



Nervous Women

The relation of the nerves and generative organs in women is so close that nine-tenths of the Nervous Prostration, Nervous Debility, the Blues, Sleeplessness, and Nervous Irritability arises from some derangement of the organism which makes her a woman. Fits of Depression or Restlessness and Irritability. Spirits easily affected, so that one minute she laughs, the next minute weeps. Pain in the ovaries and between the shoulders. Loss of voice, nervous dyspepsia. A tendency to cry at the least provocation. All this points to Nervous Prostration. Although you may not know it, in nine cases out of ten this is caused by some uterine disorder, and the nerves centering in and about the organs which make you a woman influence your entire system. Nothing will relieve this distressing condition and prevent months of prostration and suffering so surely as

Lydia E. Pinkham's Vegetable Compound.

Will not the volumes of letters from women made strong by Lydia E. Pinkham's Vegetable Compound convince all women of its virtues? Surely you cannot wish to remain sick and weak and discouraged, exhausted each day, when you can as easily be cured as the two women whose genuine letters follow, and thousands of others.

"DEAR MRS. PINKHAM:—Words cannot tell what I suffered before taking your medicine. I am 28 years old and the mother of four children, the last two being only 16 months apart. I was all run down, had fainting spells, palpitation of the heart, and was so bad with womb trouble that I could not be on my feet but a short time before I would have to lie down. Also was troubled with leucorrhoea. I was nervous and could not sleep, and at times wished I could die. "A friend insisted on my giving your medicine a fair trial, which I did. I began to feel better before the first bottle was half gone, and after using five bottles of Lydia E. Pinkham's Vegetable Compound and three packages of Sanative Wash, I was a different woman. I owe my good health today to you, and I will never suffer again while you make such good medicine. I will always speak a good word for your remedies. My little girl was troubled with her kidneys, and one bottle of your Vegetable Compound has entirely cured her."—Mrs. KITTIE B. PETERSON, Jenison, Mich.

"DEAR MRS. PINKHAM:—I want to thank you for the good your medicine has done me. When I wrote you last July I was so weak and nervous that I could not endure the slight of work. I was in a terrible condition, so nervous that it took all my strength of will to keep from convulsions. The doctors did me no good. My heart troubled me, would have spells of skipping beats and would flutter. I had such a feeling of dread and fear about me all the time I was afraid to go anywhere. "I commenced taking your remedies as you advised me, and in one week I felt better than I had in a whole year before, and the gain was steady. Day by day the bad symptoms disappeared. My appetite returned and I was able to go to bed at night and sleep like a child. In all I took nine bottles of your Vegetable Compound and seven of your Blood Purifier, and would say to all suffering women, do not stop at a few bottles, but keep on. In three months I was able to return home, and have since done the housework for a family of six. It does not seem possible that I am the same person that suffered so a year ago."—Mrs. T. J. FAYORR, Leslie, Michigan.

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

FREE MEDICAL ADVICE to women is offered by Mrs. Pinkham. Let her help you so health, it will cost you nothing. Address her at Lynn, Mass.



ABJECT POVERTY OF RUSSIAN PEASANTS

Only 5 per cent of the vast number of the czar's subjects live in the cities or towns. The rest are farmers. Most of them very poor farmers, or, as they are called in Europe, peasants. There are no people whose existence is more dreary. The summer season is short and very warm. From the first day the frost breaks to the time when the north wind again freezes everything, the peasants' labor is unceasing. Only by desperate exertion can they raise sufficient to support them through the six months of winter. Through the summer, owing to the northern latitude, the days are long, so that 18 hours' work a day for the peasant, his wife and his children is not uncommon.

American agricultural machinery is used on the larger estates, making work easier, but on the peasant farms there are only the most primitive appliances. Wooden plows and wooden implements make agriculture a drudgery to an extent which the most hard-worked American farmer could not believe. In October winter begins, and everything is frozen solid until May. At once the peasant's life becomes one of idleness. To milk the cows and get in wood from the forest is all there is to do. Even the stabling is made easier from the practice of never removing the litter from the stalls during the cold weather. The filth piles up under the cattle until it is three or four feet deep.

A large portion of cattle die of disease in Russia than in any other country, but the Russian sticks to his method of stabling because of the quantity of manure which he has ready for his fields in the spring. Philanthropic people in St. Petersburg and Moscow are trying to relieve the dreary monotony of the peasant's life by introducing cottage industries and circulating reading matter. But as 75 per cent of the

people, including probably 98 per cent of the women, in Russia, can not read or write, village literary clubs do not make much headway.

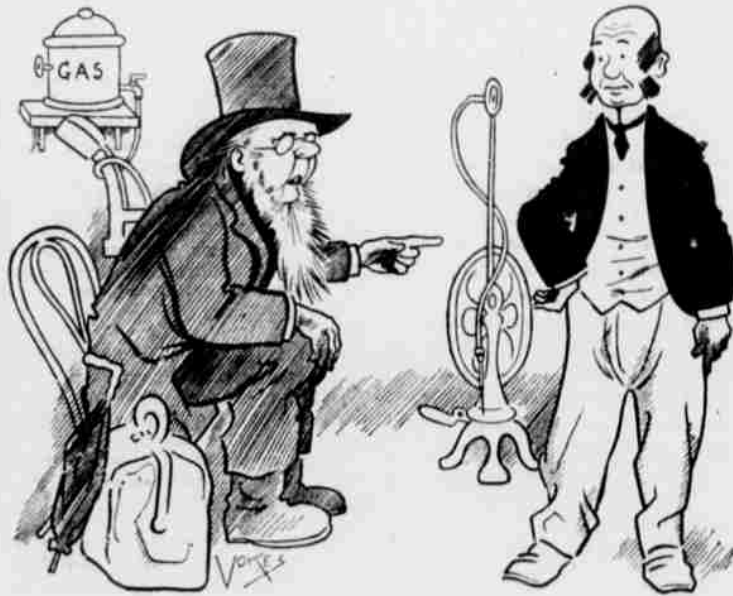
The men receive the rudiments of education when they are in the army but for them the long winter is usually spent in keeping drunk. The peasants used to make their own vodka from spoiled potatoes, but lately the government has prevented this by making the production of alcohol a government monopoly. At the same time vodka is exceedingly plentiful, very intoxicating and is the usual relief practiced during the winter.

To the traveler one of the most extraordinary things in Russia is that nobody seems to have the slightest idea on the subject of ventilation.

Most of the buildings are hermetically sealed in October and not aired until May, so that by midwinter the stench even in fairly good hotels is overpowering. Churches and many public buildings are just as bad, but for the climax in bad air you have to visit the home of a peasant.

The average peasant's house is a crude structure of logs and thatch; sometimes with only one room and sometimes with two. In the living room is a great stove of brick, so constructed that a small amount of fuel will heat it and it will continue to give out heat long after the fire has gone out.

By failing to ventilate the peasant is able to economize on fuel, and though it is plentiful enough, this seems a great object to him. His windows are always built so that they cannot be opened. The door is never opened except when someone goes in or out, and then only wide enough to admit the person, when it is closed immediately. Sometimes in one small room, with the stove filling nearly a quarter of it, 12 persons will live.



Wouldn't Take it Twice.

"I can draw that tooth without any pain. I'll give you gas." "No you won't. I took gas at her hotel last night, young feller, an' it took two doctors an' three bell boys ter bring me to."

AMERICAN BEER PROHIBITED. Brazil Raises the Duty so High That Yankee Product Cannot Be Handled There.

Louis H. Ayme, American consul at Para, Brazil, has sent the following report to the department of commerce and labor, on the duty on American beer in Brazil:

The new tariff on beer, which went into effect January 12, is of greatest interest to the United States. The old tariff was, in round figures, 25 cents a bottle—the new is 76 cents. Duties are calculated one-fourth in gold and three-fourths in paper.

Beer is brought into this city in cases containing four dozen bottles. During the year 1903 there were brought into Para: From the United States, 5,745 cases (275,760 bottles), containing 43,798 gallons, on which were paid \$69,862.13 in duties; from Europe, 10,084 cases (484,032 bottles) containing 76,719 gallons; from Brazil (southern states), 32,683 cases (1,568,784 bottles), containing 248,652 gallons—a total of 366,079 gallons, of which the United States furnished not quite 12 per cent.

During the past year one bottle of beer cost the retailer about 45 cents and was sold for 60 cents, local. Under the new tariff the same beer will cost at least 96 cents and can not be sold profitably for less than \$1.20. This price is, of course, prohibitive, and no more beer will be imported from the United States.

At the same time the duties on hops and malt have been reduced 50 per cent. At the opening of a new brewery here lately one of the orators said:

"The patriotic federal government, actuated by the principles of protection, has just tripled the duties on foreign beers and reduced to a half those on hops and malt."

But the same newspaper announces that the price of Brazilian beers has been increased 33 1/3 per cent.—Louis H. Ayme, consul, Para, Brazil.

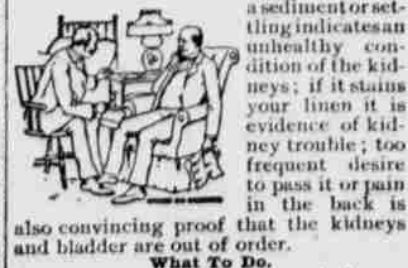
Made First Homestead Filing. Daniel Freeman, who made the first entry under the homestead land law is still alive and residing on the land, for which he received a patent under his entry. Mr. Freeman was a soldier in the volunteer service of the United States and stationed near Brownsville, since changed to Beatrice, Neb., where was located a United States land office, at which place he made his entry a little past midnight on the morning of January 1, 1863. His patent was issued to

him on the first day of September, 1869, and bears the signature of President Grant.—Exchange.

Russia's Food Caches. The Russians have taken the most remarkable precautions for the provisioning of their troops. At intervals of about a quarter of a mile along the greater part of the entire length of the Siberian railway stores of concentrated protein food have been buried on each side of the line, each deposit being enough to maintain a company—said to be 250 men—for a week. The position of these provisions is not known to the sergeants or captains, but only to the commandants, who have the information in cipher.—London Chronicle.

Thousands Have Kidney Trouble and Never Suspect it.

How To Find Out. Fill a bottle or common glass with your water and let it stand twenty-four hours;



also convincing proof that the kidneys and bladder are out of order.

There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, the great kidney remedy, fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and extraordinary effect of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in fifty-cent and one-dollar sizes. You may have a sample bottle and a book that tells all about it, both sent free by mail. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing mention this paper and don't make any mistake, but remember the name, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y.

Daily East Oregonian, by carrier, only 15 cents per week.

Building Material

OF ALL DESCRIPTION
SASH, DOORS and WINDOWS
Made to order. Building paper, lime, cement, brick and sand, wood gutters for barns and dwellings a specialty.
Oregon Lumber Yard
Alta Street, Opp. Court House.

Frazer Opera House
K. J. Taylor, Manager.
FRIDAY EVENING, APRIL 15.
The Woman's Club Have Secured the laughable comedy,

The Huskin' Bee

Directed by CLARA LOUISE THOMPSON.
60 Local Amateurs in the Cast.
Introducing latest songs, Original dances, Society cake walks, Twentieth Century Belles, Catchy music, Pretty girls.
Written for laughing purposes only. The huskin' will take place in Mr. Hay's own fine barn, which has been fixed for the occasion. The public in general cordially invited to attend. Popular prices.

Artists' Supplies

If you are interested in Oil Painting, see us. Our line is complete.
ACADEMY BOARDS
STRETCHERS
BRUSHES
ARTISTS' SABLES
BLENDERS
SKY BRUSHES
PLAQUES
TUBE COLORS
We make a specialty of framing PICTURES. Newest stock of frames.
C. C. SHARP
Opera House Block.

MEN The DR. LIEBIG STAFF only Specialists for men, continue to cure all chronic, private & nervous ailments, impotence, skin diseases, rheumatism, catarrh, etc. Dr. A. C. BISHOP, Ph. D., for 27 years medical director, 74 Sixth Street, Portland Oregon or 111 Yeaser Way, Seattle, Wash. Call or write.

TO MEET THE EYE
Of those with eye troubles this advertisement is inserted.
It is our business to make eye exams, prescribe a cure for defective sight and to provide the necessary EYEGLASSES OR SPECTACLES.
For the test of the prescription we charge nothing—if glasses are ordered here and for the glasses our prices are only reasonable.
We make a complete examination, using the best of the late improved instruments.
GLENN WINSLOW
Jeweler and Optician
Postoffice Block.

The Columbia Lodging House
Well ventilated, neat and comfortable rooms, good beds. Bar in connection, where best goods are served.
Main street, center of block, between Alta and Webb streets.
F. X. SCHEMPP
Proprietor

LARD
Good and Pure
Kettle Rendered
At prices as low as the lowest.
MIESCKE'S MEAT MARKET
316 COURT ST.

THE BEST IS THE CHEAPEST
Bear this in mind when you need poultry and stock supplies and ask for the International Poultry and Stock Food. Use Kow Kure for your cow troubles.
C. F. Colesworthy
127-129 East Alta St.
Agent for Lee's Lice Killer.
Walters' Flouring Mills
Capacity, 150 barrels a day. Flour exchanged for wheat. Flour, Mill Feed, Chopped Feed, always on hand.

VALLEY OF DEATH.

Island of Mindanao Has a Growsome and Uncanny Region.

The famous Valley of Death in the island of Mindanao, in the Philippines, has at last been compelled to give up its rich treasure which for ages was successfully guarded by its pall of death-dealing gases. This valley, which, true to its name, has dealt death to many a venturesome searcher for the precious metal, is located in the mountain fastnesses of the island, and, according to the theories of scientists, it is the crater of what was once a great and violent volcano. Volcanic gases of a most poisonous nature still rise from the depths of the valley and hang over it like a pall, never passing away, and many natives, who have attempted to go down into the valley from the mountains, say that never before has any man who ventured into its unknown depths returned to tell its secrets.

The distance across the valley is only a few miles, but the bottom of it is constantly concealed from view by the dense cloud of poisonous vapor overhanging it. An American named Rudy formed a party at Manila, consisting of himself and two other Americans, and, employing three native guides, proceeded to the mountains enclosing the valley with their heads completely covered by an apparatus similar to that worn by divers. Carrying on their backs small tanks of compressed air for breathing purposes so as to avoid inhaling the deadly vapors, the men worked in the valley for months, carrying sackful after sackful of gold-bearing

sand and gravel up the mountain side. This work continued until both were almost worn out from the depressing work and the fumes of which they were forced to breathe a portion, but never once could any of the natives be persuaded to venture beyond the outer circle of the poisonous gases.

"Socialist" Carnegie. Andrew Carnegie on a recent visit to New York said to the New York American: "I favor government ownership of public utilities, though I don't think the time is yet ripe for the change in the United States, but I have little doubt that in the United States, as elsewhere, the time will come when government and municipal ownership of the railroads, telegraphs and telephones and all such things will be universal."

Littleton for Governor. Nashville, Tenn., April 7.—The republican state convention is in session here today for the nomination of candidates for state offices and the selection of delegates to the national convention at Chicago. The defeat of E. T. Sanford in the county convention leaves Jesse M. Littleton of Winchester the only candidate for the gubernatorial nomination, and he will be named unanimously.

Mrs. Minnie O'Connor was leaning out of her window on the fifth floor of a New York tenement, when she was struck on the head by a rock thrown from a blast fired in the side of a cliff nearby. The blow knocked her unconscious and she fell from the window and was killed.