXILE"
A Paramount Picture

FLOUTED—MADE A PAWN OF
she seeks to save the man who wronged her. Petrova will hold you in the spell of this super-story of exotic Oriental love and devotion.

VAUDEVILLE
MALUMBA & MUNETTE
Comedy Character Singers.

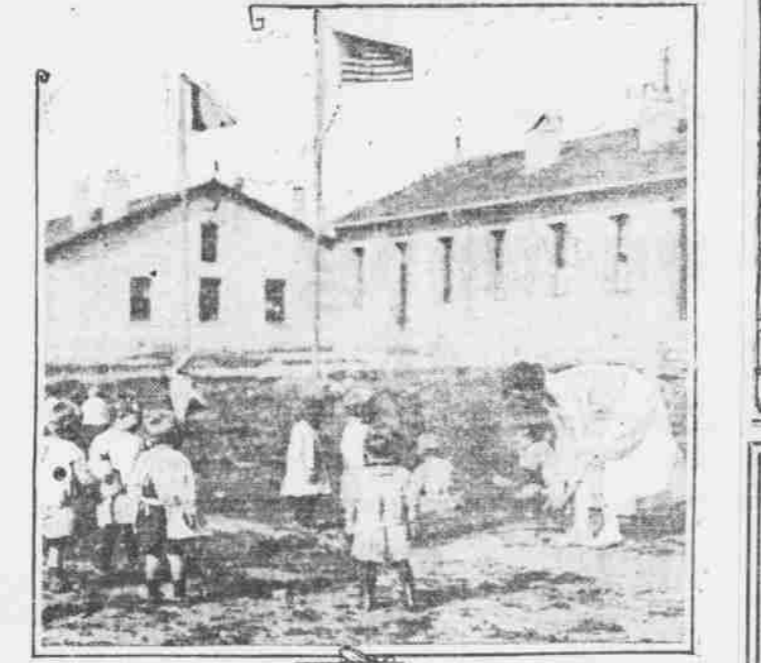
WALKER & BURREL
The Musical Farmers.

Adults 50c Children 10c

Today ALTA TODAY

MEATLESS DAY CAUSED TROUBLE
FREMONT, Neb., Dec. 14.—H. C. Neuhard, a Connecticut traveling man, was fined \$25 and costs in police court last night after he had created disturbances in four restaurants and finally left breakfastless for Lincoln because he was not served meat on "meatless Tuesday."

VASSAR GIRL TEACHES FRENCH TOTS TO PLAY AND FORGET WAR'S HORRORS.



MISS JULIA NORTON WITH FRENCH CHILDREN AT RED CROSS PLAYGROUND NEAR FRONT IN FRANCE.

Miss Julia Norton of South Orange, N. J., a Vassar graduate in 1916, is teaching French children how to play!

Only a few miles behind the French lines she has a big playground. There's hardly an hour, day or night, that the French and German cannon are not booming and it's not at all uncommon to

count from five to a dozen French and German airplanes flying overhead.

The hundreds of children in the Red Cross institution in which she is working have all come from towns and villages that are under constant bombardment and for the most part they were nervous wrecks, starved and ill-clad, when the Americans rescued them.

If its hard to decide what to give, Give Hardware

"SHE" Would Like a Majestic or Round Oak Range

A present that the wife would use three times a day. A lasting gift that would show true affection of the giver. A present that would be appreciated in EVERY home for the pleasure and convenience it would add to the kitchen.

This is no time for extravagance and useless trills or knick-knacks. They are gone and forgotten in a few days, or just when the receiver begins to REALLY ENJOY THE USEFUL XMAS PRESENT THAT WAS PURCHASED HERE.

LOOK!

Any of the following articles are appropriate for presents and our stock is now complete in all of these lines:

| | |
|---------------|------------------------|
| Silverware | Pocket Cutlery |
| Carvers | Chafing Dishes |
| Razors | Majestic Ranges |
| Roasters | Boys' Wagons |
| Aluminum Ware | Perfection Oil Heaters |
| Percolators | |
| Guns | |

See Our Windows

W. J. Clarke
211 E. Court Telephone 21

military affairs recently, a resolution was introduced and passed which read as follows:

"It is the sense of this committee that we are carrying out the wishes of the Board of Regents in instituting drill at the University by establishing a course in military instruction, which shall require as its minimum the requirements of the Reserve Officers' Training Camps."

The committee gave full authority to the commandant of students, in the person of Colonel William H. C. Bowen, to institute the credits and hours.

As the requirements now stand, drill will be dispensed with on Saturday mornings, but will be taken by all students on five class days for 25 minutes, which is the minimum time required by the rule governing the training camps.

The drill will be taken in periods amounting to three hours per week, by dividing this up into five periods of 25 minutes, all requirements can be met, and the drill will not have to be given on Saturday mornings.

"We are leaving it up to the commandant," said Kay Onthank, secretary to the president, "and he may institute such courses in extra training as he wishes. He will have complete charge of the military affairs—that is what we got him for."

"If the Saturday classes are taken up it will be by volunteer students only," he went on to say. "Probably special instruction will be given at that time, but no one will be required to take the courses."

"No credit will be given—at least not until next semester—because the time remaining is so short. The granting of credit will be entirely up to the commandant, as he is the man in charge."

After this war is over many a man will be asked "What did you do?"

True patriotism consists in fighting Germany to a finish for a just peace.

Useful and Practical Xmas Gifts

This store is just brim full of the practical things that men like. Gifts that are cherished are the ones that combine quality, beauty and utility. Below is a partial list of the many useful gifts you will find at this store.

| | |
|----------------------------------|---------------|
| Beautiful Neckwear | 25c to \$2.00 |
| Suspenders to Holiday Boxes | 50c to \$1.50 |
| Men's Linen Handkerchiefs | 25c to 50c |
| Men's Silk Initial Handkerchiefs | 25c and 50c |

Holeproof Hosiery for Men, Women and Children.
Men's Garters, all styles, all makes.
Men's Silk Scarfs and Mufflers.
Men's Belts with Initial Buckle.

| | |
|-----------------------------------|---|
| Stick Pins, Collar and Cuff Sets, | Boys Mackinaws, Suits, Overcoats, Sweaters and Jerseys, Men and |
| Gloves of all kinds. | Umbrellas. |

Gents' Furnishings of Every Description.

Max Baer
729 Main Street.

Appreciation

1917 is nearly ready for the discard. It has been a wonderful

Montana Year

Nearly \$800,000 worth of sales have been made to Pendleton people alone in the vicinity of Hingham. As the year comes to a close, we want to say to our many customers that we wish them many happy returns from their buys. Those who contemplate going to Montana in 1918 will do well to talk with those who have bought.

DO IT NOW
1918 is going to be a bigger

Montana Year

CENTRAL MONTANA RANCHES COMPANY
B. F. DUPUIS, Pendleton Representative.