

Do You Get Up With a Lame Back?

Kidney Trouble Makes You Miserable.

Almost everyone knows of Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy...

hold water and scalding pain in passing, or bad effects following use of liquor, wine or beer...

Swamp-Root is not recommended for everything but if you have kidney, liver or bladder trouble...

Dr. Kilmer & Co., Binghamton, N. Y. The regular fifty-cent and one-dollar size bottles are sold by all druggists...

APPEALS TO ALL TO PREVENT BIG FIRES

TRAVELERS AND CAMPERS ESPECIALLY CAUTIONED

Western Forestry and Conservation Association Makes Appeal for Prevention of Disastrous Forest Fires—Fear Big Ones This Season.

Portland, July 16.—"Fire! Fire! Fire!"

"This is an alarm of fire. Do you hear it? Will you heed it?"

"If the fire has not come yet, it soon will."

"You may prevent it."

"You can scarcely stop it."

"Although July has hardly begun a dry spring followed by hot weather has resulted in terrific forest fires throughout the coast states..."

In these words the Western Forestry & Conservation association begins a statement issued today as the result of reports upon the unusually critical forest fire situation received from its subsidiary fire fighting organizations throughout the northwestern states...

The association calls attention to the fact that very destructive forest fires come in cycles, due to abnormal years...

While in ordinary seasons countless fires smoulder without serious effect and even the more important ones can usually be checked by sufficient effort...

comes a combination of protracted dry weather and wind during which any fire once started becomes almost instantaneously beyond influence of human endeavor...

Such fires burn furiously until checked by rain or lack of fuel and sweep vast areas with great rapidity...

The last of these "fire years" was 1902, when many lives, besides resources worth nearly \$80,000,000, were destroyed in Oregon and Washington in a day or two...

It is a return of such a catastrophe which is feared if heavy rain does not soon relieve the early dryness of 1910.

In the meanwhile the association appeals to every traveler and resident in forest regions to exercise the greatest precaution with fire and to all timber owners to maintain vigilant patrol...

In some states the governor has legal power to forbid burning, fishing and camping during periods of great fire danger...

but in the northwest there is no insurance but the care exercised by the individual.

REORGANIZED CIVIL SERVICE COMMISSION

HEADQUARTERS HEREAFTER WILL BE AT SEATTLE

Cities Named Where First and Second Class Examinations Will Be Held—Pendleton Named in Second Class.

The civil service commission announces that on July 1, 1910, the eleventh civil service district was reorganized with headquarters at Seattle, Washington...

Hereafter applications for all positions in the field service in the state of Oregon should be made to the secretary of the Eleventh Civil Service District, Post Office Building, Seattle, Washington.

Examinations for the first class post offices at Portland and Salem will be held on the first Wednesday or Saturday in November of each year.

Blank forms of application may be obtained only between July 1 and October 1, and must be properly executed and filed with the district secretary at Seattle between July 1 and the close of business on October 1.

Applications for November examinations presented at other times will not be accepted.

Examinations for the following named second class post offices will be held annually when eligibles are needed, and application blanks will not be given out until examinations are announced:

Albany, Astoria, Ashland, Baker City, Corvallis, Eugene, Grants Pass, Hood River, La Grande, Medford, McMinnville, Oregon City, Pendleton, Roseburg, The Dalles.

First grade or clerical examinations for the custom house, internal revenue, and mint and assay services, and all clerical positions requiring similar qualifications in all field branches of the service, will be held annually on the first Saturday in February at the following named places in the state of Oregon:

Albany, Astoria, Baker City, Eugene, Grants Pass, La Grande, Pendleton, Portland, The Dalles.

Examinations will be held annually on the first Saturday in February at places at which the first grade examination will be held, as previously indicated, for third grade or subclerical positions. This examination is given for the positions of attendant, foreman and night inspector in the customs house service, and for messenger, watchman, classified laborer, skilled laborer, and all positions requiring similar qualifications in all branches of the service.

Examinations for the non-educational positions of blacksmith, blacksmith and horseshoer, carpenter, marine steam engineer, carpenter, fireman mate, plumber, stationary fireman will be held quarterly for the quartermaster's department at large, applications to receive consideration for any quarter must be filed in complete form with the district secretary at Seattle not later than the 15th of March, June, September or December.

Examinations for other positions in this service are held only when eligibles are needed, and no applications are accepted until an examination has been announced.

Examinations for positions in the custodian service will be held only when eligibles are needed, and due announcement of examinations will be made in the public press. The custodian service covers the duties of which relate to the care and management of public buildings outside of Washington, D. C.

Examinations will be held by the board of labor employment for the position of unskilled laborer in Portland, Oregon, only in October. Applications will not be accepted unless filed with the board at Seattle prior to the hour of closing business on October 1.

Persons interested in Federal civil service matters in the state of Oregon should address the District Secretary, Post Office Building, Seattle, Washington.

DRY FARM CONGRESS APPOINTS ITS JUDGES

Spokane, Wash.—Professor Walter H. Olin, superintendent of premiums and awards, has appointed the following experts as judges to pass upon the exhibits of grains, grasses, vegetables and fruits at the International exposition in connection with the fifth Dry Farming Congress in Spokane the week of October 3:

Grains and grasses—Professor C. P. Bull, agronomist, College of Agriculture, University of Minnesota, St. Anthony's Park, Minn., and L. C. Aicher, superintendent of the Idaho experiment farm, Caldwell, Idaho.

Vegetables—Professor O. B. Whipple, horticulturist, Montana agricultural college, Bozeman, Mont.

Fruits—Professor W. S. Thornber, horticulturist, State College of Washington, Pullman, Wash.

Growers in Washington, Idaho, Oregon, Montana, Utah, North Dakota, Colorado, Wyoming, Kansas and the province of Alberta will send large displays to be entered in competitions for cash prizes and premiums of a total value of \$3500, which will be awarded by the management of the congress, and in addition many will bring double exhibits so they can also compete for prizes aggregating \$3500 offered by the Spokane Interstate Fair association.

"More than ordinary interest is centered in the exposition in connection with the congress in Spokane," said Professor Olin, "and we expect exhibits from various parts of the United States, Canada, Mexico, and four or five foreign countries. The chief purpose of the exposition is to show what can be accomplished in districts where the principles of dry farming are practiced and we believe the showing will convince the most skeptical."

ADAMS NEWS AND PERSONAL ITEMS

(Special Correspondence.)

Adams, Ore., July 15.—Mrs. J. King was a Pendleton visitor Friday.

Mrs. T. Brown visited in the city of Pendleton Friday.

Mrs. Jeff Brown of Walla Walla, is the guest of her son Fred Brown on the ranch for a few days this week.

The funeral procession of Sulky Smith passed through Adams Thursday on way to the Athena cemetery. A great many friends attended the funeral.

A. M. Coffey is doing some repairing on his chop mill this week, getting ready for the summer's work.

Mr. Arbuckle of the Interior Warehouse company of Athena, visited in the city of Pendleton Wednesday.

Henry Whitley of Walla Walla, came down Wednesday to visit friends and relatives in Adams for a few days.

Mrs. T. Henry and Miss Ada Bannister drove to Athena Thursday to do some shopping.

Van Blake and Lawrence King went to Athena Thursday to do some shopping.

E. McColum and C. Owens visited in the city of Athena Thursday.

Fremont Vahad of Walla Walla called on the business people of Adams Wednesday.

Prof. Haley is busy repairing and remodeling the public school building in order to make room for the two extra grades of high school work.

Wheat haying is in full blast now and a great many of the farmers will begin harvesting next week.

Miss Mary Formandy of Calumet, Michigan, arrived in Adams Thursday. She is a cousin of Mrs. Jim Christopher of Adams and will spend the summer on the ranch with Mrs. Christopher.

Mr. Jackson of Walla Walla, arrived in Adams Thursday and will work through harvest for Rena Green.

Miss Viva Watrus of Herndon is the guest of Miss Barger of Adams for a short time on the ranch.

Teething children have more or less diarrhoea, which can be controlled by giving Chamberlain's Colic and Diarrhoea Remedy. All that is necessary is to give the prescribed dose after each operation of the bowels more than natural and then castor oil to cleanse the system. It is safe and sure. Sold by all dealers.

Chamberlain's Stomach and Liver Tablets gently stimulate the liver and bowels to expel poisonous matter, cleanse the system, cure constipation and sick headache. Sold by all dealers.

A woman tells us that angels don't gossip. Where do women go when they die?

Men's oxfords cheap at A. Eklund's

Rheumatism

Is A Constitutional Disease. It manifests itself in local aches and pains,—inflamed joints and stiff muscles,—but it cannot be cured by local applications.

It requires constitutional treatment, and the best is a course of the great blood purifying and tonic medicine Hood's Sarsaparilla

which corrects the acid condition of the blood and builds up the system. Get it today in usual liquid form or sugar-coated tablets called Sarsatabs.

Save Your Health---Iron With Electricity

Don't turn your home into a veritable bake-oven on ironing day.

Get a Hotpoint Electric Iron

and enjoy comfort with your work and less expense

An electric iron added to your home will make your electric current rate lower.

For sale by all electric dealers

COLUMBIA LIGHT & POWER COMPANY

Chickens! Chickens!! Chickens!!!

All kinds, sizes and colors, young and old For choice dressed ones phone your order night before. We dress none except for orders so if you like cold storage poultry patronize the other fellow or store yourself.

East End Grocery Telephone Main 536 Res. Phone B. 2561.

United States Military Tournament Tacoma

"A Monster Military Spectacle" In the Immense Open-Air Stadium.

A Solid Week of Military Drills, Manoeuvres, Contests and Unusual Military Feats.

THE STADIUM SEATS 30,000—EVERYONE CAN SEE.

EXCURSION FARES Via NORTHERN PACIFIC RAILWAY

To Tacoma and return, July 26 and 29. Full particulars gladly furnished.

WALTER ADAMS Agent, Pendleton, Oregon

A. D. Charlton, Asst. Gen. Pass. Agent, Portland, Ore.

It Costs no More TO USE THE CANADIAN PACIFIC Soo-Spokane Route

In either direction on your trip East. Purchase your ticket from your local agent and call for Canadian Pacific. We have many INTERESTING ATTRACTIONS to offer you. On a ticket routed via the Great Lakes meals and berths are included.

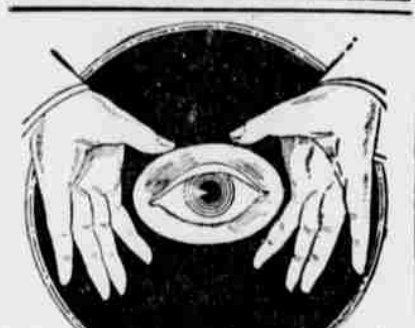
Eastern Excursion Rates July 22--Aug. 3--Sept. 8 Final Limit, Oct. 31.

A card will bring a traveling representative to explain in detail any trip desired.

Write for particulars. G. M. JACKSON, Trav. Pass Agt. GEO. A. WALTON, Gen. Agt. Pass Dept. 11 Wall St., Spokane.

CANADIAN PACIFIC

CANADIAN PACIFIC



IF YOU CATCH YOUR EYE aching or watering, if you have frequent headaches, if the newspaper page occasionally seems to dance, YOU NEED EYE GLASSES.

Have us test your eyes to determine just what sort best suited for you. Buying glasses without previous expert examination is a dangerous proposition.

A. E. SERUM Optometrist

With A. L. Schaefer, Jeweler

Every Woman is interested and should know about the wonderful Marvel Douche

Ask your druggist for it. If he cannot supply the MARVEL, send no other, but send stamp for illustrated book—sealed. It gives full particulars and directions in available to ladies. MARVEL CO., 44 E. 23d St., New York

Fort St. James On Lake Stuart, BRITISH COLUMBIA

This is destined to be the Portland of British Columbia, on a navigable river and deep water lake with two trains running in next fall.

Letters pour into our office all day with applications for lots. To those who cannot come in we would do our utmost to make a good selection.

Price \$100 and \$200 each. Cash \$25.00, balance \$10.00 a month. A few 40 acre farms joining Fort St. James townsite and Lake Stuart, \$50.00 cash and \$10.00 a month.

You need not be a Canadian Citizen to Hold This. You need not improve it, nor you need not reside on it. All this land is on or near the railroad, Grand Trunk Pacific, Alaska Yukon, and Canadian Northern railroads.

Rich farm lands, \$8.50 per acre, \$3.00 cash, and balance \$1.00 per acre per year until paid.

APPLY CANADIAN NORTHERN LAND COMPANY, 304, 305 and 306 Lewis Building, Portland, Oregon.



Dear friend: I went this morning to the grocery. I had a basket on my arm. I got the basket full of things and brought them home. Mama said I was a good trader. This is what I got and this what I paid:

- Broom, 35 cents. Syrup, 20c per can. Molasses, 20c per can. Peanut Butter 15c. Extra fancy Jelly and Jam, 35c per jar. Huckleberries, 35c per can.

Your friend, JACOB.

P. S. I got the things good and cheap because I went to

CLARK'S GROCERY

Phone Main 174. 544-546 Main Street.

Every Business Institution Uses Stationery of some sort--successful firms demand CORRECT PRINTING. Does your present printing satisfy you? Do you think that it will create the impression with your correspondents that you wish it to? LOOK IT OVER THINK IT OVER. If you want suggestions or samples of up-to-date printing, phone the East Oregonian. Phone Main 1. Largest Job Printing Plant in Eastern Oregon.