

TAKE SALTS TO FLUSH KIDNEYS

EAT LESS MEAT IF YOU FEEL BACKACHE OR HAVE BLADDER TROUBLE.

Meat forms uric acid which excites and overworks the kidneys in their efforts to filter it from the system.

To neutralize these irritating acids and flush off the body's urinous waste get about four ounces of Jad Salts from any pharmacy.

Kaiser at the Front. BERLIN, Dec. 21—Reports that the Kaiser, completely recovered from his illness, has returned to the front.

RUN OF 88 CARS IN N. PORTLAND

(Courtesy Monday's Journal.) PORTLAND, Ore.—It looked like old times today in the North Portland market at the opening of the week's trade.

Notwithstanding this, the market for swine was considered good and steady at \$7.50 for top offerings.

Run of cattle in the local yards over Sunday was quite fair and was a strong contrast to the very small showing of last Monday.

Mutton Gains Strength

For mutton the local market showed a further gain in strength over Sunday. There was quite a fair run in the yards at the opening of the week's trade.

General hog market range: Best light 7.40@7.45, Good to heavy 6.75@7.00, Rough and heavy 6.00@6.40.

General cattle market range: Selected steers 7.50, Good to prime 7.00@7.25, Good to choice 6.50@6.75.

CHICAGO WHEAT IN SHARP RISE

Crop Still Safe. WALLA WALLA, Dec. 22.—Although the temperature for the past week has been considerably below normal.

CHICAGO, Dec. 22.—Wheat closed with an advance of 5-8c to 1 5-8 a bushel over Saturday's final.

Damage reports from the middle west were responsible for most of the strength here in the wheat trade.

and said he did not cure any ill, but taught individuals how to cure themselves.

His treatment, he said, was relaxation, silence, long, deep breath and affirmation of the words, "The peace and harmony of God's universe are pouring into me now."

Winter Envelopes Burns. BURNS, Ore., Dec. 19—Six degrees below zero one morning and 12 degrees below the next morning.

State of Ohio, city of Toledo, Lucas County—Frank J. Cheney makes oath that he is the sole partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, Ohio.

BURN Coke and Coal

MIXED--2 parts of Coke to 1 part of Coal will give you the same results in your coal stove as though you burned all Hard Coal.

Pacific Power & Light Co. "Always at Your Service" Phone 40

Sheep—Will Block, McMinnville, 1 load direct to Union Meat company; D. Vandecar, Haines, 2 loads; R. N. Stanfield, Stanfield, 1 load.

WHEAT. Dec.—Open, \$1.22 1-2; high, \$1.25; low, \$1.22 1-2; close, \$1.24 1-2B.

BLACK CROSS FOR POOR OF U. S.



Florence Gurnsey. NEW YORK, Dec. 22.—The Black Cross Society for the neglected destitute of the United States held an organization and propaganda meeting in the east room of the Hotel Astor this evening.

SMALL SAVINGS

Hidden away are likely to be lost or stolen. Spent for pleasure they are gone and can never multiply.

SAGE TEA TURNS GRAY HAIR DARK

That beautiful, even shade of dark, glossy hair can only be had by brewing a mixture of Sage Tea and Sulphur. Your hair is your charm.

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The Great Big Baked Potato. Served on all dining cars.

Winter Excursion Fares TO FLORIDA During December, January, February. Return Limit May 31.



A. D. Charlton A. G. P. A. Portland, Ore.

THE American National Bank OF PENDLETON, OREGON

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Livery, Feed and Sale Stable. Good Rigs at All Times. AUTOMOBILE FOR HIRE.

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