

SAGE TEA TURNS GRAY HAIR DARK

IT'S GRANDMOTHER'S RECIPE TO BRING BACK COLOR AND LUSTRE TO HAIR.

That beautiful, even shade of dark, glossy hair...

Don't bother to prepare the mixture; you can get this famous old recipe improved...

Everybody uses "Wyeth's Sage and Sulphur Compound" now because it darkens so naturally...

OUCH! PAIN, PAIN, RUB RHEUMATIC ACHING JOINTS

RUB PAIN RIGHT OUT WITH SMALL TIDAL BOTTLE OF OLD, PENETRATING "ST. JACOBS OIL."

Rheumatism is "pain only." Not one case in fifty requires internal treatment.

Lumber up! Quit complaining! Get a small tidal bottle of old, honest "St. Jacobs Oil" at any drug store.

SANTAL MIDY CAPSULES RELIEVES IN 24 HOURS

THE OLD RELIABLE PLANTEN'S C & O BLACK CAPSULES REMEDY FOR MEN AT YOUR DRUGGIST.



THE LOVE-THIEF WILLIAM FOX PRODUCTION

With Gretchen Hartman and Allan Hale, Passtime Tomorrow and Friday.

HOGS TOUCH THE \$10.95 MARK

PORTLAND, Jan. 24.—General trade in the livestock market continues to reflect a very liberal degree of strength at North Portland, with continued small runs in the yards.

There was only a small run of hogs reported in the yards overnight, and only one really good load came forward.

General swine market conditions are generally strong, with former prices continued, although there was nothing good enough received overnight to bring extreme prices realized on Monday.

How's This? We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

of odds and ends in the market when the trade opened for the day. Full former prices are generally continued.

General mutton and lamb market: Best east mountain lambs \$ 12.00 Best valley lambs 11.25@11.50 Wethers 9.75@10.00 Ewes 8.50@ 9.00 Goats 4.25@ 4.50

General cattle market range: Best heavy beef steers \$18.25@8.50 Best light beef steers 8.00@8.50 Best beef cows 7.50@7.60 Best heifers 7.00

Tuesday Livestock Shippers: Hogs—E. J. Partello, Sisson, Cal., 1 load; George W. Offield, Midland, 1 load; G. F. Brown, Corvallis, 1 load.

WOULD CALL DANISH WEST INDIES 'THE DEWEY ISLANDS' Representative Allen Offers Resolution in House and Submits Proposal to President Wilson.

WASHINGTON, Jan. 24.—Change of name of the Danish West Indies to "The Dewey Islands," in honor of Admiral Dewey was proposed in a joint resolution introduced by Representative Allen of Ohio, who announced that he was submitting letters to president Wilson and to the foreign affairs committee of congress urging the change.

IF BACK HURTS, BEGIN ON SALTS

FLUSH YOUR KIDNEYS OCCASIONALLY IF YOU EAT MEAT REGULARLY.

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority.

The moment you feel a dull ache in the kidneys or your back hurts, or if the urine is cloudy, offensive, full of sediment, irregular or offensive...

AMERICAN TROOPS TAKE FIRST HANK AS SHOOTERS

WASHINGTON, Jan. 24.—Declarations that since the days of frontier life have passed Americans are no longer entitled to their former fame as riflemen are completely refuted by statistics, says officers of the U. S. Marines. These officers recently compiled data showing that splendid shooting qualities are still characteristic of American troops.

More than seventy-three per cent of the 5141 members of the United States Marine Corps who fired during 1916, on the fourteen Marine Corps rifle ranges, are qualified skilled riflemen, according to the table just compiled. Of these sea-soldiers, 921 or fifteen per cent, are expert riflemen; 1044, or seventeen per cent, are sharpshooters; and 2513 or forty-one per cent are marksmen.

It is doubtful of Leather Stocking himself could outshoot them, say the Marines.

ECHO IS TO HAVE A FARMERS INSTITUTE

UMATILLA COUNTY VOCATIONAL ASSOCIATION WILL ALSO MEET THERE FEBRUARY 10.

Schools Plan Industrial Fair for the Same Date; Speakers From O. A. C. Will be Heard; Pupils Will Hatch Brood of Chickens.

(East Oregonian Special.) ECHO, Jan. 24.—The Umatilla County Vocational Teachers Association will meet at Echo on Feb. 10.

Mr. Ressler, head of the educational department at O. A. C. will address the teachers' meeting both afternoon and night. Another speaker, Mr. Allen, of O. A. C. will assist on the program.

A farmers institute will be held here on Friday, Feb. 9, at which time Mr. Allen of O. A. C. will display slides and moving pictures of farm scenes.

On Feb. 10, the same day of the vocational teachers association meeting, there will be an industrial fair held by the school here. The pupils in the domestic science, domestic art and manual training department of the Echo school will have their work of the first part of the school year on display, also for sale. Another interesting feature of the fair will be the hatching of a brood of incubator chickens on that day.

On Saturday, Jan. 20th the pupils of the grammar grades who are studying agriculture, under the supervision of their teacher, placed one hundred and forty eggs in the incubator. The pupils will have entire charge of the incubator.

The funeral of F. M. Berry, who died suddenly at his home near Stanfield Friday night, was held here Sunday afternoon at 2:30 o'clock. Rev. J. F. Cook preached the services.

L. M. Smith and family arrived here Saturday from Newport, Wash., and will make their home here. They have rented the Pearson cottage.

Mrs. R. B. Stanfield and daughter Maxine went up to Pendleton Monday evening to attend the play the Birth of a Nation.

Mr. and Mrs. Hugh D. Smith returned home yesterday from a short trip to Pendleton.

W. W. Howell of the Echo Mercantile company went down to Portland last night on a few days business trip.



William Desmond and Dorothy Dalton in Triangle-Kay, See Play, "A Gamble in Souls," at the Temple for last time tonight.

City Physicians Explain Why They Prescribe Nuxated Iron

To Make Beautiful, Healthy Women and Strong Vigorous Men NOW BEING USED BY OVER THREE MILLION PEOPLE ANNUALLY

Quickly transforms the flabby flesh, toneless tissues, and pallid cheeks of weak, anemic men and women into a perfect glow of health and beauty—Often increases the strength of delicate, nervous, run-down folks 200 per cent in two weeks' time.

New York, N. Y.—It is conservatively estimated that over three million people annually in this country alone are taking Nuxated Iron. Such astonishing results have been reported from its use both by doctors and laymen, that a number of physicians in various parts of the country have been asked to explain why they prescribe it so extensively, and why it apparently produces so much better results than were obtained from the old forms of inorganic iron.

Extracts from some of the letters received are given below:



Dr. King, a New York physician and author says: "There can be no vigorous iron men without iron. Pallor means anaemia. A normal means iron deficiency. The skin of anemic men and women is pale; the flesh flabby. The muscles lack tone, the brain flags and the memory fails and they often become weak, nervous, irritable, despondent and melancholy. When the iron goes from the blood of women, the roses go from their cheeks."

In the most common foods of America, the starches, sugars, table syrups, candies, polished rice, white bread, soda crackers, biscuits, macaroni, spaghetti, tapioca, sago, farina, degenerated cornmeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from their impoverished foods, and silly methods of home cooking, by throwing down the waste-pipe the water in which our vegetables are cooked is responsible for another grave iron loss.

Therefore, if you wish to preserve your youthful vim and vigor to a ripe old age, you must supply the iron deficit in your food by using some form of organic iron, just as you would use salt when your food has not enough salt.



Dr. V. Von Unruh, medical director in Chief of the New York City Clinic said, "I have given Nuxated Iron a fair and prolonged trial. I have been much pleased with results and will continue its use."

Dr. Sauer, a Boston physician who has studied both in this country and in great European Medical Institutions says: "As I have said a hundred times over organic iron is the greatest of all strength builders. If people would only throw away patent medicines and nauseous concoctions and

take Nuxated Iron, I am convinced that the lives of thousands of persons might be saved, who now die every year from pneumonia, grippe, consumption, kidney, liver and heart troubles, etc. The real and true cause which started their diseases was nothing more nor less than a weakened condition brought on by lack of iron in the blood."

Not long ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance. I was astonished to find him with a blood pressure of a boy of 20 and as full of vigor, vim and vitality as a young man in fact a young man he really was notwithstanding his age. The secret, he said, was taking iron-nuxated iron had filled him with renewed life. At 20 he was in bad health; at 45 he was careworn and nearly all in—now at 50 after taking Nuxated Iron a miracle of vitality and his face beaming with the buoyancy of youth.

Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it, and as a consequence you become weak, pale and sickly looking, just like a plant trying to grow in a soil deficient in iron.

If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals, for two weeks. Then test your strength again and see how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the while double their strength and endurance and entirely rid themselves of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days, simply by taking iron in the proper form. And this, after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old form of reduced iron, iron acetate, or tincture of iron simply to save a few cents. The iron demanded by Mother Nature for the red coloring matter in the blood of her children is, alas! not that kind of iron. You must take iron in a form that can be easily absorbed and assimilated to do you any good, otherwise it may prove worse than useless. Many an athlete and prize-fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray; while



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NOTE—Nuxated Iron, which is described and recommended above, is physicians in such a great variety of cases, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians both in Europe and America. Unlike the older inorganic iron products it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach, on the contrary, it is a most potent remedy in nearly all forms of indigestion as well as for nervous, run-down conditions. The manufacturers have such great confidence in nuxated iron, that they offer to forfeit \$100.00 to charitable institution if they cannot take any man or woman under 50 who lacks iron, and increase their strength 200 per cent or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by A. C. Koepfen & Bros and all good druggists.

many another has gone down in inglorious defeat simply for the lack of iron."

Dr. Schuyler C. Jacques, Visiting Surgeon of St. Elizabeth's Hospital, New York City, said: "I have never before given out any medical information or advice for publication, as I ordinarily do not believe in it. But in the case of Nuxated Iron I feel I would be remiss in my duty not to mention it. I have taken it myself and given it to my patients with most surprising and satisfactory results. And those who wish quickly to increase their strength, power and endurance will find it a most remarkable and wonderfully effective remedy."



Dr. James, late of the United States Public Health Service says: "Patients in an enervated and debilitated state of health, those for instance convalescing from protracted fevers, those suffering from a long-standing case of anaemia, all such people in my opinion, need iron. Of late, there has been brought to my attention, Nuxated Iron. In practice, I have found this an ideal restorative and upbuilding agent in these cases above mentioned."



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the county only, in districts of the second class. As Pendleton is a district of the first class Mr. Halley could not act as truant officer here until appointed by the mayor.

The seniors who graduated this mid-year are Miss Zella Follet and Byron Moll. Miss Follet intends leaving Friday to attend the Monmouth normal school.

NEUTRALIZATION OF BIG CANALS AND STRAITS IS SUGGESTION SOUTCOMR

WASHINGTON, Jan. 23.—British, German and neutral officials believe that a liberal working out of President Wilson's suggestion regarding a "direct outlet to the great highways and sea" for all nations means a complete neutralization of the Panama, Suez and Kiel canals and the neutralization of Gibraltar and Dardanelles. This interpretation constitutes the symposium of all belligerent and neutral officials' opposition. Wilson said: "No nation should be shut from her open place of world commerce." All diplomats refused to be quoted. Representatives of landlocked nations said their home governments favored the program.

CIGARETTE PRICES ADVANCED.

NEW YORK, Jan. 24.—Increased prices of cigarettes were announced here today by the United Cigar Stores

Co., and the Tobacco Products corporations. Advancement by the United, to become effective next Monday range from 1 to 3 cents a box of a dozen cigarettes. The higher cost of labor, tobacco and wrapping material is given as the reason. The increase by the Tobacco Products Corporation, effective at once, ranges from 25 cents to \$1 for each 100 cigarettes.

The inward effects of humors are worse than the outward. They endanger the whole system. Hood's Sarsaparilla eradicates all humors, cures all their inward and outward effects. It is the great alternative and tonic, whose merit has been everywhere established.—Adv.

CLASSIFIED DIRECTORY

INSURANCE AND LAND BUSINESS BENTLEY & MONTGOMERY, REAL estate, fire, life and accident insurance agents. 515 Main street. Phone 404.

AUCTIONEERS. COL. W. F. YOSHKA, AUCTIONeer, makes a specialty of farmers stock and machinery sales. "The man that gets you the money." Leave orders at East Oregonian office.

SECOND HAND DEALERS. V. STROBLE, DEALER IN NEW and second hand goods. Cash paid for all second-hand goods bought. Cheapest place in Pendleton to buy household goods. Come and get our prices. 219 E. Court street. Phone 271W.

ARCHITECT. RAYMOND W. HATCH, ARCHitect. Despain Building. Phone 768. Pendleton, Oregon.

MISCELLANEOUS. LEGAL BLANKS OF EVERY description for county court, circuit court, justice court, real estate, etc. for sale at East Oregonian office.

ATTORNEYS. JOHN W. HUFF, ATTORNEY-AT-Law. Room 3, American National Bank Building.

RALEY & RALEY, ATTORNEYS AT Law. Office in American National Bank Building.

GEORGE W. COUTTS, ATTORNEY at Law. Estates settled, wills, deeds, mortgages and contracts drawn. Collections made. Room 17, Schmidt Block.

FED & PER, ATTORNEYS AT LAW. Office in Despain Building.

CARTER & SMITH, ATTORNEYS at Law. Office in rear of American National Bank Building.

FREDERICK STEINER, ATTORNEY at Law. Office in Smith-Crawford Building.

R. A. LOWELL, ATTORNEY AND COUNSELLOR at Law. Office in Despain Building.

FUNERAL DIRECTORS. J. T. BROWN'S FURNITURE STORE. Funeral director and licensed embalmer. Most modern funeral parlour, morgue and funeral cars. Calls responded to day or night. Corner Main and Water streets. Telephone 83.

JOHN S. BAKER, FUNERAL DIRECTOR and licensed embalmer. Opposite postoffice. Funeral parlour, two funeral cars. Calls responded to day or night. Phone 73.

MONTANA FARM LANDS. NORTHERN PACIFIC RAILWAY. Lands in eastern Montana at \$7.50 to \$18 per acre. Suitable for farming or grazing. Easy terms. For information write or see W. E. Holt, Miles City, Montana.



California Excursion VIA UNION PACIFIC SYSTEM SALT LAKE ROUTE



Choice of routes, including steamship lines and one or both ways via SALT LAKE CITY. This is The California excursion opportunity of this season. Information, tickets, reservations upon application to T. F. O'BRIEN, Agent. Pendleton, Oregon.