

Woman and Her Varied Interests

Beauty Confidences for Young Girls.

So many girls long for lovely complexions, but are too lazy in many instances to try to preserve what Dame Nature has given them or to make the best of a bad bargain. One thing should never be forgotten—that is, the face must be made thoroughly clean before massaging, as otherwise specks of dust will be rubbed into the pores and blackheads will result. Blackheads, you know, are nothing more or less than dust which has not been removed from the skin. They are unlovely blemishes, and therefore the face should be thoroughly scrubbed before beginning any massage with a camel's hair complexion brush dipped in hot soapy water.

When the skin is immaculately clean, since it with floods of warm water, so that not the slightest sediment may dry on the skin. Dry with a soft towel and you are ready to begin your face massage.

Make yourself comfortable before your dressing table in a high enough chair to be on a convenient level with the mirror and with a bowl of boiling hot water and a couple of small Turkish towels at hand. Then, dipping the tips of your fingers in your jar of skin food, smear the face thickly, rubbing the cream in with firm circular movements.

Now double one of the towels and place it in the hot water. Squeeze it out quickly and lay it upon the face, patting it in close to the skin. At the same time place the second towel in the bowl.

As the one on the face begins to lose its warmth replace with a fresh one and keep alternating for ten minutes, renewing the water when it is no longer hot enough. This will open the pores and render the skin pliable.

Put the face dry with a soft towel and smear once again with the face cream. Never attempt to massage the skin when either it or the fingers are not moist with an emollient; otherwise you will add creases instead of eradicating them.

Put Furniture in Comfortable Positions.

A well known furniture dealer says

If women would have furniture appear at its best advantage it should never be set with all lines the same way. Not that things should go "every which way," as the children say, but the monotony must be broken.

For instance, suppose there is a davenport or a couch of some sort in the living room. It will look much better if backed up against a table or possibly across a corner than just set straight across one end or stiffly at one side against the wall. It should be arranged in some way to look comfortable, somewhere near a window, where the light may be near a table that any person sitting or lying on the couch can see to read if he or she desires.

An intelligent study of the rooms of those who can afford to let their taste run to the best examples will show that tables, couches, etc., are nearly always near the center of the room instead of standing primly against the walls. Such an arrangement makes the room look 100 per cent better than any other, simply because they show a reason for owning these pieces of furniture.

Every room should have a center of some kind. Usually a fireplace is in such a position. Take this as a center about which to group chairs, etc., and stiffness vanishes. The piano, a pretty table with an etiolator or lamp, a big easy chair, a tea table with its perfect equipment, all or any of these placed handily give a home-like air that is very attractive and charming.

Sofa cushions may be placed at different angles, pictures rehanging and bright little rugs laid on another side of the room, vases and other bric-a-brac may be moved to other places in the room, and the housewife may so vary the monotony of her room that it seems to gain life to those who are obliged to occupy it.

There may be and often is some tone that jars of which the most conscientious home mistress is totally unaware until by mere chance she moves the article that produced it. A room may be overcrowded, a grave fault easily remedied, and here the process of elimination does a world of good. Change the looks as you do the air

of your rooms and add to their beauty.

New Outing Costumes.

Striped volles have become very popular this year for out of door sports, and they are practical as well as attractive, the blue and white, black and white, tan and white, or red and white, or red and white stripes being best liked. For golf, tennis, boating, and automobiling there are the plain and fancy volles and cotton crapes finished off with wide bands of ribbon, linen or fancy cotton.

Cream Sponge Cake.

Four eggs, four heaping tablespoons of flour, one tablespoonful of cream, six tablespoonfuls of sugar and the grated rind of one lemon. Brush a mold over evenly with melted butter. Sieve half a tablespoonful of extra flour and two tablespoonfuls of sugar. Put these into the mold, shake them all over it and toss out all the mixture that will not stick to the butter. Warm the flour in the oven, sieve it and grate the lemon rind on to it. Beat the eggs until frothy, add the sugar, stand the basin over a pan of boiling water and whisk them for ten minutes or until very thick. Remove from the pan and whisk until cold, then gently fold in the flour, add the cream, pour the mixture into the prepared tin and bake the cake slowly for one hour.

Dressy Summer Gowns.

The cool summer frocks suitable for the country club, for afternoon tea, on lawn or piazza, or perhaps for informal garden parties, are very pretty in a combination of cotton crepe, all over embroidery, shadow lace and net cleverly combined. They are made short, with low neck and three-quarter sleeves, with broad satin girdles in bright colors.

To Bleach Faded Frocks.

The colored frock or blouse that has become faded with frequent launderings or from wear in the sun may be bleached to a clear white by boiling in cream of tartar water. The correct quantity to be used to make the garment a pure white is a teaspoonful of the powder to a quart of water.

For the Tourist.

The most serviceable and durable dressing gown for the traveler is made of some dark, inconspicuous, not transparent material.

Crepe de chine is ideal for summer wear. A dressing gown of this material in a dark color can be worn comfortably for months. It does not show soil easily, and when it is soiled it can be easily washed and will look as well after a trip to the laundry as before. A dark gown, besides the fact that it will not show soil so quickly as a light one, can be comfortably worn on the way to the bath on ship-

board and in the corridors of hotel or pension.

Japanese Education.

In Japan only a blind child could be insensible to color, after long days under the pink mist of the cherry blossoms and the crimson glory of the maples, in the sunny green and yellow fields or with mountain slopes of wild azalea for a romping place and wonderful sky of blue for a cover. By inheritance and environment he is an artist in the use of colors. Form, too, is as easy, for when crude toys have failed to please it is his privilege to build ships, castles, gunboats and temples with every conceivable household article from the spinning wheel to the family rice basket.

The Useful Chiffon Waist.

At the beginning of each season the question arises whether the blouse to wear with the dressy street costume shall be in a matching color or a white affair of chiffon or lace.

To be sure the white waist, both in lingerie and unwashed materials, has been more in evidence this spring than for several seasons, but that is no sartorial assurance that it will continue in vogue all summer.

There are times and places when the white blouse is quite in keeping with an elaborate street suit, but there are other occasions when nothing is smart but the matching blouse.

Rid Your Children of Worms.

You can change fretful, ill-tempered children into healthy, happy youngsters, by ridding them of worms. Tossing, rolling, grinding of teeth, crying out while asleep, accompanied with intense thirst, pains in the stomach and bowels, feverishness and bad breath, are symptoms that indicate worms. Kickapoo Worm Killer, a pleasant candy lozenge, expels the worms, regulates the bowels, restores your children to health and happiness. Mrs. J. A. Brislin, of Elgin, Ill., says: "I have used Kickapoo Worm Killer for years, and entirely rid my children of worms. I would not be without it." Guaranteed. All druggists, or by mail, Price 25c. Kickapoo Indian Medicine Co., Philadelphia and St. Louis. Koepens.

NEW ERA FOR OCEAN TRAVEL

SIZE, NOT SPEED, THE CHIEF THING IN SHIPS

Imperator Marks Change in Ocean Commerce—Stability and Safety are Principal Matters in Building of Big Liner—Shipping Interests Working in Co-operation.

New York, July 7.—(Special)—The arrival and departure of the giant liner Imperator has called attention in a striking manner to the change that has taken place in recent years in the aim and spirit of ocean commerce. Formerly the aim in the building of great liners was all for speed. Now it is size, stability and safety. It is now three years since the present trans-Atlantic record was established and shipping experts predict that this record will stand for a long time to come. On the other hand, the size of the Atlantic liners is constantly increasing and their comfort and safety appliances are being multiplied. The tonnage of the Imperator, for example, is nearly double that of the biggest steamship afloat a dozen years ago. Not only is the tendency of the times away from the dangerous speed mania of former years, but it is pointed out here that there is a rapidly growing movement toward the establishment of a greater spirit of co-operation among the great shipping interests of the world. If the various conferences made up of representatives of the leading interests in various shipping fields receive official approval as seems possible as a result of recent investigations, it is held by trade experts that a great impetus will be given toward the establishment of world-wide commercial peace which is regarded as the strongest possible guarantee of peace between nations.

A blight that bids fair to upset important national institutions and to bring distress to several million young Americans is threatened by the discovery made here this week that the country is face to face with a peanut famine. Although the production of peanuts in the United States has increased more rapidly in the past ten years than that of any other crop except sugar beets and rice, while importations from foreign countries have more than doubled, demand has outrun supply to such an extent that wholesale prices have risen to over ten cents a pound for the Spanish product within the present month. Two main causes are given by wholesale dealers to account for the great advance in the consumption of peanuts. One of these is the great increase in their use in the manufacture of four products; the other is the multiplication of amusement parks and automatic vending machines. It is pointed out that a single large concern engaged in the manufacture of peanut butter uses as high as 150 carloads of nuts in the course of a season and that this is a demand that has grown up entirely within the past few years. Over 20,000,000 bushels of peanuts are produced yearly in the United States which is equivalent to upwards of two billion five-cent sacks but it is predicted, in view of the present situation that these sacks must become smaller in capacity or higher in price. Thus will another burden be added to the high cost of living.

A knotty problem placed before the law officers of the state of New York is that of determining the proper valuation to be placed upon the good will of a metropolitan newspaper. The question arose in appraising the estate of the late Joseph Pulitzer, proprietor of the New York World and St. Louis Post Dispatch. Expert opinion was sought in order to settle the question but the opinions of the experts varied widely. C. M. Palmer,

a newspaper broker, placed the value of the World at \$5,000,000, while Frank A. Munsey, publisher of several magazines and newspapers fixed his estimate at just double this figure. Adolph S. Ochs, proprietor of the New York Times, declared the personality of the man behind an influential newspaper was its most valuable asset and that the death of the man whose name was closely linked with it in the public mind made it extremely difficult to appraise the good-will value remaining. The value of an associated press franchise in New York was estimated by the experts at from \$100,000 to \$200,000. The net result of the inquiry thus far seemed to be that newspapers defy ordinary standards of valuation.

CONSPIRE AGAINST DOMESTIC HARMONY.

The ills of women seem to conspire against domestic harmony. No husband can understand why a woman should be continually ailing, fretful, nervous and despondent, and he gets out of all patience with her. In nine cases out of ten some organic derangement is the cause of this condition and is easily overcome by Lydia E. Pinkham's Vegetable Compound, a woman's remedy for woman's ills which has cured more severe cases of this kind than any other remedy we know.

INDIA HORSE BACK IN BOMBAY FROM PERSIA

Bombay, India.—The first detachment of the 39th Central India Horse, recalled from the Persian gulf, arrived in Bombay recently. As will be remembered the beleaguered position of the detachment in Shiraz was the subject of many questions and more than one discussion in both houses of the British parliament, and when the announcement was made that they were about to leave for the coast, it gave very general satisfaction. The detachment arrived at Bombay on the Royal Indian Mail troopship Dufferin, and proceeded during the day by three special trains to Njlan. Commenting on their arrival, the Times of India remarks that the men had lost much of the smartness with which they left India and their gait was very much the worse for wear. Many of them had brought back trophies from the gulf and there were some fine Persian cats to be seen on the shoulders of quite a number of the men. At least one goat was included among the pets that the regiment had adopted, and a large number of Shiraz greyhounds also came back on the boat as mementoes of the visit.

Officers and men, it appears, felt very keenly the position in which they were placed in Shiraz, being continually sniped at without the opportunity of retaliating. Most of the time the regiment was confined to the town and the officers could not move out without the danger of being shot at as in the case of Captain Eckford.

For Cuts, Burns and Bruises.

In every home there should be a box of Bucklen's Arnica Salve, ready to apply in every case of burns, cuts, wounds or scalds. J. H. Polanco, Delvalle, Tex., R. No. 2, writes: "Bucklen's Arnica Salve saved my little girl's foot. No one believed it could be cured." The world's best salve. Only 25c. Recommended by Koepens.

C. P. R. LINERS WILL BE BUILT FOR ATLANTIC

London.—Two more vessels are to be built for the Atlantic service of the Canadian Pacific Railway company. Tenders for the construction of the new ships, which will be larger than the same company's steamers Empress of Britain and Empress of Ireland, have been received, but none of these have as yet been accepted.

The Atlantic service of the Canadian Pacific Railway came into being in 1902, when the company bought from Elder Dempster & Co. 15 steamships with which they established the service from Liverpool, Bristol and London. Antwerp was included in the following year. As already mentioned, a service was established a few weeks ago between Canada and Trieste by the Canadian Pacific and the sailings have met with much success.

The Empress of Britain and the Empress of Ireland were added to the Atlantic service in 1906. Messrs. Barclay, Curle & Co., are at present building two vessels with passenger accommodation for 520 second-class and 1200 third-class, and also a cargo capacity of 6000 tons.

The Pacific service of the company, established in 1887 between Vancouver and the far east, is also being extended. Two new vessels, the Empress of Russia and the Empress of Asia, both vessels with a tonnage of 16,850 tons and a speed of 21 knots, will shortly be added to the service.

The Empress of Russia is at present on a tour round the world before going on the regular route and the Empress of Asia will also make the tour very soon.

Altogether the fleet of the Canadian Pacific Railway company, including vessels under construction, numbers 75 vessels. This does not include the two vessels to be built for the Atlantic service. The fleet employs 12,000 men ashore and afloat and consumes 3000 tons of coal daily.

TO MOTHERS FROM THE FAMOUS WHITBREAD ENGLAND

For Sleeplessness, Insomnia, Nervousness and that General Run Down Condition. A Simple and Pleasant Remedy

For over 100 years the greatest doctors in England have recommended the famous Whitbread English Ale or Whitbread Remedy Stout (or Malted Extract) for mothers, invalids and those in a run-down condition. It has given comfort to thousands of grateful women. Whitbread's Ale or Stout (Malted Extract) is made from the finest barley, malt and hops and brewed only in bottles and sent from England direct to America. It is most easily digested and makes rich blood. It is absolutely different from all other English Ales or Stouts, and is consumed by the most temperate people as a wonderful tonic and blood-giver. Doctors, clergymen and professional men drink it

BANK ROBBER IS CAUGHT AFTER CHASE

Portland, Ore., July 7.—Virgil Perrine, aged 29, who says he came here recently from St. Louis, robbed the First State bank of Milwaukie, six miles south of Portland Saturday afternoon by holding up the cashier and his assistant, and escaping with his loot, about \$400 and later was captured by a posse after he had stood submerged in his neck in a creek for two hours in hope of eluding detection. The money was recovered.

Took Only Loose Cash.

Perrine entered the bank alone and unmasked. Assistant Cashier A. H. Zanders stood at the cash wicket while Cashier A. L. Bolstead sat eating his lunch. Perrine with a revolver forced both to stand with arms upstretched while with one hand he placed the rolls of coin from the nearest tray in his pocket, then, still keeping the bank men covered, he backed out the front door and fled.

Pursuit Spectacular.

The pursuit was most spectacular. Sheriff Mass of Clackamas county and Sheriff Wood of Multnomah county were notified by telephone and arrived almost simultaneously. Chief of Police Reed of Milwaukie had joined them in the chase. As the robber ran several rolls of silver dollars fell from his pockets. He made for a dense wood nearby and followed by shots from rifles and revolvers of possemen, plunged into the wood which was surrounded and sticks of dynamite were hurled in the brush in the hope of dislodging him. The thickets on all sides were thoroughly searched.

Cold Aids Officers.

Perrine meanwhile had plunged into a pool beneath an old mill wheel in the woods. Submerging himself to his neck he held his position and escaped observation until, after two hours, the coldness of the water forced him to emerge. He was seen almost at once and captured. The money, except that which he had lost, was taken from his pockets and he was lodged in jail at Oregon City. He declined to talk, further than to say that he was penniless and had to have money and so had committed the robbery.

Cashier Bolstead fired several shots from a rifle at the fleeing robber and later when he was hard pressed by the posse under Deputy Sheriff Tom Kelly of Milwaukie, Perrine turned quickly and fired twice at his pursuers, none of the shots taking effect.

COMPANY TO BUILD A \$500,000 PLANT.

Denison, Tex.—The Texas Light & Power company owns land on Red river, north of Denison, where it will build a power plant to furnish power for cities and towns within a radius of 100 miles of Denison.

The company has filed a bond with the city to erect a plant costing not less than \$400,000, and propose to erect a plant to cost \$500,000. It will furnish power to the consumers here for 12 1/2-10 cents meter rate, while the flat rate at present is 15 cents.

It intends to furnish power for an interurban line to be constructed north from Denison to Oklahoma.

CATARH CANNOT BE CURED.

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

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