

MANY CASES OF RHEUMATISM NOW

SAYS WE MUST KEEP FEET DRY AVOID EXPOSURE AND EAT LESS MEAT.

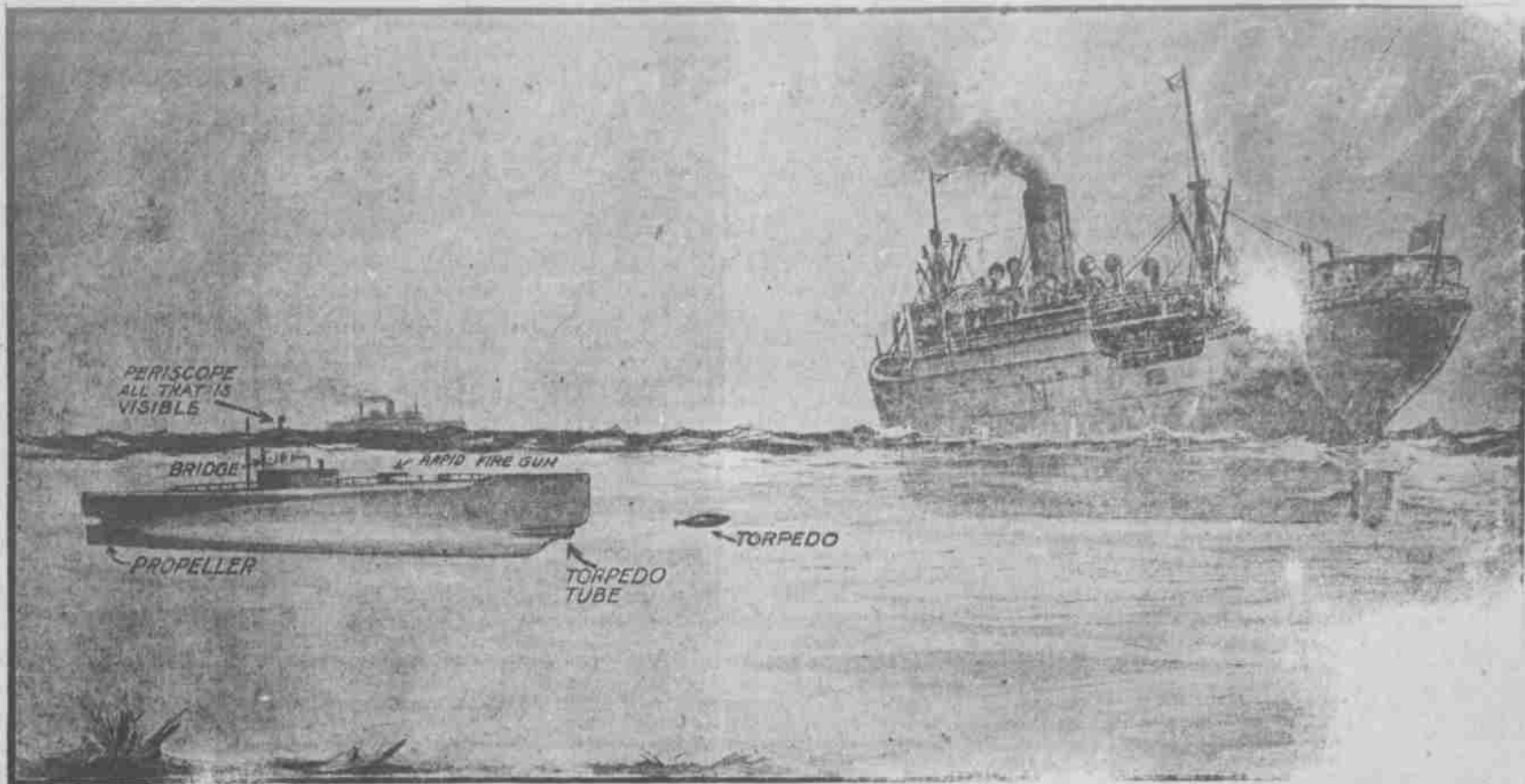
Stay off the damp ground, avoid exposure, keep feet dry, eat less meat, drink lots of water, and above all take a spoonful of salts occasionally to keep down uric acid.

Rheumatism is caused by poisonous toxin, called uric acid, which is generated in the bowels and absorbed into the blood. It is the function of the kidneys to filter this acid from the blood and cast it out in the urine. The pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly, cold weather the skin pores are closed, thus forcing the kidneys to do double work, they become weak and sluggish and fail to eliminate this uric acid which keeps accumulating and circulating through the system, eventually settling in the joints and muscles causing stiffness, soreness and pain called rheumatism.

At the first twinge of rheumatism get from any pharmacy about four ounces of Jad Salts; put a table-spoonful in a glass of water and drink before breakfast each morning for a week. This is said to eliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities.

Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia and is used with excellent results by thousands of folks who are subject to rheumatism. Here you have a pleasant, effervescent lithia-water drink which overcomes uric acid and is beneficial to your kidneys as well.

HOW A GERMAN SUBMARINE SANK THE FALABA, WHEN 140 PERSONS WERE LOST



No fewer than 140 persons, including passengers and crew, went to their deaths when a German submarine attacked the British ship Falaba the other day. This drawing by A. W. Reddy, a well known marine artist, shows how the ship was at-

tacked. Among those lost on her was Leon C. Thrasher, an American of Massachusetts, a mining engineer. "We have orders to sink everything," said the commander of the submarine U-10 which sank three British trawlers April 1.

That is the new German method of shipping from British ports, yet it is sufficient already to make many mariners pause. And it has been the cause of insurance rates going up. It is becoming the opinion of those who have watched the German operations that they propose terrorizing

TO DARKEN HAIR APPLY SAGE TEA

LOOK YOUNG! BRING BACK ITS NATURAL COLOR, GLOSS AND THICKNESS.

Common garden sage brewed into a heavy tea with sulphur and alcohol added, will turn gray, streaked and faded hair beautifully dark and luxuriant remove every bit of dandruff, stop scalp itching and falling hair. Just a few applications will prove a revelation if your hair is fading, gray or dry, scraggly and thin. Mixing the Sage Tea and Sulphur recipe at home, though, is troublesome. An easier way is to get the ready-to-use tonic, costing about 50 cents a large bottle at drug stores, known as "Wyeth's Sage and Sulphur Compound," thus avoiding a lot of fuss.

While wispy, gray, faded hair is not sinful, we all desire to retain our youthful appearance and attractiveness. By darkening your hair with Wyeth's Sage and Sulphur, no one can tell, because it does so naturally so evenly. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning all gray hairs have disappeared, and, after another application or two, your hair becomes beautifully-dark, glossy, soft and luxuriant.

What New York Is Doing In New Popular Music

Our great metropolitan city is not only the center of commercial and industrial activity, but the whole country looks to it for the latest productions in popular music. Our readers who are interested in musical matters will undoubtedly be glad to know about two successful pieces that have been launched this season by New York's publishers of popular music. In the line of instrumental pieces, New York seems to have gone wild over an eccentric novelty called "BY HECK" which can be played either as fox-trot or one step.

"BY HECK" is by S. R. Henry, who has written such well-known instrumental pieces as "Polly Prim," "Peter Piper," "S. R. Henry's Barn Dance," etc. The famous "Castles" are dancing to it and the favorite light opera star, Mr. Donald Brian, has created some fascinating steps to it in "The Girl From Utah," while Bernard Granville is taking numerous encores with this number in his vaudeville engagements. A song arrangement of

"BY HECK" the words of which are by L. Wolfe Gilbert, is being sung in vaudeville by the well-known Mr. and Mrs. Carter de Haven, Fannie Brice, Ruth Hove and many others of equal prominence.

"MY LITTLE DREAM GIRL" is the title of a sweet love ballad, the lyric being by Mr. L. Wolfe Gilbert, writer of many famous successes, including "Waiting for the Robert E. Lee," "Hitchy Koo," etc., while the music is by Anatol Friedland, whose beautiful song, "My Little Persian Rose," is known from coast to coast. The best orchestras everywhere are using these successes either for concert or dance purposes, and if you haven't had the good fortune to hear them as yet, just ask the musical director of the next affair you attend to play them.

By permission of the publishers we are printing herewith a brief excerpt of each of the pieces mentioned so that our readers may have an idea of their character.

"BY HECK" (Fox-Trot)



MY LITTLE DREAM GIRL



NEVADA CATTLE AT N. PORTLAND

(Courtesy Thursday's Journal.) PORTLAND, Ore.—There was a fair run of cattle from Nevada in the North Portland yards today, but the stock was not offered early because it had not yet filled properly after the long journey. The cattle were of heavy weight and for that reason were not considered available for the California trade. Shipments from that section of the same class of cattle have been coming regularly to the Portland market during the last four or five years.

General conditions in the cattle trade are somewhat healthier, although the exact reason is much of a mystery. Why any improvement should be made in the live cattle market when the dressed meat trade is so slow that it is almost stagnant, is the mystery. In any event there has been quite an increase in inquiry for cattle here during the last 48 hours.

General cattle market range: Select steers \$7.55@7.75; Best hay fed steers 7.25@7.50; Good and heavy 7.00@7.25; Ordinary to fair 6.60@6.75; Best cows 6.00@6.25; Good to prime 5.75@6.00; Ordinary 4.00@5.50; Select calves 7.50@8.00; Fancy bulls 5.50@6.00; Ordinary 4.00@5.00.

Hog Market Is Steady. With prices here ruling from 40c to 50c above the highest recognized stockyard market in the country, the hog trade at North Portland is considered steady today with extremes tops selling up to \$7.50. Most of the arrivals today were from the valley.

General hog market range: Best light \$7.40@7.50; Medium light 7.30@7.35; Good and heavy 7.20@7.30; Rough and heavy 7.20@7.30; Stockers 6.50@6.80.

Sheep Come On Contract. While at North Portland the trend of the sheep trade indicates a continuation of the former strong tone and extreme price, the only stuff that came forward this morning was from a Willamette valley point and was sold on contract, prior to arrival.

Sheep supplies in the local yards continue to show a very serious decrease from a year ago. During the first months of the year the decrease has amounted to \$2,324 head.

General mutton trade range: Old wethers \$7.75; Best yearlings 7.85@8.00; Best ewes 6.75@7.00; Best east mountain lambs 8.25; Valley light lambs 8.50@8.75; Heavy light lambs 8.00@8.25; Spring lambs 10.00.

Livestock Shippers. Hogs—F. B. Decker, Gervais, 1 load on contract to Union Meat Co. W. B. Kurtz, The Dalles, 1 load. Cattle—A. W. Thompson, Battle Mountain, Nev., 3 loads. Sheep—Frank Wann, Canby, 1 load on contract.

Sanitary Commission to Be Sent. NEW YORK, April 7.—The Rockefeller Foundation announced that it has made a contribution of \$25,000 to the American Red Cross toward the cost of sending a special sanitary commission to Serbia to aid the Serbian government in controlling epidemics of typhus and typhoid fever and possibly of cholera.

Noted Athlete Killed. LONDON, April 8.—Captain Wyndham Halswelle, the well-known British runner, was killed while fighting at the front on March 31, it was announced here.

Captain Halswelle broke the 400-meter record in the Olympic games in London in 1908 in an exciting contest. The making of the record was preceded by a charge of foul against an American runner, and all the other American entries promptly withdrew from that event.

TALK OF PEACE AFFECTS WHEAT

(Thursday's Market.) CHICAGO.—Wheat closed unchanged to 1-2c lower. Peace talk had its effect in the pit at the opening today. May wheat opened 2c lower, at \$1.32 1-2 a bushel. July was down 1-8c at the outset.

Scattered rains, general selling and weak cables caused a further drop. At the decline a fair demand developed. Firmness in the northwest caused additional buying. The trade was small, with the pit crowd bearish. The Liverpool market was lower.

Easier cables caused a lower opening in corn. The pit crowd pressed the short side. May opened 1-4c down and July was also off 1-4c.

In sympathy with other grains, oats opened lower. There was a good demand at the decline. A heavy export business was reported. Provisions were dull.

WHEAT. May—Open, \$1.52 1-2; high, \$1.53 3-4; low, \$1.52 1-2; close, \$1.52. July—Open, \$1.21 3-8; high, \$1.22 1-8; low, \$1.21 1-8; close, \$1.22 A. Sept.—Open, \$1.09; high, \$1.09 5-8; low, \$1.08 3-4; close, \$1.09 5-8.

American Sees Air Raid. NEW YORK, April 8.—The Zeppelin bombardment of Paris during the early morning, March 21, was described by Joseph Harriman, of this city, who returned aboard the steamer Transylvania. The Zeppelin, he said, like a great gray cigar, floated unlighted, through the sky above the city for about half an hour.

"I counted six bombs that the airship dropped," said Mr. Harriman. "A tiny red light showed from the Zeppelin each time. This was the only light the airship showed. As the bomb came to earth we could trace its course by a trail of sparks."

EUROPE NEEDS OATS SUPPLY

(Thursday's Market.) PORTLAND, Ore.—Europe has sent an urgent request for the Pacific coast to offer it a supply of oats for immediate shipment. There is an unusually strong demand for oats from Europe and if ships are available for shipment, some very liberal sales can be expected here almost any day. Some steamer room is said to be available at San Francisco and local interests with connections there confirm some business as passing.

Since the withdrawal of the Royal Mail from here, Portland has been without a regular liner for European shipment, but it is now believed that some ships will be available. Dealers are freely offering \$32 a ton here today for spot delivery oats. The Willamette valley is practically the only section offering but quite liberal supplies are held there.

Barley market is likewise showing quite fair strength with dealers offering \$25.50@26.00 a ton for spot delivery in the country, basin tidewater. Very quiet tone is shown for wheat, although some additional business is reported with California.

Clover Seed—Buying price: Nominal No. 1, uncleaned, 11 1-2@12c; ordinary, 11c; alsike, 11c pound. Flour—Selling price Patent \$6.50; Willamette valley, \$6.80 local straight \$5.25; bakers, \$6.80.

Hay—New crop, buying price: Willamette valley timothy, fancy, \$12.50 @13.00; Eastern Oregon-Idaho fancy, timothy, \$15; alfalfa, \$13.00@13.50; vetch and oats, \$11; clover, 25@9 per ton. Grain Sacks—1915 nominal, No. 1 Calcutta, 6 3-4c. Millstuffs—Selling price: Bran, \$26.50; shorts, \$28.50.

Rolled Barley—Selling price, \$30@31 per ton. Corn—Whole, \$35.50; cracked, \$36.50 per ton.

With no trading for the day on the Portland Merchants Exchange, spot wheat prices were mixed with bids showing fractional changes.

Oats market regained strength with an advance of 2 1/2c a ton for spot. No sales. Spot barley bids were up an equal amount with no sales.

Only sales on the exchange today was a lot of 100 tons prompt bran at \$23.50.

Monkey Gets "New" Sleep. HUNTINGTON, W. Va., April 8.—Bridget is to be given the "twilight sleep" treatment. She is a royal Marmoset monkey, and the best in the land is none too good for her, according to the Huntington police officials who have had Bridget for a pet for a year. She has replaced the inevitable station house cat.

She is about to become a mother, and everything is in preparation for the operation. Bridget and her royal consort, Joe the First, a majestic appearing Simian, were presented to the police last year by a carnival company showing here. Since they have been at the station there has been a great decrease in intoxication in Huntington, as on several occasions occupants of cells "saw monkeys."

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly falling to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only Constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY & Co., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

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For Sale Two story house on East Court Street on hard surface pavement. Price \$3100.00. Will sell on Terms. Five room house with bath at 715 Garden Street, 25 ft. frontage. Price \$1500, \$100 down \$60.00 per quarter. MATLOCK-LATZ INVESTMENT CO. 112 East Court St.

First National Bank PENDLETON, OREGON ESTABLISHED 1882 Known For It's Strength

KAISER HAS NEW GRAND-SON. DUCHESS OF BRUNSWICK BERLIN, April 6.—The Duchess of Brunswick, formerly Princess Victoria Louise, daughter of Emperor William, has given birth to a son. She was married to Prince Ernest August of Cumberland in May, 1913, and their first child, a son, was born March 15, 1914.

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