

**Consider the Mother's Health**

after childbirth by taking necessary precautions before the trying ordeal, by using "Mother's Friend" to assist nature in preparing her for the physical change.

**MOTHER'S FRIEND**  
An External Remedy for Expectant Mothers

"Mother's Friend" for many years has been the means of giving relief to thousands of mothers. It is an external remedy with unexcelled merits, and should be in the home of every expectant mother. Dressed, sold by Regulator Co., 302 Lamar Bldg., Atlanta, Ga.

**HOT WATER THE BEST LIVER AND BOWEL MEDICINE**

**SAYS GLASS OF HOT WATER BEFORE BREAKFAST WASHES POISONS FROM SYSTEM.**

Physicians the world over recommend the inside bath, claiming this is of vastly more importance than outside cleanliness, because the skin pores do not absorb impurities into the blood, causing ill health, while the pores in the ten yards of bowels do.

Men and women are urged to drink each morning, before breakfast a glass of hot water with a teaspoonful of limestone phosphate in it, as a harmless means of helping to wash from the stomach, liver, kidneys and bowels the previous day's indigestible material, poisons, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Just as soap and hot water cleanse and freshen the skin, so hot water and limestone phosphate act on the eliminative organs.

Those who wake up with bad breath, coated tongue, nasty taste or have a dull, aching head, sallow complexion, acid stomach; others who are subject to bilious attacks or constipation, should obtain a quarter pound of limestone phosphate at the drug store. This will cost very little but is sufficient to demonstrate the value of inside bathing. Those who continue it each morning are assured of pronounced results, both in regard to health and appearance.

**Mrs. Alysae Roe-Gilchrist**  
PHYSICAL CULTURE AND ELOCUTION.  
Hotel Pendleton.

**Excursion Rates East**

January 20 and 21

**Northern Pacific R. Y.**

The Yellowstone Park Line

- To ST. PAUL and return . . . \$60.00
- To MINNEAPOLIS and return . . . \$60.00
- To CHICAGO and return . . . \$72.50
- To ST. LOUIS and return . . . \$70.00

Return limit February 18. Stopovers permitted in both directions. Take advantage of these fares to Chicago and St. Louis and points East. Ask about the diverse return routes.



Full information, tickets, berth reservations.

**WALTER ADAMS**  
Agent,  
PENDLETON, OREGON

A. D. CHARLTON, A. G. P. A.,  
Portland, Oregon.

**Keep**

Your Bath Room Warm and Comfy With One of Our

**Gas Heaters**

from \$3.00 up

Once used you wonder how you ever got along without it.

**Pacific Power & Light Company**

PHONE 40

**Amusements**

What the press agents say about Pendleton's present and coming attractions.

**The Birth of a Nation Returns to the Oregon January 21-22.**

One of the most striking scenes of "The Birth of a Nation" is the surrender of Lee at the historic McLean home in the vicinity of Appomattox court house.

Donald Crisp is cast for the role of Gen. U. S. Grant, while Lee is enacted by Howard Gaye. The members of the staffs of the northern and southern commanders are shown, and the tableaux presented when the scene opens as a reproduction of the familiar painting of this occasion. It occurred April 9, 1865.

Lee had dressed for his last public occasion with great care. Grant on the contrary lacked his full dress and appeared in the "fatigue" and dusty jackboots of the hard campaign.

It is well known that many supporters of the defeated confederacy washed to prolong the struggle by means of a guerilla warfare similar to that used by the Boers towards the close of the Anglo-Boer war. In fact John Wilkes Booth supposed that in killing President Lincoln he would have the support of the south in a new struggle. But Lee was of a different temper. He realized that the south had been beaten in a fair struggle on the fields of battle and that prolonging the fighting would merely add to the horrors and miseries endured by his people. Therefore, after the battle of Five Forks, he opened negotiations with Grant and on the morning of April 9th under the budding apple trees of an Appomattox orchard were determined the terms of peace which were formally written down at the Wilmer-McLean house in the afternoon.

When General Robert E. Lee wished to make some marginal notes on the papers of the final surrender, he asked the bystanders for a pencil. Strange to say, not one of the numerous officers and aides-de-camp was able to offer him one. At last, an officer of Lee's staff extracted a pocket inkstand and feather quill from his kit and with the aid of these the historic document was written and the names of Grant and Lee affixed at the bottom.

Afterwards an effort was made to arrest and indict Lee for treason but Grant, who knew Lee's nobility of character and how he had fulfilled to the letter all the surrender obligations, prevented any such disgraceful sequel to the great event.

**Chamberlain's Cough Remedy Most Effective.**

"I have taken a great many bottles of Chamberlain's Cough Remedy and every time it has cured me. I have found it most effective for a hacking cough and for colds. After taking it a cough always disappears," writes J. R. Moore, Lovt Valley, Ga. Obtainable everywhere.—Adv.

**FAT CATTLE COME FROM INTERIOR**

PORTLAND, Jan. 18.—That quite fair supplies of cattle are being fed in the interior is the word brought back to Portland by C. Ray Beckley, president of the Western Produce company of this city, and himself an extensive feeder of the Fossil section. Mr. Beckley on his trip sold a carload of steers to Portland interests that averaged around 1250 pounds there. "It is very cold in the interior," says Mr. Beckley. "It was around zero at Fossil yesterday, and was 7 degrees below at Mayville. There is quite a fair supply of stockers around Fossil. There is plenty of hay in

**ONLY TWO NIGHTS TO HEAR DR. HINSON**

Famous Pulpit Orator Will Conclude Services at Baptist Church Tomorrow Evening; Preached Splendid Sermon Last Night.

(E. R. C.)

The congregation at the Baptist church last night listened to a great sermon on 1 Corinthians 4:11. "And such were some of you; but ye were washed, but ye were sanctified, but ye were justified in the name of the Lord Jesus Christ, and in the Spirit of our God."

The Apostle refers to their past condition in sin and shame. There are two philosophies concerning the past. One is hopeless and the other is hopeful. Edgar Allen Poe in his "Raven" is the poet of hopelessness. Soleridge in "The Ancient Mariner" is the poet of hopefulness.

Where does the Bible stand? Is it hopeful or hopeless? Well, the Psalmist says, "As far as the east is from the west so far hath he removed the transgression from us." And again, "He drowned my sins in the depth of the sea."

I have noted a great difference in the Old Testament and the New Testament. It is this: The Old Testament tells of Noah, and David and the other great men of that time and records their sin, but when they are spoken of in the New Testament there is no reference their sin whatever. Why? For the reason that when God forgives sin he forgets it. "Your sins and your iniquities will I remember against you no more forever." The Bible view of the past is a hopeful one. Our sins may be removed from us and forgotten.

The present is full of hope: "Ye are washed, sanctified, justified." Sin is moral dirt. If a sinner has been washed he knows it. The worldly people are not washed and they want to make out the washed people are dirty. That is why they pick out the worst specimen of a professor they can find and point to him. They want to do away with the separation of the washed. We need more of the sanctification or setting apart of the new life.

Justification is a word in which we find more of meaning than we are able to fully comprehend. We say it means pardon, restoration. Yes, but it means more. God does not pardon us and leave on us the stigma of our sin, but He wipes out the record and puts in a place of honor again. And the whole change comes about in the name of Jesus. Baptizing does not wash away sin. What can wash away my sin? Nothing but the blood of Jesus. We should make more use of the name of Jesus. We should give more heed to the Holy Spirit. You can get a black past changed to a bright present by the aid of the blood and the Holy Spirit.

Only two more nights of the meetings. The services have been great and the two remaining ones should be the best of all.

If we didn't have to work there would be no fun in loafing.



**DR. KING'S NEW DISCOVERY FOR COUGHS AND COLDS**

**How to Catch Cold**

Overheated by dancing, you seek a cool spot. Poor ventilation and drafts add to the danger.

After the ball you are tired out, the cold germ gets in its work, you sniffle and sneeze, your chest is tight, throat and bronchial tubes become irritated.

Stop in at the first drug store, don't delay, ask for a bottle of Dr. King's New Discovery.

The pharmacist has been selling and recommending this old reliable preparation for coughs and colds as long as he has been in business, for it has been used for bronchial affections of this sort for nearly half a century.

You too, will be pleased with the way Dr. King's New Discovery soothes the irritated throat and allays inflammation, quickly relieving your cough and cold. Young and old can testify to the effectiveness of this reliable preparation. Try it!

**SHEPHERD DOG SAVES BOY.**

**Child's Companion Drives Off Would-be Kidnapers.**

MARION, Jan. 18.—When a stranger attempted to abduct ten-year-old Ray McKibben near Caledonia today, the boy's shepherd dog attacked the man and he ran.

Searching parties failed to find the would-be kidnaper.

The average girl would rather be in love than be happy.

**How's This?**

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

*"Safety that's sure—Service that satisfies"*

**THE FARMERS BANK**

The American National Bank is favored with the patronage of a large number of farmers and residents of Umatilla County and surrounding territory who appreciate the safety and convenient service afforded to them at all times in the transaction of their financial affairs.

Let us serve you.

**AMERICAN NATIONAL BANK**  
PENDLETON, OREGON.  
**4% INTEREST ON SAVINGS 4%**

**OREGON TWICE DAILY Jan. 21-22**

The Elliott Sherman Film Corporation (H. A. Sherman, President) Presents  
**The World's Greatest American Play**  
DAVID W. GRIFFITH'S MASTERPIECE.

"COST" \$500,000	<b>THE BIRTH OF A NATION</b>	"PEOPLE" 18,000
MATINEES PROMPTLY AT 2:15		EVENINGS PROMPTLY AT 8:15
PRICES 25¢ 50¢		PRICES 25¢, 50¢, 75¢, \$1.00
"SCENES" 5,000		"HORSES" 3,000

ACCOMPANIED BY THEIR OWN GRAND **SYMPHONY ORCHESTRA**

MILLIONS HAVE SEEN IT—AND MILLIONS WILL SEE IT AGAIN AND AGAIN. THE "MASTER-CRAFT" OF "FILM PERFECTION."

SEATS ON SALE NOW AT THE DELTA.

**CHICHESTER'S PILLS**

THE DIAMOND BRAND  
Largest and Best  
Kidney Pills in the World  
SOLD BY DRUGGISTS EVERYWHERE