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under party labels. They are running upon their own merits and by these they should stand or fall.

"One of the worst obstacles to good municipal government is the practice of making city spoils of politics, says the Sacramento Bee. So long as this continues bosses will flourish, and men will be nominated and elected not to serve the public but the bosses and the powerful moneyed interests to which the bosses cater.

"In local elections the appeal to partisan sentiment, and the pretense that every party man should vote his party ticket, instead of exercising his individual judgment and choosing the best men for office, were responsible for a host of evils in our cities."

This is very true. Beware of the man who talks partyism to you upon election day. He will probably not care a whit about his party's success but he will have an axe of another sort to grind.

OUR EFFORTS NOTICED.

The action of local farmers in protesting against the merchant marine league's scheme to raise ocean freight rates has attracted wide attention. The San Francisco Star recently had the following upon the subject:

October 30 there was a significant meeting of the wheat growers of Umatilla County, Oregon, at Pendleton. The meeting was called to protest against the action of the Merchant Marine League of Seattle, Washington, in seeking to compel all foreign vessels bringing coal from the Atlantic Coast for use of the United States Navy, to return to their original port of ballast.

"Congressman W. R. Ellis, a republican, spoke against the proposed action of the Merchant Marine League and promised the farmers that he would do all in his power to co-operate with them in their fight against the Marine League's proposition. Other speeches were made by C. A. Barrett, president of the Inland Grain Growers' Association, President J. T. Llewellyn of the county organization of the Farmers' Educational and Co-operative Union of America, and others. The following resolutions, which the farmers will be requested to sign, were adopted:

"Verily, these Oregon farmers are more enlightened than some of our 'Businessmen.'"

Roosevelt's friends resent the imputation that the sugar frauds were not properly investigated during his administration. They assert that the present revelations and prosecutions are the result of investigations started under the preceding administration. If the sugar swindles were not probed during Roosevelt's term it may be taken for granted that the gentleman in the white house did not know about them.

Pendleton people worked zealously for the reclamation of the Umatilla project. Local influence should now be placed solidly behind the move to have the lands west of the Umatilla river reclaimed. The West Umatilla project will be many times larger than the Umatilla project.

In the football game yesterday the Pendleton high school players showed their class and won a deserved victory. Had the Baker City team been here yesterday they would not have won such a victory as they did a week ago.

We may now expect a very interesting story by Richard Harding Davis dealing with the Nicaraguan revolution. These Central American upheavals at least furnish plots for novelists and playwrights.

The electric line from Dale to Pendleton and the one from Walla Walla to this city will give us two electric roads. Bring them on.

THIS HORSE SHOW.

EXHIBIT A.
 An eight yard switch,
 A four-footed bonnet,
 Nine miles of fluff
 And feathers on it;
 The heroine of
 The last divorce,
 And—
 Oh, yes, of course—a horse!

EXHIBIT B.
 The latest stunt
 In way of gown,
 A collar to
 Astound the town;
 A figure mould-
 Ed in a cors-
 Et, and—
 Oh, yes, a horse!

EXHIBIT C.
 Nine milliners
 All stealing notes
 And patterns of
 New gowns and coats;
 Ten thousand autos—
 That of course—
 And—
 Oh, yes, a horse!

EXHIBIT D.
 More hats, more gowns,
 More wraps, more furs,
 More rubbernecks,
 More milliners;
 More fluffy talk
 From other source;
 More everything
 Except—more horse!
 —Paul West.

NEVER MIND HOW HE DIED

He died for his faith. That is fine—
 More than most of us do.
 But, say can you add to that line
 That he lived for it, too?
 Is his death he bore witness at last
 As a martyr for truth.
 Did his life do the same in the past
 From the days of his youth?
 It is easy to die! Men have died
 From bravado, passion or pride.
 Was it harder for him?
 But to live—each day to live out
 All the truth that he dreamt
 While his friends met his conduct with doubt
 And the world with contempt.
 Was it thus that he plodded ahead,
 Never turning aside?
 Then we'll speak of the life that he led,
 Never mind how he died.
 —Ernest Crosby.

AS TO FOOTBALL.

Football is a great game despite the criticism to which it is constantly subjected. Of course it is rough sport and it would be well could the game be made still more open. In the open game weight and brute strength count less and speed and headwork more.

But just as it is football is a fine sport it is a game in which strength, speed, grit, team work and spirit all count. It is not a game in which strength and weight always triumph. Often-times a light but gritty, spirited team outplays a much heavier opponent. Football is the finest of all school games. Nothing serves to crystallize school patriotism like a good football team. On the gridiron the team battles for the honor of its school and slow indeed is he whose blood does not run faster when his team is winning and freeze in his veins when the fortunes of war are against him.

But the trouble with our schools is that the courses do not provide for enough preparatory training. In our high schools and colleges football teams are often chosen from among young men who have had little if any physical training. It is still a weakness with our schools that too little attention is paid to the physical welfare of pupils and students. All energy is centered upon training the mind of the student. Little attention is paid to the growing animal. Students are practically left to follow such sports and exercises as appeal to them. Naturally some mistakes are made.

In the course of time our schools and especially high schools will offer physical culture as a compulsory subject. Classes in physical training will be held and students taught many essential things. They will be taught how to develop along lines where they are weak; the value of good air and proper food; to avoid all things which like alcohol and tobacco work against physical vitality and in a word—how to live.

Football is a rugged game but it is usually beneficial to those who play. This is especially true with respects to players who are in condition to play and who know their strength. It would be well if all students took part in football or else, in some sport a degree less strenuous. There would then be less danger of race degeneracy.

PARTYISM NOT INVOLVED.

The coming city election in Pendleton promises to be free from partisanship. By all means it should be. The conditions within this city are such as to demand that the very best men available be chosen to office. That this may be done it will be necessary that everything in the nature of party politics be laid aside. It is wholesome to note that none of the candidates out for office are running

CONSERVATION ESSAYS.

The State Conservation Commission of Oregon, from funds placed in its hands for that purpose by friends of the conservation commission, offers prizes aggregating \$1350 to the students of universities and colleges, and to the students of high schools and other secondary schools of the state for the best papers on conservation as applied to Oregon. The following topics, six in number, have been selected as subjects for these papers:

1. The Forests of Oregon.
2. Irrigation Institutions in Oregon.
3. Soils.
4. Dry Land Farming in Oregon.
5. Roads in Oregon.
6. Fish.

Two sets of prizes will be awarded to the best papers on the above subjects. The set will be awarded to students in the universities and colleges, as follows:

- First prize \$75.00
- Second prize 50.00
- Third prize 25.00

The second set will be awarded to students in high schools and institutions of a similar grade as follows:

- First prize \$40.00
- Second prize 20.00
- Third prize 10.00

In addition to these cash prizes honorable mention will be made of other papers of special merit and such honorable mention will be given as wide publicity as the awards of those winning cash prizes.

The prizes will be awarded by competent and impartial judges after a careful examination of all papers submitted. The basis of the award will be originally showing evidences of original research and observation along practical lines and clear and orderly presentation in good English of the results arrived at.

In submitting papers the following instructions must be observed: No paper from a college or university student shall exceed five thousand words in length, and no paper from a student of a secondary school shall exceed three thousand words. All papers must be in the hands of the chairman of the conservation commission by the 15th of June, 1910, and the prizes will be announced by November 1st, 1910. The manuscript must be typewritten and submitted in triplicate, written on one side of the page only and each page must be numbered. In order to insure impartial judgment and consideration the judges will not be allowed to know the name of the competitors. In order to accomplish this the following procedure should be followed.

Each paper should be signed in triplicate, not with the competitor's name, but with some fictitious name, and placed in a sealed envelope marked "Prize Paper." The competitor should enclose a slip of paper with his own name and the fictitious name used in a second envelope. Both should then be enclosed in a third envelope and mailed to

PROFESSOR F. G. YOUNG,
 University of Oregon,
 Eugene, Ore.

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Swamp-Root is not recommended for everything but if you have kidney, liver or bladder trouble, it will be found just the remedy you need. It has been thoroughly tested in private practice, and has proved so successful that a special arrangement has been made by which all readers of this paper, who have not already tried it, may have a sample bottle sent free by mail, also a book telling more about Swamp-Root, and how to find out if you have kidney or bladder trouble.

When writing mention reading this generous offer in this paper and send your address to Dr. Kilmer & Co., Base Swamp-Root, Binghamton, N. Y. The regular fifty-cent and one-dollar size bottles are sold by all druggists. Don't make any mistake but remember the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., on every bottle.

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Internal Catarrh.
 Miss Nora Kelley, R. R. 1, Box 121, London, Ohio, says:
 "I write to thank you for the wonderful good your Peruna has done for me."
 "I was a sufferer from kidney and other internal trouble for twenty-two years. Two years ago I began to take Peruna and I only took about three bottles and to-day I can say I am a well person."

Now Has Best of Health.
 Mrs. Victoria M. Pickel, 130 E. Mound St., Columbus, Ohio, writes:
 "I have been using Peruna for catarrh, having had a very aggravated case, so bad that it clogged the nasal organs. When I did get the nasal organs opened, the mucus would drop into my throat and make me very sick."
 "A friend advised me to take Peruna, and after using four bottles I was cured."
 "I have no trouble now, and am happy to say that I am enjoying the best of health and attending to my lodge duties, being a member of the Rebecca Lodge of Odd Fellows."
 "I would recommend Peruna to those suffering with the same obnoxious trouble."

Catarrh for Several Years.
 Mrs. Alice Bogle, 803 Clinton St., Circleville, Ohio, writes:
 "I want to inform you what Peruna has done for me."
 "I have been afflicted with catarrh for several years. I have tried different medicines and none seemed to do me any good until I used Peruna. I have taken six bottles and can praise it very highly for the good it has done me."
 "I also find it of great benefit to my children."

Could Not Eat Without Suffering.
 Mrs. H. A. Weaver, Somerset, Ohio, writes:
 "I can safely and truly say that Peruna has been a blessing to me."
 "I had catarrh so badly that I had lost the sense of smell and taste."
 "I had stomach trouble so bad that I could not eat anything without suffering afterwards."
 "My friends advised me to try Peruna. I bought one bottle and was greatly benefited by it, and so I bought one-half dozen bottles, and will say that I am completely cured of stomach trouble and catarrh."
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 Mrs. Selina Tanner, Athens, O., writes that Peruna relieved her of stomach trouble and brought her a good appetite.

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