YOU'RE BRIOUS! LET "CASGAREIS" LIVEN
LIVER AND BOWES

GOCHRNIIS CHRPEED
WTH PRRCICLIIG
LAW WHEL BRRRED

## Make your food more tempting with Cottolene



For making cakes, pies and pastry-for all shortening and frying-Cottolene is supreme.
Cottolene is an exact combination of the purest, richest, most carefully refined cottonseed oil and the choicest beef stearine obtained from selected, high grade leaf beef suet. Cottolene is itself one of the purest of pure foods.
Cottolene makes foods more digestible-more wholesomemakes them taste better. Use it for every kind of shortening and frying and for making cakes and pastries.

## Cottolene

For a quarter of a century Cottolene has been growing steadily in favor. It is not offered as a substitute or as being "just as good" as other shortening and frying fats. It is an original product and better than anything else that you can use for shortening or frying. Insist on getting real Cottolene.
Cottolene is ready for use as you take it from the pail. It creams up beautifully and blends readily with the flour.

Use a third less of Cottolene than of any other shortening or frying fat. You can use it over and over for frying. Cottolene does not absorb tastes or odors. Always heat Cottolene slowly.
Pails of various sizes, to serve your convenience. Arrange with your gro cer for a regular supply.
Write our General Offices, Chicago, for " free copy of our real cook book"HOME HELPS.

## 

"Cottolene makes good cooking better"

## ITC Baking Powder

Those who have had cakes ruined by jarring the stove, slamming the oven door or a heavy footstep, may marvelous biscuits, hot breads and pastry when his oven is being incessantly jarred and jolted and shaken by the motion of the train.
To get pastry to raise and stay raised under these con-
dittions, a baking powder must be used that its leavening gas-that sustains the raise-until the dough i
baked through.



 how mostand andich you make your cake, K C Paking Powder will
sustian the nilise until a cuust is formed and all danger of falling
is pait.
 Try a can at our rink and be convinced.

NOODI.ES, GHOP SUEY, GHMA DISHES GOEY'S KWONG HoNG LOw

