

# East Oregonian

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So here, sweet friend I go my way,  
Alone, as I have lived, alone;  
A little way, a brief half day  
And then the restful, white  
milestone.  
I know not surely where or when,  
But surely know we meet again,  
As surely know we love anew  
In grander life, the good and true;  
Shall breath together there as here,  
Some clearer, sweeter atmosphere,  
Shall walk, high, wider ways above,  
Our petty selves and learn to lead  
Man up and up in thought and deed.  
—Joaquin Miller.

### SENATOR HOAR'S VITALITY.

The New England constitution is not less tenacious than the New England conscience.

This inherited ability is an uncertain factor in the general sequence of things, but inherited vitality can hardly be questioned.

Senator Hoar's survival for days after he had given up the struggle for life is a case in point, which exhibits the physical tenacity that results from simple, regular, temperate and virtuous habits of life extending over many generations.

"The simple life," that Pastor Wagner preaches has been an established fact in New England for more than two centuries. While only the fittest may have survived the rigors of the climate and the absence of what is commonly called "comforts," their descendants have inherited bodies in which all the vital organs are strong, healthy and harmonious.

It is this inheritance which enabled Senator Hoar to resist death through the long weeks in which dissolution has been inevitable.

The simple life accumulates tremendous powers of resistance to disease and decay—a truth that is too commonly disregarded in a strenuous age.

As an evidence that the proposed irrigation law published in the Daily East Oregonian of last Saturday, and in the Semi-Weekly of today, is to be thoroughly studied, it might be mentioned that already about 20 requests for copies of the papers containing the law, have been received at this office. This is certain evidence that the practical irrigators of the country are going to have something to say in the formation of the coming irrigation law for Oregon. The irrigation commission invited discussion. The East Oregonian invited its readers and patrons to make suggestions for improvements in the law, discuss its weak points and show up its deficiencies, for Oregon is surely going to pass some kind of an irrigation law this winter. If it is not perfect, if it does not meet the needs of the irrigated districts, and provide for a wise and just distribution of the waters of Oregon, the practical irrigators of the state will be to blame, for they are now invited to give suggestions for such a law. The Weekly and Semi-Weekly editions of this paper will contain the law in full this week, and the farmers and irrigators of Umatilla county are urged to read and study its provisions and make suggestions.

The Japanese are among the very strongest people on earth. They are strong mentally and physically, and yet practically they eat no meat at all. The diet which enables them to develop such hardy frames and such well-balanced and keen brains consists almost wholly of rice, steamed or boiled, while the better-to-do add to this Spartan fare fish, eggs, vegetables and fruit. For beverages they use weak tea, without sugar or milk, and pure water, alcoholic stimulants

being but rarely indulged in. Water is imbibed in what we should consider prodigious quantities—to an Englishman, indeed, the drinking of so much water would be regarded as madness. The average Japanese individual swallows about a gallon daily in divided doses. The Japanese recognize the beneficial effect of flushing the system through the medium of the kidneys, and they also cleanse the exterior of their bodies to an extent undreamed of in Europe or America. Another—and perhaps this is the usage on which the Japanese lay the greatest stress—is that deep, habitual, forcible inhalation of fresh air is an essential for the acquisition of strength, and this method is sedulously practiced until it becomes part of their nature.

It cost the people of the United States, on an average \$34.71 per head for food in 1897. This year it costs \$52.58—an increase of over 51 per cent. In other words, it takes \$1.51 to buy as much food as a dollar would buy seven years ago. A man earning a dollar a day was better off then, as far as that part of his living expenses went, than one earning \$1.50 a day is now. And according to Commissioner Wright, of the department of Labor, food absorbs over 41 per cent of the total expenditures of the average family. The increase of \$17.87 per head in the cost of this item represents an increase of \$39.34 in the expenditure of the ordinary family of five. Adding \$18.98 for the enhanced cost of clothes, we find that a workman's wages have to stretch \$107.44 further now on two necessary items of expense than they did in 1897. Where have wages increased to any extent in the last seven years?

### HORSES HAVE TOOTHACHE.

Horses have suffered untold agonies from toothache, because their masters did not know that the horse was as surely susceptible to toothache as human beings. The teeth of the horse must do much hard labor, as they are means by which he grinds up hard grain and still harder hay.

In the human being, defective teeth lead to the use of soft food, but the horse is compelled to eat hard food, even when his teeth are in a tender state. Defective teeth in the horse cause imperfect mastication, and this results in indigestion, colic, scour, constipation and other disturbances of the digestive system.

One veterinarian says that horses sometimes endure toothache for months before their owners find out that they have any trouble at all with their teeth. This is because a defective tooth is not so easily discovered as is a defect in the leg of the animal.—New York "Farmer."

### CATTLE GETTING HIGH.

Choice cattle reached \$8.55 yesterday, which is the highest price since July 25, when \$6.65 was paid. The upward trend of the market during the past two weeks has been a relief and a satisfaction to the feeders who had big heavy cattle on their hands which did not look as if they were going to pay out. High-priced feed and low-priced cattle do not go together very well, but the choicest steers are now reaching a point where owners begin to take a little encouragement. Present prices indicate that those who feed to a finish, are better off than those who have only warmed up their steers. Buyers are paying the high prices rather reluctantly, but some of the well posted ones say they will have to continue to do so until after the first of the coming year.—Chicago Livestock World.

If a man never told a lie he'd have 'do a lot uv fightin' er a good deal less talkin'.

### The Deadly Trail

Of disease is often the trail marked by a woman's gown. A recent investigation showed a horde of microbes, including those of influenza, consumption and a dozen other varieties, gathered in the trail of a woman's dress.

The microbe is everywhere, but its prey are the weak and feeble people whose blood is "poor" and digestion "weak." Dr. Pierce's Golden Medical Discovery cures diseases of the stomach and other organs of digestion and nutrition and purifies the blood.

It strengthens the body by increased nutrition to resist or throw off disease.

"Please accept my thanks for the good Dr. Pierce's Golden Medical Discovery has done for me," writes Mrs. N. Chesley of Cleveland, Cuyahoga Co., Ohio. "I was troubled for over a year with what the doctor pronounced indigestion. I had nervous headaches, an unpleasant taste in my mouth in the morning, and my blood was very poor. I tried different medicines but to no avail. My parents insisted on my taking Dr. Pierce's Golden Medical Discovery. I did so, and in a few days the bottle, and feel stronger than I have for ten years. I cannot speak too highly in its favor."

Dr. Pierce's Pleasant Pellets are easy and pleasant to take. A most effective laxative. They do not get the pill habit.

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To cleanse the system,  
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For men, women and children;

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The recent floods on the Rio Grande have changed the channel of the stream near Brownsville, Texas, destroying irrigating ditches and canals and rendering useless the wharfs at several important river towns.

### Correct Clothes for Men



Isn't this the best plan—to buy the best clothes at the best store in town? Here you get full value for your money; not nothing for something or something for nothing. For example, this label

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marks the world's standard ready-for-service apparel. We can sell you none better, because it is physically impossible to make better.

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Good Shoes Cheaper Than Ever.

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The beauty of it all is, our prices are right and within reach of all, ranging from 75c to \$6.00.

An ornament to any home.

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A GIRLS SCHOOL OF THE HIGHEST CLASS corps of teachers, location, building, equipment—the best.

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