

# VICTORIA, QUEEN OF THE NORTH

C. E. McLELLAN DE-SCHIBES VANCOUVER ISLAND.

Nanaimo, the Coal Mining Camp on the Island, is Visited—A Miraculous Catch of Herring in the Bay—Fish Made Into Oil and Guano—Beautiful View of the Sea—Entertaining Story From Umatilla County Writer and Traveler.

Nanaimo, Jan. 17.—(To the East Oregonian)—Nanaimo, 75 miles north of Victoria, on the Victoria, Esquimault & Nanaimo railway, is the second town on Vancouver island in point of size, has a population of about 6000 people, and at the coal mines in operation here claims to disburse the largest payroll on the Pacific coast.

It probably does. The amount of the black commodity in sight, coming out of the ground at the mines, and being loaded on cars and on ships, seems practically without limit.

Nanaimo is situated on the east coast of the island, has a good harbor where large ships find good anchorage. The day I was here one deep-sea monster, 600 or 700 feet long, was loading coal, taking 6000 tons, and the loading process was not a bad lesson in applied mechanics.

The coal comes from the mine to an elevator in cars, is hoisted by derricks and huge shovels into the elevator, where it is put through some sort of a separating machine and emerges in several different grades, drops back into the cars, is taken to the wharf where the bottom drops out of the car, the coal falls through a hatchway onto a slide and disappears in the hold of the ship, to reappear again and brighten firebricks somewhere on the other side of the world.

Great Fishing Industry. The fishing industry is another important factor here. The finny tribes come in here in shoals and seem to walk into the nets, spread for the unwary, with a trusting simplicity which has been witnessed nowhere else by the present writer.

One morning the first sight to greet the eye from the hotel window, was a man in a boat, who seemed to be standing in a solid mass of fish, which he was dipping up in buckets to other men on the wharf. This boatload was only one of a number of similar cargoes caught that morning—it was then about 9 o'clock. On inquiry, the fish turned out to be herring, which were being barreled and shipped to New Westminster, where they are converted into oil and guano.

The British Columbia legislature, however, seems to think that the industry is in danger of being overworked, and the herring exterminated, and a bill is before that body to stop the wholesale destruction, in the near future. The idea which has penetrated the legislative mind seems to be a good one, as there are quite a number of people here and there through the world, who don't get enough to eat; and to whom a square meal of fish occasionally would be very palatable.

Vancouver's Old Town.

This is an old town—one of the oldest on the island, but its growth seems to be a tale that is told. There are no new buildings going up except some laborers' cottages at a new mine a mile away, and unless some new enterprise comes along the limit of development seems to have been reached.

The Enchanting Sea.

Some writer says: "The Indians hear this same song out of the Pacific, this same wind fingers this same instrument in the sea of Okhotsk and off the windy cape of Good Hope. This is the lute Camoens heard; this Balboa knew; this the Romans feared, and the Greeks faced boldly. They who smiled to Ophir, or to the far Casterides, knew it. The music has enchanted old Vikings, pirates, buccannars and explorers of the unknown."

This island is over 300 miles long, and at this point is 45 miles wide; and on the west coast nearly opposite here, the Pacific cable touches land after its long stretch across the ocean. The northern part of the island, so say the natives, is practically unexplored, and these waters along the western coast are particularly dangerous to navigators, being known as the graveyard of the Pacific.

Returning, the boat leaves Nanaimo at 7 in the morning, which in this northern latitude comes a while before daylight, the darkness, however, is presently dispelled and the picture which comes with the dawn, is a delight to the eye. To the eastward across this narrow channel, the snowy summits of the coast range of British Columbia is plainly visible, away to the south as the light becomes clearer, looms up Mt. Baker, and other points in Washington. Presently the sun reaches the horizon and comes glimmering across the water in one long trail of splendor.

"What a picture for one of them artist fellows to try his brush on."

says one of the spectators. "Yes," says his companion, "but when finished it would be like the sheeny's cloth—the right shine would be missing." C. E. McLELLAN.

## The WOMEN'S CLUBS

Thursday Afternoon Club. The Thursday Afternoon club was charmingly entertained by Mrs. T. M. Henderson, Thursday. The theme for discussion was "James Whitcomb Riley." Roll call was responded to with short poems from Riley's "Rhymes of Childhood." The selections showed conclusively that his popularity rests upon his simplicity, warmth and genuineness. A short but able paper on the life of James Whitcomb Riley was read by Mrs. Bert Huffman; Mrs. A. J. Owen, who read his "Career as a Journalist," gave the history of the publication of the famous poem, "Leonainie," which she recited with a great deal of expression. Mrs. James Fee read Riley's "Bear Story; or What Alec Told Himself," which completed the program, after which the ladies were invited into the dining room, where a dainty luncheon was served by Mrs. Henderson, assisted by Miss Floy Wells.

Musical Club Afternoon. The Musical Club was delightfully entertained at the home of Mrs. J. Ross Dickson, Saturday evening. Mrs. John Vert was director and had arranged the program, which was miscellaneous in character and every detail was carried out in a charming manner. Following is the program: Instrumental—Mazurka, Mos-kows-ki Mrs. J. E. Bean.

Vocal solo— (a)—"The Violet" . . . Mildenberg (b)—"A Little Thief" . . . Stern Miss Jessie Hartman. Instrumental—Polka de Concert . . . Mrs. A. Kunkel. Vocal solo—"A Rose Fable" . . . Hawley Miss Nell Cameron. Instrumental—Intermezzo from "Cavalleria Rusticana" . . . Mrs. Bertha Gurensky. Vocal solo— (a)—"The Swallows" . . . Cowen (b)—"Contentment" . . . Gaynor Mrs. J. Ross Dickson. Instrumental—Rhapsody . . . Liszt Mrs. Helen Marston. Vocal solo— (a)—"The Rosary" . . . Nevin (b)—"Good-bye Marie" . . . Pessard Miss Rena Ferguson. Vocal solo—"A Resolve" . . . H. De Fontenailles Mrs. J. A. Borie.

The Thursday Afternoon club will be entertained by Mrs. T. G. Halley, Thursday. "Expositions" will be the subject under discussion. Mrs. G. I. LaDow will be hostess for the Current Literature club Friday, January 27. Program will be as given in the year book.

Delightful Annual Event.

The event of the week in club and social circles was the Current Literature club's 11th annual club evening, which took place at the residence of Judge and Mrs. G. A. Hartman, on Friday. It has long been the custom to celebrate at this season of the year, in an appropriate manner the club's anniversary, in which meeting the husbands of the members and other guests participate.

The spacious parlors of Judge Hartman's home were beautifully decorated with a profusion of violets, the club's flower, while tall cut vases

## FROM GIRLHOOD TO WOMANHOOD

Mothers Should Watch the Development of Their Daughters— Interesting Experiences of Misses Borman and Mills.



Every mother possesses information which is of vital interest to her young daughter.

Too often this is never imparted or is withheld until serious harm has resulted to the growing girl through her ignorance of nature's mysterious and wonderful laws and penalties.

Girls' over-sensitiveness and modesty often puzzle their mothers and baffle physicians, as they so often withhold their confidence from their mothers and conceal the symptoms which ought to be told to their physician at this critical period.

When a girl's thoughts become sluggish, with headache, dizziness or a disposition to sleep, pains in back or lower limbs, eyes dim, desire for solitude; when she is a mystery to herself and friends, her mother should come to her aid, and remember that Lydia E. Pinkham's Vegetable Compound will at this time prepare the system for the coming change, and start the menstrual period in a young girl's life without pain or irregularities.

Hundreds of letters from young girls and from mothers, expressing their gratitude for what Lydia E. Pinkham's Vegetable Compound has accomplished for them, have been received by the Lydia E. Pinkham Medicine Co., at Lynn, Mass.

Miss Mills has written the two following letters to Mrs. Pinkham, which will be read with interest:

Dear Mrs. Pinkham:— (First Letter.) "I am but fifteen years of age, am depressed, have dizzy spells, chills, headache and back-

ache, and as I have heard that you can give helpful advice to girls in my condition, I am writing you."—Myrtle Mills, Oquawka, Ill.

Dear Mrs. Pinkham:— (Second Letter.) "It is with the feeling of utmost gratitude that I write to you to tell you what your valuable medicine has done for me. When I wrote you in regard to my condition I had consulted several doctors, but they failed to understand my case and I did not receive any benefit from their treatment. I followed your advice, and took Lydia E. Pinkham's Vegetable Compound and am now healthy and well, and all the distressing symptoms which I had at that time have disappeared."—Myrtle Mills, Oquawka, Ill.

Miss Matilda Borman writes Mrs. Pinkham as follows:

Dear Mrs. Pinkham:— "Before taking Lydia E. Pinkham's Vegetable Compound my months were irregular and painful, and I always had such dreadful headaches.

But since taking the Compound my headaches have entirely left me, my months are regular, and I am getting strong and well. I am telling all my friends what Lydia E. Pinkham's Vegetable Compound has done for me."—Matilda Borman, Farmington, Iowa.

If you know of any young girl who is sick and needs motherly advice, ask her to address Mrs. Pinkham at Lynn, Mass., and tell her every detail of her symptoms, and to keep nothing back. She will receive advice absolutely free, from a source that has no rival in the experience of woman's ills, and it will, if followed, put her on the right road to a strong, healthy and happy womanhood.

Lydia E. Pinkham's Vegetable Compound holds the record for the greatest number of cures of female ills of any medicine that the world has ever known. Why don't you try it?

Lydia E. Pinkham's Vegetable Compound Makes Sick Women Well.

Recitation . . . . . Dr. Dixon Jones Instrumental solo . . . Miss Hartman

After the completion of the program which was well rendered, the guests played a number of progressive games.

Delicious refreshments were served.

Notice to Debtors. All persons indebted to us will please call and settle at once, as we need the money to pay bills.

D. KEMLER & SON, The grocers.

The long and bitter fight at Seattle for and against the retention of "Mother" Ryther as matron of a wail's home has come to an end. She stays. She has been matron of the institution for over 20 years.

## THE LAXATIVE OF KNOWN QUALITY



There are two classes of remedies: those of known quality and which are permanently beneficial in effect, acting gently, in harmony with nature, when nature needs assistance; and another class, composed of preparations of unknown, uncertain and inferior character, acting temporarily, but injuriously, as a result of forcing the natural functions unnecessarily. One of the most exceptional of the remedies of known quality and excellence is the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., which represents the active principles of plants, known to act most beneficially, in a pleasant syrup, in which the wholesome Californian blue figs are used to contribute their rich, yet delicate, fruity flavor. It is the remedy of all remedies to sweeten and refresh and cleanse the system gently and naturally, and to assist one in overcoming constipation and the many ills resulting therefrom. Its active principles and quality are known to physicians generally, and the remedy has therefore met with their approval, as well as with the favor of many millions of well informed persons who know of their own personal knowledge and from actual experience that it is a most excellent laxative remedy. We do not claim that it will cure all manner of ills, but recommend it for what it really represents, a laxative remedy of known quality and excellence, containing nothing of an objectionable or injurious character.

There are two classes of purchasers: those who are informed as to the quality of what they buy and the reasons for the excellence of articles of exceptional merit, and who do not lack courage to go elsewhere when a dealer offers an imitation of any well known article; but, unfortunately, there are some people who do not know, and who allow themselves to be imposed upon. They cannot expect its beneficial effects if they do not get the genuine remedy.

To the credit of the druggists of the United States be it said that nearly all of them value their reputation for professional integrity and the good will of their customers too highly to offer imitations of the

### Genuine—Syrup of Figs

manufactured by the California Fig Syrup Co., and in order to buy the genuine article and to get its beneficial effects, one has only to note, when purchasing, the full name of the Company—California Fig Syrup Co.—plainly printed on the front of every package. Price, 50c per bottle. One size only.

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K. J. TAYLOR, Manager

4--NIGHTS--4

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