



You Wouldn't Dare to Live Over a Cesspool Day After Day

You wouldn't deliberately take poison that you knew would lead to chronic stomach, liver, bowel or kidney disease.

You're doing both of these things when you neglect constipation. Nature's natural sewer is clogged up and the worst of poisons are overflowing into your system—impregnating every drop of your blood with disease germs.

Constipation is the cause of nine out of every ten cases of dyspepsia, indigestion, typhoid fever, malaria, chills and fever, rheumatism, kidney disease, skin troubles and general "run down" condition of the system.

Give your system a thorough housecleaning this very night—restore your liver to its normal, active, healthy condition. Even if you think you're not constipated take an **NR** tablet to-night and you'll feel better in the morning.

From feeling sick or just so-so you'll learn what it is to feel absolutely well, vigorous and happy.



Better Than Pills For Liver Ills. Get a 25c. Box THE A. H. LEWIS MEDICINE CO., St. Louis, Mo. TALLMAN & CO. PENDLETON, ORE.

O. R. & N. REBUILDING THE MAIN LINE

Because of the high state of efficiency of the new North Bank road of the Hill lines from Kennewick to Portland, and the rapid extension of that road to Spokane, the O. R. & N. company's main line will be rebuilt from Portland to Umatilla, says the Oregon Daily Journal.

Work is being rushed and about \$20,000 per mile is being spent on the reconstruction. At some places on the reconstruction. At some places the new track is already in use.

Miles and miles of track and innumerable curves are being abandoned between Portland and The Dalles. Heavy rails are being laid in long tangents through heavy cuts and over high fills, and on ties that have been scientifically tested to resist the elements. The entire line is being ballasted heavily with coarse gravel and sand.

When completed the road will be equal to any American railroad in construction, and capable of high speed. The present rate of 15 or 20 miles per hour will suddenly jump to 40 miles. At many places tangents three or four miles long will supersede a dozen sinuous curves. The old track is being crossed and recrossed many times within a single mile by the new straight track. Large slices of mountain are being cut off and long fills made. Concrete culverts are supplanting old wooden structures.

Steel Bridges for Trestles. Steel bridges are taking the places of trestles and at some places where the sign "Slow, 15 Miles an Hour," has for years warned the locomotive engineer, the transportation is bringing forth long straight runs where four times that speed can be made. West of Rooster Rock a long tunnel has been driven only 10 feet from the

old tunnel, so anxious are the rebuilders to secure a fast line. The completion of the work as far as The Dalles is counted upon to occur this year. The Pacific Coast Construction company has a force of 1000 men and a large number of construction trains at work. Compressed air drills, steam shovels and other modern equipment are being utilized to gain time.

The prize is the eastern Washington and Spokane passenger traffic, which the Spokane, Portland & Seattle railroad company threatens to whisk away from the O. R. & N. company as soon as the latter road is completed through to Spokane. About 3000 men are now at work on construction of the last named between Kennewick and Spokane, and it is up to the O. R. & N. company to give up the business to the shorter and faster road or rebuild the O. R. & N. main line in such a manner as to enable it to compete successfully for the business.

Better View of Falls. Oldtimers will hardly recognize the new O. R. & N. line between Portland and The Dalles. At Multnomah Falls a long tangent is being built, eliminating the in-curve that followed the contour of the cliffs. The new line is further toward the river and gives a much better view of the falls.

At Oneonta Falls a series of enormous cuts and fills are being made for more than two miles, to make the road conform to a gentle curve around the high basaltic cliffs that jut out to the Columbia river. For the next two miles east the old curves along the cliffs are abandoned and a long tangent supersedes the crooked track and extends beyond Dodson's station. Here concrete and steel culverts and heavily ballasted track are already in place.

All gradients of any consequence are eliminated. A series of "S" curves and a hill near Warrendale are taken out. The new main line will be welcomed alike by trainmen and travelers. Completion of the work will mean two or three hours shorter time schedule between Portland and Huntington.

WAITSBURG FARMER RAISES GOOD CORN CROP.

Former Senator W. P. Reser, perhaps the largest land holder in eastern Washington, has this season made an experiment with field corn that promises to be interest, says the Waitsburg News. On a large tract of summer fallow land he planted corn and after cultivating it thoroughly has it now in full roasting ear stage.

The crop is far above what he expected and with a rain within a week or two the yield will be greatly increased. It was the intention of Mr. Reser to cut part of the corn for fodder and allow the other part to mature for the corn it would yield.

The crop is now so promising that the entire field may be allowed to go to maturity. In that event the yield will be above that of any of the smaller fields which have been raised as an experiment on the lands some distance from the creeks.

A Boon to Elderly People. Most elderly people have some kidney or bladder disorder that is both painful and dangerous. Foley's Kidney Remedy has proven a boon to many elderly people, as it stimulates the urinary organs, corrects irregularities and tones up the whole system. Commence taking Foley's Kidney Remedy at once and be vigorous. Pendleton Drug Company.

Died in Dentist's Chair. Bernice Shaw, a well known young Bellingham belle, died in the dentist's chair Wednesday evening. She went to the office of the dentist to have a tooth extracted and requested that she be given chloroform. This was done and she died from paralysis of the heart.

DeWitt's Little Early Risers, safe, easy, pleasant, sure, little liver pills. Sold by Tallman & Co.

Churches

Pendleton pastors are returning from the summer vacation and regular services are being resumed at all the churches. The Christian congregation will use the old church building next to the Church of the Redeemer for the present at least, the first service to be held there tomorrow morning and regularly thereafter until further notice. Rev. R. E. Storey of the First Baptist church is still away but will return home to resume regular services on Sunday, September 6. All the other congregations will hold regular services tomorrow and have taken up the work of the fall with renewed energy and vigor after the summer vacation.

M. E. Church. First M. E. church, corner Webb and Johnson, W. T. Euster, pastor, residence next door to the church. The subject for Sabbath morning will be "The Five Fundamentals of the Christian Religion, and what they mean for Today." In the evening the subject will be "Our Father's House and the Place of the Habitation of God." Mrs. Landers will arrange the music for both morning and evening, singing by request at both services.

The regular meeting of the choir will take place again Friday night for rehearsal. After this Sabbath the Sunday evening services will take place at 7:30 and also the prayer meeting. The Epworth League will meet Sunday night at 7 o'clock.

The last official board meeting will take place Monday night at the parsonage for the purpose of getting all the work ready for the annual conference which comes the following week, the pastor having to leave on Monday, September 7 for the seat of the conference.

Gas lamps will be used Sunday night if the electric lights are not yet on in running order.

Church of the Redeemer. There will be no service Sunday, as the rector will be holding service at "All Saints," Weston. The Sunday school will be at 10 a. m., and divine service with sermon at 8 p. m.

Weston News. The Rev. Charles Quinney, rector of the Church of the Redeemer of Pendleton, will conduct divine service and celebrate the holy communion in All Saints church tomorrow morning at 11 o'clock.

German Evang. Lutheran Church. Services at Warren station Sunday, August 30, at 10:30 a. m. All members are cordially invited. Geo. L. Sprattler, pastor.

Presbyterian Church. Corner College and Alta, W. L. Van Nuy, pastor. Morning worship at 11. Sermon, "The Revelations of a Quiet Vacation." Bible school at 10. On account of the absence of lights there will be no evening services. Service will be held on Wednesday evening.

Christian Church. Through the courtesy of the Episcopal the old Church of the Redeemer will be used for our meeting place, 9:45, bible school. Come, bring your bibles and lesson quarterly, also a Gloria song book (yellow back). If you have it, 11 a. m., communion and song service. There will be no evening service. Wednesday evening prayer meeting. Friday evening teachers' training course. All regular services will be held from now on.

Baptist Church. Rev. Ralph E. Storey will return to the city on Monday next and regular services will be resumed at the Baptist church on the following Sunday, September 6.

Christian Science. Congregational church, corner of Webb and Johnson streets. Church service at 11 a. m. Subject of lesson-sermon, "Christ Jesus." Wednesday meeting at 8 p. m.

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Sept. 14-19 EXCURSION TRAINS and Special Rates to Salem, Oregon Sept. 14-19 Salem, Oregon Oregon State Fair and Exposition For 1908 The Largest and Best Pacific Coast Fair! CHILDREN Free Mon. 14th. Reserved Boxes Can Be Had in Advance for the Races. CHILDREN Free Mon. 14th. Greatest Exhibit at any Coast Fair New buildings all completed Walks and grounds the finest Free camping for thousands Agricultural College to hold meetings Races six days; commence Monday Free evening entertainments McElroy's Band and Orchestra Prominent men will speak Fancy stock show daily Complete Program for Six Days--Two Great Shows, Day and Night--Something Doing Every Hour! ONE HUNDRED THOUSAND OREGON PEOPLE ATTEND THE FAIR AND ARE BETTER FOR IT! Low Rates Salem Oregon, Sept. 14-19 A Week of Profit for You! Enjoyment for the Family! Summer School for All! Low Rates Salem, Oregon, Sept. 14-19 G O M E

BETTER RESTAURANT SERVICE.

Under New Management St. George Grill Regains Popularity. Under its new management the St. George restaurant is proving a popular eating place and it gives every promise of continuing as such. At present the restaurant management is in the hands of the ladies in the dining room and the service has been much improved.

The St. George restaurant, with its first-class modern kitchen and good dining room equipment, is well prepared to handle a splendid business. That it will have such is evident from the manner in which the change has been received by patrons.

Stat. of Ohio, City of Toledo, Lucas County, ss. Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of Hall's Catarrh Cure. FRANK J. CHENEY. Sworn to before me and subscribed in my presence, this 4th day of December, A. D. 1886. A. W. GLEASON, Notary Public. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials free. F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

For Sale. 640 acres of fine wheat land, five miles east of Helix, one-half summer fallow; fine house and barns, and other improvements. On easy terms. One half cash, balance on time, 7 per cent interest. Enquire J. M. Bentley, Hartman Abstract Co., Pendleton, Ore.

No Guesswork

If men who doubt the value of Nervita Tablets could only look over our order files and read the letters we receive from those who know their value, no man who is weak and nervous would hesitate a moment, but begin at once to regain his strength with Nervita

Gentlemen—Some six years ago I bought your Nervita Tablets in Richmond, Ind. and at that time they certainly did all you claimed they would. I tried to get them here, but no druggist has them. Let me know if you still make them, if so I want to get six boxes for a friend of mine. Yours truly, Reg. B. Rodlands, Cal. Dec. 12, 1907. Dear Sirs—Find enclosed \$1.00 and send me 2 boxes of your Nervita Pills. I bought 4 boxes at a druggist's here, but can not get any more, but want to tell you that I never took any medicine in my life that done me so much good. Send at once as I am entirely out. Yours truly, Reg. S. Orange City, Iowa. Jan. 10, 1908. Dear Sirs—About 3 weeks ago I sent you \$2.00 for 2 boxes of Nervita Tablets, and they have done me lots of good. Enclosed \$4.00 send four boxes at once. Yours truly, Reg. S. Orange City, Iowa. Jan. 17, 1908. Gentlemen—Send me at once 3 boxes Nervita Tablets, I received one box a week ago. There is no question as to the potency of your medicine. I feel greatly benefited, and want to use it until perfectly well. Your promptness will oblige. Yours truly, Reg. S. Portsmouth, Ohio. April 2, 1908. Sold and Guaranteed by all druggists, 61. per box, 6 boxes for \$5. Sent by mail. FISHER DRUG CO., 230 Kinzie St., Chicago. PENDLETON DRUG COMPANY Pendleton, Oregon Read the East Oregonian.

MAKE YOUR OWN STOCK FOODS BY USING SKIDOO HORSE AND CATTLE TABLETS Crush and mix in feed or salt. Proper dose in tablets Makes Your Stock Look Like the Top Price For Horses, Cattle, Sheep, Swine and Fowls. They are made from the active principle of the condensed essence of the drug. They don't contain Sawdust, Ashes, Chop Feed or Bran. Are just as good when 10 years old as when 10 days old. They comply with all pure drug laws. Ask for and try once SKIDOO Condition Tablets, or SKIDOO Worm, Kidney, Chicken Cholera, Blister, Cathartic, Heave, Fever, Hog Cholera, Distemper, Pink Eye, Colic tablets or L. use Powder, Spavin Cure or Barb Wire Liniment. Distributed by THE BLUE BELL MEDICINE CO., Incorporated; Capital Stock \$300,000.00; Watertown, South Dakota, U. S. A. FOR SALE BY C. F. COLESWORTHY.

The Hot Summer Sun brings no terror to the woman who knows that her kitchen will not be turned into a veritable bake-oven. Why? Because She Cooks With Gas, no heavy coal scuttles to lift, no wood to handle, no fire to feed, just the touch of a match and your fire is in readiness. NORTHWESTERN GAS & ELECTRIC CO.

Write For Information Regarding the One-Way COLONIST FARES VIA THE NORTHERN PACIFIC RAILWAY FROM THE EAST TO THE NORTHWEST IN EFFECT DURING SEPTEMBER AND OCTOBER. APPLY TO W. ADAMS, AGENT, PENDLETON, OREGON or to any passenger representative of the company for full information. Ticket deliveries arranged at any point in the East. A. D. CHARLTON, Asst. Gen. Pass. Agent, Portland, Oregon

The Cause of Many Sudden Deaths. There is a disease prevailing in this country most dangerous because so deceptive. Many sudden deaths are caused by it—heart disease, pneumonia, heart failure or apoplexy are often the result of kidney disease. If kidney trouble is allowed to advance the kidney-poisoned blood will attack the vital organs, causing catarrh of the bladder, or the kidneys themselves break down and waste away cell by cell. Bladder troubles almost always result from a derangement of the kidneys and a cure is obtained quickest by a proper treatment of the kidneys. If you are feeling badly you can make no mistake by taking Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy. It corrects inability to hold urine and scalding pain in passing it, and overcomes that unpleasant necessity of being compelled to go often through the day, and to get up many times during the night. The mild and the extraordinary effect of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. Swamp-Root is pleasant to take and is sold by all druggists in fifty-cent and one-dollar size bottles. You may have a sample bottle of this wonderful new discovery and a book that tells all about it, both sent free by mail. Address, Dr. Kilmer & Co., Binghamton, N. Y. When writing mention reading this generous offer in this paper. Don't make any mistake, but remember the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., on every bottle.