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The glories of our blood and
state
Are shadows, not substantial
things;
There is no armor against fate;
Death lays his icy hand on
kings;
Scepter and crown
Must tumble down,
And in the dust be equal made
With the poor crooked scythe
and spade.
—Selected.

HANDS AND BRAIN.

President French of the Weston Normal school, has an ideal in school life which he wishes and is striving to carry out in the normal.

The ideal is to mix manual labor in the educational course, to train the hand and the brain with equal care and solicitude, to give dexterity to the student-tradesman as well as mental training to the student-teacher.

It is the ideal of President French to secure a tract of rich land near the normal where that institution may be made practically self-supporting from the income from the student labor in this industrial field.

The plan is practical. Many of the students now work their way through the normal and many more would be glad to pay their expenses in this way if there were work to do. The industrial department, land and labor, could be made a most profitable part of the normal and the development of that feature would not be out of line with genuine normal training.

Every well qualified teacher should know what labor is and should be able to teach its dignity and nobility. All normal students cannot be teachers, but it is safe to say that practically all of them will be required to labor and a knowledge of industrial things, an acquaintance with manual labor carried on in a systematic and practical manner to get results, is a most valuable asset for any young man or woman.

So much labor is now wasted through ignorance; so much effort is lost through misunderstanding and lack of system, that the world is ready to welcome the systematic, organized, intelligent worker, in whatsoever department of activity he enters.

The East Oregonian is glad to see the industrial, the manual side of the normal developing and believes that this school under this plan and with this ideal view, is the foundation for a splendid educational-industrial institution in eastern Oregon.

SAVE THE RESOURCES.

For a number of years the slogan of the irrigationists has been: "Save the forests; store the floods." And under the Roosevelt administration this has become something more than an empty slogan; it has become a policy, an executed fact.

Never before in the history of the government has one administration done as much for future generations as has the Roosevelt administration in setting aside the forests of the nation, in reclaiming the arid soil with idle waters, in checking the plundering of the public domain.

If President Roosevelt had done nothing more for his government than these things, he would stand as a monumental figure in future histories. But these great achievements are but a part of his gigantic tasks.

Predatory wealth has been checked in its onslaughts on the industrial health of the country. Political purity has been injected into the government departments. The Panama canal has been half constructed, the vigorous hand of the nation has been laid upon belligerent countries until peace seems assured and high ideals of government have been instilled into the nation until the rampant reign of corruption has come to a sudden end.

If the congress of governors which recently assembled in Washington will do as much as a body, as Theodore Roosevelt has done, as an individual to save the resources and protect the common property of the nation, the dream of the idealist would be close to realization.

But few men have the force or optimism of Theodore Roosevelt. Few of the governors of states have the nation's welfare at heart as intensely as the president and so the outcome of this congress is problematical.

THE TENDERFOOT.

Thirty years ago this spring a "tenderfoot" settled among the sagebrush beside the stage road running through Umatilla county. The stage driver ridiculed the idea of making a home there, and the stage driver knew, for had he not driven stage over that route for five years and had seen nothing but sand and jack rabbits.

But the "tenderfoot" was determined to have a home and so he began digging a ditch from the Umatilla river and turned the water upon a little garden patch. Next spring the driver was startled to see green grass and garden stuff growing in the sand. Then he was amazed to see peach blooms bursting from the limbs of little trees and next year he saw several stacks of alfalfa dotting the patch of cleared ground.

But still he doubted. "I will give you two years to starve out," he said to the "tenderfoot." The "tenderfoot" had but little money to be sure, while the driver drew \$100 per month and spent it all in Pendleton, La Grande and Baker City joints within two days after he drew it.

This week the "tenderfoot" sold a portion of his sagebrush flat for \$10,000 and still owns enough to make him independently rich. And last month that same knowing stage driver was sent to a poor house in the Coeur d'Alenes, after 30 years of a precarious existence as a laborer for others.

"The tenderfoot" won the bet. He played a winning game. He stuck to the sagebrush. The old stage road has vanished, the old driver has been forgotten, but the sagebrush flat and its ditches filled with water are the marvel of the land.

WHO SAID MACHINE?

The Oregon Daily Journal is seeking to make a martyr of Governor Chamberlain by saying that the republican "machine" is against him, has vowed to get his scalp, has set out to accomplish his utter defeat.

If there is a "republican machine" since the primaries nobody has been able to discover it. The people of the republican party are in control. The rank and file of the party has asserted its prerogative and will select its candidates.

While on the other hand, Governor Chamberlain is head and boss of one of the most perfect political machines ever organized in Oregon. It is so perfect that no one dare to aspire to the senatorship in the democratic ranks, but Governor Chamberlain. It is so perfect that there is no competition among democrats for county offices. It is so perfect that the democrats pay no heed to the primary law, take no part in the primary election.

The "machine" simply names candidates and they run, and nobody else dares to run as a democrat. This little attempt to make a martyr of the chief machine manipulator in Oregon is laughable. The governor himself will doubtless laugh when in the safety of his private office, alone with himself.

The East Oregonian is carrying some paid advertising matter for the anti-equal suffrage league of Portland, but this does not mean that this paper is for the anti-suffrage people. On the contrary, it favors the equal suffrage amendment to the constitution and believes that it will and should carry this year. The voters of Umatilla county are urged to give good women the chance to vote, since bad men have that right. Let us even things up a little. It will not be compulsory. Women who do not care to vote, need not do so. Those who wish to vote should have that right.

If you have not read your 19 initiative measures through yet, it is time you were doing so. Some revolutionary changes in the laws of the state are proposed in many of them, and you should be able and prepared to vote intelligently upon them. If not sure of your ground, vote "No" for safety. Better make a mistake on the side of safety than otherwise.

Do you believe in education? Do you want a state university? If so, vote "yes" No. 314 on the official ballot on election day. The passage of this bill will increase your taxes a little more than 2 cents if you pay taxes on \$1000 worth of property. All progressive citizens should support the bill.

THE MARRIAGE UNREST AND A REMEDY.

The mental attitude of courtship is always that of self-improvement; never that of criticism, constructive or otherwise. Married people are forever trying to improve each other; but this is a mistake which lovers seldom make.

The young man, dining with his sweetheart, does not call her attention to the burned biscuits, he knows that to do so would be destructive to that which he is trying to create, and he instinctively avoids all criticism.

He knows that if he can develop something in himself by which she shall be attracted, she will make the very best biscuits she knows how to make in the hope of pleasing him, and if she can learn how to make better biscuits, she will do so without being urged by criticism.

And on the other hand, she does not criticize him; she does not seek to improve him; she knows that the more she makes of herself the more he will improve himself in his desire to impress her favorably. Strange that those who know so well how to call out the best in others before marriage should almost invariably reverse their methods after marriage.

Any married couple, no matter how "incompatible," can develop marriage love and live happily and successfully together by following the lines suggested: first, consenting that neither shall absolutely possess the other; second, both living the advancing life; and third, each absolutely refraining from criticism, or from any attempt to correct or improve the other, while endeavoring to win the favor of the other by self-improvement.

In other words, any marriage may be made successful by instituting a courtship.—Wallace D. Wattles in June Nautilus.

"THE WAY."

However certain of the way thou art, Take not the self-appointed leader's part.

Follow no man, and by no man be led, And no man lead. Awake, and go ahead.

Thy path, though leading straight unto the goal, Might prove confusing to another soul.

The goal is central; but from east, and west, And north and south, we set out on the quest;

From lofty mountains, and from valleys low;— How could all find one common way to go?

Lord Buddha to the wilderness was brought, Lord Jesus to the Cross. And yet, think not

By solitude, or cross, thou canst achieve, Lest in thine own true Self thou dost believe.

Know thou are One, with life's Almighty Source, Then art thy feet set on the certain Course,

Nor does it matter if thou feast, or fast, Or what thy creed—or where thy lot is cast;

In halls of pleasure, or in crowded mart, In city streets, or from all men apart—

Thy path leads to the Light; and peace and power Shall be thy portion, growing hour by hour.

Follow no man, and by no man be led, And no man lead. But know and go ahead.

—Bill Wheeler Wilcox in June Nautilus.

Captured After Thirteen Years.

Frank Hart escaped from the county jail at Seattle 13 years ago, while an appeal in his case was pending. He has since been running a poolroom at Wichita, Kan., where he was recently recognized by a railroad detective and placed under arrest. He will now serve out his term in the state penitentiary.

The Modesty of Women

Naturally makes them shrink from the delicate questions, the obnoxious examinations, and unpleasant local treatments, which some physicians consider essential in the treatment of diseases of women. Yet, if help can be had, it is better to submit to this ordeal than let the disease grow and spread. The trouble is that so often the woman undergoes all the annoyance and shame for nothing. Thousands of women who have been cured by Dr. Pierce's Favorite Prescription write in appreciation of the cure which dispenses with the examinations and local treatments. There is no other medicine so sure and safe for delicate women as "Favorite Prescription." It cures debilitating drains, irregularity and female weakness. It always helps. It is strictly non-alcoholic, non-secret, all its ingredients being printed on its bottle-wrapper; contains no deleterious or habit-forming drugs, and every native medicinal root entering into its composition has the full endorsement of those most eminent in the several schools of medical practice. Some of these numerous and strongest of professional endorsements of its ingredients, will be found in a pamphlet wrapped around the bottle, also in a booklet mailed free on request, by Dr. R. V. Pierce, of Buffalo, N. Y. These professional endorsements should have far more weight than any amount of the ordinary lay, or non-professional testimonials. The most intelligent women now-a-days insist on knowing what they take as medicine instead of opening their mouths like a lot of young birds and gulping down whatever is offered them. "Favorite Prescription" is of known composition. It makes weak women strong and sick women well.

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To protect yourself against alum, when ordering baking powder,

Say plainly—

ROYAL BAKING POWDER

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Royal is the only Baking Powder made from Royal Grape Cream of Tartar. It adds to the digestibility and wholesomeness of the food.



Preparing for Barnes' Trial.

A venire of 150 jurors is being subpoenaed at Walla Walla to try H. H. Barnes for the murder of Mrs. Anna Aldrich. The trial will commence next week.

After lingering a number of days, Edward C. Bennett of Seattle, who drove a motor car off a trestle, throwing four people into the water, died at a hospital yesterday. The other members of the party are recovering.

FOR SALE

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