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DR. KING'S NEW DISCOVERY

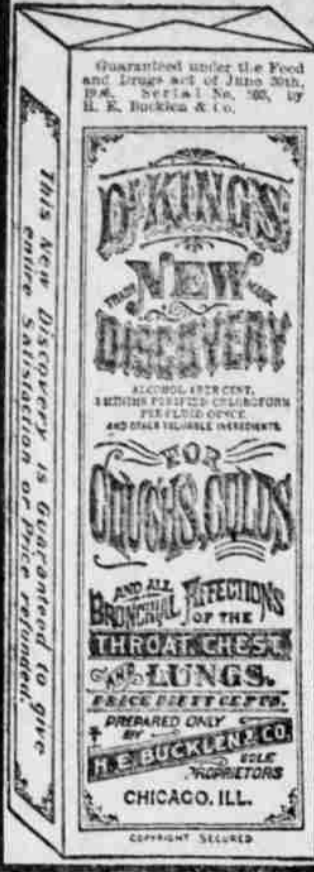
JUST AS QUICK TO REPEL ATTACKS OF COUGHS AND COLDS

And all Diseases of THROAT AND LUNGS

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NEWLYWED COSTS \$20,000,000 YEARLY

WASTE THAT AMOUNT WHILE FIXING HUBBY'S MEAL

Do Not Peel Potatoes or Apples Thin Enough, Says Lady Who Mixes Batter With One Hand While Other Does Something Else.

Boston, Mass., Dec. 16.—More than \$20,000,000 is thrown away every year by cooks, chefs, housekeepers and hospital nurses, according to Miss Fannie Merritt Farmer, world-famous as an exponent of scientific cooking.

Miss Farmer ought to know. She can mix up a batter with one hand; break half a dozen eggs with the other for a New England sunshine cake; attend to the baking of southern "apple cobbler," and see to it that the meat doesn't burn as she passes by the stove to concoct the ingredients for some luscious dessert—all at the same time. And she can do this without any waste. Miss Farmer has been making delicious edibles for some years over two decades, and she's been teaching others how to make them without spending too much money.

Miss Farmer, according to herself, is no radical but she "does get mad" when she sees the way the young wife or the careless cook, or the non-thinking nurse, will "murder good food."

Miss Farmer said: "The cost of living has certainly gone up with skips and jumps" and it costs more money to make a cake or a pie or roast a beef for dinner than formerly. It's true that many grocers by their counter characteristics, appear to be descended from those roving gentlemen who sailed the Spanish Main. But—and spell it with capitals—the grocer isn't to blame for more than 50 per cent of the high cost of living nor the cost of high living, either.

"Much of the waste is through ignorance. More is wasted through carelessness and the growing shiftlessness of the younger generation. Right here in my own school, after I have concluded some demonstration I will turn away for a moment only to find that the moment was costly. Twenty students, in that short time, will have pared twenty apples or peeled twenty potatoes with no care as to the thickness or thinness of the parings. Out of the parings of the twenty apples or potatoes, an amount similar to that 'contained' in two or three apples or potatoes could have been saved."

Most of Miss Farmer's students are cooks of the wealthiest Bostonians, who have had some instruction in domestic science before their employers have sent them to Miss Farmer to learn some of her recipes. Many of those who don the apron and cap, however, are the wealthy Bostonians themselves. Other students are nurses from various hospitals.

FOR THE CHILDREN ALSO FOR GROWN PERSONS QUICK - SAFE - RELIABLE NO OPIATES NO NARCOTICS FOLEY'S HONEY AND TAR COMPOUND

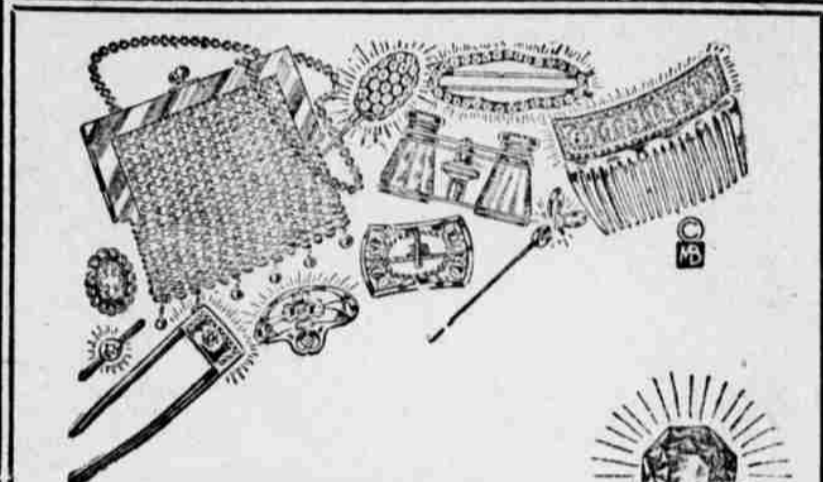
A COMMON COLD neglected may go quickly into GROUP, BRONCHITIS, or PNEUMONIA which often means a sudden fatality. KEEP FOLEY'S HONEY AND TAR COMPOUND always in the house and give at first sign of a cold. Refuse substitutes.

John Parsons, Stewart, Ohio, writes: "We use Foley's Honey and Tar Compound as our best and only cough remedy. It never fails to cure any of my seven children of cough. My 2-year-old baby has had a most severe cough which our Doctor said he could not cure and that Baby would surely die. Several of our relations and neighbors had gathered to witness the ending of the child's life. Two bottles of Foley's Honey and Tar Compound cured the child and he is alive and well today." FOR SALE BY ALL DEALERS.

Faint? Have you weak heart, dizzy feelings, oppressed breathing after meals? Or do you experience pain over the heart, shortness of breath on going up-stairs and the many distressing symptoms which indicate poor circulation and bad blood? A heart tonic, blood and body-builder that has stood the test of over 40 years of cures is Dr. Pierce's Golden Medical Discovery

The heart becomes regular as clock-work. The red blood corpuscles are increased in number—and the nerves in turn are well fed. The arteries are filled with good rich blood. That is why nervous debility, irritability, fainting spells, disappear and are overcome by this alterative extract of medicinal roots put up by Dr. Pierce without the use of alcohol. Ask your neighbor. Many have been cured of Dr. Pierce's Discovery. Just the refreshing and vitalizing tonic needed for excessive tissue waste, in convalescence from fevers or for run-down, anemic, thin-blooded people. Stick to this safe and sane remedy and refuse all "just as good" kinds offered by the dealer who is looking for a larger profit. Nothing will do you half as much good as Dr. Pierce's Golden Medical Discovery.

pitals. The students are the most representative women of the kitchen or of those who will be in charge of kitchens some day. It is from such that Miss Farmer draws conclusions that, by systematic use of food materials in the kitchen, \$20,000,000 and more could be lopped off the much mooted high cost of living bill.



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No nicer or more appropriate present could be given than a diamond or piece of diamond jewelry.

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Holiday Hints To Lovers of Good Meats. A choice "Central" Roast. A "Central" steak that's tender. A scalloped oyster dinner. A "Central" ham for lunch. A "Central" fish or poultry order insures satisfaction. Phone the Sanitary Market. Main 33. CENTRAL Meat Market

CHANLER VERY GLAD HE HAD AND LOST LINA

Cavalier Was an Awful Trial to Him, Says "Sheriff Bob."

New York.—Nothing in international marriages—now take it from me—from one who knows—international marriage is worse than crime. To speak in Marshal Ney's classic language, "it is a blunder."

Big Sheriff Bob Chanler, who arrived from Europe declaring that in five months he will no longer be known as "Lina Cavalier's husband," pronounced this dictum to a reporter who called on him at his studio.

"Yes, I come home after a hurried trip to Paris and London—come home a free man—almost. At least O fell as good as divorced. A decree will

be quietly obtained, by Mme Cavalier."

Bob hadn't even gotten used to her married name and hurriedly added: "Mme Chanler—and then me to the tall timber."

The "tall timber" that Sheriff Bob referred to was in his studio and consisted of the frame work about the huge canvases in the art nouveau which he has been evolving since his matrimonial disaster No. 2.

"I intend to spend most of my time up here—work will be my motive for the rest of time," he added, heaving a big sigh that ended up in a mirthful smile.

"But hasn't the fact that you have won and lost the most beautiful woman in the world—granted that you wanted to lose her—had a sort of depressing effect on you—are you not a bit more cynical than you were before you met and loved Cavalier?" he was asked.

"No; the only satisfaction, after all, was that she was the most famous beauty in the world," he replied.

"If she had been ugly and misshapen, think how my friends would have laughed at me; but they must admit that I did not make a mistake in taste, even if I did in judgment."

"Of course, I was more or less taken off my feet by her wonderful beauty—and, by Jove, she is beautiful—will always be beautiful. But I think next time I'll marry an American and a woman who might think more of her husband than of her looks."

"I have had my lesson and it has took as the little boy said. One does not realize what professional beauty means until one has married into the family, as it were. Then, added to that voice and the operatic stage—looking at it now, with the romance one year removed from my mental and emotional vision—I would almost say—well, I won't say what I would say; only I am mighty glad the play is ended."

ELKS FIGHT OUT KINGSHIP.

Younger Buck Masters Older in Terrific Combat Before Herd.

Danville, Pa.—Moving picture men lost a grand opportunity by not being in the vicinity of the game preserve of Alexander Billmeyer, at Washingtonville, when they might have snapped a fight for supremacy between the monster elk Jumbo and his younger rival Job. The fight, which was a thriller from the start, lasted one hour, and resulted in the downfall of Jumbo, and the exaltation of Job. The wild animals fought desperately and

without a minute's let-up. Mr. Billmeyer describes the fight as unparalleled by anything he has ever seen.

The bulls were dehorned about the last of August and it was the first time they have been permitted to come together since. Jumbo weighed about 1400 pounds, while his rival weighs but 1200. Job, however, is younger and had the advantage of agility and endurance.

Time after time the animals would retreat a distance from each other and then come together with such force that they were thrown by the recoil back on their haunches.

The herd of elks stood about watching the fight and ready to accept the victor as their leader. From now on Jumbo takes second place.

ALLIGATORS ON THE BRAIN.

Attack of Saurian Freight on Train Crew in Charge of 'Gators.

Los Angeles, Cal.—The entire train crew of a Southern Pacific train stampeded into the offices of the trainmaster and tried to resign.

"I tell you I have got them," said a burly brakeman, "and I haven't taken a drop in six months."

"I saw them myself," said the conductor, "and here's where I quit."

"Never again for mine," said the engineer. "Once is enough for any man. I am not superstitious, but when a thing like that sticks its head out of a cabbage crate and leers at you it is time to quit."

Alligators, alligator eggs and happy, singing jumping bullfrogs were the animated sources of the train crew's perturbations. They came in crates, like cabbages, 500 wriggly 'gators, 1500 alligator eggs and 200 healthy bullfrogs in good working order.

The uncanny shipment was delivered yesterday afternoon in good condition to F. V. Earnest, proprietor of the Los Angeles alligator farm at Eastlake Park. About twenty bullfrogs had croaked in a metaphorical sense and two or three alligator eggs had lost their chance for incarnation in the present cycle, but every alligator arrived as healthy and apparently as happy as when leaving the Louisiana marshes.

One of them is fifteen feet long and weighs 900 pounds in the crate.

The present shipment brings the collection of the farm to something more than 2000 alligators and when the eggs have been hatched the number will approximate 3000.

An alligator lays seventy eggs per season, so that a mother alligator is too busy for politics. They are about the size of duck eggs and resemble them very much. In buying duck eggs persons cannot exercise too much care in avoiding an unfortunate mistake. Alligator eggs might be delightful food, but as a table delicacy they have not yet become popular.

Deep-seated coughs that resist ordinary remedies require both external and internal treatment. If you buy a dollar bottle of BALLARD'S HORE-BOUND SYRUP you get the two remedies you need for the price of one. There is a HERRICK'S RED PEPPER PORUS PLASTER for the chest, free with each bottle. Sold by A. C. Koeppen & Bros.

The quicker a cold is gotten rid of the less the danger from pneumonia and other serious diseases. Mr. B. W. L. Hall of Waverly, Va., says: "I firmly believe Chamberlain's Cough Remedy to be absolutely the best preparation on the market for colds. I have recommended it to my friends and they all agree with me." For sale by all dealers.

FORCED TO CHEW PAPER; IS ILL FROM LOCKJAW

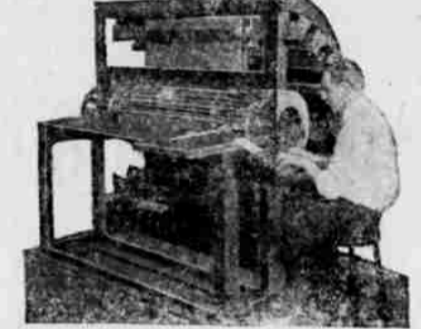
Critical Condition of a Boy Punished by Teacher for Masticating Gum. Fort Worth, Tex.—Jerry Mickle, 11 years old, is dying at the home of his parents, Dr. and Mrs. J. W. Mickle. He has lockjaw, it is believed. A week ago he was chewing gum in the Sycamore high school. To punish him his teacher compelled him to stand before the class and chew wads of paper.

He was forced to continue this operation for half an hour, though he repeatedly gagged.

He was ill when he reached home and since then has become worse, his jaws swelling to enormous size.

Since males predominate in this country, some of them may be excused for being old bachelors, but it is a pity to see an old maid.

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LIBRARY DININGROOM PARLOR BEDROOM The Famous Rayo Lamp The Rayo Lamp is the best and most serviceable lamp you can find for any part of your home. It is in use in millions of families. Its strong white light has made it famous. And it never flickers. In the dining-room or the parlor the Rayo gives just the light that is most effective. It is a becoming lamp—in itself and to you. Just the lamp, too, for bedroom or library, where a clear, steady light is needed. The Rayo is made of solid brass, nickel-plated; also in numerous other styles and finishes. Easily lighted without removing shade or chimney; easy to clean and rewick. Ask your dealer to show you his line of Rayo lamps; or write for descriptive circular to any agency of the Standard Oil Company (Incorporated)

Gifts that Last and are Used Xmas Hardware

Frills and knick-knacks may be all very well as Christmas gifts, but they are gone and forgotten in a few days, or, just when the receiver begins to really enjoy the useful Xmas present that was purchased here

Any of the following articles are appropriate for presents and our stock is now complete in all of these lines.

- SILVERWARE CARVERS RAZORS ROASTERS ALUMINUM WARE PLATED WARE GUNS, REVOLVERS POCKET CUTLERY

We have a large line of pure Aluminum cooking utensils. They last longer, save your health, save the housewife scouring and scrubbing and are an ornament to any home.



Aluminum Ware Would Please HER



W. J. Clarke & Co.