

DRESS WARM AND KEEP FEET DRY

TWELVE RHEUMATISM SUFFERERS TO TAKE SALTS AND GET RID OF URIC ACID.

Rheumatism is no respecter of age, sex, color or rank. If not the most dangerous of human afflictions it is one of the most painful. Those subject to rheumatism should eat less meat, dress as warmly as possible, avoid any undue exposure and, above all, drink lots of pure water.

Rheumatism is caused by uric acid which is generated in the bowels and absorbed into the blood. It is the function of the kidneys to filter this acid from the blood and cast it out in the urine; the pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly, cold weather the skin pores are closed, thus forcing the kidneys to do double work, they become weak and sluggish and fail to eliminate this uric acid which keeps accumulating and circulating through the system, eventually settling in the joints and muscles causing stiffness, soreness and pain called rheumatism.

At the first twinge of rheumatism get from any pharmacy about four ounces of Jad Salts; put a tablespoonful in a glass of water and drink before breakfast each morning for a week. This is said to eliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities.

Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithium and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant, effervescent lithia-water drink which overcomes uric acid and is beneficial to your kidneys as well.

WEAK TONE IN CHICAGO WHEAT

(Saturday's Market.) CHICAGO.—Wheat opened 3-4@ 5-6c higher and closed 5-8@3-4c below yesterday.

Wheat market started higher, influenced by the stronger cables and more bullish situation abroad. Drouth in Europe, good continental demand and absorption by the United Kingdom were factors. There was a good call here for old No. 2 hard winter which gave the appearance of being from exporters. There was a lack of general outside demand throughout the session. Bears were not very encouraged, as showery conditions are forecasted for Kansas over Sunday.

Opening in corn was steady but was under pressure from the start. The market lacked snap. Weather over the belt was fine, with very little precipitation. Commission houses generally sold.

Oats have ruled easier along with other grains. Country has sold very little. There was a good commission house demand for September at the decline which looked like investment buying.

WHEAT

July—Open, 104 3-4; high, 104 3-4; low, 103 1-4; close, 103 3-8A. Sept.—Open, 102; high, 103 1-8; low, 101 5-8; close, 101 7-8A. Dec.—Open, 106 1-8; high, 106 1-8; low, 104 3-4; close, 105.

Beauty More Than Skin Deep. A beautiful woman always has good digestion. If your digestion is faulty, Chamberlain's Tablets will do you good. Obtainable everywhere.—Adv.

WHEAT PRICES HOLDING FAIR

(Sunday's Market.)

PORTLAND, Ore.—Just why all this alarm among certain grain buying interests that prices are going to the bow wows is hard to understand except the natural bearish feelings generally entertained by the person who wants to buy a product.

Right here it might be stated that it is not real good business for buyers to go about the country talking high prices or for producers to assert that they believe values are going down.

Buyers with high priced ships on their hands with which they have speculating in, are naturally not desirous of paying extreme values for the grain to fill these ships. They are in a position where huge losses stare them in the face unless they can purchase the wheat for low prices or else foreign markets make corresponding advances. The latter is scarcely likely at this time.

Crop conditions of course will make or unmake the price of wheat. The American crop is heavier than a year ago. Indian has a small increase in output, but taking the world as a whole, the production does not promise to reach the totals of a year ago.

This means, therefore, that there is really no occasion for alarm that wheat prices will go to an extreme low record. If peace should be declared the prospects for good wheat prices are even better than if war continues. Such an idea is not entertained by the general grain trade but its outcome is almost assured. The ending of the war would mean the release of many ships now either held in port because of the fear of the enemy or being used by the fighting nations for the transportation of supplies and troops.

The fact that England recently secured a number of ships to carry wheat from India at rates said to be materially less than at present in effect in the open trade, indicates that the ship shortage will be less acute than formerly believed. If this proves true it means that lower charter rates will be the means of keeping the price of cereals up.

Indicating the severe shortage of wheat in Europe is the announcement that the Italian government has suspended all duties on wheat until January, 1916. This scarcely looks as if Europe is assured of such a big crop of the cereal as some interests would have us believe.

Locally there was a fair volume of trading in wheat during the week. Considering the limited supply available conditions were good. Prices were erratic and reflected sentiment with the quick changes in the Chicago situation.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

NATIONAL BANK OF COMMERCE, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

PRICES LOWER IN LIVESTOCK

(Courtesy Sunday's Journal.)

PORTLAND, Ore.—A general campaign is being made throughout the country to stop the present practice of direct buying of livestock at country points by killers. Some time ago the National Livestock Exchange, which is composed of all the local exchanges of the country, passed a resolution to stop the practice. The claim was made that the direct buying of livestock was not only detrimental to producers but to the general industry.

The effect of direct buying of livestock upon producers is easily seen. With killers holding a liberal supply of stuff on direct purchase, they have been able at various times to hold this stock as a club against shippers to the open market, thereby forcing lower prices than the stock was actually worth. This condition has been shown both here and at other points. No place where direct buying is shown is exempt from this trouble.

It costs money to buy livestock direct. In fact the cost of direct purchases is so great that the country interest who sells is generally the loser. This applies not only to those that sell to the direct buyer but to the ones who ship to the open market. The man who sells direct is simply forcing his neighbor to accept lower prices for his livestock than it is actually worth.

Good Cattle Are Scarce.

While there was quite a fair run of cattle in the North Portland yards, including 19 loads of Mexican stock during the week, little really top stuff was available. In fact top were conspicuous by their absence generally in the cattle trade.

The fact that California feeders of Mexican cattle have been shipping in this direction indicates that even though the situation here has not been of the best recently, the market returns are probably better to outsiders than competitive centers.

General cattle market range: Select steers ..... 7.00 Best hay feed steers ..... 6.55@6.90 Good to choice ..... 6.50@6.75 Ordinary to fair ..... 6.00@6.35 Best cows ..... 6.00@6.19 Good to prime ..... 5.75@5.90 Select calves ..... 7.00@7.50 Fancy bulls ..... 4.50 Ordinary bulls ..... 4.00@4.25

Hog Trade Is Erratic.

An erratic tone was shown in the hog division of the North Portland market during the week. Receipts were liberal and this affected the price situation somewhat, although at the opening prices advanced a dime to \$7.85. Later when outside interests were not here to compete for offering, local bargain hunters had things their own way and bent the market back to \$7.75, later being forced to make a concession of another nickel with tops at \$7.80.

Hog supplies have come forward to all Pacific northwest packing centers in too much abundance recently. Killers have a surplus on hand and therefore are quick to discriminate in the price if the quality is not all.

General hog range: Best light ..... 47.75@7.80 Medium light ..... 2.65@7.70 Good to heavy ..... 7.50@7.60 Rough to heavy ..... 6.50@7.25

Mutton Market Lower.

Market for mutton showed its expected decline during the week's trade at North Portland. It was not so much the volume of stuff offering as the fact that killers were in a position to dictate prices by reason of their direct purchases, that put the price list down.

Seemingly mutton market interests here are making the same mistake as they made during recent seasons. California and other points are very liberal buyers in the Pacific northwest and are taking stuff from under the very shadow of the local yards.

General shorn mutton market: Choice spring lambs ..... 47.00@7.15 Common spring lambs ..... 6.00@6.50 Choice yearling wethers ..... 5.25@5.50 Old wethers ..... 4.50@4.80 Choice light ewes ..... 4.50@4.75 Good ewes ..... 4.25 Common heavy ewes ..... 4.00

Benefited by Chamberlain's Liniment. "Last winter I used Chamberlain's Liniment for rheumatic pains, stiffness and soreness of the knees, and can conscientiously say that I never used anything that did me so much good."—Edward Craft, Elba, N. Y. Obtainable everywhere.

Tourist Coin Stays Home.

WASHINGTON, June 28.—Money heretofore expended by American tourists to Europe, estimated by Secretary Lane at \$100,000,000 or more annually, is this year being spent in the United States, according to a statement issued by him.

Secretary Lane's statement was based on reports received at the interior department showing such an unprecedented interest in the national parks of the west, as indicated by the big increase in the number of visitors this year over previous years.

Pimples, Skin Blemishes, Eczema Cured. No odds how serious, how long standing your case, there's help for you in every particle of Dr. Hobson's Eczema Ointment. It wipes out all trace of your ailment, and leaves your skin clean and soft as a child's. Hundreds of users have sent voluntary letters of thanks. Just try one box. It will mean freedom from suffering and embarrassment.—Adv.

RICH POTASH BEDS ARE DISCOVERED IN TEXAS

AUSTIN, TEXAS, June 28.—Discovery of potash beds in Texas, believed to be workable, may aid materially in solving the shortage of this valuable fertilizer material, caused by stoppage of German imports.

Our Great "Family Bargain" THE S. W. EAST OREGONIAN..... \$1.50 (Published every Tuesday and Friday, for one year) McCALL'S MAGAZINE..... .50 (Monthly for one year) ANY ONE McCALL PATTERN..... .15 ALL FOR ONLY \$1.65 Regular Price, \$2.15

The University of Texas geology bureau has been making an investigation of deposits in Potter and Randall counties, and now things they are of sufficient size and in such condition that potash can be extracted profitably.

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