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THANKSGIVING.

Though we be Blinded, still • may we see Thy handi- • work and know Its 4 worth:

we speak Thy Word in o thought and Deed; do Thy Bidding;

f these gifts through Thee, It needs must be that we our Thankagiving. Written for the United Press.

TALLOW CANDLE HERO-

EHOLD what has happened to the courage squad! reeks ago were talking grandto a war of some sort are new and the following significant in the experience of pupils of and corn into whole grain flour announcement by the board of trade

croaking that the Oregon boys on the border should be sent ome poco pronto.

If that is the tory brand of much fire. The Oregon boys on the border, as well as oth County Official Paper, ers, are there because there is Member United Press need for them. They are not down there to play golf but to guard the border while a sis ter country is yet in a troubled state. When the need for their presence is gone they will be sent home. Meanwhile their duty is where the government sends them.

That the soldier boys are satsfied that their treatment is just and fair is shown convincingly by the way they voted for president.

Meanwhile let us contemplate the calibre of a newspaper that during campaign times talked for "deeds" instead of 'words" and a few weeks later whimpers that it is unjust to keep guardsmen on the border because it interferes with their business careers.

## \*\*\*\*\*\*\*\* 108 MILLION

now slightly under 103,000,- was over 800 students. This tom of providing penny lunches we hear Thy Voice and 000. By 1920, when another exceeded the accommodations for the children. Before the Though we be Halt, still may . federal census will be taken, it for class work. It has been young pupils were supplied we walk Thy Way nor o is estimated the country will emphasized in this report that with their low cost luncheons

Had it not been for the war Still may we know these things the country's growth in popuas but of earth; of only lation would be greater. But be accommodated in a school "Formerly by 11 o'clock we passing need; the gain being made is something vast when the early history of the nation is considered. Almighty God, grant this be If the population increases as is expected during the next three years the growth itself will represent than the country had in 1776. What of 1976?

STILL AN UNSOLVED PROB-

d to the courage squad! A LMOST at the same time Newspapers that a few the official vote upon the theory that much of the grown people find it difficult Pendleton normal bill was ly about national courage and announced distribution was brains is in reality a question alert when they are inade. British Beer Makers Must Not Use the weakness of the Wilson ad- made of a report by the Mon- of the food on which men are quately fed. The hand mill in ministration for not getting in- mouth Normal school regents -or are not-nourished is seen which the children grind wheat LONDON. Nov. 30.-An official



PASTIME TODAY

of the report:

T is estimated by the census gon is apparent. The attend-

duty regarding this subject?

# FOOD AND STUDY

paragraph is found on page 12 the University Avenue school of Chicago, says a newspaper The necessity for additional of that city. There the excelnormal school facilities in Orebureau that the population ance at the Monmouth Normal ing whole wheat flour has callof the United States is school for the summer of 1916 ed attention to the school's cusso astray; have a population of 108,000,though we see and hear had apeak and walk as hool.

Some of them became more or its practice work facilities. The less recalcitrant and dull as number of teachers who should the morning wore on. Miss have training in Oregon cannot Black, the principal, says: which has but 160 children found that many of our chilavailable for practice work.

Such a statement by the work. Discipline was not

> correct feeding." some degree a small edition of of their food. difference in men's to be either good or mentally

and other common ailments caused by impurities which are allowed to accumulate in the system. Beecham's Pills keep the stomach well, the digestion strong, the liver active and the bowels regular. A remedy that has helped men and women on the road to health, for over sixty years. Thousands have found that after obeying the laws of health, the great secret of keeping well and strong, cheerful and happy-,

The Secret of Keeping Well

The road to health is so plain, that all may find it. Keeping well is

simply a matter of constant attention to the great laws of health. Eat

moderately, exercise regularly, work reasonably, and take the required

amount of sleep. Then, and this is most important, see that the organs

of elimination - the bowels, liver and kidneys - are kept active and

regular. For this purpose, Beecham's Pills are of untold benefit.

Their timely use will prevent biliousness, sick headache, constipation

Is the Timely Use of that great family remedy-

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the Mormouth normal makes it very conclusive that the normal school question is not settled. How long will our pessimist-like the more than th ic-economy element keep the them, and through them the mills and grinding grain for the effect of which is to prohibit the the order of May 10, last." state from meeting its plain parents, an understanding of their own use, thus practicing intelligent self-help by reduc-In its social order the Uni- ing the cost of living and inversity Avenue school is in creasing the nourishing quality

theory that much of the grown people find it difficult WHEAT BARRED TO BREWERS. It in Place of Barley.

Discipline was not or meal for their own cheap today says: "It has been reported use of wheat in the manufacture of board of regents controlling good. They were irritable, and wholesome food has an im- to the board of trade that in conse. beer and similar liquors. The order

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