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EVERY DAY.

- Grow a little every day. Seek to learn a little more. Put some long-used fault away. Know some truth unknown before. Every day add something new. To the skill that is your own—Something that may bring you. Hope when the other hopes are flown. Every day some cause remove. That has limited your strength. Add some virtue that will prove worthy of its cost, at length. Make some progress every day. Take at least one step ahead. Men may linger by the way. Only when their hopes are dead. S. E. Kiser.

ENVIRONMENT AND CRIME.

It is a fact now well recognized, that much crime may be traced to physical degeneracy due to the improper living conditions that obtain in the slums of large cities.

"Last spring it was my fortune to sit on the bench with several police magistrates and judges of the higher criminal courts," says Charles Edward Russell in "Success Magazine." "I watched the long line of arrested persons coming up for examination, the other lines of convicted persons coming up for sentence. I had no need of the assurance of the magistrates and the judges that eighty-five per cent of the cases came from the slums and from slum conditions; no need because the fact was apparent in the faces before me. To him who is at all familiar with the tenement house and its products, there comes to be a certain mark or brand by which the products can always be recognized: the brand of pasty face and livid skin, lusterless eyes and sullen brows, narrow chests and shambling gait, things that come of life abnormally led in bad air, dark rooms and evil surroundings. On all of these occasions it seemed to me perfectly clear, as for years it has seemed to me clear whenever my work took me into the slums, that we are producing here in enormous numbers, a peculiar and alarming type of the human creature, ill-fed, scantily blooded, ill-developed in mind as in body, deprived of the birthright of air, sunlight, joy and sufficiency, and with strange twists and turns in its stunted brain.

"I noticed on all these occasions, as I had often noticed before, that the voices (sure index of the mental state) of these young men were strange and hardly human; that they had a language of their own, made up of animal-like sounds; that their facial angles and ears very often showed the indices of degeneracy. As a rule there appeared among them only a rudimentary sense of right and wrong; very often they were cruel, manifesting a kind of pleasure in giving or viewing pain; if they laughed it was in a brief, evil guffaw at something either brutal or filthy. Even the youngest showed a savage hatred of authority; the policeman on the beat was his mortal foe."

Man's moral condition is intimately linked with his physical welfare. Some day the world will learn this more fully than the truth is realized at present. When that time comes the efforts of those who would abolish crime will be directed at the cause of the evil. They will stop preaching so much and will seek to improve the physical environments of that class from which most of the criminals come.

A FALSE PRETENSION.

Advocates of the assembly plan are striving hard to create the impression that their scheme is entirely in harmony with the direct primary. It is a lie as big as Mt. McKinley. If

the assembly plan were in harmony with the spirit of the direct primary such men as Ralph Williams, and some others active in the assembly camp would have nothing to do with it. They want to nullify the direct primary law so they can elect United States senators by the tactics they used unsuccessfully last winter when the odorous Ormsby McHarg was brought west to get legislators to break their pledges. The Oregon Journal aptly expresses the situation when it says the declarations of the assemblies recall the remarks of the coon that returned from a neighboring poultry yard and found in his hole a skunk that claimed also to be a coon. "You say you're a coon, you talk like a coon, you look like a coon and you feel like a coon, but I'll be darned if you smell like one."

THEY DON'T LIKE IT EITHER.

The people of Walla Walla have been forced to drink muddy water and the situation has caused a demand for a reservoir.

"Experience of the last few days with the muddy water coming out of the hydrants when only pure water was expected, is an unanswerable argument in favor of a water reservoir," says the Evening Bulletin. The trouble lasted about three or four days and a reservoir holding a supply of water sufficient for five days would tide us over any fresher. As a result we would have good, clear water all the time."

Commenting upon the same subject the Walla Walla Union had the following: "The present high waters in this section bringing with it from the hills mud and debris of every description, aside from the damage caused has wrought much inconvenience to residents of Walla Walla because of the muddy condition it has rendered the drinking water. For the past two days and more the city drinking water supply has been unfit to drink. Ordinarily clear, the condition just now is something calling for action on the part of city authorities. Besides being unhealthful water in the present muddy state is unfit for use contaminating everything with which it comes in contact."

It is very true. The "dark brown" variety of water is not the best. Pendleton had some of that sort once—aqua la Wild Horse. We don't want any more of it and can sympathize with the Garden City folks in their trouble.

IT IS VALUABLE WORK.

The artesian well that is being dug by some of the enterprising men of Athena is now down to a depth of 1000 feet and has a flow of 1000 gallons per hour. The flow at present is not entirely satisfactory to those behind the enterprise, yet the quality of water is of the best. Perhaps the flow will become stronger after a lower depth has been reached. The fact that they have struck an artesian flow should be encouraging to the Athena company and urge them to go ahead with the work. It is work of value not only to Athena and vicinity but to this entire county and to eastern Oregon. It is time this country was finding the possibilities of irrigation from artesian wells. How the work at Athena is being financed the East Oregonian has not inquired, but as a pure matter of self interest every farmer in that section could afford to aid in carrying out this project.

Oregon has much to hope from the rivalry between the Hill and the Harriman railroads. Competition in transportation is something that was sadly lacking in this state for years. Here's hoping the rivalry will continue.

If the weather man is a gentleman he will not order any "blustering winds" for a time at least.

Just at present Pendleton is on the main line of the Southern Pacific as well as the O. R. & N.

The next big event is the school teachers convention, March 22. It will soon be here.

SUCCESS IN LIFE.

The hero of this simple tale was born of parents heavily poor; they toiled and wrought without avail to scrape a living from the moon. Our hero early made resolve that he would strive for greater heights; "let others in these ruts revolve, and carry on their puny fights; to gather wealth, to live in state, is all that makes this life worth while; and when I'm grown I'll pull my freight, and try to raise a mighty pile." His dreams came true, in every way, as visions came, in days of old; he took no time for rest or play, but gathered in fat yellow gold. By steady steps our hero rose, to heights of usefulness and fame; he put the kibosh on his foes and held the ace in every game. He laughed at fables and at vines, and all domestic, trifling things; he owned some railroads and some mines, and was among the copper kings. But why detail his glories so? Why should we try to

count his dimes? It is enough for us to know he's been indicted 20 times.—Walt Mason in Portland Journal.

SPORTING BREVITIES.

Griffith is trying to nail Pitcher Henley of the San Francisco Pacific Coast nine.

Jimmy Lewis of the Seals has mailed his contract to Long with his signature in the right place.

Ollie Cahill, former arbiter of the Central league, has been signed to officiate in the American association.

"Souser" Cravath has signed his contract with the Minneapolis team. He says he will have a banner season with the stick.

Condie Mack and Patsy Donovan have fast young teams, good hitters and fast on the bases (but, sad to say, only mediocre pitching staffs).

Clark Griffith, manager of the Reds of the National league, is trying his best to grab Rubie Ellis in a trade with St. Louis. He will give them Rebel Oakes.

Joe Young, formerly a well-known amateur boxer of Boston, but of late years a resident of Cincinnati, has joined the ranks of professionals and will take on the first match he can get.

"Honus" Wagner has been playing ball for 13 years and has played 1743 games. He has scored 1263 runs and stolen 568 bases. He has averaged about 180 bingles each year.

Russ Bailey, the leading batter and outfielder in the Minnesota-Wisconsin league, has been signed for a try-out with Milwaukee of the American association. His batting average last year was .308 in 121 games with the Eau Claire club.

The only team in the country that will begin the season of 1910 with the same lineup that opened the fight a year ago is the Chicago Nationals. There will be new faces, but the indications are that the old guard will be intact when the race begins on April 14.

Joe Birmingham of the Naps is one of the finest throwers that ever broke into fast company. Last year for the first time his arm showed weakness. Birmingham believes that the trouble came from punching the bag and he advises ball players to eschew that form of exercise.

THE INTERSTELLAR TELEPHONE COMPANY

Hello, Central! Give me Mars. Want long distance to the Stars.

That you Mars? Why, howdido? How's the weather being you? Feeling pretty fit today? How's the fishin'? Bully! Fine! Caught a Squidgeon weighing nine? Don't know what a Squidgeon is. But it sounds like a Squidgeon. Say, old man, from where you be Starin' right down on me? How'd you think 'em looking, eh? Out o' sight? That's bully—say? You're a humorist, all right. What's that? Tired? Out all night? Well, by Jingo—bizz-bzz-bzzitt! Wire's busted—have to quit!

Hello, Central! Venus—yes, Venus. V-o-n-u-s!

Holdy, Venus—howdido? Wished I looked as sweet as you! How's your mother? Oh, too bad! Really? That's very bad. Thought I'd ring to tell you that I admire your new spring hat. Yes. It's quite becoming—grand. Not exactly what you planned? Well, perhaps it's just as well. If you looked a bit more swell Starin' right down on me. Soon would die of envy, dear. Is it on straight? Well, not quite. But the tilt strikes me right—Gives you quite a pliant air. With the marsele of your hair, Tell me, does your new spring sack, Button up along the back? Or is it—bzz-bzz-but! Wire's busted again? Ib, tutt!

Hello, Central? What's the bill? Fourteen what? Not fourteen mill—Fourteen million dollars? My!!! Wire's busted again I.

—John Kendrick Bangs, in Harper's Weekly.

WHERE IS MY BOY?

"Where is my sophomore son tonight The child of your tears and fuss? Does he mathematicize on the flight of light. Or work at Theocritus?"

"Nay, lady, he's talkin' of next year's team. Or watching 'em basketball. Or calling and chatting with Peaches and Cream. Or smoking a pipe—that's all;

"Or hazing a freshman to make him grow. Or fighting some likely pups. Or raising a row with a rotten show. Or running for loving cups.

"And maybe he's writing the sophomore play. Or stealing the chapel chimes; But, lady, you bank on it anyway That he's having his Time of Times."

—Horatio Winsor in Puck.

BETTER THAN SPANKING

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W, Notre Dame, Ind., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her today if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

ANOTHER GOOD BUY

1640 acres all fenced, good new posts, 800 acres in grain, 250 acres of alfalfa land mostly set, will cut 750 tons of alfalfa this year, a stream of water runs through which furnishes plenty of water for irrigating, good concrete dams and ditches, good buildings, lots of fruit trees and berries. This is an ideal place for feeding stock for the market. A railroad runs right through the middle of it. You can buy this fine ranch for \$45,000. E. T. WADE, Office in American Nat. Bank Bld. Pendleton, Ore.

Are Drugs Necessary? Do Drugs Cure Disease? Can Nature be Assisted?

If people were born right and afterwards lived right, there would be no use for medicine. Every doctor knows this. So do other well-informed people. One thing more. When a person lives wrongly, or acquires bodily weakness by heredity, medicine can do only very little. Medicine cannot cure him. Only charlatans claim that medicines will cure disease. Medicines may palliate symptoms. Medicines may urge the powers of Nature to resist disease. Medicines sometimes arouse the efforts of the human body to right itself against derangements. This is the most that medicine can do.

A man accidentally puts his finger in the fire. Instinctively he wets his finger in his mouth, then blows on it for the cooling effect. This is no cure. He knows it very well. But it makes it feel better for the time being.

People eat unwisely. This produces dyspepsia or indigestion. The only rational cure is to eat correctly. Yet if a palliative is at hand the pains of indigestion can be mitigated, the throes of dyspepsia assuaged. The medicine cannot be said to have cured. It simply palliates disagreeable symptoms. The cure must come through right living.

Take Peruna, for instance. No one claims Peruna is a cure for dyspepsia. But Peruna will stimulate the stomach to perform its function properly. Peruna will increase the flow of digestive fluids, without which digestion cannot be carried on at all. It will increase the relish of food, the appetite.

It is admitted that all this can be accomplished by right living, but there are so many people who either will not or do not know how to eat correctly that a tremendous amount of good can be done by the wise use of Peruna.

A stomach that has been frequently abused performs the function of digestion very lazily. Such a stomach allows the food to remain undigested for some time after it is swallowed. This leads to fermentation of the food. Sour stomach is the result. This goes on week after week, until the blood is poisoned with the products of fermentation. This condition is very apt to produce rheumatism.

It is not claimed that Peruna will cure rheumatism. Nothing will cure rheumatism but correct living. But it is claimed that Peruna will assist a badly abused stomach to perform its work.

If a person would correct his habits, persist in right eating and temperate ways, undoubtedly the stomach would right itself, the blood would rid itself of the poison, and everything would be right. But as said before there are a multitude of people who will not or cannot adopt right methods of living. To such people Peruna is a boon. A dose before meals will assist the stomach to do its work. This prevents fermentation of the food, brings about normal digestion, and all the train of ills that follow indigestion disappear.

In other words, Peruna is helpful to those who live badly, or those who have acquired some chronic weakness. Peruna does not cure, but it assists the powers of Nature to bring about a cure.

The whip does not increase the power of the horse to pull a load, but judiciously used it stimulates the horse to use his powers at the right time, without which he could not have pulled the load.

This illustrates the effect of Peruna, or any other good remedy upon the system. Taken at the right time, it calls forth the powers of the human system to meet the encroachments of disease, and thus cuts short, if not entirely ends, the diseased action.

No one should ever attempt to substitute medicine in the place of right living. In the end such an attempt will prove a disaster. But an occasional use of the right medicine at the right time is a godsend, and no reasonable person will undertake to deny it.

Those who know how to use Peruna find it of untold value. By and by the world will get wise enough so that through correct living no medicine at all will be needed. But that time has not arrived. In the meantime, while the world is approaching that perfection in which all medicine will be eliminated, Peruna is a handy remedy to have in the house.

Slight derangements of the stomach; slight catarrhal attacks of the liver, the throat, bronchial tubes, lungs or bowels; these attacks are sure to lead to grave diseases, and can be averted by the judicious use of Peruna.

Wouldn't you like to read a few unsolicited testimonials from people who have used Peruna, and who stand ready to confirm the above statements concerning it. If so, address the Peruna Drug Manufacturing Co., Columbus, Ohio, and we will send some prepaid.

SYNOPSIS OF THE ANNUAL STATEMENT OF THE Michigan Commercial Insurance Co.

Of Lansing, in the State of Michigan, on the 31st day of December, 1909, made to the Insurance Commissioner of the State of Oregon, pursuant to law:

Table with columns for CAPITAL, INCOME, DISBURSEMENTS, ASSETS, and LIABILITIES. Total assets admitted in Oregon: \$1,308,756.51.

BUSINESS IN OREGON FOR THE YEAR.

Table showing business statistics for Oregon, including total risks written, premiums received, and losses incurred during the year.

MICHIGAN COMMERCIAL INSURANCE COMPANY, By A. D. BAKER, Secretary. Statutory resident general agent and attorney for service: L. W. CRONAN, Portland, Or. CRONAN & O'DONNELL, 401-2-3 Board of Trade Building.

Byers' Best Flour. Made from the choicest wheat that grows. Good bread is assured when BYERS' BEST FLOUR is used.

Pendleton Roller Mills. Pendleton, Oregon.

Orpheum Theatre. HIGH-CLASS UP-TO-DATE MOTION PICTURES. For Men, Women and Children! SEE PROGRAM IN TODAY'S PAPER.

Pneumonia Season Is Here. Better cure that sold before it is too late. TAILMAN'S F. & S. cold capsules will knock the worst cold in two days. Tailman & Co. Leading Druggists of Eastern Oregon.

Just Received—Carload of Poultry supplies of all kinds. COLESWORTH 127-129 E. Alta.

The QUELLE Gus La Fontaine, Prop. Best 25c Meals in Northwest. First-class cook and service Shell fish in season. La Fontaine Blk., Main St.

60 YEARS' EXPERIENCE PATENTS. Scientific American. A handsomely illustrated weekly. Largest circulation of any scientific journal.

NOTICE. This is about the time of the winter when you find that your fuel supply is running short so allow us to recommend ourselves as well stocked and equipped to fill your demands with the best coal promptly at a fair market price. Quality county—especially in coal—buy it where you're certain of the quality being A1, which is HENRY KOPITKE Phone Main 178.

WILLIAMSON HAFFNER CO. ENGRAVERS-PRINTERS. DENVER, COLO.

Milne Transfer Phone Main 5. Calls promptly answered for all baggage transferring. Piano and Furniture moving and Heavy Trucking a specialty. FOLEY'S HONEY AND TAR Cures Colds; Prevents Pneumonia.