



AN INDEPENDENT NEWSPAPER.

Published Daily, Weekly and Semi-Weekly, at Pendleton, Oregon, by the EAST OREGONIAN PUBLISHING CO.

SUBSCRIPTION RATES. Daily, one year, by mail, \$5.00. Daily, six months, by mail, 2.50. Daily, three months, by mail, 1.25. Daily, one month, by mail, .50. Weekly, one year, by mail, 1.50. Weekly, six months, by mail, .75. Weekly, four months, by mail, .50. Semi-weekly, one year, by mail, 1.50. Semi-weekly, six months, by mail, .75. Semi-weekly, four months, by mail, .50.

Chicago Bureau, 909 Security building, Washington, D. C. Bureau, 501 Fourteenth street, N. W.

Member Scripps News Association.

Telephone.Main 1.

Entered at Pendleton Postoffice as second-class matter.



Not gold, but only men, can make a people great and strong; Men who, for truth and honor's sake, stand fast and suffer long. Brave men who work while others sleep. Who dare while others fly— They build a nation's pillars deep. And lift them to the sky. —Ralph Waldo Emerson.

FORTUNATE O. R. & N.

Life is uncertain and transitory everywhere. No man is assured of his existence. Death comes in the most unexpected places and in the most unexpected manner, and the man who drives a team of mules on a farm is as liable to meet death as the man who drives the locomotive over the mountain.

While railroading is considered one of the most hazardous of occupations, yet railroad systems, like individuals, have marvelous escapes and are fortunate in the extreme.

In the history of the O. R. & N. system it has been extremely fortunate in its wrecks. Less than a dozen passengers have been killed on the system since it was opened for traffic a quarter of a century ago.

Several bad wrecks have been experienced, but comparatively few people have been killed in them. The wreck at Cayuse last night was one of the worst in the history of the system and yet with four or five coaches filled with passengers, but one passenger was killed.

Everything conspired to reduce the severity of the wreck. The place at which it occurred, the slow speed of the train, the excellent equipment in use, and all these elements which enter into railroad wrecks, made last night's wreck comparatively mild.

The men in the harness, the engine-men, mail clerks, the trainmen must always expect to bear the brunt of the disaster and in this instance there is no exception to the rule. The fireman is dead, the engineer injured and two mail clerks are injured.

With the exception of the Greek laborer and one Chinaman in the smoker the passengers are uninjured. The good luck of the O. R. & N. is still unbroken.

While the death and injury of the employes is sincerely regretted, yet the results of the wreck might have been far more disastrous.

GOOD ROAD TO HEPPNER.

The dream of a broad, smooth, level roadway from Heppner to Pendleton, over which automobiles and carriages may be driven with speed and comfort, has been stirring in the minds of a number of Morrow and Umatilla county pioneers for a number of years and it is possible that such a roadway will be built within a few years.

Owing to the uncertainty of railroad travel between this city and Heppner, people who are compelled to make that trip often, naturally look for relief from the tedious journey, and the wagon road over which an auto line may be operated is the most promising form of relief in sight.

If the main line train on the O. R. & N. is a few hours late, the Heppner train does not wait and that means a 24-hour lay-over at Heppner Junction, which is not a highly attractive place at which to spend a day and night.

The matter of constructing a good road from Heppner to Pendleton which may be utilized for automobile lines, will be brought before the county court of Morrow county and such a highway uniting the two cities is one of the probabilities of the near future.

There is a large amount of travel between Pendleton and Heppner and the matter of an excellent county road across the country is one which may be appropriately considered by the county courts of the two counties interested.

The joint county fair of the Umatilla-Morrow county district unites

the people of the two counties closely and there will be more and more need of a better means of communication between the cities and counties as the fair develops.

OREGON IS GOOD ENOUGH.

The most sensible and practical expression on the new state craze now rampant in Spokane and eastern Washington, that it has been the good fortune for the East Oregonian to bear, comes from Congressman W. R. Ellis of this city.

Oregon is good enough for Congressman Ellis. The old state will be able to live and keep her nose above water without the aid of Spokane, which aspires to be the capital and commercial center of a new state carved from Oregon, Washington and Idaho.

In an interview on the subject Congressman Ellis says:

I do not regard the proposition as practicable or desirable, and the only good thing about it is the name of the proposed state, which I understand is to be Lincoln. I am well satisfied with the present state of Oregon and the conditions within it.

Closer relations now exist between the eastern and western parts of the state than ever before, and I think that instead of wasting our energy in striving to accomplish something wholly impossible, that it should be expended in furthering this harmonious feeling, in opening our rivers, building railroads and providing other facilities for transportation. The present outlook is hopeful and good and there is no reason for attempting to make a radical change.

Every Oregonian glories in his state and her history, and I have yet to find one who looks upon this proposition seriously, or who desires any change whatever.

IMPROVED CANAL CONDITIONS.

There are so many people in the United States who have the means and the inclination for travel that it will not be possible to conceal for any length of time improper and unsanitary conditions in the canal zone if they exist.

The enthusiasm which is manifested by some of these travelers as they think of the greatness of the task which the government is undertaking is somewhat moderated by the reports which are spread by other returned visitors that the food is bad and the conveniences of life poor.

There is a chance, of course, that special preparations may be made to entertain a president, a cabinet member, or a group of congressmen. But the real facts cannot be concealed because of the ubiquitous Yankee traveler.

The announcement that a good hotel is to be built to meet the needs of the increasing number of Americans who will visit the zone with the nation's money is an indication of the popular interest in the isthmian region as an objective point for travel.

If there is "graft" now in the matter of food supplies, it is safe to predict that it will not last long. If there is ill treatment of Panamanians by canal superintendents that will soon be remedied. The indications of progress are far more numerous than those of discontent.

Let Pendleton make Arbor day a real holiday, a day of planting. Pendleton needs more trees, she needs more shade, she needs more seats, more places to rest and more inviting nooks for the stranger. Clean-up day was a success, now let Arbor day be equally well observed. The soil of Pendleton is adapted to a quick growth and trees do well. There is no reason why there should not be much more shade on all the streets. It costs so little and it means so much for the appearance of the city.

MONEY MAKES NOTORIETY.

If Harry Thaw and Stanford White had been workmen instead of scions of the nobility, the murder of the one and the trial of the other would have attracted little attention and would long since have been forgotten. The millions of dollars in the case give it international notoriety and prolong the nauseating performance to the last limit of toleration.—Appeal to Reason.

A SABBATARIAN STRONGHOLD.

Melbourne has successfully resurrected the "Lord's day act of George III." That city is a Sabbatarian stronghold. No Sunday newspaper is allowed to appear and every hotel is closed by law, although much illicit drinking is done.

CAMELS BEAT HORSES.

A camel can easily carry a weight of 1000 pounds on its back, about four times as much as a horse can carry. The camel begins work at the age of 4 and is useful for half a century. The horse, as a rule, is nearly played out at the age of 15.

Three hundred thousand head of sheep will be sheared in the Yakima country this spring, yielding an estimated crop of 2,000,000 pounds of wool.

A Little Lesson in New Thought

There are many men with rare faculties for manipulating the natural forces of the universe, the forces within themselves, and the external forces, says a new thought review. They believe each of us is an embryonic Christ, who can work miracles and cast out devils, and see and know God. Vivekananda, the representative of Hinduism at the world's fair parliament of religions, says that the Yogi proposes to himself to master the whole universe, to control the whole of nature.

"He wants to arrive at the point where what we call nature's laws will have no influence over him, where he will be able to get beyond them all; he will be master of the world of nature, external and internal; the progress and civilization of the human race."

There is not a muscle in the body, they can, which a man can not learn to control. Even the heart beats or roars as it it bade. Such men are young and fresh at 150. Not a hair turns. A friend of Professor James of Harvard tried some of their practices, and in a few months declared that he was a new man. He had been prone formerly to excessive lassitude. He accomplished little because there was great waste of physical energy.

But now he has got out a look and is abounding in vitality and good spirits. He does his remarkable physical feats, like kissing his knees without bending them, taking but one breath a minute, subsisting on the slenderest fare, one meal a day or some such regimen.

There are elaborate systems all over India for reducing the unused energies of men. It is the matter sometimes of a life fairly from the cradle to the grave to evoke these powers to the full. But when they are evoked they repay the lifetime of labor, and death has no more dominion over them. These men walk in the higher world and in the incarnate world alike. And when they have shuffled off the mortal coil they are freed forever. So they declare.

Are these powers peculiar to the people of India? What if you and I could evoke some amazing faculty from within us that would rule and control things and free us from the fetters of fate and nature?

NATIONAL MONUMENTS.

Count not the cost of honor to the dead!

The tribute that a mighty nation pays

To those who loved her well in former days

Means more than gratitude for glories fled;

For every noble man that she hath bred.

Immortalized by art's immortal praise,

Lives in the bronze and marble that we raise.

To lead our sons as he our fathers led, These monuments of manhood, brave and high,

Do more than forts or battleships to keep

Our dear-bought liberty. They fortify

Our heart of youth with valor wise and deep;

They build eternal bulwarks, and command

Eternal strength to guard our native land.

—Henry Van Dyke.

ON AGAIN—OFF AGAIN—OVER AGAIN.

Take off your night clothes and dress for the street.

Soap, sponge and water and something to eat.

Take off your street clothes and dress for the show.

More soap and water to wash up you know!

Off with your stage clothes and dress for the street.

Back to the "barracks," something to eat.

Off to the "show shop" in sleet, snow or rain.

Off with the street clothes and make up again!

(To dress and undress would make some people thin—

The friction you'd think, would wear out their skins.)

Off with the costume and dress up once more.

Then to the "Dutchman's" for one, two, three, four!

Back to the "table" with old Katzenjammers—

Out of your street clothes and into your pajamas.

Up in the morning in health or in pain—

On again—off again—over again!

—Spokane Orator-Outburst.

The Unrest in Cuba.

The commercial class in Cuba are Englishmen, Germans and Italians; the sugar planters are Spanish, English and Americans; the tobacco and cigar manufacturers are Germans and Spaniards; the railroads are English and American, and each of these large interests has an underground connection with the disturbing political element as a precaution against raids, strikes and other disorders. The Americans are becoming quite numerous in Cuba, and they are naturally severe in their criticisms of President Roosevelt, Secretary Taft, Governor Magoon and others because we do not annex the island and take entire charge of the administration of its affairs. They appear to consider it the duty of the president to look out for the interests of American citizens in Cuba regardless of those of the natives or any other classes. They are unreasonable and arbitrary, and it would be impossible for Governor Magoon to please them.—William E. Curtis.

The case of ex-Congressman J. N. Williamson has been set for the hearing of arguments in his appeal in the United States supreme court, for October 21 next.



ROYAL BAKING POWDER Absolutely Pure A Cream of Tartar Powder free from alum or phosphatic acid Makes Home Baking Easy

APRIL 10 IN HISTORY.

1606—King James I. issued two land patents for "The First and Second Colonies" in North America.

1741—Prussians defeated the Austrians in the battle of Molwitz.

1755—Hahnemann, founder of homeopathy, born. Died July 2, 1842.

1805—Bey of Algiers declared war against Spain.

1814—French defeated by Wellington at battle of Toulouse.

1830—President Bustamante, of Mexico forbade further immigration from the U. S.

1841—Halifax, N. S. incorporated as a city.

1854—France and England signed a treaty for the defense of the Ottoman empire.

1875—Paul Boynton made unsuccessful attempt to swim the English channel.

1892—Six thousand houses destroyed by fire in Tokio, Japan.

1894—President Cleveland issued the Bering sea proclamation.

1895—American Line steamship St. Paul launched at Philadelphia.

1901—Civil jurisdiction in the Transvaal inaugurated.

1902—Moro, fort at Bacalod, Philippines, captured by American soldiers.

1905—American ambassador, Jos. H. Choate, elected a Bencher of the Middle Temple, London.

GEN. BOOTH 78 YEARS OLD.

General William Booth, the head of the Salvation Army who recently traversed the American continent on his way from England to Japan, was born in Nottingham, England, April 10, 1829. He was educated by a private tutor and in 1852 he entered the ministry of the Methodist New Connexion church. The ordinary circuit work of this denomination was distasteful to him and after submitting to it for several years he withdrew in 1861 to devote himself to evangelistic labor.

Arriving in London he was struck by the destitute condition of the eastern portion of its population, and commenced, in July, 1865, special ef-

forts on their behalf. This effort was at first styled the Christian Mission, but developed in 1878 into the Salvation Army. Since that time the organization has grown until it now is established in 52 countries and colonies, and maintains over 20,000 men and women in the field.

In his efforts to build up the organization General Booth was greatly aided by his wife and family. In the course of his work Gen. Booth has visited the United States and Canada half a dozen times and has made several complete circuits of the globe.

HISTORY OF "OLD HUNDRED."

"Old Hundred" has been variously ascribed to Martin Luther, Dr. John Dowland and William Franck. Dr. Lowell Mason wrote quite a treatise on the old tune in 1862, saying emphatically that it was written by Guillaume (William) Franck in 1542. But later musical historians and antiquarians who have investigated more closely say it was composed by Louis Bourgeois, born about 1500 and died about 1572—some say in the massacre of St. Bartholomew, in 1571-2.—Musical Million.

THE COST OF LIVING.

A dietary specialist has figured it out that if a man eats one pound of bread, one and one-third pounds of lean meat and one-sixth of a pound of butter daily, in 70 years this would run to 25,000 pounds of bread, 33,000 pounds of meat and 4000 pounds of butter—62,000 pounds in all, costing, say \$9000. How much better it would be for a poor man to stop eating and save the money.—Denver News.

Governor Folk of Missouri has commuted to life imprisonment the death sentences of Mrs. Aggie Myers and Frank Holtman, convicted of the murder of Mrs. Myers' husband, three years ago. Holtman was the woman's paramour.

The epidemic of spinal meningitis along the sound has reached Chehalis, where several have died and others are afflicted with the disease.

Tired Nervous Women Make Unhappy Homes



MRS. NELLIE MAKHAM

MRS. GEO. A. JAMES

A nervous irritable woman, often on the verge of hysteria, is a source of misery to everyone who comes under her influence, and unhappy and miserable herself.

Such women not only drive husbands from home but are wholly unfit to govern children.

The ill of women set like a fire brand upon the nerves, consequently seven-tenths of the nervous prostration, nervous despondency, the "blues", sleeplessness, and nervous irritability of women arise from some organic derangement.

Do you experience fits of depression with restlessness alternating with extreme irritability? Do you suffer from pains in the abdominal region, backache, bearing-down pains, nervous dyspepsia, sleeplessness, and almost continually cross and snappy? If so, your nerves are in a shattered condition and you are threatened with nervous prostration.

Proof is monumental that nothing in the world is better for nervous troubles of women than Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Thousands and thousands of women can testify to this fact.

Mrs. Nellie Makham, of 151 Morgan St., Buffalo, N. Y., writes:—

"I was a wreck from nervous prostration.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotics or harmful drugs and today holds the record for the largest number of actual cures of female diseases of any medicine the world has ever known, and thousands of voluntary testimonials are on file in the laboratory at Lynn, Mass., which testify to its wonderful value.

Lydia E. Pinkham's Vegetable Compound; a Woman's Remedy for Women's Ills.

I suffered so I did not care what became of me, and my family despaired of my recovery. Physicians failed to help me. I was urged to try Lydia E. Pinkham's Vegetable Compound and I want to tell you that it has entirely cured me. I think it is the finest medicine on earth and I am recommending it to all my friends and acquaintances.

Mrs. Geo. A. James, a life long resident of Fredonia, N. Y., writes:

Dear Mrs. Pinkham:—

"I was in a terribly run down condition and had nervous prostration caused by female trouble, in fact I had not been well since my children were born. This condition worked on my nerves and I was irritable and miserable. I had tried many remedies without getting much help but Lydia E. Pinkham's Vegetable Compound brought me back to health and strength. It has also carried me safely through the Change of Life. I cannot too strongly recommend your medicine."

Mrs. Pinkham's invitation to Women.

Women suffering from any form of female weakness are invited to communicate promptly with Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised. Out of her vast volume of experience in treating female ill Mrs. Pinkham probably has the very knowledge that will help your case. Her advice is free and always helpful.

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Hotel St. George GEORGE DARVEAU, Proprietor.



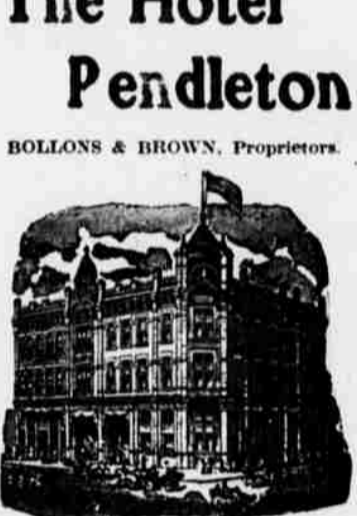
European plan. Everything first-class. All modern conveniences. Steam heat throughout. Rooms en suite with bath. Large, new sample room. The Hotel St. George is pronounced one of the most up-to-date hotels of the Northwest. Telephone and fire alarm connections to office, and hot and cold running water in all rooms.

ROOMS: \$1.00 and \$1.50

Block and a Half From Depot. See the big electric sign.

The Hotel Pendleton

BOLLONS & BROWN, Proprietors.



The Hotel Pendleton has been refitted and refurbished throughout. Telephone and fire alarm connections with all rooms. Baths en suite and single rooms.

Headquarters for Traveling Men

Commodious Sample Rooms. Free Bus.

Ratee \$2, \$2.50 and \$3.

Special rates by the week or month. Excellent Cuisine. Prompt dining room service.

Bar and Billiard Room Connection Only Three Blocks from Depots.

Golden Rule Hotel

E. L. M'BROOM, PROPRIETOR.



A first-class family hotel and stockmen's headquarters.

Under new management. Telephone and fire alarm connections with all rooms.

AMERICAN AND EUROPEAN PLAN

Special rates by the week or month. Excellent dining room service.

Rooms 50c, 75c and \$1.00

Free bus to and from all trains.

THE ST. ELMO Lodging House

A CLEAN, FIRST-CLASS, UP-TO-DATE ROOMING HOUSE. EVERY ROOM CLEAN, LIGHT AND AIRY.

Rates 50c and \$1.00

SPECIAL RATES BY THE WEEK OR MONTH.

J. G. POORE, Prop.

HOTEL PORTLAND

—OF— PORTLAND, OREGON.

American Plan, \$2 per day and upward. Headquarters for tourists and commercial travelers. Special rates made to families and single gentlemen. The management will be pleased at all times to show rooms and give prices. A modern Turkish bath establishment in the hotel.

E. C. BOWERS, Manager.