necessary precautions be-fere the trying ordeal, by using "Mother's by using "Mother's Pstend" to assist pa-

ture in preparing her for the phy-

Consider the Mother's Health

External

Remedy for

Expectant

mothers. It is an external remedy with unex celled merits, and should become of every expectant mother. Druwest, sell is free book on Motherhood. Address The Bradiet Co., 802 Lamar Bidg., Atlanta, Ga. HOT WATER THE BEST LIVER AND BOWEL MEDICINE

SAYS GLASS OF HOT WATER BE-FORE BREAKFAST WASHES POISONS FROM SYSTEM.

Physicians the world over rec mend the inside bath, claiming this is of wastly more importance than outside cleanliness, because the skin operation which a young girl porce do not absorb impurities into the blood, causing ill health, while the porce in the ten yards of bowels ahe suffered was disappointed.

Mes and women are urged to drink each morning, before breakfast a glass of hot water with a teaspoonful of limestone phosphate in it, as a harmless means of helping to wash from the stomach liver, kidneys and bowels the province dark indirection. bowels the previous day's indigestible | material, poisons, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Just as soap and hot water cleanse and freshen the skin, so hot water and limestone phosphate act on the eliminative organs,

Those who wake up with bad breath, coated tongue, nasty taste or have a dull, aching head, sallow complexion, acid stomach; others who are subject to bilious attacks or constipation, should obtain a quarter pound of limestone phosphate at the drug store. This will cost very little out is sufficient to demonstrate the value of inside bathing. Those who continue it each morning are assured pronounced results, both in regard to health and appearance.

> Mrs. Alyse Roe-Glichrist PHYSICAL CULTURE AND ELOCUTION. Hotel Pendleton.

What the press agents say about Pendleton's present and coming attractions.

"Mother's Friend

for many years ha

ing relief to thousands o

mothers. It is an exter

week, aged ninety-four, who had &

•kspent the last seventy-two years •

time she had been ill only for • the two days that preceded her •

How To Get Relief When Hend and Nose are Stuffed Up.

•••••••

Count fifty! Your cold in head or

catarrh disappears. Your clogged

nostrils will open, the air passages of

or headache; no struggling for breath

Get a small bottle of Ely's Cream

Balm from your druggist and apply a little of this fragrant antiseptic

through every air passage of the head,

soothing and healing the swollen or

at night.

Excursion Rates East

January 20 and 21

Northern Pacific R. Y.

The Yellowstone Park Line

To ST. PAUL and return . .

To MINNEAPOLIS and return .

To ST. LOUIS and return . . .

A COLD OR CATARRH

OPEN NOSTRILS! END

of her life in bed. In all that

The Birth of a Nation Returns to the Orogon January 21-22.

One of the most striking scenes of The Birth of a Nation" is the surrender of Lee at the historic McLean ome in the vicinity of Appomato:

T2 YEARS IN BED; LOVESICK. Gen. U. S. Grant, while Lee is enact- of our God." ♦ LONDON, Jan. 18.—A woman ♦ ed by Howard Gaye. The members ♦ has died at Scarborough this ♦ of the staffs of the northern and occurred April 9, 1865.

Lee had dressed for his last public occasion with great care. Grant on the contrary lacked his full dress and appeared in the "fatigue" and dusty jackboots of the hard campaign.

It is well known that many suplove, When she was twenty-one porters of the defeated confederacy wished to prolong the struggle by means of a guerilla warfare similar to that used by the Boers towards the close of the Angio-Boer war. In fact John Wilkes Booth supposed that in killing President Lincoln he would have the support of the south in a new struggle. But Lee was of a different temper. He realized that the south had been beaten in a fair strug-gle on the fields of battle and that prolonging the fighting would merely add to the horrors and miseries endured by his people. Therefore, after the battle of Five Forks, he opened negotiations with Grant and on the morning of April 5th under the budding apple trees of an Appomatox orchard were determined the terms of peace which were formally written down at the Wilmer-McLean house in the afternoon

When General Robert E. Lee wishyour head will clear and you can ed to make some marginal notes on the papers of the final surrender, he asked the bystanders for a pencil. breathe freely, No more snuffling, hawking, mucous discharge, dryness Strange to say, not one of the numerous officers and aides-decamp was able to offer him one. At last, an officer of Lee's staff extracted a pocket inkstand and feather quill from ream in your nostrils. It penetrates his kit and with the aid of these the historic domument was written and the names of Grant and Lee affixed at the bottom.

inflamed mucous membrane, giving you instant relief. Head colds and Afterwards an effort was made to catarrh yield like magic. Don't stay arrest and indict Lee for treason but stuffed-up and miserable. Relief is Grant, who knew Lee's nobility of character and how he had fulfilled to the letter all the surrender obligations, prevented any such disgraceful sequel to the great event

> Chamberlain's Cough Remedy Most can get a black past changed to a Effectual

"I have taken a great many bottles of Chamberlain's Cough Remedy and every time it has cured me. I have found it most effectual for a hacking cough and for colds. After taking it a cough always disappears.", writes J. R. Moore, Lort Valley, Ga. Ob-

Famous Pulple Orator Will Conclude Services at Baptist Church Tomor row Evening; Preached Splendid Sermon Last Night.

The congregation at the Baptist hurch last night listened to a great sermon on 1 Corinthians 6:11, "And such were some of you; but ye were washed, but ye were sanctified, but we yere justified in the name of the Donald Crisp is cast for the role of Lord Jesus Christ, and in the Spirit

The Apostle refers to their past condition in sin and shame. There southern commanders are shown, and are two philosophies concerning the the tableaux presented when the past. One is hopeless and the other is scene opens as a reproduction of the hopeful. Edgar Allen Poe in his familiar painting of this occasion. It "Raven" is the poet of hopelessness Soleridge in "The Ancient Mariner" is the poet of hopefulness.

Where does the Bible stand? Is it topeful or hopeless? Well, the Psalmist says, "As far as the east is from the west so far hath he removed the trangression from us." And again. "He drowned my sins in the depth of the sea.

I have noted a great difference in the Old Testament and the New Testament. It is this; The Old Tesament tells of Nonh and David and the other great men of that time and records their sin, but when they are spoken of in the New Testament there is no reference their sin what-For the reason that when God forgives sin he forgets it. Your sins and your iniquities will I ever." The Bible view of the past is a hopeful one. Our sins may be reoved from us and forgotten.

The present is full of hope: are washed, sanctified, justified." Sin is moral dirt. If a sinner has been washed he knows it. The worldly people are not washed and they want to make out the washed people dirty. That is why they pick out the worst specimen of a professor they can find and point to him. They want to do away with the separation of the washed. We need more of the sanctification or setting apart of the new

Justification is a word in which we find more of meaning than we are able to fully comprehend. We say means pardon, restoration. Yes. but it means more. God does not parole us and leave on us the stigma of our sin, but He wipes out the record and puts in a place of honor again And the whole change comes about in the name of Jesus. Baptizing does not wash away sin. What can wash away my sin? Nothing but the blood of Jesus. We should make more us of the name of Jesus. We shold give nore heed to the Holy Spirit. You bright present by the aid of the Plood and the Holy Spirit.

Only two more nights of the meetngs. The services have been great and the two remaining ones should be the best of all.

If we didn't have to work there

SHEPHERD DOG SAVES BOY. Child's Companion Drives Off Wouldbe Kidnaper.

How to Catch Cold

Overheated by dancing, you seek a

After the ball you are tired out, the cold germ gets

in its work, you sniffle and sneeze, your chest is

tight, throat and bronchial tubes become irritated.

Stop in at the first drug store, don't delay, ask for a bottle of Dr. King's New Discovery.

mending this old reliable preparation for coughs

and colds as long as he has been in business, for it.

has been used for bronchial affections of this sort

You too, will be pleased with the way Dr. King's New

Discovery soothes the irritated throat and allays inflammation, quickly relieving your cough and cold. Young and old can testify to the effectiveness of this reliable preparation. Try it!

The pharmacist has been selling and recom-

cool spot. Poor ventilation and drafts

add to the danger.

for nearly half a century.

MARION, Jan. 18 .- When a stranver attempted to abduct ten-year-old Ray McKibben near Caledonia today, the boy's shepherd dog attacked the man and he ran. Searching parties failed to find the would-be kidnaper.

The average girl would rather be love than be happy.

How's This?

We offer One Hundred Dollars Reward or any case of Catarrh that cannot be cured rid of catarrh. Send for testimonials, fre F. J. CHENEY & O., Toledo, Chilo. Soled by all Dragatists, 75c. Hall's Family Pills for constitution.

"Safety that's sure-Service that satisfies

The American National Bank is favored with the patronage of a large number of farmers and residents of Umatilla County and surrounding territory who appreciate the safety and convenient service afforded to them at all times in the transaction of their financial affairs. Let us serve you.

PORTLAND, Jan. 18.—That quite fair supplies of cattle are being fed in John Day country, about 15 miles the interior is the word brought bac; to Portland by C. Ray Beckley president of the Western Produce company of this city, and himself an extensive feeder of the Fossil section.

Mr. Beckley on his rip sold a carload of steers to Portland interests that of steers to Portland interests that every seven seed of steers to Portland interests that every seed around 1250 pounds there. To CHICAGO and return . . . \$72.50 Return limit February 18. Stopovers permitted in both directions. Take advantage of these fares to Chicago averaged around 1350 pounds there. and St. Louis and points East. Ask about the diverse re-

rays Mr Beckley. "It was around zero at Fossil yesterday, and was 7 de- local meat company at Lyle.

PENDLETON PROOF.

Should Convince Eccr. Pendleton Rest valley jambs 10.75 @ 11 00

The frank statement of a neighbor,

elling the merits of a remedy,

Bids you pause and believe. The same endorsement

By some stranger far away

Commands no belief at all. Here's a Pendleton case.

A Pendleton citizen testifies.

Read and be convinced.

Condiction, says: "I never hesitate to was only a scant run over night with recommend Doan's Kidney Pills to nothing available to test extreme quo-tations. Demand for cows is brish any one I hear complaining of their and real good stuff is expected to back. Once in a while, I get a dult bring \$7.25@7.50. ache across the small of my back. Hest heavy beef steers .. \$8.25 @ 8.50

When I stoop over, it is nard for me Best light beef steers . to straighten up. Whenever I feel Best beef cows this trouble coming on, I take Doan's Best helfers Kidney Pills for a few days and they Ordinary to good cows never fall to put my back and kid- Heavy bulls ners in good condition." Light buils 50c. at all dealers. Foster-Milburn Light buils Co., Migra., Buffalo, N. Y

point, the only arrivals in the mutton "It is very cold in the interior," division at North Portland overnight were two loads from the feedlots of a grees below at Mayville. There is market for both mutton and lumbs inquite a fair supply of stockers around dicates great strength, but as there Fossil. There is plenty of hay in has been practically nothing available on the open market recently to test quotations, it is impossible to say exactly what good stuff will bring. General mutton and lamb market East mountain lambs. . \$

Wethers 9.00@ 9.27 Ewes 8.00@ 8.25 Goats Hogs re Quoted Firm.

Market for hogs is quoted steady to firm at North Portland, with only a handful of stuff reported in the yards overnight. In general the trade considers the market practically or the same basis as Monday, when tops

generally sold at \$1050. General hog range; Heavy packing \$10 50 @ 10.55 Heavy butchers 10.40 @ 10.50 Rough, heavy 9.25 fr 9.75 Rough, heavy 9.25 @ 9.7 Plus S. 50 年 9.25 Stockers. 8.00 日 5.25

(attle Situation Steady, C. E. Straub, 526 Thompson St. Stuation in the cattle trade contin-

> General cattle market range: 8.00 (7 8.50 6.15 (2 6.35 Light bulls 3.50 SE 5.00 3.50 € 4.25 Calven Stocker-feeder steers .

5.75 (0.6.50

5.00@ 6.00

Wednesday Livestock shippers, Cattle—G. Kirkendall, Winjock, Wash., 1 load. Sheep James Mace, Lyle Wash-loads direct to packers, Mixed stuff-Outford Bros., Ger-

vais, I load cattle, hogs and sheep; A F. McPee, Washoughl, Wash, 1 load

Stocker-feeder cows

The Elliott Sherman Film Corporation (H. A. Sherman, President) Presents

The World's Greatest American Play

"COST" \$500,000

MATINEES PROMPTLY AT 2:15

PRICES

25¢

"SCENES"

50¢

5,000



"PEOPLE" 18,000

EVENINGS PROMPTLY AT 8:15

PRICES 50e. 75e \$1.00

"HORSES" 3,000

ACCOMPANIED BY THEIR OWN GRAND

SYMPHONY ORCHESTRA

MILLIONS HAVE SEEN IT-AND MILLIONS WILL SEE IT AGAIN AND AGAIN. THE "MASTER-CRAFT" OF "FILM PERFECTION."

SEATS ON SALE NOW AT THE DELTA.

Your Bath Room Warm and Comfy With One of Our

Full information, tickets, berth

reservations.

WALTER ADAMS

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Gas Heaters

from \$3.00 up

Once used you wonder how you ever got along without it.

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