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backache and other kidney ills, utmost confidence that they will verything that has been claimed them by those who have used t, as well as by the makers. The e for which I used them was spally backache, with which I been troubled for a long time. art me badly when I stooped to ny housework that caused a on the back. I read an adverabout Doan's Kidney Pills decided to try them, feeling that could not harm, even if they did got a box in the store ock & McComas Co. and used one box, as that was sufficient leve the backache and I have

sale by all dealers. Price 50 Foster-Milburn Co., Buffalo, sole agents for the United in a hurry .-- Philadelphia Bulletin

felt it since."

nember the name-Doan's and

THE AFTERNOON NAP.

Modern Conditions Killing the Sies-

ta Habit In Mexico. There are people in Mexico City who take their afternoon map every day, and are greatly benefited thereby, but their number appears to be growing less year by year. Whether the siesta is beneficial or not, or whether in this high altitude it is a necessity for many persons, as is claimed by some, its death knell as a general custom seems to have been sounded since the city adopted its modern enterprise and push. Many old residents will tell you of the time when a person in the city of Mexico would have been considered almost crazy if he neglected his afternoon rest, but gradually, with the advent of the railways, the street cars and the electric lights, came the in-evitable sleeplessness which is one of the most noticeable characteristics of modern civilization.

There are several supporters of the siesta idea in this city who express regret that the custom appears to be passing away. These persons, who are themselves devotees of the practice, claim that it is a bealthful and nerve restoring habit and that if it were indulged in systematically by the people of the United States and other progressive countries there would be fewer cases of nervous wrecks for the newspapers to report. "Early rising and a short nap after dinner" is what these people advocate, claiming that the best work of most persons is performed in the morning.-Mexican Her-

FIRST USE OF TEA

An Ancient Legend Ascribes It to a King of China.

By whom or when the use of tea for drinking purposes was first discovered is lost in antiquity. It is spoken of as a famous berb in Chinese literature as far back as 2,000 years B. C., at which time its cultivation and classification were almost as thorough and complete as they are today. One of the ancient legends says that its virtues were aceldentally learned by King Shen Nung She, the Chinese monarch who is also known as "the divine husbandman," who, the record says, flourished forty centuries ago. He was engaged in boiling water over a fire made of the branches of the tea plant and carclessly allowed some of the leaves to fall into the pot

The liquid which he expected to come from the vessel simply as sterilized water was miraculously converted into an clixir of life by the accidental addition of the ten leaves. Soon after it became highly esteemed in all the oriental cities and was used as a royal gift from the Chinese monarchs to the potentates of southern and western

This same King Shen Nung She not only earned the title of respect by which he was known through the discovery of the virtues of tea, but because of being the first to teach his people how to make and use plows and many other implements of husbandry.

Emerson on Lincoln

The president impressed me more favorably than I had hoped. A frank, sincere, well meaning man, with a lawyer's habit of mind, good, clear statement of his fact, correct enough, not vulgar, as described, but with a sort of boyish cheerfulness, or that kind of sincerity and jolly good meaning that our class meetings on commencement days show in telling our old stories When he has made his remark he looks up at you with great satisfaction and shows all his white teeth and laughs. He argued to Sumner the whole case of Gordon, the slave trader, point by point, and added that he was not quite satisfied yet, and meant to refresh his memory by looking again at the evidence. All this showed a fidelity and conscientiousness very honorable to him. When I was introduced to him he said, "Oh, Mr. Emerson, I once heard you say in a lecture that a Kentuckian seems to say by his air and manners. Here am I; If you don't like me, the worse for "-Diary of R. W. Emerson in Atlantic.

In Old Stagecouch Days

There used to be rate wars in the old stagecoach days in England. At one time, early last century, one stagecoach company not only cut the price from Lewes to London to a very low rate, but gave also other inducacients. As the coach started from Lewes at a somewhat uncomfortably early hour in the morning, by way of tiding over the difficulty the proprietors allowed the more slothful of their passengers to go overnight to Brighton, where they were accommodated with good beds free of expense and could proceed comfortably to London by the company's morning coach.

Of Two Evils Choose the Least. Doctor-If you are to recover, you must spend the next three months in traveling. Patient-But I can't afford it, doctor. Doctor-Very well, stay at home if you must, and I will visit you daily. Patient-Never mind, doctor; I think I will travel after all.

An Expensive Wedding

"The bride nearly fainted during the ceremony and had to be supported by her father until it was over."

"Yes, and now I hear her father is supporting both of them."

Fooling His Stomach.

Landlady-You did not wear glasses when you first came here. Why do you wear them now? Boarder-I want to make the food look as large as pos-

"Rush the season!" cried the man to the waiter, desiring the salt and paper

Money makes der automobubble go

der pace dot kills.

Killing a King Cobra

Tales of tiger shooting in India are common enough, but one does not hear much about king cobra hunting. A. Mervyn Smith tells how, accompanied by two natives, he went to a spot where a pair of king cobras were known to be. On arrival at the place he was made to get under a basket, the meshes of which were too small for a king cobra to put his head through. While he was beneath this basket one of the snakes came out and was shot with arrows by natives. The other cobra then appeared and endeavored to overturn the coop. Describing the incident the writer says: "The terror of that moment I cannot express. What if it should overturn the basket? The strength of thirteen feet of muscle must be enormous, and if used in the right direction would soon overcome my pull at the cord. What would then happen? Certain death for me, I felt sure. Again the whiz of an arrow and saw a gaping wound along the neck of the fierce brute as it quitted its hold to look for this new foe. Fixing my knee on the cord, I now placed the muzzle of my gun just through one of the square openings in the basket and, aiming at the hood, fired both barrels in rapid succession, and had the satisfaction of seeing the borrid brute fling up the leaves and dust in its death

Friendly Gray Wolves.

I have never had any difficulty in making friends with the gray wolves I happened to be sketching, says J. M. Gleeson in St. Nicholas, Immediately on my appearance, no matter what they were doing, they came at once to the bars to be scratched and talked to, and when their coats were changing and their skius sensitive they would stand there any length of time while J pulled away the loose tufts of hair their every action expressing a some what sullen friendliness. But with the coyotes it was different. They never make friends with or lose their fear of man. Generally speaking, they resem-ble the prairie wolf, but are much smaller and of a browner color. Their fur is also longer and the tail more bushy. They vary considerably in color, changing with the seasons. In winter their cont is lighter, in summer darker and with more brown. Black coyotes, while not common, are sometimes seen, but these are only freaks

A Vigorous Preacher.

a muscular Scotch minister said that in every congregation there were generally three kinds of people. Some were very worthy men and women. Others were just middlings and might be better than they were, but others were actual deevils. He did not intend in this discourse to speak to the first kind, who were already good Christians and not greatly requiring either advice or censure. The second class would be all the better for some plain speaking, but their case was not so urgent as that of the third class, whom he had spoken of as positive "To them," he said, "I mean to speak." Then, rolling up the right sleeve of his cost and stretching out his clinched fist in front of him, he snitt, "Now, ye deevils."

The first baronets were created by James L., and any one might obtain the hereditary title by the payment of 2500. Since then I have rarely heard sheep are the favorite beasts of burof any baronet being created for his den. Sheep withstand the intense cold personal merit. Baronetcles are main of the higher parts of Tibet much more one in the house of commons who is prepared to vote invariably as his party whips tell him can receive a baronetcy if he is sufficiently persistent in pushing his "claim" and does not allow himself to be put off with a knight hood. In some cases he has to contribute to the party funds, but if he bustles about and shows his teeth occasionally this is not always necessary London Truth

Exclusiveness.

Exclusiveness is a brand of nothing, used by nobody who is anybody, to protect somebody from the dangers of nothing. You'll find it everywhere more in Boston than in New York. more in New York than right here in Hayfield, but Hayfield isn't rid of it. Exclusives are people who don't know enough to go at large. Exclusive sort ety is a rickety, leaky, lopsided assoclation of idiots, foois, tailors' dummies, languiders and hangers on, so substantial-less that you have to feed a couple of dozen of 'em into a hopper to grind out a dwarf.-Hayfield Mower.

Chinese Music.

The notes of Chinese music read, like the written characters, from right to left, and the intervals of the scale are different from those of the scale adopted by the nations of the west. The music is not very harmonious and sounds meaningless and jangling to western ears, but it has a pretty, musical cadence that makes it attractive and interesting in spite of its frequent discords

The Wall of the Victim. "You can't get something for noth-

ing," said the man who affects proverbs.

"No," answered the easy man; "I can't, but the people with whom I do business seem to manage it every now and then."—Exchange.

Ready For Something Else.

The New Boy-What do you do in your Sunday school? The Rev. Dr. Saintly-We study the Bible. The New Boy-But I've been through that .-Brooklyn Life.

Pity is the virtue of the law, and none but tyrants use it cruelly.-Shakespeare.

An automobubble on der road vas vorth two in der police court.

WAIT FOR AN APPETITE.

You Should Never Eat Simply For the Sake of Eating.

A prolific cause of chronic indigestion is eating from habit and simply because it is mealtime and others are eating. To eat when not bungry is to eat without relish, and food taken without relish is worse than wasted. Without relish the salivary glands do not act, the gastric fluids are not freely secreted, and the best of foods will not be digested. Many perfectly harmless dishes are severely condemned for no other reason than they were eaten perfunctorily and without relish and due insallyation.

Hunger makes the plainest foods en joyable. It causes vigorous secretion and outpouring of all the digestive flulds, the sources of piyalin, pepsin, trypsin, etc., without a plentiful supply of which no foods can be perfectly di-

Wait for an appetite, if it takes a week. Fasting is one of the saving It has a spiritual significance graces. only through its great physical and physiologic importance. If breakfast is a bore or lunch a matter of indifference, cut one or both of them out Wait for distance and unmistakable hunger and then eat slowly. If you do this you need ask few questions as to the propriety and digestibility of what you eat, and it need not be pre-digested.—Exchange.

THE PENGUIN.

It Is Awkward on Land and a Gym nast In the Water.

A kind of penguin, the adelie, is a laugh provoking bird. Adelies are most inquisitive and at times are in such a burry to follow up a clew that they will scrambie along the ice on the belly, pushing with their legs and using their flippers alternately like the paddle of a canoe. They get over the ground at an astonishing rate, and it is hard work to overtake a penguin when It takes to this means of locomotion, especially when it doubles. In the water the penguin is perfectly at home, diving and steeplechasing in grand In style. It can jump clean out of the water and pop down on the ice exactly like some one coming up through a trapdoor on the stage and dropping on his feet. The penguins collect in enormous numbers and are sometimes seen marching about like a regiment of soldlers in Indian file, all acting in unison.

A much larger penguin, the emperor, weighs sixty or seventy pounds and stands well over three feet high. It possesses the most extraordinary muscular powers in its flippers. When pre sented with the end of the skee stick the emperor gives it such a smack that one's hands tingle. At the same time it utters an angry guttural exclama-

SHEEP IN INDIA.

They Are the Favorite Beasts of Burden lu Mountainous Regions.

In Tibet and among the mountainous part of India sheep are employed as carriers. The mountain sheep of these districts, true to its nature, is remarkably sure footed and can carry loads of twenty-five pounds, or even more, over steep crags and precipitous paths where hardly any other animal could find a footing

In the liner ranges of the Himalayas the yak cow and the hardy mountain ly conferred for party services. Any easily than the yak and can better face

Sheep carrying from seventeen to twenty five pounds of baggage and llving entirely on the scanty grass found growing by the way accompanied Nain Suigh, the famous Indian explorer, on a journey of more than a thousand miles. It is very common in the Himnlayas to load sheep, high up in the mountains, with borax and then to drive them down to the plains, where they are shorn of their wool and return laden with grain or salt.

Money Thrown Away.

"So that city doctor helped ye right smart, did he, Silas?" asked Mrs. Giles on her husband's return from a week's visit to a specialist in a neighboring town.

Well, I guess he did! I'm feeling fine as a fiddle now, an' he says I won't likely have any return of it if I just keep ter what he tells me." What did he say was the matter

with ye?" inquired the wife eagerly. "I forgit now what he called it but'

"Silas," she cried, "ye don't really mean ter say ye paid out all that money an' didn't git no good of it after all?"-Exchange

Modest Abbe Delile

It is said that the French Abbe Delile once had in his household a very quick tempered relative, with whom he sometimes had animated disputes and who sometimes went so far as to throw books at the abbe. The abbe must have been a person of great amiabil-ity and self control. Once, when a particularly large and beavy volume was thrown at him, he caught it gracefully and said:

"My dear friend, I must beg of you to remember that I prefer smaller gifts."

Making a Sure Thing of It. "What in the name of Jupiter have you sewed up all the pockets of my overcoat for?" asked Mr. Wilson.

"My dear," said Mrs. Wilson, "I have an important letter to my milliner that I want you to post."

An orator or author is never success ful till he has learned to make his words smaller than his ideas.-Emer-

Der summer girl dot hesitates is left at der hitching post.

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