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ers and quick at detecting discrepancies in signatures. The women tellers are also pronounced to be exceptionally reliable. Since they have held the positions there has been no shortage of cash and no need to call upon their bondsmen.

It has been commonly said for ages that women are more richly endowed than men with that mysterious and very useful quality known as instinct. And it is easy to see that this quality would be especially helpful to them in dealing with the customers of a bank.

The woman teller who steps back to look at the ledger when a check is presented probably escapes the abuse which unreasonable individuals would heap upon a man in her place for not knowing that they have a balance at the bank.

A FAVORABLE PROJECT.

Under the auspices of the Pendleton Commercial association some mighty good work is being done towards urging the government to extend the Umatilla project. What the final outcome of the matter will be remains to be seen, yet the outlook at this time seems favorable indeed and the extension is at least a probability.

Without discounting in the least the merits of other eastern Oregon projects, it seems clear to the East Oregonian that the Umatilla extensions should be made before any other big government enterprises are undertaken in Oregon. The land included in the proposed extension of the Umatilla project is very accessible. One transcontinental railway line runs directly through the tract; another line, the North Bank road, is but a few miles distant while the mighty Columbia furnishes a third means of transportation. Then the land west of the Umatilla lies at a low altitude, the soil is good and the climate favorable. All these conditions insure that the land will become wonderfully productive and of great value if placed under irrigation.

The reclamation men will have to go far to find a more inviting field for work than that presented by the Umatilla extension.

THIS IS BETTER.

The government has made open announcement to the effect that 1200 acres of the land under the Umatilla project will be thrown open to entry February 10. As a result of this announcement all who desire to secure land under the project may have equal opportunities for doing so. Such has not been the situation in the past. On two previous occasions when land was opened to entry the fact was not made public. The fact that land was open to entry was known to but a favored few and they took advantage of the information. As a result there was some sharp criticism of the government and in this criticism the East Oregonian joined. Seemingly there can be no complaint upon this score with reference to the coming opening.

A Spokane woman who poses as a leader of the equal suffrage movement says that should women be given the ballot they would abolish the American army. She evidently thinks the world is civilized. But it is not. Over half of the world is still in the primary class. In the orient several hundred millions of people are just beginning to learn the art of war.

Banker Walsh must also go to jail. Surely something has happened. He is the second big financier that has been doomed to prison stripes.

With dogs and cats as well as chickens on exhibition at the poultry show there will certainly be "something stirring."

Many Oregon towns are now getting ready to do street paving. But Pendleton is the city that led out with this improvement.

Pendleton needs the extension of the Umatilla project and also an electric line through the project.

THE CHILD LABOR COMMITTEE.

Reforms do not come of themselves. Abuses are not corrected automatically. Last year twenty-eight states made important amendments to their school and child labor laws. If it were possible to trace all these efforts to their ultimate source, it would probably be found that the initial impulse in most cases came from the National Child Labor Committee, which has its headquarters at 195 East Twenty-second street, New York City. This committee, organized in 1904 and incorporated in 1907, has done a noble work in the investigation of child labor conditions, making public the facts in a series of pamphlets of which No. 107 has just been issued. As the work is supported entirely by voluntary memberships, anyone who wishes to make a Christmas gift to childhood in general cannot do better than to add his name to the roll of 4,600 contributing members.

Despite all that has been done, a vast amount of labor remains to be accomplished. Children have been

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 Come with life's signal and thrill!
 Now will my secrets unfold—
 All I have heard through the years—
 All that my wild pages hold,
 Tragedy, Laughter and Tears!

Lo! of the Herds in the night;
 Whisper of Winds in the grass;
 Neigh of the steeds in their fright
 As the wild Fire-Demons pass!
 Murmur of things, wild and free;
 Coming of myriad feet—
 Voices of Races to be—
 Whispers, words incomplete!

Gathered through years in my song,
 Now it shall burst from my heart—
 Now it shall echo full strong,
 Far through the Homeland and Mart!

Strangers shall listen and heed—
 Listen and heed and be won!
 Lo! Shall my granaries feed
 Half the tribes under the sun?
 —Bert Huffman, Calgary, Canada.

AFTER THE DIRECT PRIMARY.

If there was ever any doubt as to the motives back of the assembly plan there can be none now. The interviews with republican "leaders" that have been appearing in the Oregonian show conclusively the designs of the assemblyites. The "leaders" hate the direct primary law and they want to annul it. Through the introduction of the assembly system the politicians want to revive the old convention system though leaving Oregon nominally a direct primary state.

It is easy to understand why professional politicians do not like the primary law. Through the operations of the law the old political rings have been broken. The bosses have lost their prestige and the ward heelers and other ring workers have lost their pull. All men are equal under the direct primary law. When men seek office they must run upon their merits, they cannot "fix things" with a county or a state boss. Under the primary law the "old school" politician is a discredited being.

Now the question is, do the people of Umatilla county and of Oregon want to return to the "old school"? Do they want to revive bossism with all its abuses? Do they want to have political races "fixed" before they are started or do they want individuals to seek office strictly upon their merits? Do they want government by a few men who have selfish interests to promote or government by many men who seek merely to promote the public welfare?

If you want to go back to the "old school" of politics then you may well favor the assembly scheme. But if you like the "new deal" then get ready to fight the assembly candidates. The assembly scheme was devised for the purpose of undoing the direct primary law.

NEW WORK FOR WOMEN.

Women have been employed as tellers in a New York bank for five years. It is appropriate that the institution should be named the Maiden Lane Savings bank, says the Spokesman-Review. Considerable skepticism was expressed at the time the innovation was made regarding the aptness of women for the work of tellers, which makes some peculiar demands.

But the bank has just issued a statement to the effect that it feels justified in pronouncing the experiment a success. It says that the women are punctual, pleasant to custom-

forced into the industries at an increasing rate under the present pressure of economic forces. While the population of the continental United States increased 50.5 per cent during the years from 1880 to 1900, the total number of children from ten to fifteen years of age engaged in trade and transportation increased 216.5 per cent, and of those engaged in manufacturing and mechanical pursuits 113.4 per cent. In spite of sentiment and legislation, the number is still increasing. Compulsory education and factory inspection are but insufficient safeguards. During the past year a Vermont woman found working in a Vermont woolen mill. In the sardine canneries of Maine a good many children of eight or ten years are employed and during the busy season they sometimes work 15 or 16 hours at a stretch.

It will not do to condemn individuals for this outrage. The greed of parents or employers is not wholly to blame. Conditions have brought about this state of affairs and we must remedy the conditions. Childhood is sacred and must not be spoiled of its golden bloom if manhood is to reap the rich harvest of life. To this end the national child labor committee deserves all encouragement, especially at this season when the Children's Friend became a child.—Pittsburg (Pa.) Gazette-Times.

HEALTH NOTES.

More people suffer from overeating than from eating too little. Those who lead an active life need stronger food, in larger quantities, than those who lead a more quiet and sedentary life.

Those who use cereals extensively are capable of harder and more enduring manual labor than those who are nourished on meat as a staple food.

Those who live in a warm, close, ill-ventilated room are much more likely to take cold upon slight exposure than those who accustom themselves to a moderate temperature and keep the living room well ventilated.

Indigestion, weak lungs, flabby muscles and sluggish circulation are often cured, always improved, by careful daily exercise appropriate to the part of the body to be acted upon. Careful hygienic treatment will render drugs and nostrums useless in a majority of cases.

In a careful classification of foods it is found that butter, fatty portions of meat, Indian corn, wheat and sugar are best adapted for producing heat and increasing the weight of the body; lean meat, peas, beans and oat-

meal are muscle-making foods; and shell fish, lean meat, peas and beans increase and strengthen brain and nerve tissues.

In children good habits are as easily formed as bad ones, if ordinary care is taken. While sitting at desks in school children should be taught to sit erect, with shoulders squared, back straight and chest well shaped. Vigorous gymnastic exercises for five minutes with windows open when there is indigestion or drowsiness will clear the mental atmosphere like a thunderstorm in summer.

Indigestion and overfeeding frequently result in gout and other uric acid conditions. Exercise will do much to remove these conditions, by bringing more oxygen into the circulation, producing chemical changes in blood and tissues, and also by inducing perspiration, which stimulates the skin into activity, thereby assisting the kidneys in removing the impurities of the system. Exercise should be moderate at first, slowly increasing. A hot bath taken at night with promote the good effect of exercise.

A kid isn't always the son of a but-tinsky.

WIFELESS WISDOM.

More family scraps should be consigned to the garbage can. A spinster never forgives a man for remaining a bachelor.

In a matrimonial partnership a woman is never the silent partner.

Men who know the most about things know the least about women.

Most everybody would be willing to be a good citizen if it wasn't so dull.

A poor excuse for coming home late is better than not coming home at all.

A woman can do one thing no man can do: she can look pleased when she isn't.

A man usually considers it a compliment when a woman tells him that he has a lot of nerve.

"I started in life without a dollar," boasted the financier.

"And how did you work it?" we asked.

"Well, I had some wealthy relatives."

The direct exercise of a literal position in neutrality may destroy its entire purpose.

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