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Columbia, Edison and Victor Talk-
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Musical Merchandise.

THE VALUE OF CHEAPER CUTS

AMERICAN TASTE
CAUSES HIGH PRICES.

Fastidious Housewives Raise the Price
of Beef by Refusing to Use Cheaper
Parts of the Carcass—Expert Says
Cheaper Cuts of Beef Are More Nu-
tritious—Tenderloin Not the Ten-
derest or Juiciest Parts of the Beef.

In all discussions on the price of
beef, the fact that the American peo-
ple demand only the best cuts and
ignore the cheaper ones, which are
equally nutritious, stands out promi-
nently.

That fact is one of the reasons why
beef is not cheaper, and if the people
could be educated to realize the truth
of it, and would buy accordingly, the
price on all cuts would become nearer
equal and the high price cry would
disappear.

George K. Holmes, chief of division
of foreign markets, bureau of statis-
tics, of the United States department
of agriculture, prepared for the year
book of the department a treatise on
the peculiarities of consumers in
their systems of marketing, and
among other things he points out the
mistake made by people of limited
means on always selecting the choice
or most expensive cuts of meat, when
many of the unsought, cheaper parts
of the animal are equally or even
more nutritious. His comment was
as follows:

Although epicureans admit and
chemists demonstrate that the neck
pieces is toothsome and nutritious, it
bears the lowest price. In fact, it
would hardly be considered respect-
able to ask the butcher for a piece of
the neck. Perhaps a low order of pro-
ficiency in the housewife's cooking in
the past gave to the neck piece its
low place. The story might have been
different had the housewife of former
times possessed the French house-
wife's ability to utilize meats in the
making of attractive and delicious
dishes. The point of the argument is
that cheap cuts of a good carcass are
as good as expensive pieces when ju-
diciously selected and properly cook-
ed.

American butchers complain that
the average housewife has little
knowledge of the art of cooking. She
does not know how to make a tasty
dish of the cheap grades of meat. She
therefore buys the best steaks, slaps
them on the frying pan or broiler and
places them on the table when she
thinks they are properly cooked. On
the other side of the Atlantic the cuts
are placed on a more equal footing,
the demand for the different cuts be-
ing more general.

On this side the laborer's wife is
more likely to order chops or steak
than to ask for brisket or neck, and
in consequence it pays big packers to
send barrels and barrels of brisket
and the cheaper cuts to England,
while in many cases our retail butch-
ers will prefer to purchase more of
the portions from which he cuts the
so-called "choice" cuts than to stock
up with the entire carcass and run the
risk of having a quantity of cheap
cuts left upon his hands.

While the tenderloin has the ten-
derest meat and is considered the
most delicate cut, it is not so juicy
nor so well flavored as other portions
of the carcass, and it is not nearly so
nutritious as parts that require more
cooking, gain, while this and the
sirloin costs more than any other cuts,
it contains less nutritive value than is
found in the cheaper cuts.

That it should be one of the wise
economies of nature. The class of
people who do the hardest labor, and
particularly those whose occupation
takes them much in the open air,
need the nourishing and sustaining
qualities of the heavier meats. These
are found in the less expensive parts,
in the meats which are rich in juices,
with bones heavy with marrow.

Stews and braised meats, and those
steamed in their own juices, such as
pot-roasted meats, give the most
nourishment and add to the physical
strength. Teach the people this and
the demand for the so-called "cheap
cuts" will increase.

The butcher's chance for selling the
whole steer at a fair price would
then be greater. Is it not to the ad-
vantage of the butchers to do their
part in instructing the public on the
point? The government has done a
little in this direction; it should do
more.

BERKMAN IN JAIL.

New York Anarchist Again Behind
the Bars.

New York, Sept. 9.—Alexander
Berkman, the anarchist, will spend
the next few days in jail. He was
convicted in the night court at an

early hour this morning of inciting a
riot in a meeting at Cooper Union
and was sentenced to the workhouse.
May Smith, a woman who was ar-
rested with him, was fined \$10.

Berkman, who during the steel
works strike at Homestead, Pa., a
number of years ago, shot H. C. Frick
and served a long sentence in jail
for the act, attempted to preach an-
archistic doctrines at a meeting of
the unemployed under the direction
of the Brotherhood Welfare associa-
tion. The meeting was organized by
J. Eads Howe, known as the "Mil-
lionsaire Hobo" and Dr. Ben Reit-
man, "King of the Hoboes." Dr.
Reitman read a speech which he said
had been written by Emma Gold-
man, and was followed by Charles
Oberswager, former president of the
Central Federated union, who se-
verely criticized the anarchist doc-
trines in the address. It was while
he was speaking that Berkman caus-
ed a disturbance and insisted on being
allowed to speak.

Police swarmed into the hall and
after a struggle restored a semblance
of order, the audience having started
a small riot. The women giving her
name as May Smith, who attempted
to assist Berkman, was arrested.
Emma Goldman, who was present, in-
stantly left the hall when told that
unless she went she also would be ar-
rested.

DEFENDED GRAPES
WITH A SHOTGUN.

Fair Thief Gets Peppered When
About to Pick Fruit.

Grants Pass, Ore., Sept. 9.—Mrs.
Embler, who resides on a farm in
Williams valley, was arrested yester-
day and brought to this city by Sher-
iff Russell for shooting at a party of
young people who passed her place
late Saturday night. The young peo-
ple were out driving and coming to
the Embler farm took note of the
clusters of fine grapes which hung
from a vine just over the fence.

One of the party, Miss Hattie Wil-
liams of this city, crawled over the
fence and attempted to pick some of
the fruit. Mrs. Embler came out from
the house and fired upon the tres-
passers without warning. Miss Wil-
liams was badly peppered with bird-
shot, and other members of the party
were also injured. Mrs. Embler
was not placed in jail, but is kept at
the home of Sheriff Russell, and will
remain there till given a preliminary
hearing.

\$100 Reward, \$100.

The readers of this paper will be pleas-
ed to learn that there is at least one
dreaded disease that science has been able
to cure in all its stages, and that is Cat-
arrh. Hall's Catarrh Cure is the only
positive cure now known to the medical
fraternity. Catarrh being a constitutional
disease, requires a constitutional treat-
ment. Hall's Catarrh Cure is taken in-
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mucous surfaces of the system, thereby de-
stroying the foundation of the disease, and
giving the patient strength by building
up the constitution and assisting nature
in doing its work. The proprietors have
so much faith in its curative powers that
they offer One Hundred Dollars for any
case that it fails to cure. Send for list of
testimonials. Address:
F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists, 75c.
Take Hall's Family Pills for constipa-
tion.

Don't Burn Trash.

Parties Are Prohibited from start-
ing fires and burning trash within the
city limits during the present dry
period as they endanger property to
loss by fire. By order of
J. L. VAUGHAN,
Chief Fire Department.

I offer for sale the N $\frac{1}{4}$ of the NW $\frac{1}{4}$
of section 17, Tp. 3 north, range 35,
E. W. M., being 80 acres about three
miles south of Athena, Oregon.
Price \$90 per acre. Inquire of F. S.
LeGrow, Athena, Oregon.

MRS. MAY JORGENSEN.

Horse Buyer Coming.

I will be at Pendleton Friday, Sep-
tember 18 to buy saddle horses, 4 to
8 years old, weighing from 950 to
1000 pounds; height 15 to 15 3-4
hands. F. J. CHENEY & CO., E. W. DOOLEY.

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cause we know what they will
do. Tens of thousands of
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There is probably a clothing
ad in today's paper that will
remind you that your new suit
is overdue. Meet the ad "face
to face," and it will help you to
meet the clothes problem that
way.

If you have lived too long in
one place, look at the furnished
rooms advertised today—and
get a change of scene.

It won't pay you to try to deal
with a buyer who wants your
property only half as much as
"the right man" would want it.

Any quest by which you can
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enough," or prosperous enough,
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sociates, Wells-Fargo building, Port-
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While watching the particu-
lar classification that appeals to
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other want ads.

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rooms for rent. Enquire at East
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The classified advertising
columns afford the greatest
market for used articles. You
can obtain cash for anything of
value.

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tracts in project. Box 344 Hermiston,
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good range; no reserve; very near
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