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MODERN ALTRUISM.

The poet sings of the joys of life . At the side of the dusty road, . Where one can be a friend to

And faith, 'tis a noble ode: And fain would I follow the poet's words, But first let me set this down; .

The road that is picked must . not be far From the edge of the . busy town.

And the house must be quite up . to date

Of a bungalow design, With plumbing new and porch . And a pergola and vine;

In some suburban haunt like • years ago. that. On some such modern plan, Who would not live beside the .

road And be a friend to man?

I'd motored into town

To see the latest problem play. For I would leave a servant o not make a full count.

All smiling, spick and span, By proxy thus I still would be . A friend to fellow man. -Denver Republican. •

A SCHEME THAT WILL FAIL.

If he could do so Jay Bowerman would like to heckle Governor West and the other members of the preslowing pertinent comments upon the same

"What does he propose for the governor to do? What the secretary of state? What the state treasurer? These three with, in some cases, the state superintendent of public instruction, now have charge of the state institutions. The conduct of what they have to do. It is one of but lost it." the main things they are elected to do. They are at the capital, they are the trusted agents of the people chosen for the purpose, and are best fitted to conduct the state institutions. In taking the care of the institutions away from them, does the acting governor, retired, propose for them merely to play golf and draw salaries?

"In arguing for his board of controi, Mr. Bowerman says, 'There is neither reason nor justification for the present method of managing state affairs.' Is there reason or justifi-Why create another board to manage affairs for the management of board? In what way would a new board be superior to the existing board? Why have more officials and more salaries? Why have two boards when one will do?

"The public has the right to expect and demand that public money be expended with the same judicious care exercised by an ordinarily prudent business man, says Senator Bowerman, as a clinching arbument for his proposed double-headed government at Salem. Exactly so, and that is why the public objects to a scheme of having two boards do what can better be done by one. It is also why the public objects to the appointment by Mr. Bowerman of a superintendent for an eastern Oregon asylum two years before the asylum was completed, and to the payment of a salary in an office in

which there are no duties." It is evident that Bowerman would like to "get even" with Governor West \$10,000. by taking power from him and investing it in a new board of control. But it will be surprising if the legislature takes up with the Bowerman plan. It is not a businesslike plan as the Journal points out. Besides the legislature is controlled by the progressives, not by the Bowerman

EVEN NEW HAMPSHIRE.

Most people know something of railroad participation in politics in New Hampshire through having read he wrote fiction the noted author evidently ran close to the fact in this line for New Hampshire has been noted as a railroad dominated state. In this respect New Hampshire has been 1.95 the California of New England.

But New Hampshire, like California, is throwing off the yoke. A railroad commission bill is one of the measures before the legislature this winter and the mere fact that such much comment. It is the second sensation along this line that has been sprung recently. The first was an announcement by President Mellin of the Boston & Maine railroad that his road would go out of politics and attend to its own business strictly. He doubtless had good reasons for making that announcement.

All over the country people are opposing corporation control of politics. They are fast learning that to get the best results the states must control the corporations; the corporations · must not be allowed to control the states.

LA GRANDE'S JUST KICK.

According to the announcement of the census bureau La Grande has a population of 4.843. This announcement is taken as a joke by the La Grande papers. The Observer declares the figures are far below what they should be and makes some caustic comments regarding the work of claim that the figures are too low it is shown that they are 500 below the figures of the state census taken five

not complain too much. They are day until dinner at night. And I 1.2getting off light. If reports now in itsulation are true Mr. Durand will make Pendleton's population at least previous omissions And if perchance it happened so • 1000 less than under the showing of the state census. It is quite evident No one should call me down, . that the government enumerators did

> Had Governor West and party arrived one day sooner they would have found Pendleton without snow and enjoying mild spring weather. This despite the fact that the weather observer had been vainly forecasting "snow and colder" for three or four days. Pendleton has a winter resort climate.

Governor Johnson of California, ent "progressive" state board. In went into the gubernatorial campaign his retiring message as acting gover- upon one great issue—the Southern nor he urged the creation of a state Pacific must be kicked out of political board of control. Opposing this centrol of California. He won out scheme the Journal offers the fol- in the election and he is now strivng to carry out his promises. But it will not be an easy task

Some Englishmen are very confident they will discover the south pole about December 22, 1911. Sounds just a little bit like they are going to try to Dr. Cook the world again.

Dr. Plamonden is in the position these institutions is a chief part of of the Swede who "had a good yoo

> After the branch asylum has been built Pendleton should be able to get a traction line.

> Maybe the members of the board brought the snow with them from the

January 13 in History. 857-Ethelwulf, son of Egbert, ometimes styled the first King of England died. In his reign the tax called Peter's pence was levied.

1399-The Tartars, under Tamerlane, pillaged the imperial city of Belcation for Mr. Bowerman's plan? hi, and two dayes after, wantonly massacred the entire Indian poulation. 1400-Richard II., King of England murdered. He came to the throne at zests diseased blood. The inflammawhich there is already an excellent the age of eleven, and after a turdeposed and imprisoned.

Parliament of Henry's that no chemgold or silver.

1618-Galileo discovered the fourth tellite of Jupiter.

ct of Quakers, died, aged sixty-sev-Marquis of Tavora was executed and with nourishing and plasmic qualities the name suppressed forever.

success gained over Bonaparte.

1825-Slavery abolished in Mexico. 1849-Steamboat Lexington burnen on her passage from New York to tonington. Of 415 persons on board, four escaped with their lives. 1903-Marconi Wireless Telegraph empany organized in Montreal, with capital of \$5,000,000.

1998-Henro Farman made successful flight in a heavier-than-air machine in Paris and won a prize of

The New York Clearing House voted to admit trust companies to membership. 1969-Dr. A. R. Lowell, chosen to ecceed Dr. Charles Eliot as president of Harvard University.

If you pick up a starving dog and make him prosperous he will not bite sores open. Special book on Old you. This is the principal difference Sores and any medical advice free. between a dog and a man.

STOMACHITIS,

After all, it is pleasant to reflect that we are not made upon the one pattern-inside or outside; and that what is one person's meat is another Winston Churchill's novels. Though person's poison, We who love beefsteak, and whom beefsteak loves, need no be influenced to drop it (as long as we can get it) just because somebody. out of his own experience, insists that the best diet for the human race is nuts or fruit or vegetables,

Strides into print Tom Jones, relating how he lives upon a handful of nuts daily for lunch at noon, and an apricot salad for dinner at night. indigestion or mal-digesion, has made a new man of him, and he would spread his gospel of how to get well and keep well. Yet from where I write. I can see at work a man weighing close to two hundred, who also was once a "dyspeptic," and who saved his life by a strict diet of warm blood and raw meat,

To the vegetarian and the fruitarian, the meat-eater may point to the fact that in fur-hunting days of the west the daily ration of employes of the American Fur company was six pounds of buffalo meat; and that from year to year, the sole food of the trapper was meat-raw, cooked and jerked. The Sloux and the Comanche alike lived upon the buffalo, and the wild cherries occasionally mixed with body builder, and who continue to enjoy good health. the pemmican were the only fruit or 'vegetable" that ever went down their gullets. Yet who could or can surpass n endurance the mountain-man of beaver times, or his contemporary, the Indian?

The Eskimo subsists mainly upon tropic dweller upon bananas and breadfruit; as said, the menu of trapper and Iidian was meat exclusively -meat as strong and as red as beef. To some persons, strawberries are a polson; to some, milk; to some, peaches-I would much rather put away a porterhouse steak than spoonful or forkful of Tom Jones' apricot or peach salad.

There is the no-breakfast cult. But to some of us breakfast is the most pleasant meal of the day. If I have no breakfast. I have a headache instead; and a moderately hearty break-However, La Grande people should fast carries me gallantly through the tice that many of the no-breakfast eaters and one-mealers in their two meals or their one meal make up for

> This volatile world is running to stomachitis, and it behooves a squad of us independents to stand firm for our rights. When breakfast agrees with us and we with it we will retain t, and not be driven into experiments. And when we so relish a thick steak, or pork chops, or macaroni, or mince ple, or tea and coffee, and they can- he said. "It often causes awkward not be arraigned by us for cause, we will stick to our old friends.

For our stomachs are our own; they are individual stomachs; and by a little care we learn to know their aptitudes better than does somebody a thousand miles away, who would sub- a prety maid: mit his stomach as a universal estimate,-Edwin L. Sabin in January Lippincott's.

THE NEW YEAR.

The late Julia Ward Howe was no believer in New Year's resolutions. "We should make and keep good resolutions all the year round." the celebrated author once said in Bos-

"I am no great believer in New Year's vows, for, although they are splendid things, they really don't amount to much more than Oliver Wendell Holmes' tobacco resolution. "Mr. Holmes, with affected gravity, said to a friend on the first day of the year:

"'I really must not smoke so persistently; I must turn over a new leaf —a tobacco leaf—and have a cigar only after each——' Here he paused as if to say 'meal,' but he continued -'after each cigar.' "

Regarding Chickens,

Senator Money of Miscouri asked an old colored man what breed of chickens he considered best and he "All kinds has merits. De w'ite ones

is de easiest to find; but de black ones is de easiest to hide aftah you

DUE TO DISEASED BLOOD

Every symptom of an old sore sugtion, discharge, discolored flesh, and bulent reign of twenty-two years, was the fact that local applications have 1404—It was enacted at this short the ulcer, shows that deep down in no permanent effect toward healing the sore. But more convincing proof that bad blood is the cause for these places is furnished by the fact that 1691-George Fox, founder of the even removing the sore or ulcer by surgical operation does not cure; they always return. Nature will heal any 1759-Execution of the conspira- sore if the blood is pure and healthy, rs against the life of the King of but until the circulation is cleansed The whole family of the of all impure matter and supplied the infected condition of flesh is 1814 — General thanksgiving obliged to remain. S.S. heals throughout Great Britain for the Old Sores in a perfectly natural way. Old Sores in a perfectly natural way. It goes into the blood, removes the impurities and morbid matters, adds nourishing qualities to this vital fluid, and brings about the very con-



necessary before any sore can heal. S.S.S. is a perfect blood purifier, acting directly on the circulation through the stomach and digestive mem-

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UNJUSTLY ACCUSED.

Andrew Carnegie, at a dinner in rose and answered:

New York, talked about the Scotch dialect. "It's a hard lingo to understand,"

mistakes. "Once an American divine spent Christmas in a Highland inn. Christmas morning he gave the maid ing in her Highland dialect the supea tip of a sovereign and he said. looking earnestly at her-for she was

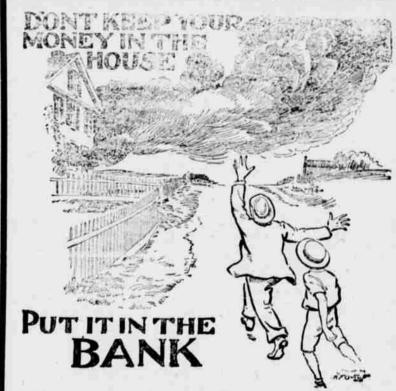
'Do you know, Kathleen, you are a very good looking lassie?"

"Of course Kathleen was pleased, but, being modest, she blushed like a

"'Ah, na; ah, na!_ But my kissin, sir, is beauiful!" The divine frowned.

"'Leave the room, you w young baggage!' he said sternly. "He didn't know, you see, that modest Kathleen had been simply praisrior charms of her cousin Janet of Peebles."

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